Svenska cupen 2 Poomsae, 31 oktober 2026, Värmdö

Nr	Minior (4-11), Female-Nyb (Semifinal & Final)		Klubb	P1	P2
1	Maria	Altahy	AVAN TKD	T1-T5	T1-T5
2	Julia	Von Hueck	Poomsae Team Elite IF		
3	Chelsea	Andersson	Täby TKD		
4	Bianca	Freiding	Mufasa Taekwondo Höganäs		
5	Astrid	Strand	Team Academy IF		
6	Emelie	Haddad	AVAN TKD		
7	Penny	Holm	Alhaj Taekwondoklubb		
8	Charlotte	Nowén Wirkkala	Team Academy IF		
9	Elizabeth	Issa	Poomsae Team Elite IF		
10	Nafas	Jalali	Täby TKD		
11	Antonia	Karlsson	Team Academy IF		
12	Yasra	Khalil	Taekwondo klubb Viking		
13	Lina	Petrovska	Team Academy IF		
14	Natchaya	Phimmatha	Täby TKD		
15	Lara	Salih	AVAN TKD		
16	Molly	Södervall	Team Academy IF		
17	Sofiia	Sokurenko	Täby TKD		
18	Zia	Stearn	Team Academy IF		
19	Jolie	Von Hueck	Poomsae Team Elite IF		
20	Chloe	Weibel Vinazza	AVAN TKD		

Nr	Minior (4-11), Male-Nyb (Semifinal & Final)		Klubb	P1	P2
1	Filip	Åkerblom	Mufasa Taekwondo Höganäs	T1-T5	T1-T5
2	Sander	Alm	Wermdö TKD		
3	Valdemar	Alnefelt	Täby TKD		
4	Durvish	Mehta	Team Academy IF		
5	Ossian	Rupush	Wermdö TKD		
6	Oscar	Bogren	Täby TKD		
7	Casper	Sahlsten	Mufasa Taekwondo Höganäs		
8	Elias	Dogui	Täby TKD		
9	Franz	Johansson	Poomsae Team Elite IF		
10	Jayden	Mendoza	Team Academy IF		
11	Oscar	Stenberg	Täby TKD		
12	Orestis	Nushi	Team Academy IF		
13	Sam	Rasuli	Poomsae Team Elite IF		
14	Matteo	Rugama	Wermdö TKD		
15	Hugo	Södervall	Team Academy IF		
16	Leon	Witt	Täby TKD		

Svenska cupen 2 Poomsae, 31 oktober 2026, Värmdö

Nr	Kadett (12-14), Female-Nyb (Semifinal & Final)		Klubb	P1	P2
1	Stella	Adas	AVAN TKD	T1-T5	T1-T5
2	Artemis	Papadopoulou	Alhaj Taekwondoklubb		
3	Natalia	Ajziuk	AVAN TKD		
4	Isabella	Bååth	Wermdö TKD		
5	Saga	Balkhag	Poomsae Team Elite IF		
6	Linnea	Blom	Team Academy IF		
7	Evelin	Brunstedt	Poomsae Team Elite IF		
8	Amelia	Durbas	AVAN TKD		
9	Livia	Ejderhamn Roupö	Taekwondo klubb Viking		
10	Elisabeth	Fallenius	Täby TKD		
11	Wenger	Michelle	Alhaj Taekwondoklubb		
12	Louise	Nowen Wirkkala	Team Academy IF		
13	Othilia	Rupush	Wermdö TKD		
14	Layla	Sadlak	AVAN TKD		
15	Nahal	Sherkatolabasieh	Täby TKD		
16	Oona	Basso	Team Academy IF		
17	Isabella	Widell	Botkyrka TKD Etik Ak. För.		
18	Klara	Lee-Hunter	Alhaj Taekwondoklubb		

Nr	Kadett (12-14), Male-Nyb		Klubb	P1	P2
1	Niklas	Coimbra Wilhelmsson	Täby TKD	T1-T5	T1-T5
2	Mikael	Coimbra Wilhelmsson	Täby TKD		
3	Adam	Dogui	Täby TKD		
4	Milo	Höglund	Täby TKD		
5	Jakob	Omid	AVAN TKD		
6	Edvin	Sayago Jonsell	Täby TKD		

