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| Job Role: | Head Physiotherapist |
| Group: | Women |
| Location: | Various. Home based. |
| Job Purpose | |
| Be responsible for delivering a comprehensive physiotherapy service for the Scotland Women’s team | |
| Within Scotland Rugby League  Head Coach, Team Manager, Assistant Coaches, and S&C  Head of Medical  U16,U19, Students and Men’s physios  SRL Chairperson  SRL Director Player Pathways  SRL Director Operations  SRL Welfare Manager  Squad members and potential members | Outside Scotland Rugby League  Other head physios |
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| Accountabilities | |
| * Lead the assessment, treatment and rehabilitation of all Scotland Women’s players during training and matches. * Produce injury rehabilitation programmes for all players in association with their club physio * Educate all players in terms of injury prevention, injury care, healthy lifestyles and drug awareness. * Liaise with club physios to ensure that players have an effective Return to Train and Play process. * Measure and record changes in at risk players. * Provide reports on player injuries and progress on recovery programmes including an update on injuries after each Scotland match and training session. * Provide physio cover for all Scotland women’s training sessions and matches. * Liaise with club physios and the Scotland Women’s Team Manager when follow up appointments, consultations, scans and potentially operations are required after Scotland women’s matches * Keep CPD up to date. * Participate with the rest of the Scotland Women’s staff in the review of all players’ welfare and pastoral requirements and ensure that they are facilitated. * Work with the SRL Welfare Manager to ensure that the welfare of all participants is at a very high standard. | |

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| Knowledge, Skills and Experience | |
| * BSc (Hons) in Physiotherapy or Sports Therapy or above. * Excellent written, numeracy, verbal, and communication skills * The ability to work as part of a team with minimal supervision * Microsoft Word, Excel, and PowerPoint literate. * Excellent communication skills with players, staff, supporters and the media | |
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| Able to handle all aspects of the job with care and understanding  Takes on board information from all involved  Assesses the problem and tries to offer resolutions  Isn’t afraid to make decisions  If unsure, is not afraid to seek advice  Keeps calm and dignified at all times | |
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| Personal Characteristics | |
| * Good organisational and time management skills. * Ability to work in a team and multi-skill environment. * Self-motivated and an ability to motivate others. * Professional appearance suitable for the relevant environment. | |
| Created by: Ollie Cruickshank (Operations Director) | Date: 17.1.20 |
| Date of last revision: 17.1.20 |  |