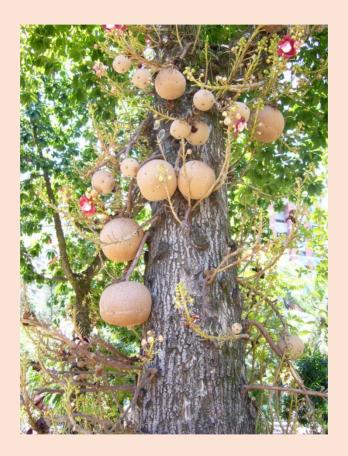
The Lightworker Mindset Understanding & Living with Nature Premium Course



Mission statement

Are you taken by the awe of nature and wish to understand more about it? Perhaps work with it? Or become a trained lightworker? Don't look further! Your mission – if you choose

to accept it — is to learn the roles of the 4 elements, the power of nature, the differences between souls & entities, cycles of life, talking to trees, learn to release the message in a stone, learn to dowse, work with crystals, meet your spirit guides and discover your path as a lightworker within 8 weeks or less, so that you would be able to teach others, form groups to help the planet or educate children. The course offers 7 modules with 25 training and 76 lectures.

Module 1 The Foundation

Here we generate a particular approach to life on Earth, the planet and the macrocosm to help us with understandings.

Traning1 Segments

Lecture 1

Written exercises

Lecture 2

Introduction

Lecture 3

The two poles

Training 2 Energies

Written exercises

Lecture 2

Characteristics of Energies

Lecture 3

Likes attract

Training 3

The 3 major types of organic energies

Lecture 1

Written exercises

Lecture 2

The Soul

Lecture 3

Entities

Lecture 4

Robots

Module 2
Organic energies on Earth

Apart from souls and entities everything and everybody on Earth is a certain blend of the planet.

Training 1
Animals

Lecture 1

Written exercises

Lecture 2

Water creatures

Lecture 3

Wild animals

Lecture 4

Pets - Domesticated

Training 2 Vegetation

Lecture 1

Written exercises

Lecture 2

Energy structure

Lecture 3

Communicating with a tree

Training 3 **Humans**

Written exercises

Lecture 2

Incarnated

Lecture 3

Reincarnated

Module 3 Healing and the 4 elements

The 4 basic elements lend characteristics to living substances.

They act, live and think according to the unique, ever-changing mixture. Here, we learn about their effects and the ways to work with them.

Training 1
Energy centres

Lecture 1

Written exercises

Lecture 2

Chakras

Lecture 3

Base chakra

Solar Plexus Lecture 6 Heart chakra Lecture 7 Throat chakra Lecture 8 Forehead chakra Lecture 9 **Crown chakra Training 2 Earth element** Lecture 1 Written exercises Lecture 2 **Healing with meditation** Lecture 3 **Cosmic relations**

Lecture 4

Sex chakra

Lecture 5

Training 3
Water element

Lecture 1

Written exercises

Lecture 2

Healing with meditation

Lecture 3

Cosmic relations

Training 4
Air element

Lecture 1

Written exercises

Lecture 2

Healing with meditation

Lecture 3

Cosmic relations

Training 5
Fire element

Lecture 1

Written exercises

Lecture 2

Healing with meditation

Lecture 3

Cosmic relations

Module 4 <u>Cycles</u>

Since events in the universe – Earth within – follow cyclic patterns, it is essential to understand them.

Training 1
Cycles of time

Lecture 1

Written exercises

Lecture 2

The metaphysics of time

Lecture 3

Lightworker and time

Training 2

Cycles of planetary movements

Lecture 1

Written exercises

Lecture 2

Sun Ages

Lecture 3

The sift in consciousness

Lecture 4

Precession of the Equinox

Lecture 5

Current situation

Training 3

Cycles of life

Lecture 1

Written exercises

Lecture 2

Common understandings

Lecture 3

Spiritual reality

Module 5

Nature of humanity

In this module we learn about true human nature and the whys behind the curtain.

Training 1 Origin

Lecture 1

Written exercise

Lecture 2

Physical body

Lecture 3

The Soul

Training 2
Time and humanity

Lecture 1

Written exercise

Lecture 2

Physical reality

Lecture 3

Effects of the soul

Training 3 **Duty of humanity**

Written exercise

Lecture 2

Emotional & mental evolution

Lecture 3

Planet

Training 4
Life of humanity

Lecture 1

Written exercise

Lecture 2

Material

Lecture 3

Spiritual

Module 6

Otas

They are special stones, rocks, and other nature-creatures with encrypted, usually important messages for individuals, groups or humanity at large.

Training 1 How to find an ota?

Lecture 1

Written exercise

Lecture 2

Looking for an Ota

Lecture 3

Determine your right to the wisdom of the Ota

Training 2

Get ready to communicate with the ota

Lecture 1

Written exercise

Lecture 2

Cleanse your body

Lecture 3

Prepare your communication channel

Training 3
Release the message

Written exercises

Lecture 2

Connect with the spirit of the Ota

Lecture 3

Establish a working relationship with it

Lecture 4

Release the message

Module 7

Tools

In this module you'll learn useful tools provided by nature in order to ease your life and your surroundings.

Training 1
Spirit guides

Lecture 1

Written exercise

Lecture 2

Who has spirit guides

Lecture 3

Meeting your spirit guides

Training 2 **Dowsing**

Lecture 1

Written exercises

Lecture 2

Introduction to dowsing

Lecture 3

Practice

Training 3

Crystals

Lecture 1

Written exercises

Lecture 2

The structure of crystals

Lecture 3

Preparation for co-operation

Lecture 4

Cleanse your crystal

Lecture 5

Code your crystal

Training 4

Entities in the household

Lecture 1

Written exercises

Lecture 2

Random visitors

Lecture 3

Electromagnetic residue

Training 5

Rituals

Lecture 1

Written exercises

Lecture 2

Basic ritual to cleanse the house

Lecture 3

Basic Full Moon ritual

Lecture 4

Basic New Moon ritual

Lecture 5

Bless your food ritual

I am looking forward to guide you through vital information, exercises and routines to become the conscious lightworker you have dreamed about and find your place within the matrix.

7 modules, 26 trainings 91 lectures
All the wonders!