



Group Coaching for Middle Leaders.

What is Group Coaching for Middle Leaders?

Middle leaders play a crucial role in any school but effectively meeting their development needs can often feel challenging. Group coaching provides an opportunity for schools to provide valuable, cost-effective professional development beyond line management meetings, enabling them to manage talent and improve staff retention. Middle leaders will feel supported, inspired, and well-equipped to lead. They will also make valuable connections with other middle leaders.

Participants will meet in online coaching pods once a term (6 times per year). Here they will have the opportunity to

- Share and address common middle leadership challenges and goals in a supportive and confidential environment.
- Gain clarity on their vision for middle leadership and how that vision can be realised.
- Share experience and inspiration around anything from managing team members to developing curricula or preparing for Ofsted.
- Come away with tangible actions.
- Speak openly about wellbeing and maintaining work life balance.
- Benefit from making connections and collaborating with other middle leaders.
- Gain an understanding of how group coaching might benefit their own department, curriculum area or year team.



Who is SJG Coaching?

I am Siobhan Goffee, an ICF Associate Certified Coach (ACC). I am also a former teacher, middle leader, AST and teacher educator with over 20 years of experience in state education. After retraining as a coach in 2020, I set up SJG Coaching with the aim of creating coaching spaces that would allow educators to build impactful and sustainable careers for themselves and their staff and meaningful educational experiences for their students. I coach teachers, leaders, and students, one to one and in groups and offer support for schools through the Joyblockers and How To Get Rid of Them podcast and Practivism for Educators programme, details of which can be found at <https://partnersinjoy.co.uk/>

FAQs?

When will group coaching pods meet? Meetings will take place from 3.30-5.00 on Monday or Thursday, termly. There may be slight flexibility on start and finish time according to the availability of pod members and coach.

How many members will be in each pod? There will be 3 members in each pod.

How does group coaching work? Group coaching will be in the form of *action learning sets*. In each session, members will bring a challenge or focus to be shared with the group. 30m coaching time will be allowed for each focus with group members and the coach offering observations and asking questions to support an individual's thinking and allow them to draw their own conclusions and decide upon tangible actions.

When will Group Coaching for Middle Leaders start? Pods will run from September.

What is the cost of a yearly investment in Group Coaching for Middle Leaders? £299 person.

How can I reserve spaces on Group Coaching for Middle Leaders? Contact me on siobhan@sjgcoaching.co.uk to reserve spaces or find out more. I am very happy to arrange a short Zoom call to discuss your school's needs in more detail.

