

ARE YOU READY TO LET GO OF STRESS AND PRESSURE FOREVER?

Life-changing seminar for organizations (half day)

WHERE DO YOU THINK YOUR FEELINGS COME FROM?

This very simple question holds the **key to all stress, anxiety, and suffering**. No matter where you are in life, and no matter what you feel in this moment, **your feelings always come from one place**.

Imagine experiencing life easier, with more content and well-being. Getting the right things done, making the right decisions, and having relationships flow with ease. With a simple understanding of how our mind works, this can also become **your reality**.

Do you want to know where your emotions actually come from and understand **how you can remove negative feelings, stress, and pressure from your life?**

In this seminar, you will find the answer!

Welcome to listen to life coach Sonny Lööf



I went through great suffering when my family four times was attacked by the "Floda pyromaniac" around the year 2000. For 1.5 years, I didn't know if myself, my little daughters or my wife would wake up the next morning. This resulted in such a big crash that I could no longer take care of myself. **"I can say with the utmost conviction that this knowledge of where our emotions come from is the answer to all suffering on earth"**.

Sonny is a life coach with +15 years of full-time experience working with people.

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With warmth, *Sonny Lööf*