

(Charitable Incorporated Organisation)

Report and Financial Statements
31 January 2020

Report and Financial Statements for the Year Ended 31 January 2020

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Report of the Trustees for the Year Ended 31 January 2020

Introduction

The Trustees present their annual report and the independently examined financial statements for the year ended 31st January 2020.

The financial statements comply with current statutory requirements, the Constitution, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities (FRS102). The Board of Trustees are satisfied with the performance of the Charity during the year and the position at 31st January 2020 and consider that the Charity is in a strong position to continue its activities during the coming year, and that the Charity's assets are adequate to fulfil its obligations.

Objectives of the Charity

The main objectives of the Charity are:

- To promote, for the benefit of the public, the protection of people from, and the prevention of, sexual crime.
- To promote, for the public benefit, the rehabilitation of persons who have committed, or are likely to commit offences, particularly sexual offences, against others.

The Trustees have referred to the information contained in the Charity Commission's guidance on public benefit and have considered how the planned activities will contribute to the Charity's strategic objectives. The Trustees will review the objectives, aims and activities of the Charity each year.

Aims and Activities of the Charity

The Safer Living Foundation is a charitable organisation and is a joint venture between senior members of HMP Whatton, academics from Nottingham Trent University, a Chartered Accountant from the Law Society, with support and input from the National Probation Service (Nottinghamshire) and Nottinghamshire Police.

The Safer Living Foundation's aims are to:

- Prevent further victims of sexual abuse
- Protect the public and address the needs of communities by reducing risk of sexual crime
- Address the needs and promote the rehabilitation, treatment, education and care of persons
 who have committed or are likely to commit offences, particularly sexual offences against others

Providing safer living is at the heart of our organisation's initiative and we aim to promote wellbeing within communities through reducing reoffending. Sexual offending, in particular, causes significant public concern and the release of people with sexual convictions from prison is often accompanied by adverse media coverage, forcing many into new communities or into hiding. This can isolate people with sexual convictions and research has shown that isolation is linked to sexual reoffending, thus doing nothing to increase community safety or accountability. The Safer Living Foundation's objectives this year were to continue to run Prison-based Circles of Support and Accountability for high risk, elderly (55+), intellectually disabled male prisoners at HMP Whatton; to continue to provide

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Prison-based Circles of Support and Accountability for those that are medium / high or very high risk of reoffending and demonstrating additional clinical needs, but who do not meet the elderly or intellectually disabled threshold at HMP Whatton; to continue to provide Community-based Circles of Support and Accountability for those for whom prison based engagement is not possible; to continue to deliver Circles of Support and Accountability for young people who demonstrate sexually challenging behaviours; to continue to develop and deliver the Apollo Project to young people who have demonstrated harmful sexual behaviour; to continue to develop a project helping people with sexual convictions make the transition from prison to release, with a view to reducing the likelihood of reoffending in the vulnerable period just after release; to scope out the possibility of setting up and running an accommodation project that seeks to provide, supported housing accommodation for high risk and vulnerable people with sexual convictions on release from custody; to continue to develop the Corbett Centre with regards to service-user membership, commencement of activities, volunteer involvement and fundraising to support the project; to continue process and outcome evaluations and monitoring of all our projects, and to involve an independent auditor in our evaluations wherever possible; to continue to explore potential new areas of need which fit the aims of the Charity, such as the potential for a peer buddy scheme for people with sexual convictions released from prison and for whom emotional and social isolation is a problem, and to consider how the Charity may bring its expertise to help with such contemporary challenges.

SLF Support & Mentoring Interventions

To achieve our charitable objectives, initially (in 2014) we commenced the first ever prison-based Circles of Support and Accountability (CoSA) for high risk, elderly (55+) and intellectually disabled male prisoners at HMP Whatton. Circles of Support and Accountability are a proven social action initiative. Managed by a project coordinator, a Circle of Support and Accountability is a group of three to five volunteers from the community who meet regularly with an individual who has been serving a prison sentence for a sexual offence after release (known as the Core Member). The Circle of volunteers offer social, practical and emotional support to the Core Member, in addition to monitoring and supervision. However, our project is unique in that we work with the Core Member for up to three months whilst they are still in prison in order to help see them through a particularly vulnerable stage of their rehabilitative journey – release into the community. Between 1 February 2019 and 31 January 2020, five further Prison Circles of Support and Accountability commenced (with five already in progress from the previous year).

Funding from the Big Lottery (through Circles UK) was received to deliver 24 Community Circles of Support and Accountability between January 2016 and January 2020. These Circles of Support and Accountability adhere to the typical model and start shortly after the Core Member has been released from prison. Between 1 February 2019 and 31 January 2020, 5 Community Circles of Support and Accountability commenced (with 5 already running on the 1 Feb 2019). Total community Circles started = 25 over the life of the project.

Previously, the SLF delivered support and mentoring projects in Nottinghamshire and Derbyshire.

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From October 2019, the charity took over rehabilitation projects previously offered by Reshape charity in Lincolnshire. These included 4 existing Circles, with 2 new Circles started during the financial year, 1 paired mentoring intervention and 2 one-to-one support and mentoring interventions (latter with the Coordinator rather than volunteers).

In summary, between 1 February 2019 and 31 January 2020, 12 new Circles of Support and Accountability commenced, joining the twelve Circles of Support and Accountability already started (and still running) on 1st February 2019. A total of 53 adult Circles of Support and Accountability have been successfully delivered since the beginning of the project - or are still running on 31st January 2020. In addition, since the start of the project; three Community Circles and one Prison Circle started but ended prior to the three-month cut off period that delineates a successful Circle start up. There has been one sexual reoffence by a service user since the charity began.

