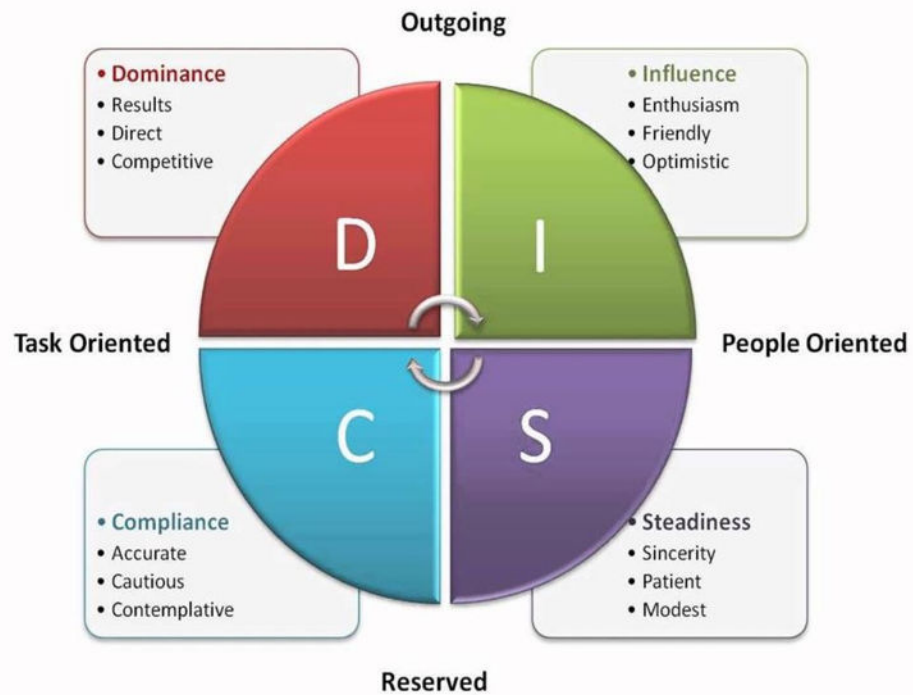


TEAM WORK SKILLS TRAINING PROGRAM

Team Building with DISC





WHAT IS DISC PROFILING?

DISC is a psychometric assessment tool to measure a person's tendencies or pattern of behavior. The DISC model discusses four reference points of behavior, Dominance, Influence, Steadiness and Conscientiousness.





WHAT ARE THE BENEFITS OF USING DISC PROFILING IN THE WORKPLACE?

DISC can be used as a hiring tool, to ensure new hires are well integrating into the team, and to avoid unnecessary clashes and conflicts.

