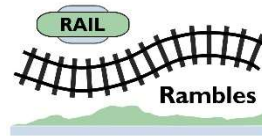




TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES



Rail Rambles

Troeon Trên

www.railrambles.org

*Guided Walks from Railway Stations in Mid-Wales and the Marches
Teithiau Cerdded Tywysedig o Orsafoedd Rheilffyrdd
yng Nghanolbarth Cymru a'r Gororau*

7 January – 29 June 2024
7 Ionawr – 29 Mehefin 2024

Welcome to Rail Rambles

Rail Rambles are guided walks from railway stations in Mid-Wales and the Marches. Each walk is planned to be accessible by a day return rail journey from a number of main line and connecting bus and rail stations. The walks are free to join and are open to the public, with no membership of any organisation required.

The Rail Rambles programme is organised by volunteer members of the Rail Rambles Association and produced with the support of Transport for Wales.

For more information about our walks please contact: enquiries@railrambles.org

We do not publish individual walk leaders' contact details, but are happy to put you in touch with leaders if you need more information about a walk or advice on how to join it.

How to join a Rail Ramble

Normally, to join a Rail Ramble, all you need to do is turn up at the start of the walk. Walks normally start from the appropriate railway station (e.g., Craven Arms station for a Craven Arms circular walk, Wrenbury station for a linear walk from Wrenbury to Whitchurch), when the listed train from the Shrewsbury direction arrives. But please do check the website just in case we are having to ask you to book, or for any specific joining instructions.

If you can join the listed train from Shrewsbury, you will be likely to find other Rail Ramblers on the way to the walk. If you are coming from another direction, you will need to plan your journey so that you arrive at the start point in good time – please feel free to ask us if you need help or advice.

Dogs:

To comply with the wishes of the majority of our walkers, we're sorry but dogs cannot be taken on any Rail Ramble. Assistance dogs are permitted, but please check with us first, as routes may not be suitable or safe for your dog.

Walk descriptions

'Easy' means mostly level ground and a gentle pace.

'Leisurely' means gentle climbs and some level ground for reasonably fit people.

'Moderate' indicates some steep paths and a steady pace for people with country walking experience and a good level of fitness ('moderate+' means as moderate but with a generally greater level of difficulty).

Preparation and safety

Walks are led by experienced volunteer leaders, all of whom are members of the Rail Rambles association and many of whom are also members of the Ramblers. Whilst every care will be taken to keep to the advertised programme, walk leaders reserve the right to make changes to suit weather conditions, the needs of the party or other unforeseen circumstances.

Most Rail Rambles are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join, and bring some food and drink. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit. When in doubt, contact the organisers or the walk leader in advance.

For your own and others' safety please abide by any instructions issued by the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

***Please try to use the train for at least part of your journey –
remember, these are after all RAIL Rambles!***

Train times

The programme for each walk shows outward times from Shrewsbury (with arrival time at the walk start station) and return times from the walks destination stations (with arrival time at Shrewsbury).

For details of departure times from other locations and connecting services, please ring National Rail Enquiries (03457 48 49 50), ask at your local station, or visit <https://www.nationalrail.co.uk/> or <https://tfw.wales/>.

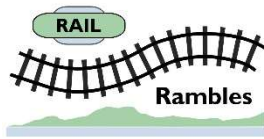
Time details may be subject to change. Walkers are strongly advised to check times of trains before travelling, and to check our website, www.railrambles.org, in case of last minute changes to the programme.

Fares and tickets

The normal range of tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased. We try to tell you the furthest point from Shrewsbury, where this is not obvious, but be careful if you are coming from the opposite direction!

Discounted fares are available to holders of railcards and it is always worth enquiring about the availability of group discounts or investigating whether splitting your ticket would save you money (many of our walkers find this to be the case).

On walks where a **bus** journey is shown, remember to bring your Welsh or English bus pass if you're lucky enough to have one!



RAIL RAMBLES PROGRAMME January to June 2024

Sunday 7 January

Joint walk with Telford Ramblers details can be found on their website
<https://tesramblers.org.uk/walks/walks-programme.html>

Saturday 13 January

Church Stretton Circular via All Stretton, Little Caradoc, Cwms Cottage, Gaerstones Farm
(7 miles moderate)

Leaders Aisling Amato, Pete Lightwood

Depart Shrewsbury 09.14. Return Church Stretton 15.40

Book Church Stretton return

Wednesday 17 January

Broome to Craven Arms via Hopesay Hill following the HoWLT.
(5.5 miles moderate)

Leaders Nigel Hotchkiss, John Mattocks

Depart Shrewsbury 08.57. Return Craven Arms 15.17

Book Broome return

Saturday 20 January

Chirk Circular, (5 or 6 miles) leisurely walk before meeting up at The Hand, for a post-Christmas meal. (See our website for more details)

Leaders Pam Swales, Diane Hambleton.

Depart Shrewsbury 09-27. Return Chirk 16.05 or 16.42.

