

SV
SELA VIE

LUNCH

SERVED FROM 11:30

HEALTH

POKE BOWLS | 195

on a bed of sushi rice, edamame beans, avocado, Asian slaw, seasonal fruit and nori mayo

with a choice of either:

spicy tuna **OR**

prawn (grilled or crumbed)

CHICKEN GRAIN BOWL | 160

grilled chicken, Vietnamese dressed brown rice, avocado, feta, edamame beans, pickled red onion and nori mayo

CHICKEN WRAP | 135

spicy toasted wrap with feta, salsa, avocado, crisp lettuce and grilled chicken

SWEET POTATO & GRILLED CHICKEN | 175

placed on a bed of buttery hummus with avocado, pickled onion, baby spinach and crispy kale



SALADS

CHOPPED SALAD | 140

baby gem lettuce, red cabbage and avocado dressed with nuts and seeds and placed on a bed of buttery hummus
+ chicken | 40

GREEK SALAD | 130

a classic mix of cucumber, cherry tomatoes, fresh red onion, olives with feta and oregano dressed in a creamy dressing

SV CAESAR SALAD | 145

crisp romaine lettuce, parmesan shavings, crispy bacon, boiled-egg, garlic croutons tossed in a creamy SV style caesar dressing
+ chicken | 40

KIDDIES

(strictly for under 12's)

CHEESE TOASTIE | 59

+ ham | 10

TOASTED CHICKEN MAYO | 70

CHICKEN STRIPS & FRIES | 90

CHEESE BURGER & FRIES | 90

PIZZA

margarita | 80

hawaiian | 90

bacon + feta | R95

All items are seasonal and subject to availability
A gratuity of 12% will be included on tables of 8 or more
WE ARE CASHLESS

LUNCH

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FAVOURITES

BEER BATTERED OR GRILLED FISH | 169
served with tartare sauce and a side of fries

SIRLOIN STEAK 250G | 175
served with fries and a choice of sauce
mushroom, pepper or cheese

CHICKEN BAO BUNS | 155
served with Asian slaw, pickled ginger
and Korean mayo

**GRILLED CHICKEN AND TRUFFLE
MUSHROOM TAGLIATELLE | 175**
prepared in a creamy base finished with oregano

SPICY PRAWN AND CHORIZO PASTA | 195
prepared in a spicy creamy base with tagliatelle

BURGERS

BEEF BURGERS
served with lettuce, tomato, gherkins, aioli and fries

SV BURGER | 169
CHEESE BURGER | 175

CHICKEN BURGERS
served with shredded lettuce, pickled jalapenos,
aioli and fries

GRILLED | 169
FRIED | 175

TAPAS

TEMPURA PRAWNS | 100
Japanese style coated in a light crispy batter
served with sriracha mayo

BANG-BANG CAULIFLOWER | 89
crispy cauliflower served with sriracha mayo

CRISPY CHICKEN WINGS | 110
with a side of SV bbq sauce

CRISPY TORTILLA WEDGES | 89
served with a side of hummus or guacamole

LAMB BITTERBALLEN | 105
crispy slow roasted lamb balls with
a wholegrain mustard emulsion

SWEET

SLICE OF CAKE | 70
SPONGE | 70
FLOURLESS CHOCOLATE | 70
CHEESECAKE | 85
ask your waitron for the current selection

UNFRAMED GELATO
1 scoop | 49
2 scoops | 79
3 scoops | 99
+ add topping 10



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PIZZA

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All pizza's served with a tomato base and mozzarella.