PERSONALITY



JOB MATCHING

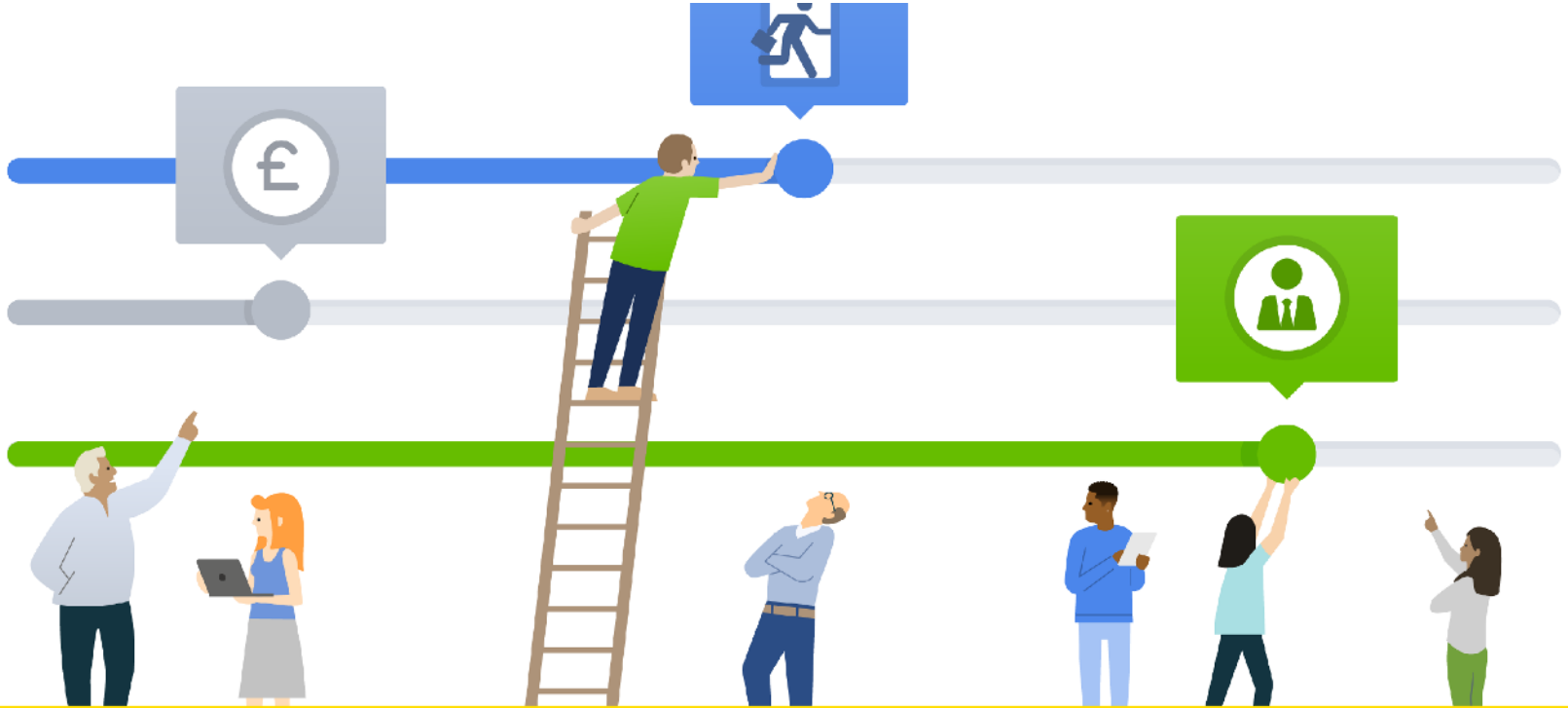


TEAM BUILDING



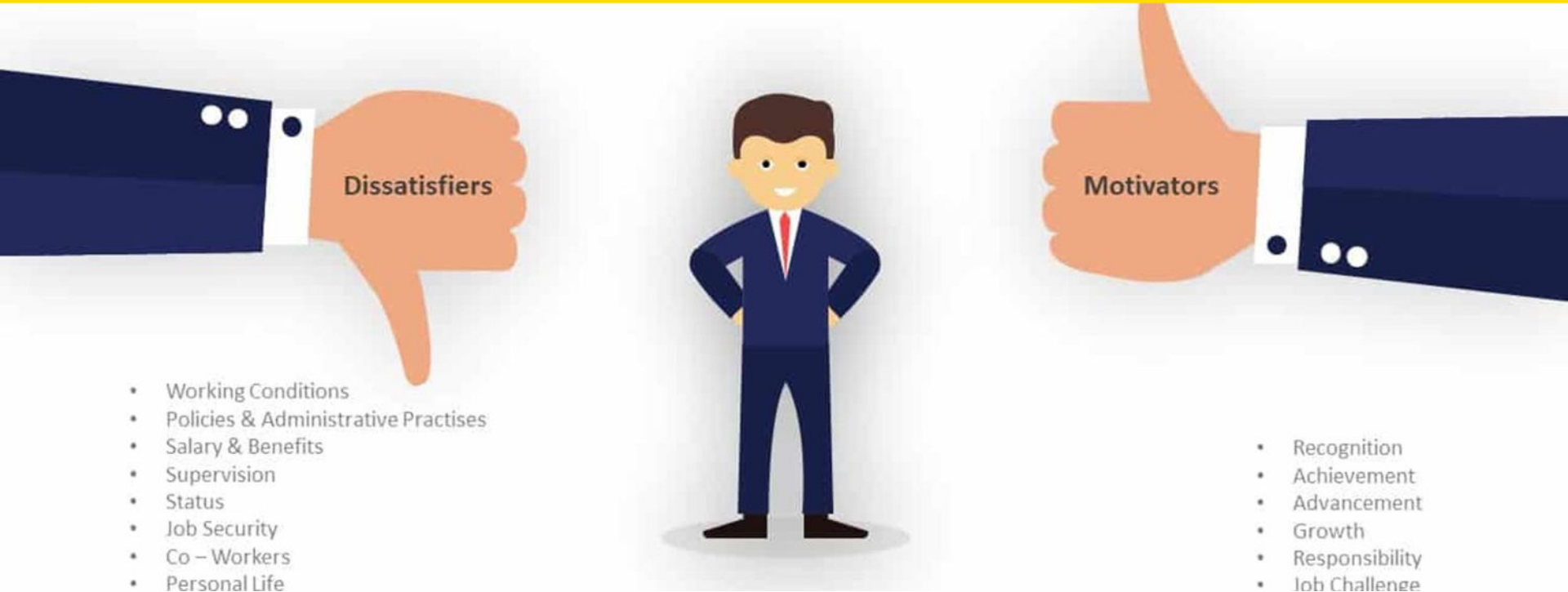
RELATIONSHIPS





DISC is a personal development tool and helps individuals to understand themselves, learn strategies to improve interactions with others and achieve higher workplace satisfaction as a result.

DISC can be used to develop powerful and individual motivational strategies. Individuals with a high D profile are motivated by other factors than individuals with a high S profile.





DISC has been proven to be the most effective team building tool. In this workshop, DISC is used to understand each individual's behavioral pattern and to build a team from using the profiling system.



COURSE OUTLINE AND LEARNING OBJECTIVES

Prior to the course, participants will be filling out a DISC questionnaire, which will be analyzed and results will be put on badges for the participants to wear during the workshop.

IML DISCinsights™ Personality System Analysis

EXAMPLE	M	L
	<input type="radio"/>	<input type="radio"/>
	<input checked="" type="radio"/>	<input type="radio"/>
	<input type="radio"/>	<input type="radio"/>
	<input checked="" type="radio"/>	<input type="radio"/>

- INSTRUCTIONS:**
1. Choose the setting in which your response will be made: Work, home, social, etc.
 2. Each box below contains four phrases. Carefully read each of the four phrases in the box. Depending on the setting you have chosen, circle the "♦" next to the phrase that **MOST** describes you in that setting.
 3. Circle the "♦" next to the phrase that **LEAST** describes you in the setting you chose.
 4. For each box, choose **ONLY ONE MOST** and **ONLY ONE LEAST** response.
 5. This sheet should be completed within **SEVEN MINUTES**, or as close to that as possible.