Nr	Junior (15-17), Female-Nyb		Klubb	P1	P2
1	Ofelia	Bonsdorff Wrede	Team Academy IF	T1-T5	T1-T5
2	Emma	Hedenfalk	Poomsae Team Elite IF		
3	Freja	Tomson	Team Academy IF		
4	Cherylin	Jakovlew Schulze	Alhaj Taekwondoklubb		
5	Tindra	Waax	Team Academy IF		

Nr	Senior -30 & -50 (18-50), Female-Nyb		Klubb	P1	P2
1	Ma Arman	Knutsson	Örestad BaekDuSan TaeKwonDo	T1-T5	T1-T5
2	Sandra	Karlsson	Grästorps Kampsportsforening		

Nr	Senior -30, -50 & -60 (18-60), Male-Nyb		Klubb	P1	P2
1	Reza	Doulati	Täby TKD	T1-T5	T1-T5
2	Jonny	Rosengren	Höllvikens TKD o Självförsv.		
3	Stefan	Höglund	Täby TKD		

Svenska cupen 2 Poomsae, 31 oktober 2026, Värmdö

Nr	Mix-Par Minior (4-11), Endast damer (Final)	Klubb	P1	P2
1	Salih, Lara/Haddad, Emelie	AVAN TKD	T1-T5	T1-T5
2	Stearn, Zia/Södervall, Molly	Team Academy IF		
3	Von Hueck, Julia/Von Hueck, Jolie	Poomsae Team Elite IF		
4	Huneault, Ofelia / Winscher, Adelle	Jinae Taekwondo		
5	Strand, Astrid/Karlsson, Antonia	Team Academy IF		
6	Phimmatha, Natchaya/Sokurenko, Sofiia	Täby TKD		
7	Petrovska, LinaNowén Wirkkala, Charlotte	Team Academy IF		
8	Weibel Vinazza, Chloe/Altahy, Maria	AVAN TKD		
9	Ilbäck-Haara, Isabelle/Staal, Lykke	Jinae Taekwondo		

Nr	Mix-Par Minior (4-11), Herrar & Male/Female Nyb	Klubb	P1	P2
1	Nushi, Orestis/Mehta, Durvish	Team Academy IF	T1-T5	T1-T5
2	Dogui, Elias/Bogren, Oscar	Täby TKD		
3	Södervall, Hugo/Mendoza, Jayden	Team Academy IF		
4	Alnefelt, Valdemar/Andersson Chelsea	Täby TKD		
5	Sahlsten, Casper/Sahlsten, Jacob	Mufasa Taekwondo Höganäs		
6	Rasuli, Sam/Johansson, Franz	Poomsae Team Elite IF		
7	Bogren, Oscar / Dogui, Elias	Team Academy IF		

Nr	Par Kadett (12-14), Male/female-Nyb	Klubb	P1	P2
1	Omid, Jakob/Durbas, Amelia	AVAN TKD	T1-T5	T1-T5
2	Höglund, Milo/Sherkatolabasieh, Nahal	Täby TKD		
3	Durbas, Olivia/Afsahar, Adnan	AVAN TKD		

Nr	Mix-Par Kadett (12-14), Endast damer	Klubb	P1	P2
1	Nowen Wirkkala , Louise/Basso, Oona	Team Academy IF	T1-T5	T1-T5
2	Rupush, Othilia/Bååth, Isabella	Wermdö TKD		
3	Sadlak, Layla/Ajziuk, Natalia	AVAN TKD		
4	Brunstedt, Evelin/Balkhag, Saga	Poomsae Team Elite IF		

Nr	Mix-Par Kadett (12-14), Endast herrar	Klubb	P1	P2
1	Dogui, Adam/Coimbra Wilhelmsson, Niklas	Täby TKD	T1-T5	T1-T5
2	Sayago Jonsell, Edvin/Coimbra Wilhelmsson, Mikael	Täby TKD		