Monitoring and Evaluation

Monitoring and evaluation activities have been embedded within this project, with academics from Nottingham Trent University's Sexual Offences Crime and Misconduct Research Unit (SOCAMRU) conducting the research. Progress reports are produced every six months and presented to trustee board meetings; findings are also published on the SLF's website.

An ongoing evaluation of this project consists of:

- (i) Assessing whether Support & Mentoring Intervention involvement leads to changes in hope, social and emotional loneliness, social support; personal growth and wellbeing (all factors that link to risk of reoffending);
- (ii) Exploring the experiences of service users and volunteers to understand areas for improvement in service delivery (interviews);
- (iii) Examining changes in risk of reoffending;
- (iv) Assessing reasons for failure of interventions;
- (v) Recording reconviction and recall data and comparing this to baseline reoffending data for the main population.

The evaluation is designed to identify and promote best practice, enabling learning from projects to improve outcomes and minimise reoffending and failure of Support & Mentoring Interventions.

Young People's Circles of Support and Accountability and Paired Mentoring

In 2016, the SLF built on their existing adult Circles of Support and Accountability projects and developed a Young People's Circles of Support and Accountability project. The Young People's Circles of Support and Accountability project works with young people cautioned or convicted of a sexual offence or who have evidenced sexually harmful behaviour and who require additional support to help improve their emotional well-being and decrease their social isolation.

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Young people are referred to the project by agencies already working with them. Suitable young people are supported by a Circle of Support and Accountability or Paired Mentoring model of 2-3 specially trained volunteers who meet weekly with the young person and offer social, emotional and practical support as well as requiring them to be accountable for their ongoing behaviour. Both interventions are based in the theoretical frameworks of the 'Good Lives Model'. Volunteers deliver a pro-social intervention building on the young person's strengths, interests and hobbies to ensure the safe inclusion and integration of these young people into the community reducing their chances of social isolation, emotional loneliness and (re)offending. Circles of Support and Accountability and Paired Mentoring projects introduce young people to community activities, help with independent living skills and/or undertake work around positive relationships.

The project went 'live' at the end of 2016. Since then, we have had 37 referrals. From the 37 referrals received, we have started 11 Circles or Paired Mentoring projects so far; four Circles/Paired Mentoring are currently ongoing and 13 are awaiting assessment or have been approved and are waiting to start the project.

The Young People's project has benefitted from funding from The Worshipful Company of Weavers, The People's Postcode Lottery, The Woodward Trust, Children in Need and The Rayne Foundation.

Monitoring and Evaluation

Monitoring and evaluation activities are embedded within this project, with academics from Nottingham Trent University's Sexual Offences Crime and Misconduct Research Unit (SOCAMRU) conducting the research.

A mixed method evaluation of this project takes place involving quantitative and qualitative strands. The former involves an evaluation of the effectiveness of Young People's Circle of Support and Accountability by assessing impact on rates of sexual and non-sexual (re)offending, attitudes towards crime, mental health and emotional loneliness, social integration into the community, self-esteem and confidence and the number of young people actively engaging with community groups or organisations. Specifically, the measures used to assess this impact are:

- A bespoke scaled assessment and review tool
- Warwick-Edinburgh Mental Wellbeing Scale (Tennant et al., 2007; WEMWBS)
- Social and Emotional Loneliness Scale-Short (DiTommaso et al., 1999; SELSA-S)
- Self-Esteem Scale (Rosenberg, 1965)
- Crime Pics II measures attitudes to crime (Frude et al., 1994)
- Children's Hope Scale measure of children's perceptions that their goals can be met (Snyder et al., 1997; CHS)*

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These outcomes are collected by the Circle coordinator before, during and after a young person's time on a Circle. Progress reports are produced every six months at alternate trustee board meetings with findings published on the SLF's website.

The qualitative strand involves an exploration of the experiences of service users (young people), their primary caregivers and volunteers involved with the Young Person's project, in order to understand the benefits/pitfalls of the Circles of Support and Accountability service and to inform a process evaluation. This is achieved, where possible, through face-to-face interviews with service users, parents/guardians and volunteers.

*The CHS is separate to the SLF's general monitoring and evaluation activities. The CHS is administered to the young people twice a year to meet a specific funding body's requirements (Children in Need).

SLF Apollo Project

The Apollo Project was set up in July 2018 and aims to prevent sexual offending and reduce reoffending in the adolescent population. The project is designed for young people aged 12-18 who have displayed harmful sexual behaviour including, but not limited to, behaviour that has resulted in them receiving a caution and conviction for a sexual offence. A team of specially trained volunteers will provide community-based support to help the young person develop skills to live a rich and healthy life free from offending.

The Apollo Project takes its influence from the SLF's YPCoSA project and the 'Good Lives Model' with regards to its structure, use of volunteers and the type of pro-social support provided. In addition to the practical and social support, the young person will receive psychological support in the form of structured coaching. The therapeutic approach informing the Apollo model is DNA-V, a form of Acceptance and Commitment Therapy specifically adapted for use with young people from the age of 5 or 6 years onwards.

The aim of Apollo is to help the young person increase their psychological flexibility; that is, the ability to manage difficult thoughts, feelings and emotions in the present moment and engage in behaviours that serve their personal values. It is hoped that this work will support the young person in recognising the unintended consequences of unhelpful patterns of behaviour (including but not limited to harmful sexual behaviour) and strengthen their ability and willingness to explore alternative solutions to their struggles.