FOCCACIA | 95

garlic bread with Italian herbs

MARGARITA | 125

tomato base, mozzarella and herbs

REGINA | 155

mushroom and gypsy ham

HAWAIIAN | 155

bacon and pineapple

FAB | 175

bacon, avo and feta

VEGETARIAN | 165

mushroom, asparagus, artichokes and olives

FRESHINNO SPECIAL | 175

salami, roasted red onion and green pepper

PESTO PANACHE | 190

basil pesto, mozzarella, chicken and mushroom

DUMZI DELIGHT | 190

bacon, chicken, feta, peppadews and avocado

SELA VIE SIGNATURE | 200

prosciutto, rocket and parmesan

SWEET NUTELLA FOLD - OVER | 150

pizza sandwich filled with Nutella + dusted with powdered sugar

ADD O N ' S

chillies / onions / mushrooms / cherry tomatoes / spring onions /
garlic / peppadews / olives / peppers | 25

mozzarella / parmesan / feta / basil | 35

chicken / salami / bacon / gypsy ham / chorizo / avo / pesto | 40

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DRINKS

CHAMPAGNE

	Bottle	Glass
Moët & Chandon Brut Imperial	1750	
Moët & Chandon Ice	1850	
Veuve Clicquot Brut Rosé	1850	
Veuve Clicquot Yellow Label Brut	1750	

MCC

Laborie Brut Rosé	335	85
Laborie Le Grand Nectar	335	
Lórmars Brut	365	
Val de Vie Cuvee de Vie MCC	370	
La Motte Methode Cap Classique	780	

SPARKLING WINE

KWV Cuvee Brut	200	50
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WHITE WINE

SAUVIGNON BLANC

Polo Club	190	50
La Motte	220	
Springfield Life from Stone	300	

CHENIN BLANC

Leopards Leap Classic Chenin	170	45
Val de Vie Perfect Host	270	

CHARDONNAY

Cathedral Cellar Chardonnay	200	65
La Motte Chardonnay	295	
Rupert & Rothschild Baroness Nadine	560	

ROSÉ

Polo Club Chardonnay Pinot Noir	190	50
La Motte Vin de Joie Rosé	240	
Oakvale Pinot Noir Rosé	480	

RED WINE

PINOTAGE

Fat Bastard Pinotage	265	
Cathedral Cellar Pinotage	290	

MERLOT

Polo Club Merlot	200	60
Glen Carlou Merlot	330	

CABERNET SAUVIGNON

Spier Seaward Cab Sauvignon	250	75
Springfield Wholeberry	355	

SHIRAZ

Cathedral Cellar Shiraz	275	80
Vrede en Lust Lady J Syrah	385	

RED BLENDS

Roodeberg	190	65
La Motte Millenium	230	
Val de Vie Vallley of Life	325	
Leopard's Leap Grand Vin	295	
Vrede en Lust Boet Erasmus	495	
The Mentors Orchestra	615	
Meerlust Rubicon	1100	

CIDERS+ BEERS

Castle Lite	40
CBC Amber Weiss	49
CBC Lite-beer on tap - 500ml	55
Corona	40
Heineken Heineken Non Alc	40
Stella Artois	42
Savanna Dry Savanna Light Savanna Non Alc	42

COCKTAILS

Aperol Spritz	99
Blueberry & Basil Daiquiri	99
Burnt Orange Old Fashion	99
Irish coffee single double	65 75
Long Island ice Tea	110
Mimosa	90
Mojito	95
Dom Pedro	85
Whiskey Sours	95
White Chilli Margarita	110
Bloody Mary	110

SPIRITS

El Jimador Blanco	50
Don Julio Reposado	100
Clase Azul	290
Imagin Classic	30
Cruxland Kalahari Truffle	45
Absolut Original	40
Ciroc	65
Bacardi Blanco	30
KWV 3Yr 5Yr 20 Yr	29 35 190
Hennessey Vs	70
J&B	35
Jack Daniels	40
Jameson	50
Johnnie Walker Black	55
Glenfiddich 12Yr 15Yr	80 115
Wild Africa Cream	30
Kahlua	40
Jägermeister	40

PREMIUM SELECTION

Louis Roederer Cristal	11000
Armand de Brignac Brut	10000
Dom Perignon	9500
Pol Roger Brut Reserve NV	1990

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