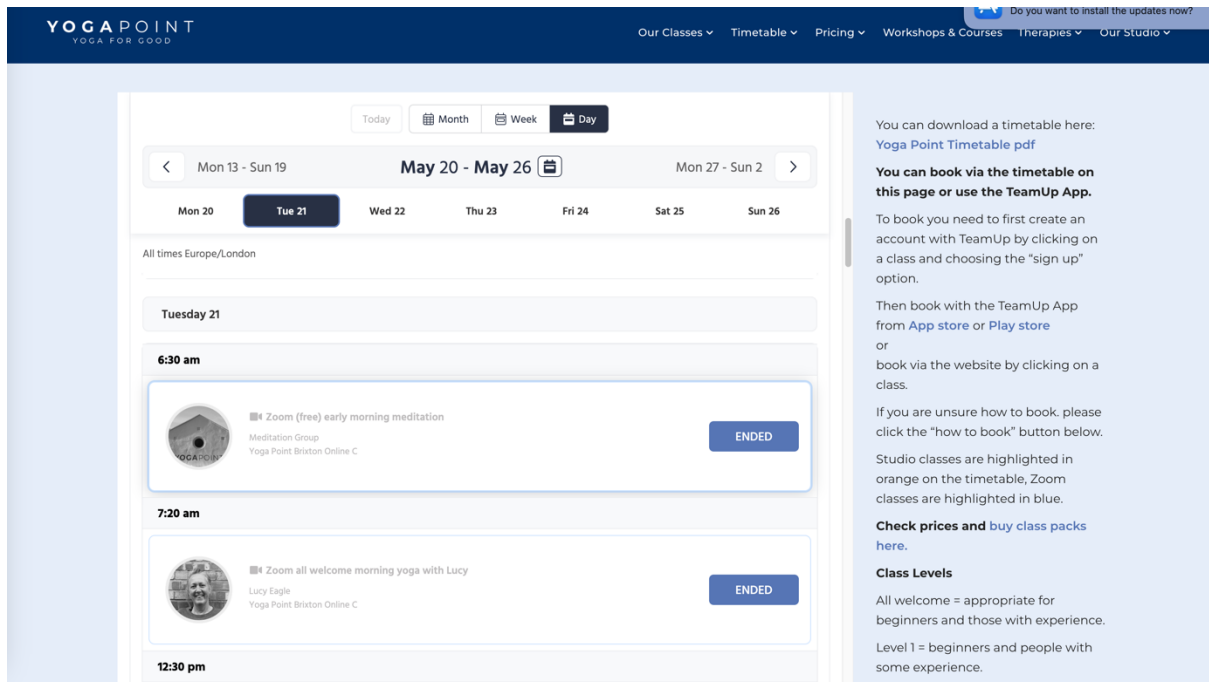


How to log in and check your account

Go to the timetable page of the Yoga Point website (www.yogapoint.co.uk)

Click on the blue box next to the class which either says “Ended” or “Details”



YOGA POINT
YOGA FOR GOOD

Our Classes ▾ Timetable ▾ Pricing ▾ Workshops & Courses ▾ Therapies ▾ Our Studio ▾

Today Month Week Day


Mon 13 - Sun 19 **May 20 - May 26** Mon 27 - Sun 2

Mon 20 **Tue 21** Wed 22 Thu 23 Fri 24 Sat 25 Sun 26

All times Europe/London


Tuesday 21

6:30 am

 Zoom (free) early morning meditation
Meditation Group
Yoga Point Brixton Online C

ENDED

7:20 am

 Zoom all welcome morning yoga with Lucy
Lucy Eagle
Yoga Point Brixton Online C

ENDED

12:30 pm

You can download a timetable here: [Yoga Point Timetable pdf](#)

You can book via the timetable on this page or use the TeamUp App.

To book you need to first create an account with TeamUp by clicking on a class and choosing the “sign up” option.

Then book with the TeamUp App from [App store](#) or [Play store](#) or book via the website by clicking on a class.

If you are unsure how to book, please click the “how to book” button below.

Studio classes are highlighted in orange on the timetable, Zoom classes are highlighted in blue.

