

Registered Charity Number

1155788



# **SAFER LIVING** FOUNDATION

**(Charitable Incorporated Organisation)**

**Report and Financial Statements**

**31 January 2018**

**Safer Living Foundation**  
**Report and Financial Statements for the Year Ended 31 January 2018**

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## **Safer Living Foundation**

### **Report of the Trustees for the Year Ended 31 January 2018**

#### **Introduction**

The Trustees present their annual report and the independently examined financial statements for the year ended 31st January 2018.

The financial statements comply with current statutory requirements, the Constitution, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities (FRS102)

The Board of Trustees are satisfied with the performance of the Charity during the year and the position at 31st January 2018 and consider that the Charity is in a strong position to continue its activities during the coming year, and that the Charity's assets are adequate to fulfil its obligations.

#### **Objectives of the Charity**

The main objectives of the Charity are:

To promote, for the benefit of the public, the protection of people from, and the prevention of, sexual crime.

and;

To promote, for the public benefit, the rehabilitation of persons who have committed, or are likely to commit offences, particularly sexual offences, against others.

The Trustees have referred to the information contained in the Charity Commission's guidance on public benefit and have considered how the planned activities will contribute to the Charity's strategic objectives. The Trustees will review the objectives, aims and activities of the Charity each year.

#### **Aims and Activities of the Charity**

The Safer Living Foundation is a charitable organisation and is a joint venture between HMP Whatton, Nottingham Trent University, National Probation Service (Nottinghamshire), and Nottinghamshire Police.

The Safer Living Foundation's aims are to:

- Prevent further victims of sexual abuse;
- Protect the public and address the needs of communities by reducing risk of sexual crime;
- Address the needs and promote the rehabilitation, treatment, education and care of persons who have committed or are likely to commit offences, particularly sexual offences against others.

Providing safer living is at the heart of our organisation's initiative and we aim to promote wellbeing within communities through reducing reoffending. Sexual offending, in particular, causes significant public concern and the release of people with sexual convictions from prison is often accompanied by adverse media coverage, forcing many into new communities or into hiding. This can isolate people with sexual convictions and research has shown that isolation is linked to sexual reoffending, thus doing nothing to increase community safety or accountability. The Safer Living Foundation's objectives this year were to continue to deliver Circles of Support and Accountability both from within HMP Whatton and from the community. Further objectives were to commence the Safer Living Foundation Prevention Project, inspired by the Dunkelfeld Prevention Project that is running in Germany, and to continue to deliver our Young People's Circles of Support and Accountability project.

## Safer Living Foundation

### Report of the Trustees for the Year Ended 31 January 2018

#### SLF Circles of Support and Accountability

To achieve our charitable objectives, initially (in 2014) we commenced the first ever prison-based Circles of Support and Accountability (CoSA) for high risk, elderly (55+) and intellectually disabled male prisoners at HMP Whatton. Circles of Support and Accountability are a proven social action initiative. Managed by a project coordinator, a Circle of Support and Accountability is a group of three to five volunteers from the community who meet regularly with an individual who has been serving a prison sentence for a sexual offence after release (known as the Core Member). The Circle of volunteers offer social, practical and emotional support to the ex-prisoner, in addition to monitoring and supervision. However, our project is unique in that we work with the prisoner for up to six months whilst they are still in prison in order to help see them through a particularly vulnerable stage of their rehabilitative journey – release into the community. Between 1st February 2017 and 31st January 2018, five further Prison Circles of Support and Accountability commenced (with five already in progress from the previous year).

Funding from the Big Lottery (through Circles UK) was received to deliver 24 Community Circles of Support and Accountability between January 2016 and January 2020. These Circles of Support and Accountability adhere to the typical model and start shortly after the Core Member has been released from prison. Between 1st February 2017 and 31st January 2018, five Community Circles of Support and Accountability commenced (with four already running).

In summary, between 1st February 2017 and 31st January 2018, ten new Circles of Support and Accountability began across both projects, joining the nine Circles of Support and Accountability already started (and still running) on 1st February 2017. A total of 30 Circles of Support and Accountability have been successfully delivered since the beginning of the project - or are still running on 31st January 2018. In addition, two Community Circles started, but ended, prior to the three month cut off period that delineates a successful Circle start up.

#### *Monitoring and Evaluation*

Monitoring and evaluation activities are embedded within this project, with progress reports produced every four months at alternate SLF trustee board meetings. Monitoring and evaluation information is also provided on the SLF's website.

