



Connect

Welcome

to the Benefice of Walton and Trimley
Sunday 19th July 2020

Sixth Sunday after Trinity

The Collect

Creator God,
you made us all in your image:
may we discern you in all that we see,
and serve you in all that we do;
through Jesus Christ our Lord.

Amen

Today's Readings

Morning:

Romans 8:12-25
Matthew 13:1-9, 18-23

Evening

Acts 12:1-17
John 6:1-21

A message from Rev Paul

Dear friends,
During this pandemic and lockdown, the most asked questions I get are almost always prefixed with a 'why'.

why us?
why this virus?
why do they have to suffer?

Most of us are asking those questions at the moment. As Christians we may feel as if we are no wiser. After all, at least an atheist can say that without God there is no meaning to any of this, it is all simply random. As Christians we have to live with the seeming contradiction that God is love, in control of this world, yet devastation and evil still remains.

In our lectionary readings recently, we have been hearing Jesus attempt to explain to his disciples not so much why, but how these things must happen. He speaks about how not everybody is ready to receive and understand the kingdom of God. He talks about how for some reason, both evil and good must co-exist in this world until he is to come again.

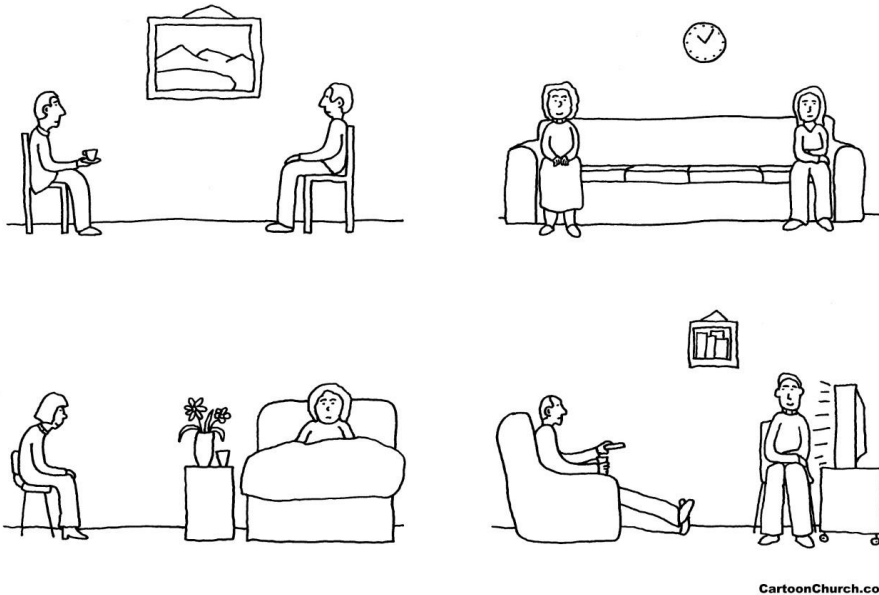
This may sound like a very small consolation and an unsatisfactory answer but in truth it can bring comfort. To know that this is the way it has to be and that we are not responsible for being judge over it all can bring us hope. Jesus makes it clear that light always triumphs over darkness in the end, even if it seems overwhelming at the time.

God did not create this pandemic, but we can look forward to a day when evil and sickness are a thing of the past. This is the hope we can share with the world around us as generations before have.

If you are feeling lost or overwhelmed at the moment, please do not suffer alone. We have pastoral teams in place that can help. Drop me an email or give me a call.

Rev Paul

AWKWARD PASTORAL VISITS



Benefice Churches open for public worship

Our said service of Morning Worship on Sunday 26th July (using the same service as our Zoom Sunday Service) will be at St Mary's Walton at 9am. Please use this link to book your place https://forms.office.com/Pages/ResponsePage.aspx?id=ANSfHE6YsUiHzASleb4xrUoMjAX8kB5EjnAZQyR2mjxUM1BPNzLGTktGN E1ZSkpLUVI3QIi2U0Q2Si4u&fbclid=IwAR1aVbdIEiEG4z-ZUyksbz_TbgWW7I88JPc2fDpw8znQC_2eCSNTAp_psac or call the office. Bookings can be made between Monday and Thursday for attendance on Sunday 26th July.

Church open for private prayer

Trimley Church will be open **Wednesdays 10.30am to 1pm.**

Online & Radio Service Information:

Benefice Services via Zoom:

Morning Worship on Sundays at 10am, this is followed by an opportunity to stay and chat over coffee. Morning Prayer followed by coffee at 9.30am on Wednesdays. To request an invitation please email Georgina on officemanager@waltonandtrimley..uk.

This invite will now also include details of how you can access the service via a telephone number. The numbers are UK landlines and you will need to check your call package to see what this might cost.

Radio Worship - Rev Paul and Rev Chris host **The Sunday Service** live on Felixstowe Radio every Sunday at 5pm. You can find the station at 107.5 FM, via your smart speaker or online at www.felixstoweradio.org.uk/ Rev Paul is hosting a radio show on Thursday evenings, **More Tea Vicar?! at 6pm** on Felixstowe Radio. You can listen to past episodes of 'More Tea Vicar' and 'Sunday Service' shows from here: <https://www.mixcloud.com/TechFXR/>

Bishops and St Edmundsbury Cathedral

Broadcasted services

Morning Prayer each day comes from the Bishops' Facebook page: www.facebook.com/BishopsCofEsuffolk. Services led by the Cathedral continue to be livestreamed from the Cathedral Facebook page: www.facebook.com/stedscathedral.