All SLF volunteers complete the same core training. Those who are interested are able to undertake

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Apollo-specific training, which is delivered in four 2.5 hour training sessions over a period of four weeks. To date, 14 volunteers have successfully completed Apollo-specific training; of these, two are currently supporting a young person, one is no longer volunteering with the SLF and one has decided not to volunteer with Apollo. If funding is secured and it is not necessary to enact the roll-down plan, a further 2-4 young people will be ready to start working with volunteers in May/June 2020.

One young person is approaching the end of the main part of Apollo and is expected to enter the consolidation period in May 2020, meeting with their volunteers and/or the Coordinator less frequently (typically once every four weeks) and completing no new work. Two young people are receiving low-intensity one-to-one work with the Coordinator as a result of their individual needs and the challenges of identifying Apollo-trained volunteers able to travel to remote parts of the counties. Four young people are completing preparatory one-to-one work with the Coordinator.

Three young people have disengaged from Apollo; two during the preparatory one-to-one stage and one pre-assessment (under a change to how SLF YP Coordinators process cases young people disengaging pre-assessment would now be considered to have disengaged from SLF YP Projects generally rather than Apollo specifically). One young person unexpectedly moved out of area for SLF YP Projects and one is currently on an engagement break, to be reviewed by the end of March 2020.

One young person has been found suitable for Apollo and is on a waiting list, pending the outcome of the decision to continue or roll-down Apollo.

From to 7 February 2019 to 6 January 2020 SLF YP projects jointly received 62 referrals, of which 10 were unsuitable due to age (eight below the age of 12 years, and two 18 or over). All referrals received in this time period were male.

The Apollo Project has been funded by HMPPS; this funding was awarded in July 2018 and is agreed to continue until the end of June 2020.

Monitoring and Evaluation

Monitoring and evaluation activities are embedded within this project, with academics from Nottingham Trent University's Sexual Offences Crime and Misconduct Research Unit (SOCAMRU) conducting the research.

Ethical approval to undertake the Apollo Project process and outcome evaluation was granted by HMPPS and Nottingham Trent University in June 2019. The research takes a similar format to the YPCoSA mixed methods evaluation, with some changes having been made to the battery of psychometric measures and wording of interview questions. All psychometrics have been chosen as they measure risk factors associated with reoffending and psychological flexibility. The battery includes:

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- Warwick-Edinburgh Mental Wellbeing Scale (Tennant et al., 2007; WEMWBS)
- Social and Emotional Loneliness Scale-Short (DiTommaso et al., 1999; SELSA-S)
- Self-Esteem Scale (Rosenberg, 1965)
- Crime Pics II measures attitudes to crime (Frude et al., 1994)
- Avoidance and Fusion Questionnaire for Youth (AFQ-Y; Greco, Murrell & Coyne, 2005)

These outcome measures are administered by the project manager before, during and after a young person's time on the Apollo Project. Progress reports are produced every six months at alternate trustee board meetings with findings published on the SLF's website.

The qualitative strand involves an exploration of the experiences of service users (young people), their primary caregivers and volunteers involved with the Apollo Project in order to understand the benefits/pitfalls of the service and to inform a process evaluation. This will be achieved, where possible, through face-to-face interviews with service users, parents/guardians and volunteers.

SLF Accommodation Project

The charity is currently in the process of scoping the accommodation needs of individuals previously convicted of a sexual offence. From this, it is anticipated that the charity will contribute towards an accommodation project for individuals previously convicted of a sexual offence released from prison. PhD research is currently being undertaken at Nottingham Trent University that is designed to inform the development of this work.

Two qualitative investigations have been conducted. The first involved interviewing professionals with experience related to accommodation for people with sexual convictions. Practical applications were extracted from the data that may directly inform the development of the accommodation project. Recommendations related to individualised needs assessments, partnership developments, referral processes, and protocol development. The second qualitative investigation explored the views of people with sexual offence convictions living in the community. A particularly salient finding related to the psychological needs people desired from their accommodation. The charity can begin to consider how best to enhance these needs through tangible methods. Other issues for the charity to consider relate to facilitating wider resettlement goals.

A third and final quantitative study is underway. The study aims to explore whether the attainment of psychological accommodation needs (like those mentioned above), predict positive desistance outcomes such as hope and agency. The findings will help to inform the SLF accommodation project by developing a greater understanding about desistance promoting factors within accommodation facilities. Data collection is ongoing.

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SLF Release Project

Research is underway using a visual interpretative phenomenological analysis methodology to consider the needs (hopes and expectations) of individuals on release from prison. Ten individuals have been interviewed; analysis of their data is underway. The principal researcher was on maternity leave in the last year.

SLF Corbett Centre

Development work was undertaken to set up and run a reintegration centre for service users with convictions for a sexual offence. The aim of the reintegration centre was to offer advice and support to our service users and to help them lead – not simply offence-free – but productive, healthy and happy lives.

The Corbett Centre was officially opened in the middle of February 2019. Over the next few months, the organisation and setting up of the centre commenced including producing risk assessments and protocols, a Data Sharing Agreement with NPS and entry procedures for service users. In November 2019, the full-time manager of the Corbett centre took up post and since then we have instigated several initiatives to help our service users reintegrate safely back into society. These include life skills lessons such as cooking, literacy and pets as therapy dog sessions. We are planning to introduce religious services, job clubs, CV writing courses, mindfulness sessions and grief and loss training for service users. We have also promoted the work of the CC to various agencies such as NPS and MOSOVO and we will also work closely with the NTU to evaluate the effectiveness of the CC in supporting the safe reintegration of our service users.

We are service user led and base the activities we provide on 'what works' by monitoring and evaluating our service users to guide us as to what is the most effective way to run the CC. We hope to have service users playing an integral part of the running of the CC and its activities and expect the Data Sharing Agreement with NPS, which will allow service users with probation supervision to attend, to be ratified in the near future.

