YOUNGS SPORTS ACADEMY LTD

THE FOOTBALL PATHWAY

YOUR CHILD'S JOURNEY WITH YOUNGS

We support every child through discipline, confidence building and a focus on physical & mental development. We are **committed** to ensuring that your child will progress and get access to all stages in their Youngs journey. See below the for how all our services work in unison for the benefit of your child.



YOUNGS ACADEMY (FORMERLY KNOWN AS YOUNGS COACHING SCHOOL)

Start off your child's jounrey to understand what is the #YoungsDNA

Minimum Requirements

- Boys & Girls
- U5s U7s (Young Kickers Academy)
- U8s U14s
- Beginner to Intermediate Level
- 1-2 hours of Academy sessions per week
- Saturday afternoons

([]]People

- 7 Coaches
- Business and Adminstration Staff

Key Focus Areas

- Discipline & Confidence
- Thought provoking sessions · Fun based drills and

exercises

- Understanding the fundamentals of the game
- Personalised training kits

YOUNGS FOOTBALL CLUB

Grassroots Community Club, implementing #YoungsDNA learnt in the Youngs Academy sessions in a quality team environment

(v) Minimum Requirements

- **Boys & Girls**
- U7s U13s Teams
- Intermediate to Advanced Level
- Minimum 3 hours training per week (1 hour **compulsory** weekday evening training)
- Sunday morning matches

)) People

- **10 Team Managers** & Assistant Coaches
- Business and Administration Staff
- Parents Committee

Key Focus Areas

- Discipline & Confidence
- Team based learning · Building of interpersonal skills
- Teamwork based drills
- Enhanced focus on the fundamentals of the game
- Monthly Player Performance reviews (U12s+





YOUNGS ACADEMY OF EXCELLENCE

Advanced level sessions for players in any grassroots club wanting to enhance their footballing brain and prepare them for professional academy setup

Minimum Requirements

- U8s U16s
- Advanced Level
- Open to all players from grassroots clubs
- Minimum 4 hours training per week (including team training sessions)
- Monday and Friday evening Sessions

Exercise Areas

- Discipline & Confidence
- Individual responsibility to <u>learning</u>
- · Advanced focused on the fundamentals of the game
- Player Performance Reviews
- **Talent ID & showcase matches**



- 5 Performance Coaches including Specialised Goalkeeper Coach
- Access to sports rehabilitation and performance plus trainers

Advanced youth league with academy teams and players. High quality matches with focus on individual development in a high paced environment



Minimum Requirements U8s - U16s Teams

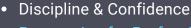
- Advanced Level
- Academy of Excellence players
- Saturday morning matches



People

Youngs Sports Academy Head Scouts

(;)Key Focus Areas



- Preparation for Professional Academies
- Personal development
- Advanced focused on the fundamentals of the game

*Season 2021/22



PROFESSIONAL ACADEMIES We work very closely with you and your child to identify when they are mentally

and physically ready to take that next step. The commitment needed is a lot but your child will be ready for the challenging environments that professional academies bring. Your child will have a personal mentor to guide them through the journey through **Youngs Sports Management**.



People Coaching Mentor

- Business and Legal Support

ALL SUPPORTED WITH OUR BESPOKE APP AND BOOKING PLATFORM

JOIN NOW

ALL TRAINING SESSIONS AT ARK ELVIN ACADEMY, WEMBLEY, HA9 7DU GO TO YFCSCHOOL.CO.UK FOR MORE INFORMATION