M	L		M	L		M	L	
♦	<input type="radio"/>	Very glib, aggressive	♦	<input type="radio"/>	People are often under	♦	<input type="radio"/>	Reserved, calm
♦	<input type="radio"/>	Trusting, believing in others	♦	<input type="radio"/>	Very high, business-minded	♦	<input type="radio"/>	Unconcerned, neutral
♦	<input type="radio"/>	Independent, free spirit	♦	<input type="radio"/>	Very responsible	♦	<input type="radio"/>	Selfish, security
♦	<input type="radio"/>	Teamwork, cooperative	♦	<input type="radio"/>	Very unorganized	♦	<input type="radio"/>	People always complaining
♦	<input type="radio"/>	Self-centered, reserved	♦	<input type="radio"/>	Very self-reliant, self-sufficient	♦	<input type="radio"/>	Very change, often aggressive
♦	<input type="radio"/>	Optimistic, friendly	♦	<input type="radio"/>	Very low on energy	♦	<input type="radio"/>	Organizing, structured
♦	<input type="radio"/>	Leader of others, flexible	♦	<input type="radio"/>	Will work to the extreme	♦	<input type="radio"/>	Personable, concerned
♦	<input type="radio"/>	Precedence, being someone	♦	<input type="radio"/>	Very organized and neat	♦	<input type="radio"/>	Selfish, control
♦	<input type="radio"/>	Encourage others	♦	<input type="radio"/>	Very, very to the point	♦	<input type="radio"/>	Very easily stressed
♦	<input type="radio"/>	Wise for perfection	♦	<input type="radio"/>	Always, almost to the point	♦	<input type="radio"/>	Will do an odd, foolish thing
♦	<input type="radio"/>	Be part of the team	♦	<input type="radio"/>	Always change things	♦	<input type="radio"/>	Flexible, chaotic
♦	<input type="radio"/>	There is a suitable goal	♦	<input type="radio"/>	Very changeable	♦	<input type="radio"/>	Very things usually, neat
♦	<input type="radio"/>	Reverse leadership	♦	<input type="radio"/>	Very unorganized, messy	♦	<input type="radio"/>	Self-reliant
♦	<input type="radio"/>	Take my feelings into	♦	<input type="radio"/>	Concerned with details	♦	<input type="radio"/>	Self-reliant through
♦	<input type="radio"/>	Take my side of the story	♦	<input type="radio"/>	Changes of the last minute	♦	<input type="radio"/>	Self-reliant team
♦	<input type="radio"/>	Stand up to opposition	♦	<input type="radio"/>	Very direct	♦	<input type="radio"/>	Self-reliant team
♦	<input type="radio"/>	Very, very	♦	<input type="radio"/>	Involved with things, control	♦	<input type="radio"/>	Very of structure
♦	<input type="radio"/>	Very quiet, withdrawn	♦	<input type="radio"/>	Very, very feelings	♦	<input type="radio"/>	Unpredictable, like a challenge
♦	<input type="radio"/>	Try to control others	♦	<input type="radio"/>	Very, very feelings	♦	<input type="radio"/>	Unpredictable, flexible
♦	<input type="radio"/>	Try to follow the rules	♦	<input type="radio"/>	Very, very	♦	<input type="radio"/>	Very, very, structured
♦	<input type="radio"/>	Manage time efficiently	♦	<input type="radio"/>	Very, very	♦	<input type="radio"/>	Very, very, aggressive
♦	<input type="radio"/>	Other valued, then yourself	♦	<input type="radio"/>	Very, very	♦	<input type="radio"/>	High on risk, controlled
♦	<input type="radio"/>	Good things are important	♦	<input type="radio"/>	Very, very	♦	<input type="radio"/>	Organizing, neat
♦	<input type="radio"/>	Be in front when you	♦	<input type="radio"/>	Very, very	♦	<input type="radio"/>	Very, very
♦	<input type="radio"/>	Have sudden change	♦	<input type="radio"/>	Very, very, very self-reliant	♦	<input type="radio"/>	Very, very, self-reliant
♦	<input type="radio"/>	Need to see progress	♦	<input type="radio"/>	Very, very, very self-reliant	♦	<input type="radio"/>	Very, very, self-reliant
♦	<input type="radio"/>	Withdraw under pressure	♦	<input type="radio"/>	Very, very, very self-reliant	♦	<input type="radio"/>	Very, very, self-reliant
♦	<input type="radio"/>	Be afraid to fight	♦	<input type="radio"/>	Very, very, very self-reliant	♦	<input type="radio"/>	Very, very, self-reliant
♦	<input type="radio"/>	Very, very	♦	<input type="radio"/>	Very, very, very self-reliant	♦	<input type="radio"/>	Very, very, self-reliant
♦	<input type="radio"/>	Very, very	♦	<input type="radio"/>	Very, very, very self-reliant	♦	<input type="radio"/>	Very, very, self-reliant
♦	<input type="radio"/>	Very, very	♦	<input type="radio"/>	Very, very, very self-reliant	♦	<input type="radio"/>	Very, very, self-reliant
♦	<input type="radio"/>	Very, very	♦	<input type="radio"/>	Very, very, very self-reliant	♦	<input type="radio"/>	Very, very, self-reliant



The course focus lies on how to work better in teams using DISC profiles and how to become a better leader by understanding your behavioural profiles.

The first half of the course is designed understanding DISC profiles and its significance in the workplace. It includes videos, exercises, and group discussions.





The second part of the course participants will learn how to build a team using DISC, which includes activity-based learning and team building.



After the workshop, participants will be able to compare and contrast different DISC profiles, appreciate each others behavioural tendencies and to draw strategies to overcome conflict in the workplace.

The learning objective is to create a powerful team, whose members trust each other and who can overcome challenges in the workplace fast and efficiently.





TEACHING METODOLOGY

This workshop is based on the philosophy of William Moulton Marston, the father of the of the modern DISC. Students are encouraged to actively participant in the workshop.





Beside case-studies, well-researched activities and exercises, power point presentations and group debates, the workshop also includes some traditional team building exercises to foster team-work and collaboration.



TARGET PARTICIPANTS



Participants are business executives and rank-and file staff with an above than average level of written and spoken English.

No previous experience or knowledge in DISC is required.

AVAILABILITY





This business training workshop is available in Bangkok, Khao Yai, Pattaya, Hua Hin and Siem Reap.



CUSTOMISATION

For further customization, please
contact [contact@sam-
inspire.com](mailto:contact@sam-inspire.com) or call
+855 77 848 949



it's meaningful



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