Monitoring and Evaluation

Five volunteers were recruited to support the start-up of this project and researchers from Nottingham Trent University developed a research package designed to evaluate the impact of the Centre. Ethical approval was gained from both NTU and HMPPS, as appropriate.

SLF Prevention Project (The Aurora Project; TAP)

The charity developed another significant charitable activity, the Aurora Project. TAP is the first of its kind in the UK and provides therapy to both men and women who are distressed by their sexual thoughts, and concerned that if acted upon, they would result in harm. This might range from someone who is worried about becoming sexually violent in their relationships to someone who is attracted to

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children. The therapy has been designed by forensic psychologists with the aim to gather and use evidence-informed best practice and service-user involvement which will underpin all aspects of the prevention project. The SLF will research and evaluate the project on an ongoing basis to improve effectiveness and monitor outcomes.

The project went live in October 2017 and to date we have we have received 56 referrals. We have been supporting clients on an individual basis and our group based intervention began in December 2018. We currently have a full group of 10 men and a waiting list of 5. To date, four men have completed the programme. We are also supporting 5 men on a 1-1 basis as they have ASD diagnosis or social anxiety which prevents them from being part of a larger group.

TAP provides a free and confidential community service of signposting, support and therapy for adult men and women in the Midlands who find their sexual thoughts, feelings and behaviours of concern and/or may feel the need to act upon these. The project works with clients who are motivated towards change and who feel able to make use of group therapy. The project offers treatment to clients regardless of their sexual interest (e.g. children, adults, etc.). Treatment aims to help individuals manage thoughts, feelings and behaviours that could cause sexual harm to others, whilst also assisting our clients in developing healthy social skills, appropriate adult relationships, improved mental wellbeing and overall quality of life. TAP uses both compassionate and acceptance-based treatment approaches. TAP is also responsible for running various training events to ensure other areas are aware of our service and know they can refer into us such as the counselling service and Justice and Liaison teams.

The charity has been awarded three years of funding from the Henry Smith Charity, together with 1-3 years' funding from the Nottinghamshire Police and Crime Commission fund. Substantive matched funding (in the form of in-kind support) has already been obtained from Nottingham Trent University.

Monitoring and Evaluation

Monitoring and evaluation activities will be embedded within this project, with progress reports produced every four months at alternate trustee board meetings. Monitoring and evaluation information will also be provided on the SLF's website. The overall evaluation aim is to conduct a mixed-methods evaluation of The SLF's Aurora Project. Furthermore, we aim to extend the current evidence base on the application of third-wave cognitive-behavioural therapies (CFT/ACT) and the public health model to the prevention of difficult sexual thoughts and behaviour, and in turn, sexual offending. To date, two studies are currently in the data collection phase (Studies 1 & 2), with a further study in the recruitment phase (impact study; Study 3), and one study still awaiting ethical approval (family and friends' study; Study 4).

Emerging results show positive changes at the treatment mid-point (which is different for each individual). For Study 2—a narrative analysis of the life stories of individuals entering the TAP service—common narrative themes (such as an *unwanted self*) have formed an integral part of participants' journey of living with an atypical sexual interest. Studies 3 and 4 will begin data collection in May 2020.

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Plans for the Future

The principal objectives and activities for the following year have been identified as:

- To continue to run Prison-based Circles of Support and Accountability for high risk, elderly (55+), intellectually disabled male prisoners at HMP Whatton.
- To continue to provide Prison-based Circles of Support and Accountability for those that are medium / high or very high risk of reoffending and demonstrating additional clinical needs, but who do not meet the elderly or intellectually disabled threshold at HMP Whatton.
- To continue to provide Community-based Circles of Support and Accountability for those for whom prison based engagement is not possible.
- To examine the accruing evidence base as to what works best to support people with sexual convictions in the community.
- To develop additional support and mentoring programmes for people convicted of sexual offences, both pre-release and in the community.
- To continue to deliver Circles of Support and Accountability for young people who demonstrate sexually challenging behaviours.
- To continue to develop and deliver the Apollo Project to young people who have demonstrated harmful sexual behaviour
- To continue to develop a project helping people with sexual convictions make the transition from
 prison to release, with a view to reducing the likelihood of reoffending in the vulnerable period just
 after release.
- To continue to develop The Aurora Project and to expand this project, funding permitting.
- To review findings from the PhD accommodation project research and to consider the next steps for this project.
- To continue to develop the Corbett Centre with regards to service-user membership, commencement of activities, volunteer involvement and fundraising to support the project.
- To continue process and outcome evaluations and monitoring of all our projects, and to involve an independent auditor in our evaluations wherever possible.
- To continue to explore potential new areas of need which fit the aims of the Charity and to consider how the Charity may bring its expertise to help with such contemporary challenges.
- To explore potential funding opportunities for core costs, in particular a chief executive to join the charity.

Achievements and Performance of the Charity

The majority of our funds this year have been raised from applications to Trusts and other Grant giving bodies. This year, we have attracted funding from Nottinghamshire Police and Crime Commissioner, AB Charitable Trust, Allen Lane Foundation, Tudor Trust, Lincolnshire Police and Crime Commissioner, People's Postcode Trust, HMPPS, St James Place Charitable Trust, The Henry Smith Charity, Children In Need, The Worshipful Company of Weavers, and the Big Lottery. Substantive help and in-kind contributions have also been gratefully received from Nottingham Trent University and HMP Whatton, and the SLF would like to acknowledge and recognise the continuing support and encouragement of the university management and HMPS in the running of the Charity.