Online services from the cathedral can be viewed on YouTube at <https://www.youtube.com/channel/UCxAvGcfvogQtddXyw9oWKhw> or on their website on <https://stedscathedral.org/worship/online-resource>.

Lightwave are offering services online especially for small villages and families. <https://www.light-wave.org/covid19>

Children's resources available on a dedicated website page: <https://stedscathedral.org/worship/childrens-resource>.

Daily Hope offers music, prayers and reflections as well as full worship services from the Church of England at the end of a telephone line - **0800 804 8044**.

Feeling overwhelmed?

If you or someone you know is feeling anxious or overwhelmed, the resources below are designed by the Diocese to help:

[Church of England Reflections](#)

[Church of England 5 Top Tips](#)

Live Your Faith weekly sheets are freely available from their website <https://www.rootsontheweb.com/>

Keeping Your Child Safe on Line www.thinkuknow.co.uk/

We all know how important it is to ensure that our children know how to keep safe whilst using the internet and during this time of Covid 19 and our greater dependency on technology we must be even more vigilant. "Think u know" is an excellent resource for parents and carers and children of all ages aimed at helping to keep children safe online. The children's activities are age related and specific. I would like to recommend it. *Joan W Trimley PSO*

Churches Together in Felixstowe

The next session of monthly CTF Town Prayers will be Monday 20th July at 10am. If you would like an invitation to join this zoom session, please contact Sue Hockenhull on sue.hockenhull@yahoo.co.uk

Sarah's Cingquain Challenge

Rosemary Fincham and her son Martin have risen to Sarah's challenge (from two weeks ago) to write their own cingquain (pronounced sin-cane). Both have used sport as an inspiration, Martin as a spectator and Rosemary as a participant.

Football
Beautiful Game
Men against men
Victory, defeat, elation, despair
Passion

Martin

Hockey
Team Game
Defending, dribbling, passing
Passion, Co-operation, exhilaration, perspiration
Friendship

Rosemary

Feeling challenged by these excellent compositions? The modern cinquain is based on a word count of words of a certain type.

Line 1 has one word (the title).

Line 2 has two words that describe the title.

Line 3 has three words that tell the action.

Line 4 has four words that express the feeling

Line 5 has one word which recalls the title.

Why not give it a go and send them in!

St Mary's Church are looking the following specific roles to be filled in Walton:

Churchwarden - We are looking for a second warden to assist Lynda. The role carries with it responsibility as a leader in the church, but those responsibilities should be shared with a fellow warden. In a church the size of St Mary's we should not be left with just one person to carry this load. If this is something you feel you could do, please do pray if God might be calling you to help.

PCC Secretary - We will require somebody who will be the secretary to St Mary's PCC. This will require taking notes and distributing minutes for each meeting, alongside preparing reports for the annual meeting. If this is something you feel you can help with, full training and support can be given.

We are also looking for someone to organise a rota for stewarding Walton Church, so that it too may be opened each week on Wednesdays 10.30am to 1pm. As this will involve interacting with the public, please do be mindful of any current Government advice that may apply personally, e.g. being advised to shield etc.

If, after prayer, you feel you would like to serve in one of these ways or in any other areas of our churches please do get in contact with me asap to discuss.

Rev Paul

Prayer Please

Please pray for all those who are working to bring us through this crisis safely and that as we come out of lockdown, people will be mindful of the need to be careful and will remain loving and kind to those around them. Please also pray for those who have found themselves to be fearful at emerging from their safe homes to walk out into the community and undertake usual daily activities like shopping etc.

Please pray for the bereaved especially the family and friends of Andrew Hedger, who has died recently.

Please also for those who are sick, especially Bob Curtis, John & Kay Miller, Rev Wendy Smith, Mabel Lucas, Joan Davies, Mary, Ann Faiers, Lynda Ham, Lorna Roberts, Gerda & John Bailey, Michael & Mabel Lucas, John Morley, Rosemary Shelley and those who prefer their names not to be listed.



Benefice Contacts

Rev Paul Clarke (Rector)

rector@waltonandtrimley.org.uk

01394 671250 or 07903 452010

Please note, Paul's day off is Friday

Rev Wendy Smith (Associate Priest) and Dave Smith (Lay Pastor)

Contact Us:

We have a new benefice website:

www.waltonandtrimley.org.uk.

Benefice Facebook:

<https://www.facebook.com/stmaryswalton/>

Benefice Office: 01394 670090 or email
officemanager@waltonandtrimley.org.uk

Readers:

Mary Rowe, Wendy Fellingham, Margaret White, Rachel Clarke
& Roy Allen (Emeritus).

Walton

Church Warden: Lynda Tempest

waltonwarden1@waltonandtrimley.org.uk

Elders: Lynda Tempest, Pam Allen, Mary Wakefield, Annie
Woodard, and Georgina South.

Trimley

Church Wardens:

Andrew King (01394 212241)

trimleywarden1@waltonandtrimley.org.uk

Rob Rushen-Smith (01394 200406)

trimleywarden2@waltonandtrimley.org.uk

Elders: Joan Wardle, Sylvia Allen, and June Stockdale.