HE ANGLO NDIAN

Mutter Paneer

Ingredients

2 tablespoons oil or ghee Half tspoon cumin seeds 1 medium sized onion finely chopped 1 tsp garam masala 1 tsp cumin powder Half tsp ginger garlic paste 4 tablespoons all purpose sause 100ml water 150 g green peas 150 g paneer chopped into cubes 1 tablespoon resh corriader leaves chopped Half tspoon salt



Method

Heat oil in a pan Add the cumin seeds fry for approx 10 seconds Add the chopped onions and fry for a couple of minutes Add the garam masala and cumin powder, fry for 30 seconds Stir in the ginger garlic paste and fry for 10 seconds Add the all purpose sauce stir well Add the water and green peas. Cover with a lid and cook for 3 mins Add the paneer. Cook for 5 minutes without a lid. Medium flame Add salt and fresh corriander Simmer for 2 minutes

Serve with rice or Naan

For more recipes and cooking tips, email: chef@theangloindian.no