



Welcome

We hope that you will enjoy rowing/sculling at Yare Boat Club Ltd. Please let us know if there is anything we can do to help or guide you.

What is included in your membership?

We aim to make the sport of rowing as accessible as we can. Membership includes:

- Unlimited access to premises
- Use of club equipment, including indoor rowers
- When signed off as 'river competent', use of club boats outside of club session times
- Coaching to the point of being an independent rower or sculler
- Protection of the Club's insurance against any liability to third parties for injury or damage arising from your club activities and involving club property.

If you wish to enter races held under British Rowing regulations, you will also need to be a member of British Rowing (www.britishrowing.org/membership).

If you are already a member of British Rowing, please also update your British rowing membership record to change your primary club to Yare Boat Club (or secondary if you are joining as a secondary member).

If you own your own boat, you must effect your own insurance.

Coaching

We aim to support our members to whatever level they wish to take their rowing and we can provide appropriate fitness advice and training programs. Our coaches are volunteers and can take you to a reasonable level of competency and offer supplementary coaching if you are keen and they are available.

Access

Yare Boat Club is situated on Thorpe Island. Access is via dinghy ferries which are moored to the quayside accessed via a path in the left-hand corner (facing the river) of the River Garden public house car park. The ferries are all chained to a combination padlock and the code will be issued on receipt of the membership fee. The same code operates the doors of the front and quad boathouses, albeit a "C" is needed before the code and a "Y" is needed after the code for the side door of the front boathouse. A three-digit code for the lightweight boatshed will also be issued with the other.

Always check that a ferry is available on the relevant side to allow ongoing access. If none are left on a particular side, take one back over before going out or before leaving the island so that there is always at least one on each side of the river.

Limited car parking is permitted until 11.00 in the River Garden pub car park. Alternatively, roadside parking is available on the Yarmouth Road, School Lane and Bishop's Close

When you go out on the water, please follow these rules:

- Sign in using the outings log book in the front boathouse to let others know you are out on the water – note the time you are going out, all crew names, the boat and expected time of return. Sign out following the outing and when leaving the island.
- Lock up when you go out on the water.
- If you are involved in a collision or a dangerous near miss, or capsize you must submit a BR Incident Report via the incident reporting form available once you have logged into your account on the BR site. <https://incidentreporting.britishrowing.org/> If you are still unsure how to do this then please contact the Club Safety Officer, Club Captain or Club Chairman

Club sessions

Club sessions start at 8.30am every Saturday and are open to all members. Further information on these sessions will be provided separately.

In the summer, we also run club sessions on Thursday evenings.

In the winter, a club session is run on the indoor rowing machines (ergs) Tuesday evenings at 5.30pm

Development Squad takes place on Sundays at 9am. Volunteer coaching is provided

Club Activity Booking

The club runs a Goolesheet with multiple tabs on it. All booking activity is currently run through this.

Access to this will be given once you by the Club Captain once your membership fee is paid.

Boats requiring experience and assessment of 'river competency'

We have several boats that require an assessed level of experience and 'river competency' to be used either at club sessions or outside club sessions. The bow person using any of these boats must be confident and capable to steer and to lead a crew.

Social media

Club website: www.yareboatclub.org.

Please see the separate Club Social Media policy

WhatsApp : for general notifications and crew formations for forthcoming outings.

Enrolment onto WhatsApp groups is following receipt of membership fee and on application to Club Captain.

A Captain's briefing is issued approximately once a week by email.

Can I help?

We welcome any support you might be prepared to give. If you have some ability or skill that might be of use and you would like to make a contribution to the success and running of the club, please get in touch with any of the Board members.

Please also take time to read the club safety rules which are included in this pack.

Members are asked to keep everywhere and everything clean and tidy and to respect equipment/facilities. Please put things back where you found them, leave the club tidy and notify the Club Captain or Club Secretary if you discover any faults in the boat house or with any boats or equipment.

Very important: *Spare toilet rolls are in the kitchen left of the door!*

Formal documents

The club has several rules and policies all of which can be found on the YBC Googledoc and/or Safety Notice Board where appropriate. These include

Club Rules

Club Safety Rules

Rules of the River

Guidance not included in the formal rules

Emergency Response

Fire Safety

Anti-bullying

Launch Competency.

Access to the Googledoc will be given once you by the Club Captain once your membership fee is paid.

Formal status of the club

The club is run as a company limited by guarantee with no share capital and as a Community Amateur Sports Club. The CASC status gives the club some of the same benefits as a charity. The club is governed by members and they elect a board of directors who act on their behalf between members' general meetings. An AGM is held every year in January. The Articles of Association can be found on the Companies House website.

Please do not hesitate to contact any member of the Board at any time.

Chair	chair@yareboatclub.org
Captain	captain@yareboatclub.org
Secretary	secretary@yareboatclub.org
Treasurer	treasurer@yareboatclub.org
Water Safety	safety@yareboatclub.org
Welfare	welfare@yareboatclub.org
Social Secretary	social@yareboatclub.org