



## What is it?

A free confidential service for those who inject any substance, including performance enhancing drugs.

Our Needle Exchange Service aims to reduce the risk of overdose and other harm caused by injecting. Its purpose is to help reduce the risk of transmission of any Blood Bourne Viruses such as HIV and Hepatitis B/C.

## Who can access it?

The service is open to anyone who injects, whether they live in Solihull or not. We operate from SIAS at The Newington Centre in Marston Green as well as a number of pharmacies around the Borough of Solihull.

Please see our website for the latest list of participating pharmacies.

## What we provide

- · Sterile injecting equipment
- Safe disposal of used needles at SIAS, participating pharmacies and local community groups
- All equipment provided is low dead space compliant
- Tailored equipment for individual needs
- Advice on safer injecting techniques to reduce damage caused
- Sexual health packs and basic sexual health advice
- Blood Bourne Virus (BBV) testing – with the added bonus of a £5 gift voucher
- Nyxoid and Naloxone kits, with training.

We also offer training on harm reduction and needle exchange for professionals, community groups, etc.

If you are in need of support or guidance for yourself or another. Please call us on:

0121 301 4141

For further advice, speak to Ben on:

07496 850948

SIAS is a partnership between: Birmingham and Solihull Mental Health NHS Foundation Trust, Welcome, Aquarius, Changes UK and Urban Heard

## **Find out more**

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