



Group Coaching for Middle Leaders.

What is Group Coaching for Middle Leaders?

Middle leaders play a crucial role in any school but effectively meeting their development needs can often feel challenging. Group coaching provides an opportunity for schools to provide valuable, cost-effective professional development beyond line management meetings, enabling them to manage talent and improve staff retention. Middle leaders will feel supported, inspired, and well-equipped to lead and make valuable connections with other middle leaders.

Participants will meet in online coaching pods once a term (6 times per year). Here they will have the opportunity to

- Share and address common middle leadership challenges in a supportive and confidential environment.
- Share experience and inspiration around anything from managing team members to developing curricula or preparing for Ofsted.
- Come away with tangible actions.
- Speak openly about wellbeing.
- Benefit from making connections and collaborating with staff from other schools.
- Gain an understanding of how group coaching works and how it might benefit their own department, curriculum area or year team.

Who is SJG Coaching?

I am Siobhan Goffee, an educational coach; I am also a former teacher, middle leader, and teacher educator with over 20 years of experience in state education. After retraining as a coach in 2020, I set up SJG Coaching with the aim of contributing to a happier and more effective education system, one that supports teachers to do the job they love. I coach teachers, leaders, and students, one to one and in groups and offer wellbeing support for schools through the Joyblockers and How To Get Rid of Them podcast and programme, details of which can be found at <https://partnersinjoy.co.uk/>

FAQs?

When will group coaching pods meet? Meetings will take place from 4-5.30 on Monday, Thursday, or Friday, termly, according to the availability of pod members and coach.

How many members will be in each pod? There will be 3 members in each pod.

How does group coaching work? Group coaching will be in the form of *action learning sets*. In each session, members will bring a challenge or focus to be shared with the group. 30m coaching time will be allowed for each focus with group members and the coach offering observations and asking questions to support an individual's thinking and allow them to draw their own conclusions and decide upon tangible actions.

I have several staff who would like to be involved in Coaching for Middle Leaders. Would they all be part of the same pod? Ideally, staff from the same school would be placed in different pods wherever possible.

When will Group Coaching for Middle Leaders start? First pods will run from September 2023.

What is the cost of a yearly investment in Group Coaching for Middle Leaders? I am happy to be able to offer an introductory price of £240 per person for schools that sign up by the end of July. From September the price will be £270 person.

How can I reserve spaces on Group Coaching for Middle Leaders? Contact me on siobhan@sjgcoaching.co.uk to reserve spaces or find out more. I am very happy to arrange a short Zoom call to discuss your school's needs in more detail.