

## THE FOOTBALL PATHWAY YOUR CHILD'S JOURNEY WITH YOUNGS

We support every child through discipline, confidence building and a focus on physical & mental development. We are **committed** to ensuring that your child will progress and get access to all stages in their Youngs journey. See below the for **how all our services work in unison for the benefit of your child.**



### YOUNGS ACADEMY (FORMERLY KNOWN AS YOUNGS COACHING SCHOOL)

Start off your child's journey to understand what is the #YoungsDNA

#### ✓ Minimum Requirements

- Boys & Girls
- U5s - U7s (*Young Kickers Academy*)
- U8s - U14s
- **Beginner to Intermediate Level**
- 1-2 hours of Academy sessions per week
- Saturday afternoons

#### 👥 People

- 7 Coaches
- Business and Administration Staff

#### 🎯 Key Focus Areas

- Discipline & Confidence
- Thought provoking sessions
- Fun based drills and exercises
- Understanding the fundamentals of the game
- Personalised training kits



## YOUNGS FOOTBALL CLUB

Grassroots Community Club, implementing #YoungsDNA learnt in the Youngs Academy sessions in a quality team environment



#### ✓ Minimum Requirements

- Boys & Girls
- U7s - U13s Teams
- **Intermediate to Advanced Level**
- Minimum 3 hours training per week (**1 hour compulsory** weekday evening training)
- **Sunday morning matches**

#### 👥 People

- **10 Team Managers** & Assistant Coaches
- Business and Administration Staff
- **Parents Committee**

#### 🎯 Key Focus Areas

- Discipline & Confidence
- Team based learning
- Building of interpersonal skills
- Teamwork based drills
- Enhanced focus on the fundamentals of the game
- **Monthly Player Performance reviews (U12s+)**



## YOUNGS ACADEMY OF EXCELLENCE

Advanced level sessions for players in any grassroots club wanting to enhance their footballing brain and prepare them for professional academy setup

#### ✓ Minimum Requirements

- U8s - U16s
- Advanced Level
- Open to all players from grassroots clubs
- Minimum 4 hours training per week (**including team training sessions**)
- Monday and Friday evening Sessions

#### 👥 People

- 5 Performance Coaches including Specialised Goalkeeper Coach
- Access to sports rehabilitation and performance plus trainers

#### 🎯 Key Focus Areas

- Discipline & Confidence
- Individual responsibility to learning
- Advanced focused on the fundamentals of the game
- Player Performance Reviews
- **Talent ID & showcase matches**



## JUNIOR PREMIER LEAGUE (JPL)\*

Advanced youth league with academy teams and players. High quality matches with focus on individual development in a high paced environment



#### ✓ Minimum Requirements

- U8s - U16s Teams
- Advanced Level
- Academy of Excellence players
- **Saturday morning matches**

#### 👥 People

- Youngs Sports Academy Head Scouts

#### 🎯 Key Focus Areas

- Discipline & Confidence
- **Preparation for Professional Academies**
- Personal development
- Advanced focused on the fundamentals of the game

\*Season 2021/22

## PROFESSIONAL ACADEMIES

We work very closely with you and your child to identify when they are mentally and physically ready to take that next step. The commitment needed is a lot but your child will be ready for the challenging environments that professional academies bring. Your child will have a personal mentor to guide them through the journey through Youngs Sports Management.

#### 👥 People

- Coaching Mentor
- Business and Legal Support



ALL SUPPORTED WITH OUR BESPOKE APP AND BOOKING PLATFORM  
**JOIN NOW**

ALL TRAINING SESSIONS AT ARK ELVIN ACADEMY, WEMBLEY, HA9 7DU

GO TO [YFCSCHOOL.CO.UK](http://YFCSCHOOL.CO.UK) FOR MORE INFORMATION