An ongoing evaluation of this project consists of:

- (i) Assessing whether Circles of Support and Accountability involvement leads to changes in hope, social and emotional loneliness, social support; personal growth and wellbeing (all factors that link to risk of reoffending);
- (ii) Exploring the experiences of Core Members and volunteers engaging in prison Circles of Support and Accountability to understand areas for improvement in service delivery (interviews);
- (iii) Examining changes in risk of reoffending over time via the Dynamic Risk Review (completed every three months by project coordinators);
- (iv) Assessing reasons for failed Circles of Support and Accountability (via the End of Circles of Support and Accountability report completed as standard by project coordinators for each ended Circle of Support and Accountability);
- (v) Recording reconviction and recall data and comparing this to baseline reoffending data for the main population. This evaluation documents the impact and success of Circles of Support and Accountability in risk management and re-integration of people with sexual convictions released into the community. The evaluation is designed to identify and promote best practice, enabling learning from projects to improve outcomes and minimise 'failed' Circles of Support and Accountability.

## Safer Living Foundation

### Report of the Trustees for the Year Ended 31 January 2018

#### Young People's Circles of Support and Accountability

In 2016, the SLF built on their existing adult Circles of Support and Accountability projects and developed a Young People's Circles of Support and Accountability project. The Young People's Circles of Support and Accountability project works with young people cautioned or convicted of a sexual offence or who have evidenced sexually harmful behaviour and who require additional support to help improve their emotional well-being and decrease their social isolation.

Young people are referred to the project by agencies already working with them. Suitable young people are supported by a Circle of Support and Accountability of 3-5 specially trained volunteers who meet weekly with the young person and offer social, emotional and practical support as well as requiring them to be accountable for their ongoing behaviour. The Circles of Support and Accountability intervention is based in the theoretical frameworks of the 'Good Lives Model'. Volunteers deliver a pro-social intervention building on the young person's strengths, interests and hobbies to ensure the safe inclusion and integration of these young people into the community reducing their chances of social isolation, emotional loneliness and (re)offending. The Circle of Support and Accountability introduce young people to community activities, help with independent living skills and/or undertake work around positive relationships.

The project went 'live' at the end of 2016. Since then, we have had nine referrals. From the nine referrals received, we have started six Circles; four Circles are currently active (the longest one has been ongoing for a year).

The Young People's project has benefitted from funding from The Worshipful Company of Weavers, The People's Postcode Lottery and The Rayne Foundation.

#### *Monitoring and Evaluation*

Monitoring and evaluation activities have been embedded within this project, and progress reports produced every four months at alternate trustee board meetings. Monitoring and evaluation information is provided on the SLF's website. A mixed method evaluation of this project takes place involving quantitative and qualitative strands. The quantitative strand involves an evaluation of the effectiveness of Young People's Circle of Support and Accountability by assessing impact on: rates of sexual and non-sexual (re)offending, attitudes towards crime, mental health and emotional loneliness, social integration into the community, self-esteem and confidence and the number of young people actively engaging with community groups or organisations. Specifically, the measures used to assess this impact are:

- A bespoke scaled assessment and review tool;
- Warwick-Edinburgh Mental Wellbeing Scale (Tennant et al., 2007; WEMWBS)
- Social and Emotional Loneliness Scale-Short (DiTommaso et al., 1999; SELSA-S)
- Self-Esteem Scale (Rosenberg, 1965)
- Crime Pics II – measures attitudes to crime (Frude et al., 1994)

These outcomes are measured by the SLF coordinator both before during and after a Young People's Circles of Support and Accountability, from the perspective of both the young person and their parent/guardian (as appropriate).

The qualitative strand involves an exploration of the experiences of service users (young people), volunteers and parents participating in the Young Person's Circles of Support and Accountability project in order to understand the benefits/pitfalls of the Circles of Support and Accountability service and to inform a process evaluation. This is achieved, where possible, through face-to-face interviews with service users, parents/guardians and volunteers.

## **Safer Living Foundation**

### **Report of the Trustees for the Year Ended 31 January 2018**

#### **SLF Accommodation Project**

The Charity is currently in the process of scoping the housing needs of individuals previously convicted of a sexual offence. From this, it is anticipated that the Charity will set up a suitable living facility for individuals previously convicted of a sexual offence released from prison. The facility hopes to be conducive of rehabilitation efforts thus minimising the risk of future reoffending, ensuring that an appropriate balance between rehabilitation and risk management is present. PhD research is currently being undertaken at Nottingham Trent University that is designed to inform the development of this project. The main objectives of the research are: (1) to understand the perceived accommodation needs and accommodation barriers faced from the perspectives of previously offending participants; (2) to consider the views of relevant professionals on what they deem important when housing individuals with previous convictions of a sexual offence (3) to compare both of these samples views and establish any discrepancies between them. It is hoped that by undertaking such research, the SLF can practically implement the findings in order to develop a useful housing facility for people with sexual convictions endeavouring to live happy, meaningful and offence-free lives in the community.

