

join us for
BREAKFAST

HEALTH

SEASONAL GRANOLA BOWL | 109
natural yogurt, seasonal fruit with a drizzle of honey

(V) OVERNIGHT OATS | 99
with chia seeds, peanut butter and banana caramel
+ add vanilla whey | 30
+ add salted caramel whey | 30

(V) WARM CHOCOLATE OATS | 99
fresh banana and a drizzle of honey

(V) ACAI BERRY JAR | 135
seasonal berries, coconut, banana and peanut butter

(V) WHIPPED AVO & FETA ON TOAST | 107
+ add poached egg | 15
+ add bacon | 35

SWEET

ENGLISH SCONE | 65
served with freshly whipped cream and strawberry jam
+ add cheese | 15

FLAPJACKS | 99
served with bacon and banana, dressed with maple syrup

SELA VIE FRENCH TOAST | 99
dipped in cinnamon sugar, mascarpone and macerated berries
+ make it gluten free | 10

FRESHLY BAKED PASTRIES

enquire with your waitron on our daily selection

CLASSICS

SV BREAKFAST CROISSANT | 85
flaky, buttery croissant filled with ham and melted cheese
+ add egg | 15

GRAND CLASSIC | 129
two eggs, three slices of bacon, roasted cherry tomatoes, mushrooms, boerewors and two slices of toast

SELA VIE BENEDICTS | 110
toasted english muffin, avocado, two poached eggs and hollandaise
+ add bacon | 35
+ add smoked trout | 65

OMELETTE | 60
free-range three egg omelette with toast

Additional Toppings
+ tomato or mushrooms or cheese | 15
+ ham or feta or baby spinach | 30
+ bacon or avocado or chorizo | 35
+ smoked trout | 65

SV MUSHROOMS ON TOAST | 99
sautéed mushrooms in a parmesan thyme cream with a hint of truffle oil and greens
+ add a poached egg | 15

BREAKFAST BAGEL | 115
dill-infused cream cheese, smoked trout and red onion

KIDDIES

(strictly for under 12's)

SEASONAL FRUIT AND YOGURT | 70

SCRAMBLED EGGS ON TOAST | 55

TOAST WITH JAM AND CHEESE | 45

* All items are seasonal and subject to availability
A 12% gratuity will be included on tables of 10 or more
WE ARE CASHLESS

time for DRINKS

HOT DRINKS

ESPRESSO		25
CORTADO		29
AMERICANO	S 27 L 29	
CAPPUCCINO FLAT WHITE RED CAPPUCCINO	S 35 L 37	
CAFFE LATTE RED LATTE	38	
HOT CHOCOLATE	38	
CAFE MOCHA	42	
DIRTY CHAI	42	
TEA	30	
<i>(Ceylon Rooibos Vanilla Chai Ginger Earl Grey Chamomile)</i>		
COFFEE PLUNGER FOR TWO	49	

COLD DRINKS

FREEZOCHINO	49	
ICED COFFEE	42	
SLUSHY	40	
ROCK SHANDY STEELWORKS	65	
FRESH ORANGE JUICE	45	
BABYLONSTOREN FRESH JUICES	42	
GINGER ME HEALTH SHOT	26	
BOS ICE TEA <i>(Lemon Peach)</i>	35	
TIZERS <i>(Appletizer Grapetizer)</i>	32	
WATER STILL OR SPARKLING	S 29 L 49	
SODAS <i>(Coke Fanta Sprite)</i>	29	
RED BULL <i>(Original Sugar Free)</i>	50	
SAN PELLEGRINO SODA	42	
FITCH & LEEDS MIXERS	22	
CORDIALS	9	

MILKSHAKES

SHAKES <i>(Strawberry Chocolate Vanilla)</i>	49	
SV SIGNATURE SHAKES <i>(Salted caramel Oreo Marshmallow)</i>	55	
KIDS SHAKES <i>(Strawberry Chocolate Vanilla)</i>	39	

SMOOTHIES

PROTEIN POWA	72	
<i>(peanut butter, honey, protein powder, banana, almond milk)</i>		
THE HULK	67	
<i>(cucumber, spinach, apple, ginger, chia seeds, banana, almond milk)</i>		
PINK PANTHER	69	
<i>(mixed berries, banana, honey, almond milk)</i>		
MOCHA MAGIC	79	
<i>(espresso, cocoa, protein powder, yogurt, milk)</i>		

ADDITIONS

+ MILK ALTERNATIVE <i>(Oat Almond)</i>	10	
+ DECAF	6	
+ FLAVOURED SYRUPS <i>(Caramel Vanilla)</i>	6	