**Main Principles**

**1. STAFF MEMBERS** - (Scotland Rugby League employees / contractors) directly involved with delivering support to performance programmes

**2. COVID-19 DIAGNOSIS -** Those who develop symptoms consistent with COVID-19 or are diagnosed with COVID-19

[• NHS Inform Symptom Checker](https://www.nhsinform.scot/self-help-guides/self-help-guide-coronavirus-covid-19)

**3. WHAT SHOULD BE DONE** - remain away from place of work for at least 10 days from onset of symptoms and be 48hrs clear of a temperature before returning to work.

**4. RETURN TO WORK** Staff should get clearance to return to work from their normal healthcare provider (i.e. GP) and their Line Manager.

**5. INFORM** - Where possible, the Line Manager, Scotland Wheelchair COVID-19 Officer and the venue COVID-19 Officer

**Scottish Government Resources for Employers & Employees**

[Scottish Government advice for employers](https://www.gov.scot/publications/coronavirus-covid-19-test-and-protect/pages/advice-for-employers/)

[Scottish Government Test & Trace information portal](https://www.gov.scot/publications/coronavirus-covid-19-test-trace-isolate-support/pages/3/)

[NHS Inform COVID testing site](https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/test-and-protect/coronavirus-covid-19-testing)