#### **SLF Release Project**

Research is underway using a visual interpretative phenomenological analysis methodology to consider the needs (hopes and expectations) of individuals on release from prison.

#### **SLF Corbett Drop-In Centre Project**

Development work is currently being undertaken with Nottingham Trent University to set up and run a drop-in centre for ex-prisoners. The aim of the drop-in centre would be to offer advice and support to ex-prisoners and help them lead – not simply offence-free – but productive, healthy and happy lives.

#### **SLF Prevention Project**

The charity has developed another significant charitable activity, the SLF Prevention Project. The SLF prevention Project is the first of its kind in the UK and provides a treatment programme to both men and women who are distressed by their sexual thoughts, and concerned that if acted upon, they would result in harm. This might range from someone who is worried about becoming sexually violent in their relationships to someone who is attracted to children. The treatment programme has been designed by forensic psychologist with the aim to gather and use evidence-informed best practice and service-user involvement which will underpin all aspects of the prevention project. The programme aims to research and evaluate the project on an ongoing basis to improve effectiveness and monitor outcomes.

The project went live in October 2017 and is currently seeking and triaging referrals. Therapists have been recruited and are due to start in June 2018. The SLF prevention project provides a free and confidential community service of signposting, support and treatment for adult men and women in the midlands who find their sexual thoughts, feelings and behaviours distressing, and are concerned that they could be a risk to others. The project works with clients who are motivated towards change and who feel able to make use of group therapy. The project offers treatment to clients regardless of their sexual interest (e.g. children, adults, etc). Treatment aims to help individuals manage thoughts, feelings and behaviours that could cause sexual harm to others, whilst also assisting our clients in developing healthy social skills, appropriate adult relationships, improved mental wellbeing and overall quality of life. The prevention treatment programmes uses both compassionate and acceptance based treatment approaches.

The charity has been awarded three years of funding from the Henry Smith Charity, together with 1-3 years' funding from the Nottinghamshire Police and Crime Commission fund. Substantive matched funding (in the form of in-kind support) has already been obtained from Nottingham Trent University.

#### *Monitoring and Evaluation*

Monitoring and evaluation activities will be embedded within this project, with progress reports produced every four months at alternate trustee board meetings. Monitoring and evaluation information will also be provided on the SLF's website.

## **Safer Living Foundation**

### **Report of the Trustees for the Year Ended 31 January 2018**

Researchers from Nottingham Trent University (NTU) will provide a mixed method evaluation of the service utilising both qualitative (e.g. interviews) and quantitative (e.g. questionnaires, reconviction data) methods. This will consider both process and outcome, ensuring the project is based upon evidence based practice and service user involvement. If possible, there will be a randomised control trial element to the evaluation. It is intended that the evaluation will include analysis of (i) data on those who engage with the service (e.g. demographics, help seeking behaviours, criminal history, risk/need factors) to determine change to risk of reoffending, (ii) pre- and post-treatment measures to assess change, and (iii) interviews with service users and therapists to explore their experiences of how the service has worked and impacted them.

#### **Plans for the Future**

The principal objectives and activities for the following year have been identified as:

- To continue to run Prison-based Circles of Support and Accountability for high risk, elderly (55+), intellectually disabled male prisoners at HMP Whatton.
- To continue to provide Prison-based Circles of Support and Accountability for those that are medium / high or very high risk of reoffending and demonstrating additional clinical needs, but who do not meet the elderly or intellectually disabled threshold at HMP Whatton.
- To continue to provide Community-based Circles of Support and Accountability for those for whom prison based engagement is not possible.
- To continue to deliver Circles of Support and Accountability for young people who demonstrate sexually challenging behaviours.
- To continue to develop the SLF Prevention Project with full evaluation and monitoring programme.
- To continue to develop a project helping people with sexual convictions make the transition from prison to release, with a view to reducing the likelihood of reoffending in the vulnerable period just after release.
- To scope out the possibility of setting up and running an accommodation project that seeks to provide, supported housing accommodation for high risk and vulnerable people with sexual convictions on release from custody.
- To scope out the possibility of setting up and running a drop-in centre for ex-prisoners.
- To continue to explore potential new areas of need which fit the aims of the Charity, such as the potential for a peer buddy scheme for people with sexual convictions released from prison and for whom emotional and social isolation is a problem, and to consider how the Charity may bring its expertise to help with such contemporary challenges.