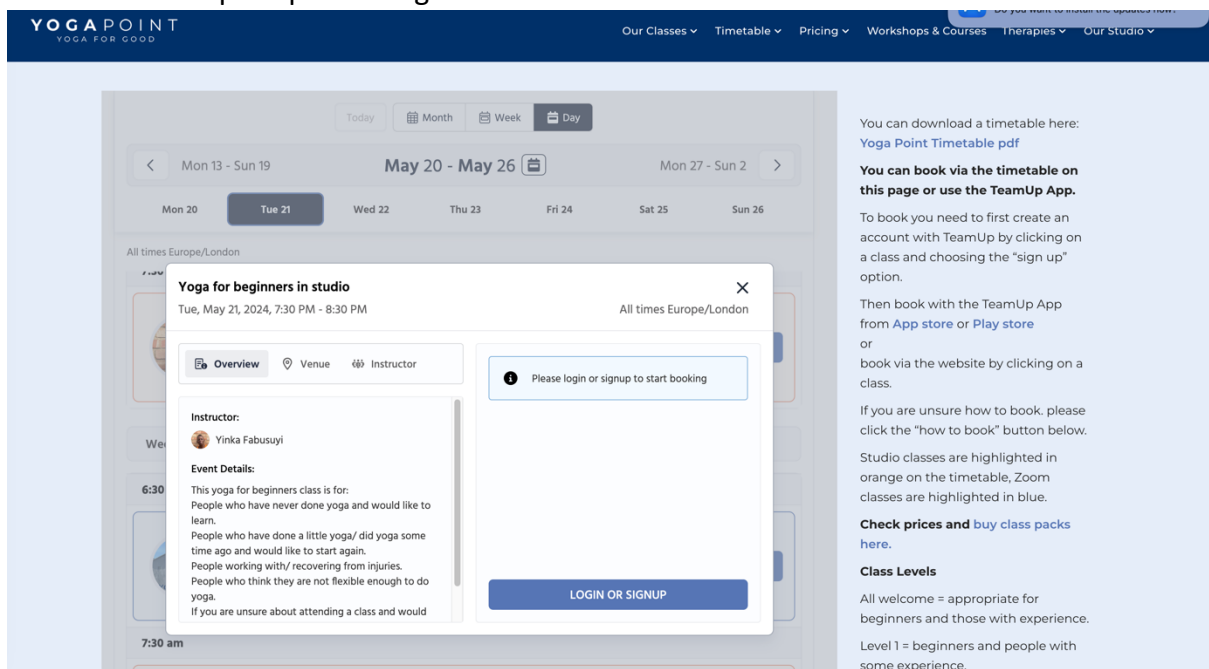
Check prices and buy class packs here.

Class Levels

All welcome = appropriate for beginners and those with experience.

Level 1 = beginners and people with some experience.

You will then be prompted to log in.



YOGA POINT
YOGA FOR GOOD

Our Classes ▾ Timetable ▾ Pricing ▾ Workshops & Courses ▾ Therapies ▾ Our Studio ▾

Today Month Week Day


Mon 13 - Sun 19 **May 20 - May 26** Mon 27 - Sun 2

Mon 20 **Tue 21** Wed 22 Thu 23 Fri 24 Sat 25 Sun 26

All times Europe/London

Yoga for beginners in studio
Tue, May 21, 2024, 7:30 PM - 8:30 PM
All times Europe/London

Overview Venue Instructor

Instructor:
 Yinka Fabusuyi

Event Details:
This yoga for beginners class is for:
People who have never done yoga and would like to learn.
People who have done a little yoga/ did yoga some time ago and would like to start again.
People working with/ recovering from injuries.
People who think they are not flexible enough to do yoga.
If you are unsure about attending a class and would

Please login or signup to start booking

LOGIN OR SIGNUP

You can download a timetable here: [Yoga Point Timetable pdf](#)

You can book via the timetable on this page or use the TeamUp App.

To book you need to first create an account with TeamUp by clicking on a class and choosing the “sign up” option.

Then book with the TeamUp App from [App store](#) or [Play store](#) or book via the website by clicking on a class.

If you are unsure how to book, please click the “how to book” button below.

Studio classes are highlighted in orange on the timetable, Zoom classes are highlighted in blue.

Check prices and buy class packs here.

Class Levels

All welcome = appropriate for beginners and those with experience.

Level 1 = beginners and people with some experience.

Put your email and password into the login box

YOGA POINT

Welcome to Yoga Point Brixton Ltd

Enter your email to get started

Email Address*

you@yourdomain.com

Next →

Click on “My Account” from the top blue bar. (It is on the left)

Filter

Venues

Instructors

Events

- 09:30 Studio all welcome Vinyasa
- 11am Dynamic vinyasa
- 12:00 Studio all welcome Vinyasa
- 3 week course for complete beginners
- 9:30 Zoom all welcome Vinyasa
- All Welcome Meditation - at the studio
- Birthing workshop for expectant parents and birth partners
- Chair yoga - In Studio
- Complete beginners 6-week yoga course - in studio.
- Introduction to yoga inversions and arm balances workshop

My Account Schedule On Demand Memberships Courses Store Forms and Waivers LOG OUT

