THE ANGLO INDIAN

All round tomato base sauce

Preparation time 45 minutes + cooling time

5 cloves

5 green cardamom

3 black cardamom

2 2inch cinimon sticks

2 bay leaves

1 t spoon cumin seeds

3 tablespoons of oil

Saute the spices under a low flame for 2 minutes

Add 500 gms sliced onions and saute well.

Add 50 gms of chopped ginger and

100 gms of chopped garlic

Add a tspoon of salt

Saute till the onions begin to change colour

Add 1kilo fresh chopped tomatoes. Stir well

Cover with lid and let it cook for 15 minutes on a medium flame

Set aside and cool completely

Once cooled, puree it in a blender till a smooth paste.

Soak 100gms cashewnuts in a cup of hot water for 15 minutes. Add to a blender and blend to a smooth paste

Add 2 tablespoons oil to a pan

Add 1 tsp turmeric

3 t spoons chilly powder

3 t spoons corriander powder

1 t spoon cumin powder

1 t spoon garam masala

Fry on a low flame for 3 minutes

Add the tomato and onion paste to the pan and stir well. Cover with a lid and cook for 15 minutes on a medium flame.

Add the cashew mix to the pan and stir well. Cook for another 3 minutes, constantly stirring till the oil begins to seperate. Let it cool. Place in an air tight container

Can store upto 10 days when refrigerated