## **Safer Living Foundation**

### **Report of the Trustees for the Year Ended 31 January 2018**

#### **Achievements and Performance of the Charity**

The majority of our funds this year have been raised from applications to Trusts and other Grant giving bodies. We have attracted key funding from Nottinghamshire Police and Crime Commissioner, Lloyds Bank Foundation, The Worshipful Company of Weavers, The Rayne Foundation, the PCC Community Safety Fund, The Henry Smith Charity, The 29<sup>th</sup> May 1961 Charitable Trust and the Big Lottery. Substantive help and in-kind contributions have also been gratefully received from Nottingham Trent University and HMP Whatton, and the SLF would like to acknowledge and recognise the continuing support and encouragement of the university management and HMPS in the running of the Charity.

We are extremely proud and grateful to be sponsored by the following funders:

Department of Health (NHS England)  
National Offender Management Service  
The Allen Lane Foundation  
Lottery Awards for All  
Eleanor Rathbone Charitable Trust  
The Nottinghamshire Police and Crime Commissioner  
The Robin Corbett Award for Prisoner Rehabilitation  
Nottingham Trent University  
The Co-Operative Bank  
The Big Lottery  
The Worshipful Company of Weavers  
The Noel Buxton Trust  
People's Postcode Lottery  
The 29<sup>th</sup> May 1961 Charitable Trust  
Lloyds Bank Foundation  
The Rayne Foundation  
The Henry Smith Charity  
PCC Community Fund

In its fourth year, the SLF has managed several achievements: three key activities (prison and community based Circles of Support and Accountability, together with the Young People's Circles) continue to run. In addition, the UK's first face-to-face free treatment service for those struggling with sexual thoughts and urges (the SLF Prevention Project) commenced.

The ongoing evaluation of the projects, disseminated nationally and internationally, continues to contribute to policy and practice in the successful treatment, management and support for people with sexual convictions.

The work of the SLF has already received recognition, both financially (see income) but also as having won the prestigious Robin Corbett Award for Prisoner Rehabilitation in 2015, The Guardian University Award for Social and Community Impact in 2016 and been awarded a Butler Trust Certificate to members of the Charity for their SLF work in prisoner rehabilitation.



## Safer Living Foundation

### Report of the Trustees for the Year Ended 31 January 2018

#### Financial Review

The financial statements are set out on pages 12 to 20. The financial review covers the year from 1 February 2017 to 31 January 2018. It has been a strong financial period for the organisation due to the success of fundraising, grant applications and focus on controlling expenditure, resulting in funds available to carry forward at the year end. The carried forward funds will be used to continue to fund our projects in 2018/2019.

The Statement of Financial Activities show net incoming resources for the year of a revenue nature of £22,395.

The total reserves at the year end stand at £141,752.

Free unrestricted liquid reserves amounted to £25,177.

The Board of Trustees is satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

#### Reserves Policy and Going Concern

The Trustees have examined the Charity's requirement for reserves in the light of the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the Charity should be six months of expenditure. The present reserves of the Charity are below this target. The strategy will be to continue to build reserves through planned operating surpluses.

Following the assessment as noted in accounting policy 1 (a), the Trustees are of the view that the charity is a going concern. The Charity would be in a position to reduce costs in apportionment with any future reduced income due to the low level of fixed costs.

#### The Contribution of Volunteers

Trustees (who are also Members) and Members (who are not all Trustees) play a vital role in the day-to-day running of the Charity and the delivery of the Charity's projects. In particular, input from key personnel (such as senior Police staff and members of the Probation Service and MAPPA Coordinator) facilitate the running of our projects.

In addition, the main Charity project (Circles of Support and Accountability) utilises volunteers as a key part of the initiative; currently we have 57 trained Circles of Support and Accountability volunteers, with another 10 attending the requisite training shortly. Between 1st February 2017 and 31st January 2018 we have trained 45 new volunteers. Top-up training sessions are run four times a year, with 7 volunteers having attended during the same period. One of the sessions had to be cancelled due to adverse weather. Volunteers make a huge contribution to the SLF Charity.

#### Structure, Governance and Management

The organisation is a Charitable Incorporated Organisation (CIO), registered on 13<sup>th</sup> February 2014. The Charity was established under a constitution which established the objects and powers of the CIO. In the event of the Charity being wound up, members have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

There is a Chair (Dr Lynn Saunders OBE), Vice Chair (Professor Belinda Winder) and Clinical Lead (Dr Kerensa Hocken) of the Trustee Board. The Trustees and Members form the Steering Group, which meets monthly. The Chair, Vice Chair, Treasurer and Clinical Lead meet together to make decisions when action is required outside the monthly Steering Group meetings. In addition, each project has a paid coordinator (Prison Circles of Support and Accountability: Angela Braithwaite; Community Circles of Support and Accountability: David Potter; Young People's Circles and Prevention: Laura Woodward),

## **Safer Living Foundation**

### **Report of the Trustees for the Year Ended 31 January 2018**

and these answer to the Chair, Vice Chair and Clinical Lead of the Trustees, and to the Steering Group more generally. We also employ a part time office manager (Anne McMeekin) and a part time administrator (Jessica Beaumont) who report to the Chair, and a Research Assistant (Imogen Byrne) who is based in the Sexual Offences, Crime and Misconduct Research Unit (SOCAMRU) in the School of Social Sciences at Nottingham Trent University and who reports to the Vice Chair and Head of SOCAMRU, Professor Belinda Winder, and the Associate Head of SOCAMRU, Dr Nicholas Blagden.