Book Chirk return

Saturday 27 January

Frodsham Circular via Newtown, Weaver Navigation, Belleair Farm, Hatley Farm, Bradley
(6 miles Moderate)

Leaders Bob Owen, Liz Owen

Depart Shrewsbury 09.27. Return Frodsham 16.52

Book Frodsham return

Saturday 3 February

Caersws Circular via Roman Road, Walk Mill, Crossgates, Llanwnog
(8 miles Moderate)

Leaders Clare Gathercole, Pat Tulloch

Depart Shrewsbury 09.30. Return Caersws 16.16

Book Caersws return

Saturday 10 February

Welshpool circular incorporating the canal and Powys park

(7 miles Moderate)

Leaders Pat Willday, Linda Hollins

Depart Shrewsbury 09.30. Return Welshpool 14.55

Book Welshpool return

Wednesday 14 February

Brymbo to Caergwrle via Bwlchgwyn, Nant Wood and Wales Link Path

(8 miles moderate +).

Leaders Mike Ledlie, Les Lumsdon

Depart Shrewsbury 09.26. Return Caergwrle 16.16.

Bus from Wrexham to Brymbo (10.30). Bus fare (approx. £3) extra.

Book Caergwrle return (check splitting at Shrewsbury if coming from south)

Saturday 17 February

Aberdovey Circular via Dyffryngwyn, Llyn Barfog, Carn March Arthur, Llechwedd,

Aberdovey

(7miles Moderate)

Leaders Bob Owen, Nigel Hotchkiss

Depart Shrewsbury 09.30. Return Aberdovey 17.33

Book Aberdovey return

Saturday 24 February

Cound circular Exploration of the snowdrop meadows and woods of the Coundmoor Brook.

(5 miles Moderate).

Leaders Pam Hill, Steve Paynter.

Depart Shrewsbury Bus Station **09.45**. (436 Bus to Bridgenorth). Return bus 14.24 or 15.24.

Meet Shrewsbury Bus Station 09.35 (Bus fare extra)

Saturday 2 March

Codsall Circular via Staffordshire Way, Monarch's Way, Codsall Wood, Pendleford Mill

Nature Reserve

(8 miles moderate).

Leaders Peter Jones, John Mattocks

Depart Shrewsbury 09.40. Return Codsall 15.24.

Book Codsall return

Saturday 9 March

Telford to Ironbridge via Silkin Way, Monarch's Way, Severn Way

(7miles Moderate)

Leaders Pete Lightwood, Chris Jay

Depart Shrewsbury 09.30. Return Telford 16.58

Book Telford return

Bus Ironbridge to Telford

Dep Ironbridge 15-27 (No 96) (Bus fare extra)

Saturday 16 March

Newtown Circular via Newtown - Ffrydd Farm - Gethin - Gregynog - Garth Hill - Newtown.
(10 miles moderate)

Leaders Doug Hill, Ian Hill

Depart Shrewsbury 09.30. Return Newtown 16.42

Book Newtown return

Wednesday 20 March

Ludlow Circular via Hucksbarn, Overton, Mortimer Trail
(7miles Moderate) Leaders Bob Owen, Liz Owen

Depart Shrewsbury 09.44. Return Ludlow 16.19

Book Ludlow return

Saturday 23 March

(35th anniversary walk) Fairbourne to Barmouth

Alan Howard walk - Fairbourne to Barmouth

(5 miles easy).

Leaders Pat Willday, Linda Hollins

Depart Shrewsbury 09.30, Return Barmouth 16.56

Book Barmouth return

Saturday 30 March

Hanwood Circular via The Golf course, Plealey, Radlith, Longden
(8 miles moderate).

Leaders Aisling Amato, Chris Jay

Meet Shrewsbury Bus Station at 09-50

Dep. Shrewsbury Bus Station Stand N: 10.05

Arr. Hanwood Cock Inn: 10.24. Return Hanwood Cock Inn: 16.31

553 Minsterley Motors bus (Bus fare extra)

Saturday 6 April

Chester Circular (35th anniversary Joint walk with Lancashire Rail rambles)

Option 1 via Baker Way, Shropshire Union Cannel, Christleton, Stamford Heath, Stamford Bridge, Greysfield, Park Farm. (11 miles moderate)

Option 2 via Shropshire Union Cannel, City Walls, Chester Castle, Dee Bridge, River Dee, Eaton Hall, Aldford. (7 miles easy)

Bus back into Chester (Bus fare extra)

Depart Shrewsbury 09.27. Return Chester 16.32

Book Chester return

Saturday 13 April

Machynlleth Circular via Llyfnant Valley, Gelli-fudr, Bryn Coch Bach, Ffirdd Rhiwlwyfen, Golf Course (7miles Moderate)

Leaders Mick Hemming, Pete Lightwood

Depart Shrewsbury 09.30. Return Machynlleth 16.08

Book Machynlleth return

Wednesday 17 April

Shelve to Stiperstones via Flenny Bank, Stiperstones and Perkins Beach (9 miles moderate).

Leaders Les Lumsdon and Mike Ledlie.