Report of the Trustees for the Year Ended 31 January 2020

Funders

We are extremely proud and grateful to be sponsored by the following funders:

AB Charitable Trust

Austin & Hope Pilkington Trust

Bromley Trust

Children in Need

Department of Health (NHS England)

Eleanor Rathbone Charitable Trust

HMPPS

Lloyds Bank Foundation

Lottery Awards for All

People's Postcode Lottery

The 29th May 1961 Charitable Trust

The Allen Lane Foundation

The Big Lottery

The Co-Operative Bank

The Derbyshire Police and Crime Commissioner Community Fund

The Henry Smith Charity

The Lincolnshire Police and Crime Commissioner Community Fund

The Noel Buxton Trust

The Nottinghamshire Police and Crime Commissioner Community Fund

The Rayne Foundation

The Robin Corbett Award for Prisoner Rehabilitation

The Woodward Trust

The Worshipful Company of Weavers

UK Youth Fund

In its sixth year, the SLF has managed several achievements: it has maintained all current projects, has added a new project (Corbett Centre) to the charity's work, and has actively used its ongoing research and evaluation to develop existing projects (e.g. developing paired mentoring projects). The ongoing evaluation of the projects, disseminated nationally and internationally, continues to contribute to policy and practice in the successful treatment, management and support for people with sexual convictions.

The work of the SLF has received recognition, both financially (see income) but also as having won the prestigious *Robin Corbett Award for Prisoner Rehabilitation* in 2015, The *Guardian University Award for Social and Community Impact* in 2016, a Butler Trust Certificate to members of the Charity for their SLF work in prisoner rehabilitation, a commendation from the Howard League for Penal Reform in their Community Awards for *Charity of the Year* in 2018. In 2018, our Chair, Governor Lynn Saunders, won the *Guardian Public Service Award for Leadership Excellence*, and in 2019, the charity were commended by the Howard League in the *Organisation of the Year* category. In November 2019, the charity won the Third Sector *Charity of the Year* Award.

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Financial Review

The financial statements are set out on pages 18 to 27. The financial review covers the year from 1 February 2019 to 31 January 2020. It has been a strong financial period for the organisation due to the success of fundraising, grant applications and focus on controlling expenditure, resulting in funds available to carry forward at the year end. The carried forward funds will be used to continue to fund our projects in 2020/2021.

The Statement of Financial Activities show net incoming resources for the year of a revenue nature of £48,608.

The total reserves at the year end stand at £212,394.

Free unrestricted liquid reserves amounted to £36,929.

The Board of Trustees is satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Reserves Policy and Going Concern

The Trustees have examined the Charity's requirement for reserves in the light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the Charity should be six months of expenditure. The present reserves of the Charity are below this target. The strategy will be to continue to build reserves through planned operating surpluses.

Following the assessment as noted in accounting policy 1 (a), the Trustees are of the view that the charity is a going concern. The Charity would be in a position to reduce costs in apportionment with any future reduced income due to the low level of fixed costs.

The Contribution of Volunteers

Trustees (who are also Members) and Members (who are not all Trustees) play a vital role in the day-to-day running of the Charity and the delivery of the Charity's projects. In particular, input from key personnel (such as senior Police staff and members of the Probation Service and MAPPA Coordinator) facilitate the running of our projects.

In addition, the charity utilises volunteers as a key part of the interventions it delivers; currently we have 137 trained volunteers, with another 14 attending training shortly. Between 1 February 2019 and 31 January 2020, we trained 73 new volunteers. Ten volunteers have undertaken the Apollo training. Volunteers make a significant and valuable contribution to the SLF Charity and its service users.

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Structure, Governance and Management

The organisation is a Charitable Incorporated Organisation (CIO), registered on 13th February 2014. The Charity was established under a constitution which established the objects and powers of the CIO.

In the event of the Charity being wound up, members have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

There is a Chair (Dr Lynn Saunders OBE), Vice Chair (Professor Belinda Winder), Clinical Lead (Dr Kerensa Hocken) and Funding Lead (Dr Nicholas Blagden) of the Trustee Board. The Trustees (who are also Members) form the Steering Group and meet bi-monthly. The Chair, Vice Chair, Treasurer, Funding Lead and Clinical Lead meet together to make decisions when action is required outside the bi-monthly Steering Group meetings. In addition, each project has a paid coordinator who answer to the Chair, Vice Chair and Clinical Lead of the Trustees, and to the Steering Group more generally. We also employ an office manager (Jessica Beaumont) and an experienced administrator (Anne McMeekin) who report to the Chair, and a Research Assistant (Imogen Byrne) who is based in the Sexual Offences, Crime and Misconduct Research Unit (SOCAMRU) in the School of Social Sciences at Nottingham Trent University and who reports to the Vice Chair and Director of the Centre for Crime, Offending, Prevention & Engagement (COPE) Professor Belinda Winder, and the Associate Head of SOCAMRU, Dr Nicholas Blagden, Head of SOCAMRU.

The more traditional business, financial and specialist skills are represented on the Trustee Board. However, in the event of particular skills being lost due to retirements, individuals will be approached to offer themselves for election to the Charity.

Under the requirements of the Constitution, the Trustees of the Charity are retired by resignation, death, financial ineligibility, or through removal by the other Trustees. However, each year, at the Steering Group meeting when the accounts are presented, each Trustee will be asked to consider their position (and e.g. skills, availability and contribution) and either recommit to or resign from the Charity.

All Trustees give their time voluntarily and receive no benefits from the Charity. Any expenses reclaimed from the Charity are set out in note 4 to the financial statements.

The SLF has links with the Dunkelfeld Prevention Project, the NSPCC, Lucy Faithfull Foundation, Circles UK and other organisations, nationally and internationally, working in associated arenas.

