

# X-Trail 2019

## Resultat

Placering	Namn	Förening	Efter	Min/Km	Tid
13km					
Dam					
1	Aina Edgren	Göteborg-Majorna OK	--	5:58min/km	1:17:44
2	Sara Forsström	THE OCR GYM	+9:50	6:44min/km	1:27:34
3	Joanna Johansson	Team Nordic Trail	+12:55	6:58min/km	1:30:39
4	Helen Qvillberg	Lysekils SLF	+16:11	7:13min/km	1:33:55
5	Louise Bergvall		+25:46	7:57min/km	1:43:30
6	Agnes Petersen	Göteborgspolisens IF	+27:39	8:06min/km	1:45:23
7	Sofia Essenholm	Hunneberg sport och motion	+28:28	8:10min/km	1:46:12
8	Johanna Nilsson		+31:38	8:24min/km	1:49:22
9	Petra Borg	MochP	+42:12	9:13min/km	1:59:56
10	Anna Göransson		+58:31	10:28min/km	2:16:15
DNS	Elin Hansson	Lysekils SLF		min/km	
DNS	Helena Wessman	Lonesome Runners		min/km	
Herr					
1	Thomas Abrahamsson	Hälle IF	--	5:13min/km	1:07:50
2	Tobias Jäger	THE OCR GYM	+0:05	5:13min/km	1:07:55
3	Martin Bäckström	THE OCR GYM	+0:14	5:14min/km	1:08:04
4	Fredric Killén	Hunnebo sport och motion	+7:48	5:49min/km	1:15:38
5	Calle Lönnvald	Bokenäs IF	+9:13	5:55min/km	1:17:03
6	Andreas Schöndell		+9:35	5:57min/km	1:17:25
7	Gustav Rhedin	Bokenäs IF	+10:51	6:03min/km	1:18:41
8	Johan Mattsson	Lysekils SLF	+10:57	6:03min/km	1:18:47
9	Patrik Gälman		+16:29	6:29min/km	1:24:19
10	Johan Larsson	Uddevalla	+16:45	6:30min/km	1:24:35
11	John Martinsson		+17:52	6:35min/km	1:25:42
12	Daniel Dahlman		+18:12	6:37min/km	1:26:02
13	Mikael Andersson	Åmåslöparna	+18:30	6:38min/km	1:26:20
14	Magnus Gunnarsson		+23:36	7:01min/km	1:31:26
15	Magnus Larsson	BMK Uddevalla	+23:37	7:02min/km	1:31:27
16	Vilgot Larsson	Bokenäs IF	+24:37	7:06min/km	1:32:27
17	Hjalmar Olsson	Uddevalla OK	+25:26	7:10min/km	1:33:16
18	Niklas Sjölin	Lysekils SLF	+26:05	7:13min/km	1:33:55
19	Erik Persson	Brattås CK	+28:30	7:24min/km	1:36:20
20	Klas Söderholm	Vbg	+30:17	7:32min/km	1:38:07
21	Andreas Olsson	VoteJonas4President	+30:17	7:32min/km	1:38:07
22	Morgan Sundin	Sweden runners	+35:09	7:55min/km	1:42:59
23	Robin Löqvist	Robin/Frippe	+36:54	8:03min/km	1:44:44
24	Niklas Selin	Öxnered	+39:00	8:13min/km	1:46:50
25	Mats Thuresson		+41:38	8:25min/km	1:49:28
26	Magnus Robertsson		+47:22	8:51min/km	1:55:12
27	Anders Jenséus	Uddevalla Sim	+47:22	8:51min/km	1:55:12
DNF	Mattias Sörqvist	Bokenäs IF		min/km	
DNS	Stefan Pettersson			min/km	
DNS	Per Jallinder Björkman			min/km	
DNS	Peter Lublin	LK TV88		min/km	
DNS	Jonas Zakariasson			min/km	

