## THE ANGLO INDIAN

## Palak Paneer

## Ingredients

Preparation time 20 minutes

1 medium sized onion finely chopped 2 tbl oil or ghee 1 tsp corriander powder 1 tsp cumin powder 1 tsp garam masala 1 tsp ginger garlic paste 2 medium sized tomatoes finely chopped 2 tbl all purpose sauce 1 bundle of spinach quarter tsp nutmeg powder 1 tsp crushed methi leaves 2 drops kewda water 50ml cream 200 gms paneer cubed

Add during the first part of the recipe

Add at the end of the recipe

## Method

First boil approx 2 liters of water in a pan, add the washed spinach and cook for a couple of minutes. Let it cool down and puree the spinach in a blender

Heat oil in a pan add the chopped onions.Fry for a couple of minutesAdd the dry spices fry for about 20 secondsAdd the all purpose sauce and tomatoes fry for a couple of minutesAdd the spinach and let it cook till the oil begins to surface - approx 5 minutesAdd the paneer mix in gently.Add the nutmeg powder, kewda water and methi leaves. Cook for a minute

Add cream Garnish with grated paneer and fresh corriander - optional

Serve with rice or naan/roti/chapati

For more recipes and cooking tips, email: chef@theangloindian.no