



Strangulation from side with both hands



Wrist grip, same side



Straight punch



Around the arms from behind



Crossed wrist grip



Front kick



Roundhouse punch



Double wrist grip from in front



Strangulation from behind with both hands



Strangulation from front with both hands



Hair grip in front



Strike with a stick from outside to inside



Collar grip from behind with one hand



Across the head from side



Around the arms from in front



Stroke with a stick from inside to outside



Stretched out - partner sits next to the body and strangles with both hands



Roundhouse kick



Collar grip and straight punch



Round the hips from behind



Sideways kick



Round the hips from in front



Uppercut to the chin



Knife stab to the stomach



Double wrist grip from behind



Knife cut from outside to inside



Strangulation, stretched out on the partner



Double collar grip and head-butt



Stretched out - partner sits across the body and punches



Gun in front



Across the head from in front



Knife cut from inside to outside



Knife cut from above



Stretched out-partner sits between the legs and strangles with both hands



Gun from behind



Strangulation with fore-arm



Standing back hammer lock



Nelson hold



Front kick and straight punch



Double roundhouse punch