

ACTIVITY PROGRAM WINTER LOFSDALEN

Thank you for being interested in Lofsdalen, we promise to give your guests a wonderful experience. Below is a suggested activity program with plenty of time for personal activities such as alpine skiing, cross-country skiing, sauna baths, and more.

The price for the activity program is 10,500 SEK per person excluding VAT (approximately 854 EUR with today's exchange rate, Note, the price is payable in SEK)

We look forward to welcoming your guests to Lofsdalen for an unforgettable winter adventure.

Day 1: Arrival (Saturday)

Travel

- Morning/Afternoon: Arrival at Scandinavian Mountain Airport (direct flights from UK, Netherlands, Denmark). Not included: Transfer to Lofsdalen with a scenic 2.5-hour journey through deep forests and up the mountain, offering outstanding views of snowdrifts and mountain birches.

Other connecting airports:

Östersund Airport (direct flights from) - 2.5 hours to Lofsdalen.

Stockholm Arlanda Airport (international airport) and connecting flight to Sveg Airport → 1 hour by car to Lofsdalen.

Transfer options: car rental, bus, or private chauffeur.

Arriving to Lofsdalen - a small mountain village

- Afternoon: Check-in to chosen accommodation: mountain cabin, mountain apartment, or mountain hotel. Time to relax and enjoy the magnificent views.

- Optional: Afternoon at 17:00: welcome meeting at Lofsdalen Fjällhotell for all questions regarding your week in winter wonderland. Evening: Enjoy a delightful dinner at one of Lofsdalen's restaurants, or a nice homemade meal in your cabin. For our more exclusive clients, we offer a dinner prepared by your own private chef.

Day 2: Optional activity (Sunday)



ALPINE SKIING

Discover the thrill of skiing in Lofsdalen's picturesque alpine slopes! With 25 slopes catering to various skill levels and 12 convenient ski lifts, our resort offers an ideal setting for both beginners and seasoned skiers alike. Escape the hustle and bustle and indulge in the serenity of our expansive, uncrowded slopes, accompanied by our welcoming staff.

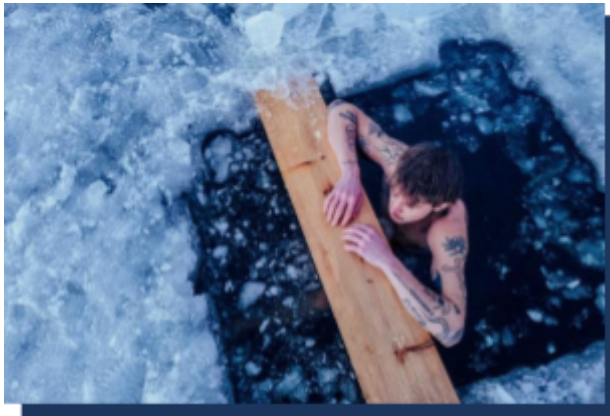
Whether you're just starting out or looking to challenge yourself on advanced terrain, Lofsdalen has something for everyone. Skiing is a fantastic activity for families to bond over and create cherished memories together. We recommend skiing every day when you are in Lofsdalen.

Book skipass, ski rental and ski school

Ensure a seamless experience by booking your ski pass, ski rental, and ski lessons in advance through www.lofsdalen.com/en. Additionally, ski rental can be arranged through www.karinssportbod.se.

Get ready for an unforgettable skiing adventure in Lofsdalen!

Lofsdalen offers some of the most affordable skipass prices in Sweden without compromising on the quality of skiing.



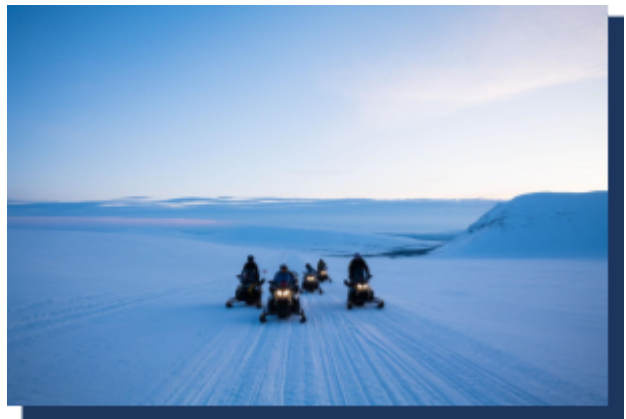
Day 3: Ice Fishing and Sauna Tent (Monday)

- Morning (3 hours): Try ice fishing on the frozen lake. A relaxing activity followed by warming drinks and the option to warm up in the sauna tent on the ice; for those interested, there is also an opportunity for ice bathing.

Day 4: Snowmobile adventure under starry skies (Tuesday)

Evening activity (3 hours): Experience the magic of the winter mountains during an evening snowmobile tour. Under the starry night sky, enjoy the serene beauty of the landscape and a delicious dinner at the snowmobile lodge, surrounded by the frozen wilderness. With a bit of luck, you might even catch a glimpse of the northern lights.

Day activity: we recommend alpine skiing



Day 5: Dog sledding (Wednesday)

Day activity (1 hour): Embark on an adventure with dog sledding through the winter landscape. Feel the freedom and silence in the beautiful nature, after the dog sledding tour, we invite you to a traditional Swedish fika.