The more traditional business, financial and specialist skills are represented on the Trustee Board. However, in the event of particular skills being lost due to retirements, individuals will be approached to offer themselves for election to the Charity.

Under the requirements of the Constitution, the Trustees of the Charity are retired by resignation, death, financial ineligibility, or through removal by the other Trustees. However, each year, at the Steering Group meeting when the accounts are presented, each Trustee will be asked to consider their position (and e.g. skills, availability and contribution) and either recommit to or resign from the Charity.

All Trustees give their time voluntarily and receive no benefits from the Charity. Any expenses reclaimed from the Charity are set out in note 4 to the financial statements.

The SLF is a member of Circles UK; the Charity also has links with the Dunkelfeld Prevention Project, the NSPCC, Lucy Faithfull Foundation and other organisations, nationally and internationally, working in associated arenas.

Payments totalling £15,262 were made to Nottingham Trent University for research projects pre-approved by the Trustees.

The major risks, to which the Charity is exposed, as identified by the Trustees, have been reviewed and systems have been established to mitigate those risks.

#### **Independent Examiner**

Mr Dhru Shah was appointed as the Charity's Independent Examiner.

The Trustees would like to thank all the staff, advisers, funders and volunteers for their hard work and contribution to the continued success of the Charity.

Approved by the Board of Trustees on 11 June 2018

Lynn Saunders

Dr Lynn Saunders OBE

Chair

## **Safer Living Foundation**

### **Administrative Details and Trustees for the Year Ended 31 January 2018**

The full name of the Charity is Safer Living Foundation and is also known as SLF.

The legal registration details are:

Date of formation	13/02/2014
The Principal Office is	The Visits Centre, HMP Whatton, New Lane, Whatton, NG13 9FQ
Charity Registration Number	1155788

The Trustees who served during the year and up to the date of this report were as follows:

Dr Lynn Saunders OBE (Chair)

Professor Belinda Winder (Vice Chair)

Dr Kerensa Hocken (Clinical Lead)

Steven Turner

Dr Nicholas Blagden

Ian Waterfield (Resigned 29 November 2017)

Geraldine Akerman (Appointed 21 December 2017)

Dr David Rowson (Treasurer)

Rebecca Lievesley

## **Independent Examiner's Report to the Trustees of Safer Living Foundation**

**For the Year Ended 31 January 2018**

I report to the trustees on my examination of the accounts of the Safer Living Foundation for the year ended 31 January 2018.

### **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the CIO as required by section 130 of the Act;  
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Dhru Shah

Dhru Shah FCCA

4 Sandy Lane

Nottingham

NG9 3GS

Date : 15 June 2018

**Safer Living Foundation**

**Statement of Financial Activities**

(Incorporating an Income and Expenditure Account)

**For the Year Ended 31 January 2018**

		<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds</b>
	<b>Notes</b>	<b>2018</b>	<b>2018</b>	<b>2018</b>	<b>2017</b>	<b>2017</b>	<b>2017</b>
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income</b>							
Voluntary income	2	3,000	143,960	146,960	1,500	150,966	152,466
Fundraising activities		1,769	3,000	4,769	791	-	791
Donations		3,632	-	3,632	285	-	285
Investment income		-	-	-	46	-	46
<b>Total Income</b>		<b>8,401</b>	<b>146,960</b>	<b>155,361</b>	<b>2,622</b>	<b>150,966</b>	<b>153,588</b>
<b>Expenditure</b>							
<i>Costs of generating funds</i>							
Fundraising costs		1,172	-	1,172	-	-	-
<i>Costs of charitable activities</i>							
Prison Circles	3	-	43,602	43,602	7,578	33,957	41,535
Young Persons Circles	3	-	30,555	30,555	-	20,632	20,632
Community Circles	3	-	50,991	50,991	7,579	48,027	55,606
Prevention Project	3	-	6,646	6,646	-	-	-
<b>Total Expenditure</b>		<b>1,172</b>	<b>131,794</b>	<b>132,966</b>	<b>15,157</b>	<b>102,616</b>	<b>117,773</b>
<b>Net movement in funds</b>		7,229	15,166	22,395	(12,535)	48,350	35,815
<b>Reconciliation of funds:</b>							
<b>Total funds brought forward</b>		17,948	101,409	119,357	30,483	53,059	83,542
<b>Total funds carried forward</b>		<b>25,177</b>	<b>116,575</b>	<b>141,752</b>	<b>17,948</b>	<b>101,409</b>	<b>119,357</b>

All the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movement in funds are disclosed in Note 7 to the financial statements. The notes on pages 14 to 20 form part of these financial statements.