Today Month Week Day

April May 2024 June

Mon Tue Wed Thu Fri Sat Sun

All times Europe/London

29	30	May 1	2	3	4	5
Zoom (free) early mor 6:30 AM - 7:10 AM Meditation Group Yoga Point Brixton Online C Registration closed Mon, PM	Zoom (free) early mor 6:30 AM - 7:10 AM Meditation Group Yoga Point Brixton Online C Registration closed Tue, A PM	Zoom (free) early mor 6:30 AM - 7:10 AM Meditation Group Yoga Point Brixton Online C Registration closed Wed, PM	Zoom (free) early mor 6:30 AM - 7:10 AM Meditation Group Yoga Point Brixton Online C Registration closed Thu, A PM	Zoom (free) early mor 6:30 AM - 7:10 AM Meditation Group Yoga Point Brixton Online C Registration closed Fri, M	Zoom Level 2 Iyengar 9:00 AM - 10:30 AM Sophie Carrington Yoga Point Brixton Online A Registration closed Sat, M	Zoom all welcome yo 8:45 AM - 10:00 AM Effe Hicks Yoga Point Brixton Online E Registration closed Sun, A 2024, 4:45 PM
Zoom 08:00 all welcor 8:00 AM - 9:00 AM Vaccasin Yoga Point Brixton Online B Registration closed Mon, 4:00 PM	Zoom all welcome mo 7:20 AM - 8:00 AM Lucy Eagle Yoga Point Brixton Online C Registration closed Tue, A	Studio 7:30am all welcom 7:30 AM - 8:30 AM Vaccasin Yoga Point Brixton Ltd Registration closed Wed, 2024, 3:30 PM	Zoom all welcome mo 7:20 AM - 8:00 AM Lucy Eagle Yoga Point Brixton Online C Registration closed Thu, A	Zoom 08:00 all welcor 8:00 AM - 9:00 AM Vaccasin Yoga Point Brixton Online B Registration closed Fri, M 4:00 PM	Studio Level 2 Iyengar wil 9:00 AM - 10:30 AM Sophie Carrington Yoga Point Brixton Ltd Registration closed Sat, M	Studio all welcome vinyasa 8:45 AM - 10:00 AM Effe Hicks Yoga Point Brixton Ltd Registration closed Sun, May 5, 2024, 4:45 PM
Studio 08:00 all welcome 8:00 AM - 9:00 AM Vaccasin Yoga Point Brixton Ltd	Studio 12:30pm all welcor 12:30 PM - 1:30 PM Suhad Aljundi Yoga Point Brixton Ltd Registration closed Tue, A	Zoom 07:30 all welcor 7:30 AM - 8:30 AM Vaccasin Yoga Point Brixton Online B	09:30 Studio all welcome 9:30 AM - 10:30 AM Shruti Srivastava Yoga Point Brixton Ltd Registration closed Thu, A	Studio 08:00 all welcome 8:00 AM - 9:00 AM Vaccasin Yoga Point Brixton Ltd Registration closed Fri, M	11am Dynamic vinyasa 11:00 AM - 12:00 PM Suhad Aljundi Yoga Point Brixton Ltd Registration closed Sat, May 4, 2024, 7:00 PM	Zoom all Welcome Yo 10:30 AM - 11:30 AM Vaccasin Yoga Point Brixton Online B

Click on “Memberships” from the left-hand menu

The screenshot shows a user account dashboard with a blue navigation bar at the top containing links for My Account, Schedule, On Demand, Memberships, Courses, Store, and Forms and Waivers, along with a LOG OUT button. The main content area is titled 'Upcoming Registrations' and includes a sub-header 'All times Europe/London'. A central message states 'Your upcoming session count: 0'. On the left, a sidebar menu lists 'Upcoming Registrations' (selected), Profiles, and Details. Under 'Details', there are links for Memberships, Registrations, Payments, Documents, Notifications, and Contact. The user profile 'RH Rebecca Hopwood' is visible at the top of the sidebar.

Your class pack will be displayed as a “membership” and show how many classes are left

The screenshot shows the 'Memberships' page in the user account dashboard. The navigation bar is identical to the previous screenshot. The main content area is titled 'Memberships' and displays a single membership entry: 'Daytime (Mon-Fri) - 1 month - 8 classes' with an 'Active' status tag. Below this, it shows the start date 'Apr 21, 2022' and the user's name 'Rebecca Hopwood'. A 'DETAILS' button is located to the right of the membership entry. The left sidebar menu is updated, with 'Memberships' selected and 'Upcoming Registrations' unselected. The user profile 'RH Rebecca Hopwood' remains at the top of the sidebar.