Depart Shrewsbury Bus Station 10.05 (bus number 553) to Shelve.

Return by bus from the Stiperstones Inn at 16.50 (**Bus fare extra**)

Saturday 20 April

Wellington Circular Blue Bell walk (joint walk with Telford Ramblers) via Lime Kiln Woods, the lower slope of the Wrekin and return via the Ercall.

(7.5 miles moderate)

Leaders Mick Hemming, Linda Hemming

Depart Shrewsbury 09.30. Return Wellington 16.06

Book Wellington return

Saturday 27 April

Knucklas to Knighton This route follows the Heart of Wales line trail (4 miles moderate with an extra 2 miles option)

Leaders Pam Hill, Steve Paynter

Depart Shrewsbury 11.26. Return Knighton 17.40

Book Knucklas return

Possible Train Timetable changes in May please check your train times on line

Saturday 4 May

Upper Pant-glas to Welshpool via Glyndwr's Way, The Cross Britain Trail, Wern Hill and Y Golfa

(10 miles moderate)

Leaders Doug Hill, Ian Hill

(10 miles moderate)

Depart Shrewsbury 09.30. Return Welshpool 16.56

Book Welshpool return (Bus number 76 from Welshpool – **Bus fare extra**)

Saturday 11 May

Fairbourne to Llwyngwrl via Friog, Cyfannedd-fawr, Bryn Seward, Llwyn Du (6 miles moderate) Leaders Clare Gathercole, Pam Swales

Depart Shrewsbury 09.30. Return Llwyngwrl 17.10

Book Fairbourn return

Wednesday 15 May

No walk as yet planned for this day

Saturday 18 May

Bucknell to Knighton via Bucknell Wood, Stow Hill, Holloway Rocks and Stow. (7 miles moderate) Leaders Nigel Hotchkiss, Linda Hollins

Depart Shrewsbury 08.57. Return Knighton 17.40

Book Knighton return

Saturday 25 May

Craven Arms circular via River Onny, Berrymill Wood, Flounder's Folly and Strefford (8 miles moderate). Leaders Peter Jones, Peter Hollinrake
Depart Shrewsbury 09.14. Return Craven Arms 15.17

Book Craven Arms return

Saturday 1 June

Church Stretton Circular via Rectory Wood, Town Brook Valley, Pole Bank, Pole Cottage, Ashes Hollow, Millennium / Nisbet Way, Long Mynd Hotel Carvings, Rectory Field (9 miles moderate). Leaders Darren Hall, Mick Hemming
Depart Shrewsbury 09.14. Return Church Stretton 15.40

Book Church Stretton return

Saturday 8 June

Mouldsworth to Chester Using the Baker Way and Longster Trail. Via Peel Hall, Swingford, Great Barrow, Guilden Sutton, Shropshire Union Canal. (8 miles moderate). Leaders Mick Hemming, Peter Hollinrake.
Depart Shrewsbury 09.27. Return Chester 17.29

Book Mouldsworth return

Saturday 15 June

Chirk Circular via Chirk Castle, Froncysyllte ridge and Ponthdog (10 miles moderate plus). Leaders John Mattocks, Aisling Amato.
Depart Shrewsbury 09.27. Return Chirk 16.05

Book Chirk return

Wednesday 19 June

Mordiford to Fownhope, via West Wood, Nupend meadow and Capler camp hill fort (8 miles moderate). Leaders Mike Ledlie and Les Lumsdon.

Depart Shrewsbury 09.13. Return Hereford 17.26.

Bus from Hereford to Mordiford (10.40) and from Fownhope to Hereford (16.04).

(Bus fares extra).

Book Hereford return

Saturday 22 June

Bow Street to Aberystwyth via Castell Gwallter, Bryn-hir, Wallog and Wales Coast Path (7 miles moderate). Leaders Pat Willday, Pam Swales
Depart Shrewsbury 09.30, Return Aberystwyth 17.28

Book Aberystwyth return

Saturday 22 June

Breiddens walk via Middletown over Middletown Hill and up to Rodney's Tower and back around to Middletown.

(7 miles moderate). Leaders Pam Hill, John Mattocks

Meet Shrewsbury bus station 09.15. X75 bus to Middletown Return Bus from Middletown 15.54 (Bus fare extra)

Why not join the Ramblers?*



If you'd like to get out more and enjoy your local area with like-minded people, the **Ramblers** could be for you, with walk programmes catering for all abilities, many aimed specifically at beginners. Your membership will also help to protect footpaths and walking spaces for everyone to enjoy. To join, visit www.ramblers.org.uk/join or call 020 3961 3232.

**Rail Rambles is an independent walking organisation currently affiliated to the Ramblers (Powys area). We have received a lot of support from the Ramblers over the years and very much share their values and aims. However, Ramblers members, please be aware that the Rail Rambles themselves are not official Ramblers activities, so your Ramblers insurance policy does not cover them.*

Thank you, Transport for Wales

For continuing the support which makes it possible for us to run the Rail Rambles programme.