**Safer Living Foundation**

**Balance Sheet**

**31 January 2018**

	Notes	2018 £	2017 £
<b>Current assets</b>			
Cash at bank and in hand		144,104	121,804
<b>Liabilities</b>			
Creditors: amounts due within one year	5	<u>(2,352)</u>	<u>(2,447)</u>
<b>Net current assets</b>		141,752	119,357
<b>Net assets</b>		<u><b>141,752</b></u>	<u><b>119,357</b></u>
<b>The funds of the charity</b>			
Unrestricted funds	7	25,177	17,948
Restricted funds	7	116,575	101,409
 <b>Total charity funds</b>		 <u><b>141,752</b></u>	 <u><b>119,357</b></u>

Approved by the Trustees on 11 June 2018 and signed on their behalf by

David Rowson

Dr David Rowson

Treasurer

The notes on pages 14 to 20 form part of these financial statements

**Safer Living Foundation**  
**Notes to the Financial Statements**  
**For the Year Ended 31 January 2018**

**1. Accounting policies**

- a) The financial statements have been prepared on a going concern basis, under the historical cost convention.

The Charitable Incorporated Organisation is a public benefit entity for the purposes of FRS 102 and therefore the Charity has prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (The FRS 102 Charities SORP) published on 16 July 2014 and the Charities Act 2011.

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the Charity to continue as a going concern. The Trustees have made their assessment for a period of at least one year from the date of approval of the financial statements. In particular, the Trustees have considered the Charity's forecast and projections. The Trustees have concluded that there is a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Charity therefore continues to adopt the going concern basis in preparing its financial statements.

- b) Incoming resources are accounted for on a receivable basis.
- c) Bank Interest received is included on an actual receipts basis.
- d) Liabilities are recognised on the accruals basis in accordance with normal accounting principles, modified where necessary in accordance with the guidance given of the SORP.
- e) Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT which cannot be recovered and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the Charity and include costs linked to the strategic management of the Charity.

All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis.

Support costs are primarily provided free of charge by HMP Whatton Prison and Nottingham Trent University. Support costs paid for by the Charity are apportioned on an appropriate basis.

- f) The Charity operates a defined contribution pension scheme. Contributions payable to the Charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Safer Living Foundation**

**Notes to the Financial Statements**

**For the Year Ended 31 January 2018**

- g) As a registered Charity, the organisation is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the Charity and is therefore included in the relevant costs in the Statement of Financial Activities.
- h) The Charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the Trustees in furtherance of the objects of the Charity. Such funds may be held in order to finance both working capital and capital investment.

Restricted funds have been provided to the Charity for particular purposes, and it is the policy of the Board of Trustees to carefully monitor the application of those funds in accordance with the restrictions placed upon them.

There is no formal policy of transfer between funds or on the allocation of funds to designated funds, other than that described above.

Any other proposed transfer between funds would be considered on the circumstances.

**2. Voluntary income**

	Unrestricted	Restricted	Total 2018	Total 2017
	£	£	£	£
The Henry Smith Charity	-	30,000	30,000	-
Lloyds Bank Foundation	-	-	-	25,000
National Offenders Management Service	-	-	-	40,000
Eleanor Rathbone Charitable Trust	-	-	-	3,000
Noel Buxton Trust	-	-	-	4,000
The People's Postcode Lottery	-	-	-	20,000
CLINKS	-	-	-	1,500
The Rayne Foundation	-	20,000	20,000	-
PCC Community Safety Fund	-	25,000	25,000	-
The Worshipful Company of Weavers	-	5,000	5,000	15,000
Big Lottery	-	63,960	63,960	43,966
The 29 <sup>th</sup> May 1961 Charitable Trust	3,000	-	3,000	-
<b>Total voluntary income</b>	<b>3,000</b>	<b>143,960</b>	<b>146,960</b>	<b>152,466</b>