Payments totalling £50,206 were made to Nottingham Trent University for research projects preapproved by the Trustees.

The major risks, to which the Charity is exposed, as identified by the Trustees, have been reviewed and systems have been established to mitigate those risks.

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Independent Examiner
Mr Dhru Shah was re-appointed as the Charity's Independent Examiner.
The Trustees would like to thank all the staff, advisers, funders and volunteers for their hard work and contribution to the continued success of the Charity.
Approved by the Board of Trustees on 8 June 2020
Lynn Saunders
Dr Lynn Saunders OBE
Chair

Administrative Details and Trustees for the Year Ended 31 January 2020

The full name of the Charity is Safer Living Foundation and is also known as SLF.

The legal registration details are:

Date of formation 13/02/2014

The Principal Office is The Visits Centre, HMP Whatton, New Lane,

Whatton, NG13 9FQ

Charity Registration Number 1155788

The Trustees who served during the year and up to the date of this report were as follows:

Dr Lynn Saunders OBE (Chair)

Professor Belinda Winder (Vice Chair)

Dr Kerensa Hocken (Clinical Lead)

Steven Turner (Resigned 23/5/2019)

Dr Nicholas Blagden

Dr Geraldine Akerman

Dr David Rowson (Treasurer)

Dr Rebecca Lievesley

Laura Day (Appointed 14/10/2019)

Independent Examiner's Report to the Trustees of Safer Living Foundation

For the Year Ended 31 January 2020

I report to the trustees on my examination of the accounts of the Safer Living Foundation for the year ended 31 January 2020.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the CIO as required by section 130 of the Act;
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:
Dhru Shah
Dhru Shah FCCA
4 Sandy Lane
Nottingham
NG9 3GS
Date

24 June 2020

Statement of Financial Activities

(Incorporating an Income and Expenditure Account)

For the Year Ended 31 January 2020

		Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	Notes	2020	2020	2020	2019	2019	2019
		£	£	£	£	£	£
Income							
Voluntary income Fundraising activities	2	- -	320,201	320,201	3,000 734	228,932 -	231,932 734
Donations		5,515	-	5,515	2,278	-	2,278
Other income Investment income		1,334		1,334	1,449 -	-	1,449
			<u> </u>				<u> </u>
Total Income		6,849	320,201	327,050	7,461	228,932	236,393
Expenditure							
Costs of gonorating funds							
Costs of generating funds Fundraising costs		_	_	_	_	-	_
Costs of charitable activities							
Prison Circles	3	-	37,774	37,774	315	28,625	28,940
Young People's Projects	3	-	101,450	101,450	315	76,878	77,193
Community Circles	3	250	52,589	52,839	315	41,886	42,201
Prevention Project Corbett Centre	3	732	64,065	64,065	631	65,394	66,025
Lincolnshire Projects	3 3	-	11,704 9,878	12,436 9,878	-	-	-
Total Expenditure		982	277,460	278,442	1,576	212,783	214,359
Net movement in funds		5,867	42,741	48,608	5,885	16,149	22,034
Reconciliation of funds:							
Total funds brought forward		31,062	132,724	163,786	25,177	116,575	141,752
Total funds carried forward		36,929	175,465	212,394	31,062	132,724	163,786

All the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movement in funds are disclosed in Note 8 to the financial statements. The notes on pages 20 to 27 form part of these financial statements.

Balance Sheet

31 January 2020

	Notes	2020 £	2019 £
Current assets			
Cash at bank and in hand	_	216,571	123,155
Debtors	5	- 040 574	43,793
		216,571	166,948
Liabilities			
Creditors: amounts due within one year	6	(4,177)_	(3,162)
Not assument as acts		242.204	100 700
Net current assets		212,394	163,786
Net assets	7	212,394	163,786
The funds of the charity			
Unrestricted funds	8	36,929	31,062
Restricted funds	8	175,465	132,724
Total charity funds		212,394	163,786

Approved by the Trustees on 8 June 2020 and signed on their behalf by

David Rowson

Dr David Rowson

Treasurer

The notes on pages 20 to 27 form part of these financial statements.

Notes to the Financial Statements

For the Year Ended 31 January 2020

1. Accounting policies

a) The financial statements have been prepared on a going concern basis, under the historical cost convention.

The Charitable Incorporated Organisation is a public benefit entity for the purposes of FRS 102 and therefore the Charity has prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (The FRS 102 Charities SORP) published on 16 July 2014 and the Charities Act 2011.

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the Charity to continue as a going concern. The Trustees have made their assessment for a period of at least one year from the date of approval of the financial statements. In particular, the Trustees have considered the Charity's forecast and projections. The Trustees have concluded that there is a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Charity therefore continues to adopt the going concern basis in preparing its financial statements.

- b) Incoming resources are accounted for on a receivable basis.
- c) Bank Interest received is included on an actual receipts basis.
- d) Liabilities are recognised on the accruals basis in accordance with normal accounting principles, modified where necessary in accordance with the guidance given of the SORP.
- e) Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the Charity and include costs linked to the strategic management of the Charity.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Support costs are primarily provided free of charge by HMP Whatton Prison and Nottingham Trent University. Support costs paid for by the Charity are apportioned on an appropriate basis.

f) The Charity operates a defined contribution pension scheme. Contributions payable to the Charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements

For the Year Ended 31 January 2020

- g) As a registered Charity, the organisation is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the Charity and is therefore included in the relevant costs in the Statement of Financial Activities.
- h) The Charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the Trustees in furtherance of the objects of the Charity. Such funds may be held in order to finance both working capital and capital investment.

Restricted funds have been provided to the Charity for particular purposes, and it is the policy of the Board of Trustees to carefully the monitor the application of those funds in accordance with the restrictions placed upon them.