Before or after dogsledding: Time for relaxation or personal activities, we recommend alpine skiing.

Note: Due to high demand, this activity may in addition also be available on Tuesday.

This activity can welcome at a maximum 32 guests a day.

Day 6: Snowmobile reindeer safari (Thursday)

Morning activity (3-4 hours): Embark on an exciting snowmobile trip across the mountain, where you often see reindeer grazing in their natural environment. This safari offers a unique opportunity to experience the stunning winter landscapes while learning about the local culture and history, including stories about Lofsdalen and the Sami people's work with reindeer.



Day 7: Snowcat ride and snowshoeing (Friday)

Morning activity (3 hours): Snowcat ride to a beautiful pass between two mountain peaks. Guided snowshoe hike down to the Waffle Cabin. Enjoy the fantastic views and learn more about local flora and fauna.

→ Available: Weeks 2-7 and weeks 11-15.
During week 8-10 this activity is on another day.

Week 9 - fully booked.

Day 8: Departure (Saturday)

- Morning: Check-out. Opportunity for a final walk in the beautiful surroundings of Lofsdalen.

- Afternoon: Not included: Transfer/ rental car to the airport.

OPTIONAL ACTIVITIES

Optional activities for your guests to be booked by themselves in Lofsdalen, or contact us if you want any of the activities included in the package.

LOFSDALEN SKYBAR

Enjoy 360 degrees views while enjoying a Swedish whiskey or local craft beer in Sweden's highest whiskey storage. Age limit 12 years old.

ACTIVITIES & PRICING:

Whisky Tasting: 585 SEK per person (approximately €51.48*).

This event is held at Lofsdalen Skybar, situated 1125 meters above sea level.



*The price in Euros is approximate and based on today's exchange rate of 1 SEK = €0.088. Please note that the final price in Euros may vary according to the exchange rate at the time of payment. The prices are excluding VAT.

More info: www.mpxgruppen.com/lofsdalen-skybar

CROSS COUNTRY SKIING

Experience cross-country skiing in Lofsdalen's breathtaking mountain landscape. With a variety of trails offering different lengths and difficulty levels, including flat trails perfect for beginners, our well-marked trails promise a memorable adventure for all. pristine wilderness at high altitudes

ACTIVITIES & PRICING:

Cross-country skiing 1 day: Trailpass 129 SEK (approximately €11.35*)

Ski rental 1 day: 290 SEK (€25,52)



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WINTER SAUNA AND STREAM BATH

Uppvallens Fäbod is a traditional mountain pasture situated in the heart of Lofsdalen. Rich in history and cultural significance, it offers visitors an authentic taste of the region's past.

ACTIVITIES & PRICING:

Price: 750 SEK for 2 hours for 2 people (approximately €66.00*).

Additional guests: 240 SEK each (approximately €21.12*).

Children under 15 years: 80 SEK each (approximately €7.04*).

The price includes:

Heated wood-fired sauna.

Decorations with torches and pelts

Bath in a natural mountain stream.

Contact: carola.arnaryd@gmail.com



SAUNA TENT WITH ICE HOLE ON THE LAKE

ACTIVITIES & PRICING:

(Approx. 4 Hours):

Recommended for 4-8 people.

Price: 3996 SEK ex VAT (approximately €351.65*)

www.northlandondemand.com



WILDERNESS EXPERIENCE:

Join us for an adventure with your family, friends, or colleagues! The tour begins at the Snowmobile House with a journey around the mountain and concludes with an overnight stay in a meadow on the mountain. The package includes a snowmobile, a sleeping spot with bed linens, a towel, and access to the sauna.

Optional extras include meals (dinner and breakfast) from 450 SEK per person and a hot tub for 2500 SEK.

Price: 2285 SEK per person (excluding optional extras) (approximately €201.08*).

The tour requires a minimum of 8 persons and can accommodate up to 12 persons. The tour runs from Wednesday 15:00 to Thursday 09:00.

www.northlandondemand.com



PADEL: FUN FOR THE WHOLE FAMILY



For those interested in staying active indoors, we recommend booking a session of padel. This fast-paced racket sport is a fun and social way to stay fit. Courts are available for booking, and equipment can be rented on-site.

www.lofsdalen.com



VÅFFELSTUGANS VILDMARKSKÅTOR: A UNIQUE WILDERNESS EXPERIENCE

Enhance your adventure with a visit to Våffelstugans vildmarkskåtor, traditional wilderness huts that offer a cozy retreat in the heart of nature. Located at 820 meters above sea level, these winter-insulated kåtor feature a central hearth and are adjacent to the popular Våffelstugan. Enjoy breathtaking views over Lofsdalen and its surroundings.

For more details and booking, visit www.vaffelstugan.se

LOFSDALEN OUTDOOR

Become one with yourself and nature in Lofsdalen Outdoors.

ACTIVITIES & PRICING:

Activity box

All gym memberships provide access to Lofsdalen Outdoor's training box between 06:30-21:00 every day all year round, as well as scheduled group training sessions. The price for this membership is 150 SEK (approximately €13.20*).



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according to the exchange rate at the time of payment.

Snowga - Snow Yoga

Experience something amazing: yoga in front of a fire on reindeer skin, out in the snow, surrounded by breathtaking views.

More info: www.lofsdalenoutdoor.com