**Safer Living Foundation**  
**Notes to the Financial Statements**  
**For the Year Ended 31 January 2018**

**Voluntary income – previous year**

	Unrestricted	Restricted	Total	Total
	£	£	2017	2016
			£	£
NHS England	-	-	-	31,000
Lloyds Bank Foundation	-	25,000	25,000	-
National Offenders Management Service	-	40,000	40,000	-
Eleanor Rathbone Charitable Trust	-	3,000	3,000	-
Noel Buxton Trust	-	4,000	4,000	-
The People's Postcode Lottery	-	20,000	20,000	-
CLINKS	1,500	-	1,500	-
Hive UnLtd Scale & Grow Grant	-	-	-	15,000
The Worshipful Company of Weavers	-	15,000	15,000	15,000
Big Lottery	-	43,966	43,966	9,129
The Robin Corbett Award	-	-	-	3,000
<b>Total voluntary income</b>	<b>1,500</b>	<b>150,966</b>	<b>152,466</b>	<b>73,129</b>

**3. Expenditure by expenditure type**

	Prison	Young	Community	Prevention	Governance and Support	Total	Total
	Circles	Persons	Circles	Project	Costs	2018	2017
	£	£	£	£	£	£	£
Staff Costs	26,858	22,361	32,530	4,880	7,800	94,429	73,890
Travel Expenses	892	1,217	1,768	14	-	3,891	3,545
Volunteers Costs	2,669	2,920	1,498	-	-	7,087	4,920
Consultancy fees	-	-	-	-	-	-	208
Subscriptions	-	-	170	-	115	285	215
Insurance	-	-	-	-	4,590	4,590	647
Office Costs	-	-	-	-	1,557	1,557	204
Advertising & Marketing	-	657	-	400	-	1,057	398
Room Hire	-	229	836	-	-	1,065	1,174
Research Funding Costs	7,362	-	7,900	-	-	15,262	32,135
Training	213	240	350	1,324	-	2,127	166
Core Member Expenses	-	113	331	-	-	444	271
	37,994	27,737	45,383	6,618	14,062	131,794	117,773
Governance and support costs apportioned	5,608	2,818	5,608	28	(14,062)	-	-
<b>Total expenditure</b>	<b>43,602</b>	<b>30,555</b>	<b>50,991</b>	<b>6,646</b>	<b>-</b>	<b>131,794</b>	<b>117,773</b>

**Safer Living Foundation**  
**Notes to the Financial Statements**  
**For the Year Ended 31 January 2018**

**Expenditure by expenditure type – previous year**

	<b>Prison Circles</b>	<b>Young Persons Circles</b>	<b>Community Circles</b>	<b>Governance and Support Costs</b>	<b>Total 2017</b>	<b>Total 2016</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Staff Costs	16,502	18,458	31,130	7,800	73,890	28,901
Travel Expenses	425	1,623	1,282	215	3,545	2,691
Volunteers Costs	3,566	-	1,354	-	4,920	5,744
Consultancy fees	-	208	-	-	208	-
Subscriptions	115	-	100	-	215	175
Insurance	192	-	455	-	647	415
Office Costs	-	-	47	157	204	955
Advertising & Marketing	-	343	55	-	398	1,048
Fundraising Costs	-	-	-	-	-	12
Room Hire	296	-	878	-	1,174	1,290
Research Funding Costs	16,067	-	16,068	-	32,135	18,225
Training	147	-	19	-	166	1,599
Core Member Expenses	139	-	132	-	271	59
	<b>37,449</b>	<b>20,632</b>	<b>51,520</b>	<b>8,172</b>	<b>117,773</b>	<b>61,114</b>
Governance and support costs apportioned	4,086	-	4,086	(8,172)	-	-
<b>Total expenditure</b>	<b>41,535</b>	<b>20,632</b>	<b>55,606</b>	<b>-</b>	<b>117,773</b>	<b>61,114</b>

**4. Staff Costs and numbers**

	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Gross Salaries	88,649	71,794
Employers NI	4,391	2,096
Pension	1,389	-
	<b>94,429</b>	<b>73,890</b>

**Numbers of full time employees or full time equivalents**

	<b>No.</b>	<b>No.</b>
Engaged on charitable activities	4	3
Support and governance	1	1
	<b>5</b>	<b>4</b>

**Safer Living Foundation**  
**Notes to the Financial Statements**  
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There were no fees or other remuneration paid to the Trustees.

Travel costs amounting to £162 (2017 - £623) were reimbursed to 1 (2017 – 2) Trustees for costs incurred in relation to charitable activities and £0 (2017 – £215) to 0 (2017 – 2) Trustees in relation to governance costs. Office costs amounting to £455 (2017 – £0) were reimbursed to 2 (2017- 0) Trustees.

The key management personnel are the Trustees.

No employees had employee benefits in excess of £60,000 (2017 – none).