There is no formal policy of transfer between funds or on the allocation of funds to designated funds, other than that described above.

Any other proposed transfer between funds would be considered on the circumstances.

2. Voluntary income

	Unrestricted	Restricted	Total 2020	Total 2019
	£	£	£	£
The Henry Smith Charity	-	32,000	32,000	31,000
HMPPS	_	79,103	79,103	57,979
Children in Need	-	17,404	17,404	10,076
Lloyds Bank Foundation	-	, -	-	25,000
Noel Buxton Trust	-	_	-	4,000
The Woodward Trust	-	-	-	500
Austin & Hope Pilkington Trust	-	_	-	1,000
The Rayne Foundation	-	_	_	10,000
PCC Community Safety Fund	-	22,500	22,500	24,912
The Worshipful Company of Weavers	-	15,000	15,000	-
Big Lottery	-	55,506	55,506	64,465
The 29 th May 1961 Charitable Trust	-	-	-	3,000
Big Lottery (Reshape)	-	19,688	19,688	-
AB Charitable Trust	-	10,000	10,000	-
Allen Lane Foundation	-	15,000	15,000	-
Tudor Trust	-	20,000	20,000	-
Lincolnshire PCC	-	12,500	12,500	-
People's Postcode Trust	-	20,000	20,000	-
St James Place Charitable Trust	-	1,500	1,500	
Total voluntary income		320,201	320,201	231,932

Notes to the Financial Statements

For the Year Ended 31 January 2020

Voluntary income – previous year

	Unrestricted	Restricted	Total	Total
			2019	2018
	£	£	£	£
The Henry Smith Charity	-	31,000	31,000	30,000
HMPPS	_	57,979	57,979	· -
Children in Need	-	10,076	10,076	-
Lloyds Bank Foundation	-	25,000	25,000	-
Noel Buxton Trust	-	4,000	4,000	-
The Woodward Trust	-	500	500	-
Austin & Hope Pilkington Trust	-	1,000	1,000	-
The Rayne Foundation	-	10,000	10,000	20,000
PCC Community Safety Fund	-	24,912	24,912	25,000
The Worshipful Company of Weavers	-	-	-	5,000
Big Lottery	-	64,465	64,465	63,960
The 29th May 1961 Charitable Trust	3,000	-	3,000	3,000
Total voluntary income	3,000	228,932	231,932	146,960

Notes to the Financial Statements

For the Year Ended 31 January 2020

3. Expenditure by expenditure type

	Prison	Young					Governance and		
	Circles	People's Projects	Community Circles	Prevention Project	Corbett Centre	Lincolnshire Projects	Support Costs	Total 2020	Total 2019
	£	£	£	£	£	£	£	£	£
Staff Costs	28,808	75,715	26,330	39,509	9,292	6,235	6,474	192,363	129,071
Travel Expenses	793	3,704	1,476	660	-	561	- , -	7,194	4,764
Volunteers Costs	4,830	4,385	2,142	-	36	256	-	11,649	8,539
Subscriptions	<u>-</u>	525	-	-	-	-	-	525	270
Insurance	-	-	-	-			6,986	6,986	7,858
Office Costs	-	_	-	-	696	-	1.009	1,705	2,347
Advertising & Marketing	-	2,058	-	797	-	-	-	2,855	1,220
Room Hire	-	359	374	390	-	320	-	1,443	411
Research Funding Costs	-	11,300	19,548	19,358	-	-	-	50,206	57,165
Consultancy	-	843	-	-	-	-	-	843	-
Training	-	111	45	750	-	-	-	906	1,688
Core Member Expenses	931	39	512	190	-	95	-	1,767	1,026
	35,362	99,039	50,427	61,654	10,024	7,467	14,469	278,442	214,359
Governance and support costs apportioned	2,412	2,411	2,412	2,411	2,412	2,411	(14,469)	-	
Total expenditure	37,774	101,450	52,839	64,065	12,436	9,878	-	278,442	214,359

Notes to the Financial Statements

For the Year Ended 31 January 2020

Expenditure by expenditure type – previous year

	Prison Circles £	Young People's Projects £	Community Circles	Prevention Project £	Governance and Support Costs £	Total 2019 £	Total 2018 £
Staff Costs	14,450	55,336	21,755	29,570	7,960	129,071	94,429
Travel Expenses	588	1,910	1,774	492	, -	4,764	3,891
Volunteers Costs	3,435	3,107	1,997	-	-	8,539	7,087
Consultancy Fees	-	-	-	-	-	-	-
Subscriptions	20	250	-	-	-	270	285
Insurance	-	-	-	-	7,858	7,858	4,590
Office Costs	75	75	74	99	2,024	2,347	1,557
Advertising & Marketing	(155)	200	63	1,112	-	1,220	1,057
Room Hire	-	-	411	-	-	411	1,065
Research Funding Costs	5,800	10,281	10,968	30,116	-	57,165	15,262
Training	49	1,463	-	176	-	1,688	2,127
Core Member Expenses	217	110	699	-	-	1.026	444
Governance and support costs apportioned	24,479 4,461	72,732 4,461	37,741 4,460	61,565 4,460	17,842 (17,842)	214,359	131,794
Total expenditure	28,940	77,193	42,201	66,025		214,359	131,794

4.	Staff Costs and numbers	2020 £	2019 £
	Gross Salaries	179,587	121,064
	Employers NI	9,630	5,743
	Pension	3,146	2,264
		192,363	129,071
	Numbers of full time employees or full time equivalents	No.	No.
	Engaged on charitable activities	6	5
	Support and governance	2	2
		8	7

Notes to the Financial Statements

For the Year Ended 31 January 2020

There were no fees or other remuneration paid to the Trustees.

