

DICOTYLEDONS

Magnoliidae: how to live with these emotions, not from this world
Hamamelididae: how to divide these emotions
Caryophyllidae: how to protect my emotions
Dilleniidae: how to balance these emotions
Rosididae: how to be loved with these emotions
Asteridae: how to master these emotions

DRUGS

Extreme: euphoria/ecstasy/bliss or terror/hell like 'Too'...: happy, daring, courageous, active, brave, strong or phobic, paranoid, horrible nightmares
- Either looking for kicks or be bored, passive, dull
Distortions: shapes, colors, sounds, distances
Merging: dissolving of boundaries
Intensity: over the top, overwhelming.

MOLLUSCS

Cypraea eglantina: overwhelmed
Venus mercenaria: fears penetration
Perle: extremely weepy, uncontrollable emotions
Pecten jacobaeus: can't take the risk to love or I disappear
Murex purpurea: nymphomania
Conchiolum: soft, weak and anxious

INSECTS

Hemiptera: childish, laughing
Coleoptera: high sex, beauty
Hymenoptera: loves working
Diptera: best in everything, righteous
Odonata: new things, high energy
Orthoptera: rage, destruction, family dependent

NOSODES

Acute: panic
Typhoid: crisis
Psora: effort
Ringworm: alternating between struggle and resignation
Malaria: unfortunate
Sycosis: hide, resign or accept
Cancer: chaos is fatal
Tuberculosis: change at any cost
Leprosy: outcast
Syphilis: desperate and unbearable

BIRDS

Spheniscidae: outcast
Pelecanidae: no judgement
Diomedidae: stamina
Cathartidae: in between
Anatidae: roaming, foggy, grief
Accipitridae: speed and danger, rage
Columbidae: naive, too good, too soft for this world
Psittacidae: language, communication
Strigidae: wise and free
Passeriformes: naughty and self-willed
Corvidae: not respected, dark

MAMMALS

Carnivora: chase
Canidae: anger at domestication, submissive, aggressive when threatened
Felidae: indulge in own beauty and power, rule, independent
Herbivora: prey
Even toed: blaming, the victim
Uneven toed: life is hard, work unto exhaustion
Rodents (and Lagomorpha): secretive, quick, careless
Primates: collecting, possessive, quarrelsome

THE VITAL APPROACH MAP OF HOMEOPATHIC FAMILIES

Anne Vervarcke

BACTERIA

Bordetella: heavy legs, cramp, blend in
Brucella: extreme vertigo
Clostridium botulinum: upper limbs, so tired
MUST lie down
Shigella: sinking
Mucotoxinum: fainthearted
Yersinia: no grip yet stubborn
Leprominium: abandon, alone, bad smell
Borrelia: weak legs, drag, degeneration

CARBONS

Alcohols: extreme inhibition
Aliphats: passivity
Aromatics: Loquacious, racing ideas
Carbonyls: Isolation, vulnerable, persecution
Carboxylic acids: anxiety, wants to be held
Ethers: dissociation, mind and body separate
Nitrates: imminent danger, explosive
Nitriles: betrayal
Sugars: demanding, food
Terpenes: Uplifting, exciting

SARCODES

Thymus gland: no vigor or courage to move, recuperate, even eat or talk
Pituitary gland posterior: measuring input and output constantly
Suprarenalis: tiny, boring, no importance, yet dreams of doing great things
Estrogen: love, tenderness, beauty, trust, for partner and children
RNA: everything for my child, don't feel own needs
Cortisol: can't assimilate
Corticotropin: artistic, philosophic, loves life
Melatonin: capacities blocked, silenced, good natured
Adrenalin: rush of ideas, hot tempered
Oxytocin: too loyal, being a mother
Folliculin: like a nun, nobody listens to what I say
Lecithin: walked over, non-existent, defenseless

GEMSTONES

PRIMARY: potential coming into form
SECONDARY: external influences
TERTIARY: change

CRISTAL GRID

Cubic: rigidity, rules, order, overview
Hexagonal: efficiency, goal oriented, analytical
Trigonal: simplifying the problem, common sense
Tetragonal: two faces, changeable, facade
Rombic: adapting, until sudden breaking up
Monoclinic: changeable, spontaneous, confusion
Triclinic: extreme, erratic, victim or indifferent
Amorphous: versatile, creative, like a butterfly

