



www.vidafoods.uk



Greetings from

Vida Foods International



- Who We Are
- Our Mission
- Our Vision



Who We Are

Vida Foods specializes in exporting top quality frozen meat, oils, and vegetables globally. We strive to provide the best products and service to our customers worldwide.



Our Mission

Transform Needs And Difficulties Into Profitable Solutions



Our Vision

Aiming for trustable and long term relationships where both sides can grow





- Meat
- Oils
- Vegetables
- Fruits & Purrees



- Beef
- Mutton
- Chicken



Vida Foods Specializes In A Wide Range Of Fresh And Frozen Beef, Chicken, And Sheep Products. Our Supply Of Primary Meat Products Caters To Manufacturing, Retail, And Food Service Customers, While We Also Export Other Cuts To Markets Worldwide.



Meat

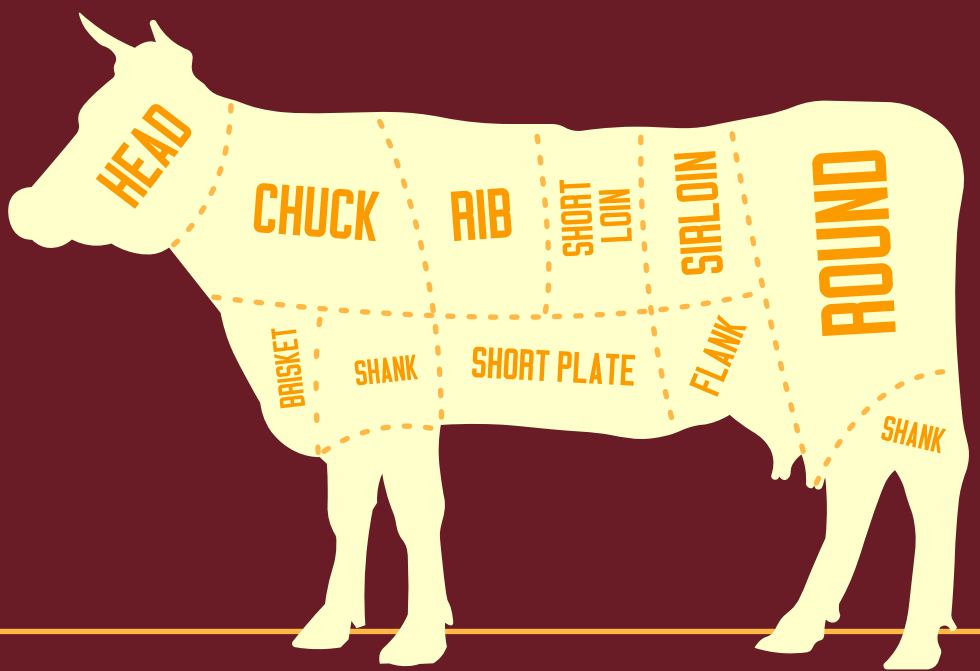
Beef

Mutton

Chicken



Beef Meat



Vida Foods has a global presence in various meat markets and sources from major meat production centers around the world. We have the capability to provide products that meet specific farming standards, plant accreditations, and feed schemes for niche markets.



Meat

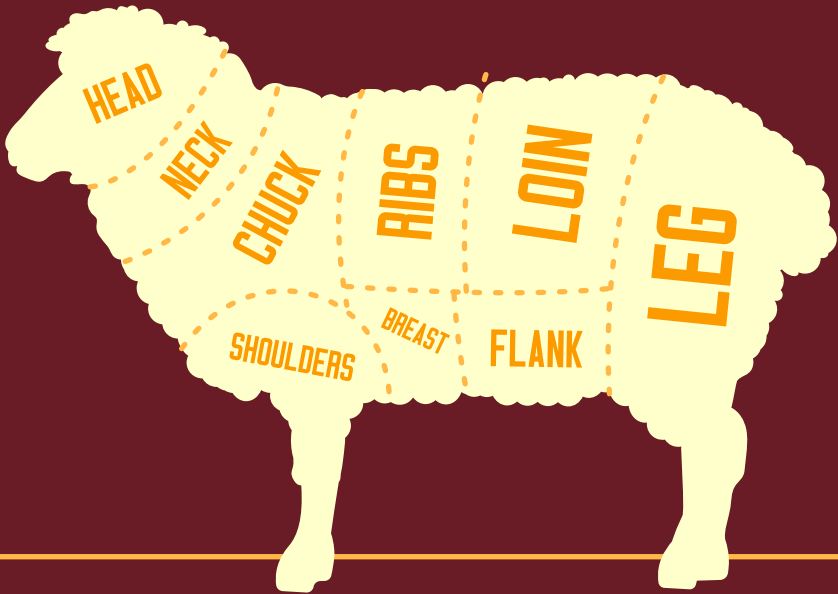
Beef

Mutton

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Mutton Meat



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Meat

Beef

Mutton

Chicken



Chicken



Chicken Meat



Chicken meat comes in a variety of cuts, including breasts, thighs, drumsticks, and wings. Each cut has a unique taste and texture, and are best cooked using different methods. Breast meat is lean and best grilled or baked. Thighs are juicy and flavorful, and are best cooked by braising or roasting. Drumsticks and wings are great for frying or grilling.



Oils

- Sunflower Oil
- Palm Oil
- Rapeseed



Oils are an essential part of many recipes, as they add flavor and moisture to dishes. There are many different types of oils to choose from, including sunflower oil, palm oil, and rapeseed oil.



Sunflower Oil

Sunflower oil is a popular choice for cooking and baking, as it has a light, neutral flavour that doesn't overpower other ingredients. It is also high in monounsaturated fats, which can help to lower cholesterol levels.





Palm Oil

Palm oil is a popular choice for cooking, as it has a high smoke point and a neutral flavor. It is also an important ingredient in many household products, such as soap and candles.





Rapeseed Oil

Rapeseed oil is another popular choice for cooking, as it has a mild, nutty flavour and a high smoke point. It is also high in monounsaturated fats and has a low level of saturated fat, making it a healthy choice for cooking.





Vegetables

- Corn
- French Beans
- Spinach
- Carrot
- Onion
- Green Peas
- Broccoli
- Cauliflower
- Mix Vegetables
- Okra



Vegetables are an important part of a healthy diet, as they are packed with nutrients and fiber. There are many different types of vegetables to choose from, including corn, baby corn, French beans, spinach, carrots, onions, green peas, baby green peas, cauliflower florets, mix vegetables 2/3/4&5 ways, tomatoes, and potatoes.

