



**ST Columba & Torpoint RFC**  
**Coaches & Volunteers Profile**

**Lead Coach**  
**Best Practice**

RFU Level 2 Coach  
RFU Rugby Ready  
RFU Age Grade Rugby  
RFU Play IT Safe  
RFU Headcase  
RFU (EFAW) First Aid

**Good Practice**

RFU Rugby Ready  
RFU Age Grade  
RFU Headcase

**Accepted Practice**

RFU Rugby Ready  
RFU Headcase

**Assistant Coach**  
**Best Practice**

RFU Rugby Ready  
RFU Age Grade Rugby  
RFU Play IT Safe  
RFU Headcase  
RFU (EFAW) First Aid

**Good Practice**

RFU Rugby Ready  
RFU Head case

**Accepted Practice**

RFU Headcase

All coaches must be DBS checked within 3 weeks of starting.

**Volunteers**

RFU Headcase  
RFU Play IT Safe  
RFU (EFAW First Aid)

All volunteers must be DBS checked within 6 months of starting.

**Point to Note**

If you have a recognised first aid cert there is no need to do an RFU First Aid Course. This will need to be produced to the ST Columba & Torpoint Lead Rugby Safe Officer.

The route to best practice, this can be achieved over a season with hard work.

