



MISSION: is Core Members to be active in the community, Most notably the world of work and allies will lift each other up in mutual support.

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JAIME APPELL

We would like to introduce you to Jaime Appell who is a Core Member for SODA.

Jaime was born on December 10, 1970 in Bellevue, Washington to Katie and Loren Appell. When Jaime was 9 months old, he moved to Minnesota where he lived for 3 years. He moved to Lynden, Washington for 3 years, then he moved to Ames, Iowa for 4 years. He attended Meeker Elementary in Iowa.

Jaime moved to Corvallis, Oregon in 1981. Where he went to Mountain View Elementary and Cheldelin Middle School.

Jaime has one brother two years older, and another two years younger, so he is a middle child. His parents later divorced and both remarried. Jaime has a half-brother and 2 half-sisters. Jaime graduated from Crescent Valley High School in 1990.

He turned out for Special Olympics in 1985 and played Basketball, Skiing, Track and Field, Soccer and Volleyball. Jaime went to the Oregon Transition Program after high school. The program was held at the Oregon State University and was designed to help students transitioning from high school to independent living.

Jaime met Michele Cochran in 1991 at a Senior Prom where both were with other dates. Four years later they married on June 17, 1995.

Jaime and Michele moved from Corvallis, Oregon to North Seattle for 5 years. They both continued to be involved in Special Olympics. In 2001 the couple moved to Bellevue, Washington, which is their current home. Jaime and Michele joined Highland Center fall of 2001. Jaime has worked for Colbalt Mortgage Company for 2 years and Momentum until 2019. Jaime and Michele met Steve and Noah Bundy and became friends. They continued to be involved with SODA since 2011. He worked with Steve and helped with Landscaping work. Both are active in Aktion Club, Friendship Adventures, Bridge Ministries and Bridge of Promise. Jaime has lots of friends and likes to hang out at the Crossroads Mall. These past 2 years has been challenging for him but he enjoys his two cats, Arthur and Oliver. Jaime likes to build model airplanes and cars. He enjoys flying the airplanes. He loves to watch TV and do his electronics on his iPad and iPhone. Jaime likes all sports on TV including basketball, baseball, football and he loves to go to the Mariner's baseball games.

We are so glad he is a part of our SODA Family!!