Travel costs amounting to £285 (2019 - £376) were reimbursed to 2 (2019 – 3) Trustees for costs incurred in relation to charitable activities and £- (2019 – £750) to 0 (2019 – 1) Trustee in relation to governance costs. Office costs amounting to £635 (2019 – £588) were reimbursed to 1 (2019 - 1) Trustee.

Total donations from Trustees were £1,499 (2019 – £236)

The key management personnel are the Trustees.

No employees had employee benefits in excess of £60,000 (2019 – none).

5.	Debtors: amounts falling due within one year	2020 £	2019 £
	Grants due	_	43,793
			43,793
6.	Creditors: amounts falling due within one year	2020 £	2019 £
	Taxation and Social Security Other Creditors	3,877 300	2,862 300
		4,177	3,162

7. Analysis of net assets between funds

	Unrestricted £	Restricted £	2020 £	Total 2019 £
Current Assets	36,929	179.642	216,571	166,948
Creditors: Amounts falling due within one year		(4,177)	(4,177)	(3,162)
	36,929	175,465	212,394	163,786

Analysis of net assets between funds - previous year

	Unrestricted £	Restricted £	2019 £	Total 2018 £
Current Assets	31,062	135,886	166,948	144,104
Creditors: Amounts falling due within one year	_	(3,162)	(3,162)	(2,352)
	31,062	132,724	163,786	141,752

Notes to the Financial Statements

For the Year Ended 31 January 2020

8. Movement in funds

	At 1 February 2019 £	Incoming Resources £	Outgoing Resources £	At 31 January 2020 £
Restricted Funds:				
HMPPS	-	79,103	(76,038)	3,065
National Offenders Management Service	37,859	-	(20,018)	17,841
The Noel Buxton Trust	2,729	-	(2,729)	-
The Worshipful Company of Weavers	10,809	15,000	(10,449)	15,360
The Rayne Foundation	10,000	-	(786)	9,214
Big Lottery	23,528	55,506	(59,151)	19,883
PCC Community Safety Fund	-	22,500	(22,500)	-
The Henry Smith Charity	42,743	32,000	(39,353)	35,390
Children in Need	3,056	17,404	(18,460)	2,000
Carringtons	2,000	-	(2,000)	-
Big Lottery (Reshape)	-	19,688	(7,466)	12,222
AB Charitable Trust	-	10,000	(10,000)	-
Allen Lane Foundation	-	15,000	(3,097)	11,903
Tudor Trust	-	20,000	(3,097)	16,903
Lincolnshire PCC	-	12,500	-	12,500
People's Postcode Trust	-	20,000	(2,316)	17,684
St James Place Charitable Trust		1,500	-	1,500
Total restricted funds	132,724	320,201	(277,460)	175,465
Unrestricted funds	31,062	6,849	(982)	36,929
Total funds	163,786	327,050	(278,442)	212,394

Purposes of restricted funds

Restricted funds in respect of the National Offenders Management Service and People's Postcode Trust are for the purpose of Prison Circles of Support and Accountability. Restricted funds in respect of The Worshipful Company of Weavers (in part, £3,458), The Rayne Foundation, HMPPS, Children in Need and St James Place Charitable Trust are for the purposes of the Young People's Projects. The restricted funds in respect of Big Lottery are for the purpose of Community Circles of Support and Accountability. The Restricted funds in respect of The Henry Smith Charity are for the purpose of the Prevention Project. The Restricted funds in respect of the Big Lottery (Reshape) and the Lincolnshire PCC are for the purposes of the Lincolnshire Projects. The Restricted funds for Allen Lane Foundation, The Worshipful Company of Weavers (in part, £11,902) and the Tudor Trust are for the purposes of the Corbett Centre.

Notes to the Financial Statements

For the Year Ended 31 January 2020

Movement in funds - previous year

	At 1 February 2018 £	Incoming Resources £	Outgoing Resources £	At 31 January 2019 £
Restricted Funds:	~	_	_	_
HMPPS	-	57,979	(57,979)	-
The Allen Lane Foundation	2,978	-	(2,978)	-
National Offenders Management Service	30,670	-	7,189	37,859
Lloyds Bank Foundation	142	25,000	(25,142)	-
Austin & Hope Pilkington Trust	-	1,000	(1,000)	-
The Noel Buxton Trust	-	4,000	(1,271)	2,729
The People's Postcode Lottery	1,185	-	(1,185)	-
The Worshipful Company of Weavers	10,454	-	355	10,809
The Rayne Foundation	13,193	10,000	(13,193)	10,000
Big Lottery	6,772	64,465	(47,709)	23,528
PCC Community Safety Fund	21,128	24,912	(46,040)	-
The Henry Smith Charity	27,053	31,000	(15,310)	42,743
The Woodward Trust	-	500	(500)	-
Children in Need		10,076	(7,020)	3,056
Carringtons	3,000	-	(1,000)	2,000
Total restricted funds	116,575	228,932	(212,783)	132,724
Unrestricted funds	25,177	7,461	(1,576)	31,062
Total funds	141,752	236,393	(214,359)	163,786

Purposes of restricted funds

Restricted funds in respect of the National Offenders Management Service, The Allen Lane Foundation, Lloyds Bank Foundation, Eleanor Rathbone Charitable Trust and Noel Buxton are for the purpose of Prison Circles of Support and Accountability. Restricted funds in respect of The Worshipful Company of Weavers and The People's Postcode Lottery are for the purposes of the Young Persons Circles of Support and Accountability. The restricted funds in respect of Big Lottery are for the purpose of Community Circles of Support and Accountability.