



YOUNG PEOPLE

Supporting recovery
Reducing harm
Rebuilding lives

**Services for
schools and
colleges**

SIAS offers a range of services for schools and colleges in Solihull, to inform and support staff and students.

Drug and alcohol awareness sessions

Our free, inter-active, awareness-raising sessions can be delivered face to face or online. They bust myths and provide the facts about drugs and alcohol in relation to health and the law. They also ensure young people know how to stay safe and how to access support if they need it.

In-school 'Ambassador' programme

Our in-school 'Ambassador' programme involves recruiting young people in Year 9 to become SIAS Ambassadors. We train them to conduct market research into prevalent attitudes towards drugs and alcohol in their schools, then create and deliver communications campaigns aimed at changing inappropriate attitudes and beliefs.

Drug and alcohol treatment for young people

We offer treatment services for young people, who can be referred or self-refer. We typically arrange to meet with young people face to face in school.

Targeted interventions

If there is a particular problem with drugs or alcohol in a school or college, we can create a tailored package of support including:

- Training and awareness sessions for staff and young people.
- Education on harm reduction and staying safe.
- A drive to engage those who need it with treatment.

Support for young people affected by a family member's substance misuse

We offer support for children affected by others' substance misuse, including one to one sessions, group activities and trips. Children can either be referred or self-refer.

If you are in need of support or guidance for yourself or another, please call us on:

0121 301 4141

SIAS is a partnership between Birmingham and Solihull Mental Health NHS Foundation Trust, Welcome, Aquarius, Changes UK and Urban Heard and is commissioned by Solihull Council.

We work closely together to offer easy access to appropriate support and treatment for individuals whose drug or alcohol use, or gambling has become problematic. We also offer support to their families and friends.

Find out more

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