

RDS Programme for March – April 2024

MARCH 2024			
Day / Date	Time	Support Session	Where?
Fri, 1 st	1130-1300	First Friday Together (Carers of those in Residential Care)	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Fri, 1 st	1330-1500	First Friday Together Carers & those Living with Dementia at home	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Thur, 7 th	1230-1400	Pub Lunch	Courthouse, 23 North Street, Rugby CV21 2AG Note: Please contact Terry Smith to book your place and menu choice by Thursday, 29th January 2024. (Details below)
Fri, 8 th	1330-1500	Music Singalong	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Fri, 8 th	1330-1500	Caring for a Parent(s) Support Session	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Sat, 9 th	1030-1130	Community Music – St Andrew’s Church	
Thur, 14 th	1100-1230	Bereavement Support Group	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Thur, 14 th	1430-1600	Informal social introduction to Rugby Dementia Support, explaining the support, activities, and guidance we offer.	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Thur, 14 th	1430-1600	Information & Advice with applications for Attendance Allowance, Carer’s Allowance, Blue Badge application or guidance on legal power of attorney	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN Note: Please book this session with Ray Pickering (Details below)
Fri, 15 th	1230-1600	Social Get Together & Games: drop in when and for as long as suits you. (12.30-1.15 we suggest you bring a picnic lunch) Drinks and some refreshment provided.	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Fri, 15 th	1230-1400	Young Onset Dementia and Carers	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Fri, 22 nd	1330-1500	Music Singalong	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN

We look forward to seeing you. Please do contact us if you have any queries relating to the programme.

PTO...

- Jane Muers (01788576854) jane.muers@btinternet.com
- Terry Smith (07921905436) tsmith2607@aol.com
- Bernie Bayliss (07507631894) Bernie.Bayliss@gmail.com
- Ray Pickering (01788 551416) r_pickering@sky.com

RDS Programme for March – April 2024



APRIL 2024			
Day / Date	Time	Support Session	Where?
Fri, 5 th	1130-1300	First Friday Together (Carers of those in Residential Care)	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Fri, 5 th	1330-1500	First Friday Together Carers & those Living with Dementia at home	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Thur, 11 th	1230-1400	Pub Lunch	Courthouse, 23 North Street, Rugby CV21 2AG Note: Please contact Terry Smith to book your place and menu choice by Thursday, 4th April 2024, (Details below)
Thur, 11 th	1430-1600	Informal social introduction to Rugby Dementia Support, explaining the support, activities, and guidance we offer.	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Thur, 11 th	1430-1600	Information & Advice with applications for Attendance Allowance, Carer's Allowance, Blue Badge application or guidance on legal power of attorney	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN Note: Please book this session with Ray Pickering (Details below)
Fri, 12 th	1330-1500	Music Singalong	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Fri, 12 th	1330-1500	Caring for a Parent(s) Support Session	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Thur, 18 th	1100-1230	Bereavement Support Group	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Fri, 19 th	1230-1600	Social Get Together & Games: drop in when and for as long as suits you. (12.30-1.15 we suggest you bring a picnic lunch) Drinks and some refreshment provided.	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Fri, 19 th	1230-1400	Young Onset Dementia and Carers	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN
Thur, 25th	1200-1500	Coton Manor Gardens Visit with Afternoon Tea	Note: Please contact Bernie Bayliss to book this event.
Fri, 26 th	1330-1500	Music Singalong	Friends Meeting House, 28 Regent Place, Rugby, CV21 2PN

We look forward to seeing you. Please do contact us if you have any queries relating to the programme.

- Jane Muers (01788576854) jane.muers@btinternet.com
- Terry Smith (07921905436) tsmith2607@aol.com
- Bernie Bayliss (07507631894) Bernie.Bayliss@gmail.com
- Ray Pickering (01788 551416) r_pickering@sky.com