



Understanding dementia

**Saturday, 3rd February 2024,
1330-1630hrs**

This Understanding Dementia session is for all who are interested in learning more about dementia, how to support people affected by it and enabling carers to feel more confident about caring for someone living with dementia.

In this session, which is open to everyone, we think about what physical changes may be behind the experience of dementia; how people may be feeling, how their thinking, memory and relationships may be affected. We consider how we can support them through good communication, understanding their needs and a sense of reality.

Jane Muers - Clinical Psychologist (Retd)

Venue:

Friends Meeting House, 28 Regent Place
Rugby, CV21 2PN

Free of charge (incl. refreshments)

To reserve a place please phone Jane Muers
on 01788 576854

Parking at nearby John Barford car park, CV21 2SL