Nr	Mix-Par Junior (15-17), Endast damer	Klubb	P1	P2
1	Bonsdorff Wrede, Ofelia/Blom, Linnea	Team Academy IF	T1-T5	T1-T5
2	Holm, Penny/Jakovlew Schulze, Cherylin	Alhaj Taekwondoklubb		
3	Waax, Tindra/Tomson, Freja	Team Academy IF		

Nr	Lag Minior (4-11), Female-Nyb	Klubb	P1	P2
1	Nowén Wirkkala, Charlotte/Petrovska, Lina / Södervall, Molly	Team Academy IF	T1-T5	T1-T5
2	Haddad, Emelie / Altahy, Maria / Salih, Lara	AVAN TKD		
3	Strand, Astrid/Karlsson, Antonia/Stearn, Zia	Team Academy IF		
4	Von Hueck, Jolie / Von Hueck, Julia/Issa, Elizabeth	Poomsae Team Elite IF		
5	Phimmatha, Natchaya / Sokurenko, Sofiia/ Andersson, Chelsea	Täby TKD		

Svenska cupen 2 Poomsae, 31 oktober 2026, Värmdö

Nr	Lag Minior (4-11), Male & Male/Female - Nyb	Klubb	P1	P2
1	Stenberg, Oscar / Witt, Leon /Jalali, Nafas	Täby TKD	T1-T5	T1-T5
2	Nushi, Orestis/Södervall, Hugo/Mendoza, Jayden	Team Academy IF		
3	Bogren, Oscar / Dogui, Elias/Alnefelt, Valdemar	Täby TKD		

Nr	Lag Kadett (12-14), Female-Nyb	Klubb	P1	P2
1	Adas, Stella / Ajziuk, Natalia / Sadlak, Layla	AVAN TKD	T1-T5	T1-T5
2	Blom, Linnea / Nowen Wirkkala , Louise / Basso, Oona	Team Academy IF		
3	Durbas, Amelia / Durbas, Olivia / Weibel Vinazza, Chloe	AVAN TKD		

Nr	Lag Kadett (12-14), Male-Nyb	Klubb	P1	P2
1	Afsahar, Adnan / Omid, Jakob / Rohullah, Romaan	AVAN TKD	T1-T5	T1-T5
2	Coimbra Wilhelmsson, Mikael / Dogui, Adam / Coimbra Wilhelmsson, Niklas	Täby TKD		

Nr	Mix-Lag Kadett (12-14), Male/Female-Nyb	Klubb	P1	P2
1	Rupush, Othilia / Bååth, Isabella / Rupush, Ossian	Wermdo TKD	T1-T5	T1-T5
2	Sayago Jonsell, Edvin / Höglund, Milo / Sherkatolabasieh, Nahal	Täby TKD		

Nr	Lag Junior (15-17), Female-Nyb	Klubb	P1	P2
1	Tomson, Freja / Bonsdorff Wrede, Ofelia / Waax, Tindra	Team Academy IF	T1-T5	T1-T5

Svenska Poomsaecupen 2, 31 okt 2026, Värmdö

Nr	Minior (4-11), Female-Avan		Klubb	P1	P2
1	Mille	Åkerström	Örestad BaekDuSan TaeKwonDo	T4	T5
2	Jeva	Andersson	Wermdo TKD		
3	Delara	Vial	Team Academy IF		
4	Estelle	Chau	Örestad BaekDuSan TaeKwonDo		
5	Lola	Olsson	Team Academy IF		
6	Elise	Johansson	Poomsae Team Elite IF		
7	Jacqueline	Miglis	Wermdo TKD		
8	Liv	Ryberg	Team Academy IF		

Nr	Minior (4-11), Male-Avan		Klubb	P1	P2
1	Destan	Dogan	Team Academy IF	T3	T6
2	Wilmer	Hägg	Örestad BaekDuSan TaeKwonDo		
3	Ryan	Helgesson	Örestad BaekDuSan TaeKwonDo		

