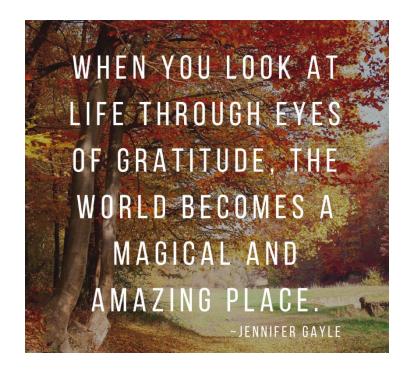


# B-Empowered



**GRATITUDE JOURNAL** 





### January

# **February**

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# March April

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## May June

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# July August

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## September

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#### **November**

#### **December**

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