

Grocott & Murfit

Building Norfolk

“Community is at the heart of what we do - we are so much more than just a local builder, we are a local builder with a purpose, we care deeply about the communities where we live, work and build. We bring this to life via our community initiative Building Norfolk. We believe that exceptional projects, deserve exceptional builders, but we don't just build homes, we help build communities and most importantly, we do it together.”


Daniel Grocott & Jody Murfit





Building
Norfolk

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In February 2020, we established 'Building Norfolk' with a clear purpose – to create happy, healthy and strong communities for a brighter future without limits, pledging to commit a % of our profits each year, to support the individuals and places that make up our communities, when they need it most - protecting the community concept and ethos for the future generations who call Norfolk home. We provide support across 4 key pillars: Environment, Education, Wellbeing & Growth.

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On 23rd March 2020, with the world struggling to contain the global Covid-19 pandemic, The UK entered 'lockdown'. No one could anticipate what this would mean, but we knew we wanted to do something to help the elderly people in our community, that were incredibly scared.

Within a matter of days, we pulled together a concept that would provide a system of support. Pooling our collective physical resources, on 25th March 2020 we commenced a daily hot meal service, providing lunch and friendly face each day to 50 elderly residents throughout the Fakenham area.

As a team, we all played a critical role in ensuring the support programme was both visible and efficient, but to ensure it actually made an impact and without any understanding of how long the lockdown may last we needed to make sure it could continue as a sustainable programme and this is where you come in.

Over the following pages, we would like to share some of the stories, pictures and notes of thanks, we received throughout this time. None of us can truly appreciate what a difference this made during such a difficult period in all of our lives, however we are sure that reading these messages, you will be incredibly proud of your support, so on behalf of everyone involved – thank you.

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Thank you for Hempton
supplying such lovely
meals. I gave my
donagial to a ~~Spanish~~
who did a 5 mile
ride on Saturday.
Many thanks. S.F.

Margaret King 19. Great Eastern Way.
I would like to thank you
all for everything you are
doing, taking your time to make
delicious meals. Living on your
nutritious meals. Making meals is
your own as I do, making meals is
a chore sometimes.
The afternoon tea for VE day
was really lovely, so again a big
thank you.
You are so lovely and friendly
couldn't wish for better.
Stay safe and well. X

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Thank you very much for the lovely meals, you have generously provided me.

The meals have been very much appreciated during this difficult times, especially as I am not allowed to leave my house.

I would also like to thank your staff for being very courteous and friendly when delivering the meals. I will be making a donation to Building Norfolk beyond children.

Very much appreciated
Many thanks.

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Thank you so much for the very
good service we are getting with
our meals, which is very much
appreciated. and the food is
excellent,

Stella Vertigan

TO EVERY ONE WHO HAS WORKED SO
HARD TO PREPARE AND COOK THE MEALS
YOU HAVE PROVIDED FOR US;
I REALLY DO APPRECIATE YOUR HELP!
THANK YOU SO MUCH!
JOAN EMMS;

Grocott&Murfit

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This service has been a
real lifeline for those of us
in the shielded group.
The meals have been very
tasty & a good selection
Thank you for considering
the local people.
The only comment about the
meals content is they are very
large!!

The meals have been
fantastic and much
appreciated.
Thank - You Very Much
PAT & DERICK
5, LANCASTER AVENUE

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MANY THANKS FOR YOUR
MOST ENJOYABLE MEALS;
MUCH APPRECIATED.

THANK YOU
TO ALL CONCERNED.
D. L. Rose

I enjoy my meals, very
much - I am isolated and not
very good at cooking,
sometimes to look forward
to each day - Thank you so
much!!
all
Christine
Dad in from at my Mum's 85th Jubilee

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The meals are very nutritious, filling
and tasty. Thank you so very much.
Must mention the two men who
de Ruer food. They always
knock on door when they arrive
and don't go until we acknow-
ledge them. They always give a
wave and a smile.
Stay safe & well too

Many thanks for contin-
uing to bring us Oldies
such lovely, varied lunches
Please do continue
until the restaurant
open, if you possibly can,
as I absolutely hate
cooking and would be in
real trouble!
Would it be possible to
have fish cakes now & again?
Luv. Antoinette (Padden)

THE MEALS THAT
YOU BRING ARE A
GODSEND TO ME
AND I REALLY
APPRECIATE YOUR KINDNESS
SO I CANNOT THANK
YOU ENOUGH
REGARDS
DEREK ROBINSON.

