

God cares for our Wellbeing!



Please join us for a Heart of Eden Benefice and our Methodist Brothers and Sisters Wellbeing weekend on Oct 28th/29th

Our aim: to think about Wellbeing from the young to the old and using our services to focus on God's deep and abiding love for our lives.

Jesus said - "*Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.*" Matthew 11:28-30

28th October Saturday from 10 AM
For the young and young at heart!
The Sands Methodist Chapel

Bring your children along, for craft drama and music in the Church. And to talk about Wellbeing for the youth in today's world

28th October Saturday from 2 PM
For adults and those more mature in age - St Lawrence's Appleby

A cup of tea and chat - bring your hobby and crafts and maybe a few good well-known old hymns will be sung! Lets talk openly about the concerns of Wellbeing and challenges today for us all.

29th October Sunday 10:45 AM
St Lawrence's Appleby

Please come and join us for our Sunday Service which will be Holy Communion – the central service focused around community and sharing.

29th October Sunday 6 PM
Warcop Village Hall (a beautiful location, if you have not been do come and see this great place!)

Soup and a Sandwich along with a discussion around what the Bible says about Wellbeing and how we can use this in our local communities around the Heart of Eden.