### 13km DUO

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Placering	Namn	Förening	Efter	Min/Km	Tid
Dam					
1	Sabina/ Elin Holm Lindmark/ Gillen	Team Skredsvik	--	7:46min/km	1:41:01
2	Katarina/ Daniel Appelgren/ Olausson	Danne & Katta	+8:56	8:27min/km	1:49:57

Herr					
1	Mikael/ Bibbi Johansson/ Svensson	LK TV88	--	6:53min/km	1:29:33
2	Johan/ Michael Nilsson/ Hellgren	Pöjkar Active	+20:53	8:29min/km	1:50:26
3	Marcus/ Christer Fredriksson/ Karlsson	Team Makrill	+22:53	8:38min/km	1:52:26
4	Camilla/ Stefan Gadd/ Ardecke	Bumbibjörnarna	+31:32	9:18min/km	2:01:05
5	Mattias Karlsson		+37:57	9:48min/km	2:07:30
DNS	Peter Ferm	Ferm/Hansson		min/km	

### 9km

Dam					
1	Anna Larsson	---	--	6:12min/km	55:51
2	Tilia Olsson	Uddevalla OK	+0:48	6:17min/km	56:39
3	Petra Vidén	Uddevalla SK	+4:40	6:43min/km	1:00:31
4	Jenny Hellmbro		+13:53	7:44min/km	1:09:44
5	Sofia Hagstrom	Stenshults IF	+14:46	7:50min/km	1:10:37
6	Sara Danielsson	Umara Sports Club	+16:20	8:01min/km	1:12:11
7	Therese Austvik		+21:10	8:33min/km	1:17:01
8	Emma Samuelsson		+25:51	9:04min/km	1:21:42
9	Maria Linnervik		+27:30	9:15min/km	1:23:21
10	Johanna Larsson	Bokenäs IF	+27:41	9:16min/km	1:23:32
11	Göta Sörqvist	Bokenäs IF	+27:41	9:16min/km	1:23:32
12	Harriet Albinsson		+29:49	9:31min/km	1:25:40
13	Annika Erlandson	Uok	+34:06	9:59min/km	1:29:57
14	Charlotte Larsson		+34:25	10:01min/km	1:30:16
15	Paula Gunnarson		+34:57	10:05min/km	1:30:48
DNS	Sandra Lewis			min/km	

Herr					
1	Christoffer Larsson	Hogia Running Club	--	5:37min/km	50:35
2	Ludvig Larsson	Bokenäs IF	+0:41	5:41min/km	51:16
3	Andreas Dahlström		+0:45	5:42min/km	51:20
4	David Simonsson	3City Triathlon	+2:16	5:52min/km	52:51
5	Richard Björkqvist	Ödsmåls Trail-Runners	+5:02	6:10min/km	55:37
6	Lukasz Jaz		+6:52	6:22min/km	57:27
7	Håkan Hellaeus		+14:36	7:14min/km	1:05:11
8	Fredrik Ehrenholm	Havd Group Concept Center	+14:36	7:14min/km	1:05:11
9	Andreas Hertin		+14:41	7:15min/km	1:05:16
10	Fredrik Carlsson	Hunneberg Sport o MK	+27:54	8:43min/km	1:18:29
11	Gustav Danielsson	Umara Sportsclub	+30:11	8:58min/km	1:20:46

### 9km DUO

Dam					
1	Sani/ Anna-Lena Nilsson/ Larsson	Salena	--	8:50min/km	1:19:39

Herr					
1	Mikael/ Eva Ragnarsson/ Buebo	Team kelly	--	8:32min/km	1:16:51
2	Christer/ Carina Jansson/ Jansson	CCY Tanzania	+0:02	8:32min/km	1:16:53
3	Marie/ Jesper Karlsson/ Röstad	MrBoB	+4:50	9:04min/km	1:21:41

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<b>Placering</b>	<b>Namn</b>	<b>Förening</b>	<b>Efter</b>	<b>Min/Km</b>	<b>Tid</b>
4	Jerry/ Birgitta Strömdahl/ Wallberg	Hunnebergs sport o	+5:39	9:09min/km	1:22:30

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Antal deltagare: 84