My Thoughts to you
The meal were very good indeed
and thanks to the ladies,
who have cooks them and
prepare them all,
and Drivers who have
Deliver them all to us,
and thanks for my V.F Tea lovely!
My Dunger 63 Wells Road

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I would like to say a very big
thankyou to all the people who
have contributed to the making
and distribution of the meals.
to me personally they have been
a godsend.
Thankyou all from the bottom
of my heart and a special
thankyou to the young man
who delivered. Always a big
smile which cheered me up
every day Nelson.

DENNIS BARROW COURT,
12. HEATHOR

To all involved

I just wish I could put on paper
how much I have appreciated
my 2 super meals each week
during these troubled times.
The food really was great and
there always was a lovely
cheery greeting and smile from
the delivery lads - that really
brighten up the day. Also a
special thanks to my phone rambling
putting up with my phone rambling
so please accept this small
donation but a very BIG THANK
You. Keep safe, again my
sincere thanks again my
Sylvie Barber, 19 mission lane
Takenham

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I LOVE ALL
THE FOOD YOU
BRING FOR ME

Congratulations to Grocott and Murfit
on their enterprising spirit in providing
excellent lunches for us housebound people.
The meals bring a cheerful focus to the
day, whilst the good humour of the
drivers and deliverers maintain our
well-being. I shall be pleased to make
another donation in the near future.

Yours sincerely,

Sheila King

Grocott&Murfit

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Dear Claire,

The "afternoon tea" was a lovely idea, and we appreciate.

The meals are truly superb, well cooked, well presented, and - nausheer - full stars!

For Christie, my daughter, with a learning disability - they have been a lifesaver during isolation. Well done to all concerned, and many, many thanks.

Thank you very much for the excellent food and service. Please also thank all the chefs and cooks.

John Garbutt.

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Thankyou so much for the
beautiful meals. Which
are so varied and so
well cooked...

Having broken my leg I
would have been lost without
your kind help

Thankyou Margaret
160 Norwich Rd.

Leaches Star.

I welcome this opportunity
to thank you all for
your kind help at this
worrying time.

P.S.

Please excuse my
writing.

Tony

Thank you so much for your lovely well balanced lunches, when you are locked in, it makes shopping etc. so much easier, also something to look forward to each day

My Sincere thanks to all people running this most excellent service, and all the hard work of the people behind the scene. thanks from a grateful.
W. Moore

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The 8th May 2020 marked the 75th Anniversary of VE Day. As we were still in the process of delivering hot meals, we decided to mark the occasion with a very special commemorative afternoon tea. We were humbled by the personal stories from some of the individuals receiving meals, of their memories of war and appreciation of our efforts to help them celebrate such an important historical chapter in their lives. There were tears, there was laughter, but most importantly a real sense of community and camaraderie – just like 1945...





NORFOLK NEWS

FISH & CHIP FRIDAY

Throughout the 12 weeks of meal deliveries, we met many characters and made new friends.. and whilst some were happy to move on and regain their own independence, for a select few, those without family, or with a real sense of isolation, the thought of losing the connection was too much, so it is for this reason that we have continued to deliver to 10 individuals fish & chips each and every Friday.



Thankyou to:

The Anson Charitable Trust

Neil & Julie Dyson

Bill Cleyndert & Company

The team at The Chequers Inn - Binham

Sally at The Gallow, Fakenham

The Hempton Bell

Kevin Whittred

Black Dog Computer Services Ltd

JMC Garden & Landscape Services Ltd

Provincial Grand Lodge of Norfolk – Joppa Lodge 1114

Members of Runners-next-the-sea

Carben construction

Richard Bridgewood

Sponge Norwich

Candour Norwich

And all the individuals who supported our efforts by giving both their time and donating funds to support the continuation of the service over a 12 week period.

Community
is about doing
something
together
that makes
belonging count

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