Nr	Kadett (12-14), Female-Avan		Klubb	P1	P2
1	Sofia	Eldin	Wermdo TKD	T6	T7
2	Izabella	Beckman	Team Academy IF		
3	Lea	Christensen	Wermdo TKD		
4	Nour	Jamil	AVAN TKD		
5	Matilda	Lund	Team Academy IF		
6	Sultana	Mahmoodi	AVAN TKD		

Nr	Kadett (12-14), Male-Avan		Klubb	P1	P2
1	Adrian	Andersen	Mufasa Taekwondo Hoganas	T4	T5
2	Gabriel	Khan	Taekwondo klubb Viking		
3	Leo	Borgström	Mufasa Taekwondo Hoganas		
4	Waldemar	Hedlund	Mehr Taekwondo Klubb		
5	Eskil	Jinnestrand	Örestad BaekDuSan TaeKwonDo		
6	Hilding	Söder Oliv	Wermdö TKD		
7	Wilton	Sakket	Täby TKD		
8	Lukas	Nihlén	Team Academy IF		

Nr	Junior (15-17), Female-Avan		Klubb	P1	P2
1	Mira	Lönn Nilsson	Poomsae Team Elite IF	T4	T6
2	Tayeba	Mahmoodi	AVAN TKD		
3	Paloma	Morales Winberg	Poomsae Team Elite IF		
4	Melanie	Svensson	Taekwondo klubb Viking		

Svenska Poomsaecupen 2, 31 okt 2026, Värmdö

Nr	Senior -50 & -60 (41-60), Female-Avan	Klubb	P1	P2
1	Victoria Liu	Örestad BaekDuSan TaeKwonDo	T4	T8
2	Marianne Fuglevaag	Team Academy IF		
3	Charlotta Eriksson	Örestad BaekDuSan TaeKwonDo		
4	Katarina Engelholm	Team Academy IF		

Nr	Mix-Par Minior (4-11), Male/female-Avan	Klubb	P1	P2
1	Vial, Delara / Ryberg, Liv	Team Academy IF	T3	T7
2	Åkerström, Mille / Chau, Estelle	Örestad BaekDuSan TaeKwonDo		
3	Olsson, Lola / Dogan, Destan	Team Academy IF		

Nr	Mix-Par Kadett (12-14), Male/female-Avan	Klubb	P1	P2
1	Lund, Matilda / Beckman, Izabella	Team Academy IF	T4	T6
2	Hedlund, Waldemar / Jamil, Nour	AVAN TKD		
3	Andersen, Adrian / Borgström, Leo	Mufasa Taekwondo Hoganas		
4	Miglis, Jacqueline / Christensen, Lea	Wermdo TKD		

Nr	Mix-Par Junior (15-17), Endast Damer	Klubb	P1	P2
1	Morales Winberg, Paloma / Lönn Nilsson, Mira	Poomsae Team Elite IF	T5	T6

Nr	Mix-Par Senior -50 & -60 (41-60), Endast Damer	Klubb	P1	P2
1	Engelholm, Katarina / Fuglevaag, Marianne	Team Academy IF	T6	T7
2	Eriksson, Charlotta / Liu, Victoria	Örestad BaekDuSan TaeKwonDo		

Nr	Lag Minior (4-11), Female-Avan	Klubb	P1	P2
1	Vial, Delara / Ryberg, Liv / Olsson, Lola	Team Academy IF	T5	T7

Nr	Mix-Lag Kadett (12-14), Male/Female-Avan	Klubb	P1	P2
1	Hedlund, Waldemar / Mahmoodi, Sultana / Jamil, Nour	AVAN TKD	T6	T7
2	Christensen, Lea / Miglis, Jacqueline / Andersson, Jeva	Wermdo TKD		

Nr	Mix-Lag Junior (15-17), Male/Female-Avan	Klubb	P1	P2
1	Lund, Matilda / Beckman, Izabella / Nihlén, Lukas	Team Academy IF	T6	T8