<b>5. Creditors: amounts falling due within one year</b>	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Taxation and Social Security	2,344	2,447
Other Creditors	8	-
	<u>2,352</u>	<u>2,447</u>

**6. Analysis of net assets between funds**

	<b>Unrestricted</b>	<b>Restricted</b>	<b>2018</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Current Assets	25,177	118,927	144,104	121,804
Creditors: Amounts falling due within one year	-	(2,352)	(2,352)	(2,447)
	<u>25,177</u>	<u>116,575</u>	<u>141,742</u>	<u>119,357</u>

**Analysis of net assets between funds – previous year**

	<b>Unrestricted</b>	<b>Restricted</b>	<b>2017</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Current Assets	17,948	103,856	121,804	85,062
Creditors: Amounts falling due within one year	-	(2,447)	(2,447)	(1,520)
	<u>17,948</u>	<u>101,409</u>	<u>119,357</u>	<u>83,542</u>

**Safer Living Foundation**  
**Notes to the Financial Statements**  
**For the Year Ended 31 January 2018**

**7. Movement in funds**

	<b>At 1 February 2017 £</b>	<b>Incoming Resources £</b>	<b>Outgoing Resources £</b>	<b>At 31 January 2018 £</b>
<b>Restricted Funds:</b>				
NHS England	-	-	-	-
The Allen Lane Foundation	5,647	-	(2,669)	2,978
National Offenders Management Service	36,947	-	(6,277)	30,670
Lloyds Bank Foundation	25,000	-	(24,858)	142
Eleanor Rathbone Charitable Trust	3,000	-	(3,000)	-
The Noel Buxton Trust	4,000	-	(4,000)	-
The People's Postcode Lottery	14,368	-	(13,183)	1,185
The Worshipful Company of Weavers	15,000	5,000	(9,546)	10,454
The Rayne Foundation	-	20,000	(6,807)	13,193
Big Lottery	(2,553)	63,960	(54,635)	6,772
PCC Community Safety Fund	-	25,000	(3,872)	21,128
The Henry Smith Charity	-	30,000	(2,947)	27,053
Carringtons	-	3,000	-	3,000
<b>Total restricted funds</b>	<b>101,409</b>	<b>146,960</b>	<b>(131,794)</b>	<b>116,575</b>
<b>Unrestricted funds</b>	<b>17,948</b>	<b>8,401</b>	<b>(1,172)</b>	<b>25,177</b>
<b>Total funds</b>	<b>119,357</b>	<b>155,361</b>	<b>(132,966)</b>	<b>141,752</b>

Purposes of restricted funds

Restricted funds in respect of the National Offenders Management Service, The Allen Lane Foundation, Lloyds Bank Foundation, Eleanor Rathbone Charitable Trust and Noel Buxton are for the purpose of Prison Circles of Support and Accountability. Restricted funds in respect of The Worshipful Company of Weavers, The Rayne Foundation and The People's Postcode Lottery are for the purposes of the Young Persons Circles of Support and Accountability. The restricted funds in respect of Big Lottery are for the purpose of Community Circles of Support and Accountability. The Restricted funds in respect of The Henry Smith Charity, the PCC Community Fund and Carringtons are for the purpose of the Prevention Project.

**Safer Living Foundation**  
**Notes to the Financial Statements**  
**For the Year Ended 31 January 2018**

**Movement in funds – previous year**

	<b>At 1 February 2016 £</b>	<b>Incoming Resources £</b>	<b>Outgoing Resources £</b>	<b>At 31 January 2017 £</b>
<b>Restricted Funds:</b>				
NHS England	23,381	-	(23,381)	-
The Allen Lane Foundation	10,163	-	(4,516)	5,647
National Offenders Management Service		40,000	(3,053)	36,947
Lloyds Bank Foundation	-	25,000	-	25,000
Eleanor Rathbone Charitable Trust	-	3,000	-	3,000
The Noel Buxton Trust		4,000	-	4,000
The People's Postcode Lottery		20,000	(5,632)	14,368
The Worshipful Company of Weavers	15,000	15,000	(15,000)	15,000
Big Lottery	4,515	43,966	(51,034)	(2,553)
<b>Total restricted funds</b>	<b>53,059</b>	<b>150,966</b>	<b>(102,616)</b>	<b>101,409</b>
<b>Unrestricted funds</b>	<b>30,483</b>	<b>2,622</b>	<b>(15,157)</b>	<b>17,948</b>
<b>Total funds</b>	<b>83,542</b>	<b>153,588</b>	<b>(117,773)</b>	<b>119,357</b>

Purposes of restricted funds

Restricted funds in respect of the National Offenders Management Service, The Allen Lane Foundation, Lloyds Bank Foundation, Eleanor Rathbone Charitable Trust and Noel Buxton are for the purpose of Prison Circles of Support and Accountability. Restricted funds in respect of The Worshipful Company of Weavers and The People's Postcode Lottery are for the purposes of the Young Persons Circles of Support and Accountability. The restricted funds in respect of Big Lottery are for the purpose of Community Circles of Support and Accountability.