COMPONENTS

Sulfides: make aware
Halogeniden: stabilizes, transform, finalize
Carbonates: development too slow or too fast
Sulfates: slow down or perpetuate
Phosphates: buffer, balance
Silicates:
• *Nesosilicates:* resilience
• *Sorosilicates:* repair, reorient
• *Ringsilicates:* conduct energy with spongy structure: absorb
• *Inosilicates:* stimulate, speed up healing and development
• *Filosilicates:* boundaries
• *Tectosilicates:* filter, absorb, reflect

CHAKRA COLORS



THE WHITE ROOM



2nd DIMENSION

EMPTINESS - EXISTENCE - FACTUAL - SOBER - CAPACITY - FUNCTION - GRIP - DEPENDENCE

ONE PROBLEM/ISSUE - SIMPLE

3rd DIMENSION

ENGAGING - LIFE - FEELINGS - EMOTIONS - SURVIVAL - RELATING - AFFECTED BY - EXPRESSIVE

MANY MANY MANY COMPLEX

ELEMENTS: I-ME-MINE I CAN, I CAN'T / I MISS, I NEED, I LOOSE "THIS" / TO BASE MY EXISTENCE ON		OTHERS		FUNGI: IN BE-TWEEN	PLANTS: GIVING-PAIN REACT TO ENVIRONMENT SACRIFICING FOR THE WHOLE	ANIMALS: INSTINCTS COMPANION, COMPARE RELATE BY GIVE&TAKE, HIERARCHY MOVEMENT, PLEASURE, POWER		
FROM COMPLETELY SELF-ABSORBED TO INDIVIDUALISATION AND COOPERATION	1	NOT IN THE WORLD YET Withdrawn Don't understand the world My cocoon			ALGAE LICHEN MOSSES FERNES			
	2	SEPARATE FROM SYMBIOSIS Only me No division between me and the world How to live? Needs another	CARBONS Selfless To become somebody	BACTERIA (eucaryots) No center No I I become you PARASITIC BACTERIA I live from you I have no say	Invasion Carbon like Awkward Drug like	ANGIOSPERMS ▼ MONOCOTS Mama & I: give mama/mama gives ARECIDAE	GYMNO ▼ Tribe Fragile	MOLLUSCS Withdraw from dangerous world in safe house INSECTS Crushed Attack when in danger SPIDERS Female domination Fatal attraction
	3	IDENTITY Dependent for basic needs: food, clothes, shelter, care Needs protection Who am I?	ROCKS AND STONES Who/what am I/is mine? Confusion		WEAK EGO	PARASITES Have no say, changing the rules behind my back to get rid of me MONOCOTS Mama & family & I: Family gives/ give family COMMELINI-DAE		INSECTS Programmed SPIDERS Fidget WORMS
	4	CIVILIAN Sustain myself in the society Middle class values, wants to be normal Needs security	GEMSTONES Outside cool/untouched Inside soft/compassionate Multi layered/many aspects WATERS Parental House Include Everybody	SARCODES Function, order, system, organism Identity established yet governed by circumstances		MONOCOTS Mama & I in the world: how to behave LILLIDAE	ORCHIDS Between Commelinidae and Lillidae	FISH Cautious, normal behave Travel, move, body awareness REPTILES Reptilian brain: automatic, instinctive, food, sex, survival SNAKES Reptilian brain: greed, domineering, power
	5	BEING UNIQUE Sophisticated, special, on stage, perform Needs applause and admiration			EGO FLOWERS	CARNIVOROUS PLANTS Incite, mesmerize, temptation trap		FISH Extravagance Playful Weightless/float BIRDS Freedom Sky, fly High above and free
	6	MASTER • Self: development, inquiry, determination = LANTHANIDES • World: under superhuman pressure to perform Needs honor, respect and power	CELESTIAL BODIES Symbols IMPONDERABLES	NATURAL VIRUSES Adapt Influence(d) Everything is interesting		DICOTS Mama & papa & me in the world		MAMMALS Limbic brain: emotional memory BIRDS OF PREY Self-aware RODENTS Secretive
	7	DISINTEGRATION UNDER TOO MUCH PRESSURE Falls apart, lost Strength, intense Invisible	ARTIFICIAL HUMAN ARTEFACTS Weak and distorted functions and feelings Disconnected, malajusted, inappropriate	MUTATED VIRUSES Sabotaged System disrupted progressively				