

RAIL RAMBLES JULY TO DECEMBER 2015

All train times are correct when the programme is assembled, but please check for short-notice changes due to engineering works before setting off. Also, where bus travel times are given, it is advisable to check times during the week before the walk.

Saturday 4th July

- 1 **NEW Dolau circular** via Coed Swydd, the Riggles, Black Mixen and Old Hall (13 miles strenuous) Leaders Anne Williams and Chris Jenkins Depart Shrewsbury 09:00 return Dolau 15:55
- 2 **Hopton Heath to Craven Arms** via Clungunford and Clapping Wicket ((7 miles moderate) Leaders Peter Jones and Marion Law Depart Shrewsbury 09:00 (book to Hopton Heath), return Craven Arms 14:30

Saturday 11th July

NEW Llywyngwriil circular via Fign Oer, Trawsfynydd, Cyfannedd Fawr and Morfa (10.5 miles moderate/energetic) Leaders Bob and Liz Owen Depart Shrewsbury 09:31, return Llywyngwriil 17:10

Wednesday 15th July

NEW Llanfihangell Crucorney to Abergavenny via Ysgyryd Fawr and The Court Cupboard Craft Gallery (8 miles moderate, with strenuous climb to summit) Leaders Les Lumsdon and Mike Ledlie Depart Shrewsbury 9 40, bus extra, return Abergavenny 16 57

Saturday 18th July

- 1 **NEW Llanrhaeadr-ym-Mochnant to Llandrillo** via Pistyll Rhaeadr and Cadair Berwyn (13 miles **very** strenuous, 4000' ascent)) Leaders Mick Guest and Chris Jenkins Depart Shrewsbury 9:31 to Welshpool, bus to Llanrhaeadr 11 00, return Llandrillo 18 28 by bus to Ruabon, then train 20 14
- 2 **Llandudno Junction to Llandudno** via Gogarth, Great Orme and Happy Valley (9 miles moderate) Leaders Alan Hill and Peter Lightwood Depart Shrewsbury 8 22 (book to Llandudno), return Llandudno 16 08 or 17 08

Saturday 25th July

- 1 **Builth Road to Llandrindod Wells** via Club Lane, Llanelwedd, The Banks and Rhogo (11 miles strenuous) Leaders Mike Downward and Sue Jones Depart Shrewsbury 09:00, return Llandrindod 15:42
- 2 **Bucknell to Knighton** via Bucknell Wood and Five Turnings (8 miles moderate) Leaders Trevor Allison and Gareth Thomas (8 miles moderate) Depart Shrewsbury 09:00, return Knighton 16:21

Saturday 1st August

- 1 **Chirk circular** via Shropshire Union Canal, Wern, Selattyn and Offa's Dyke Path (12 miles strenuous) Leaders John Mattocks and Chris Jenkins Depart Shrewsbury 08:22, return Chirk 16:00
- 2 **Chirk circular** via Offa's Dyke Path and Stonehenge (7 miles moderate) Leaders Graham Baker and Doug Hill Depart Shrewsbury 09:25 return Chirk 14:47

Monday 3rd – Thursday 6th August

Across Snowdonia from Criccieth to Bangor Leaders Mick Guest and Cheryl Johnston Depart Shrewsbury Mon 3rd 9 30, return Bangor Thurs 6th August 16 23 Cost £45, rail fare extra. More details on website, a few places still available.

Saturday 8th August

- 1 **Tywyn to Aberdovey** via Rhyd-yr-Onnen, Pant-yr-On and Ffridd Yr chain (12 miles strenuous) Leaders Pat Talbott and Mark Phillips Depart Shrewsbury 09:31 return Aberdovey 17:33
- 2 **Dyfi Junction to Machynlleth** via Glandyfi, Caerhedyn, Llyfnant Valley and Glaspwll (8 miles moderate) Leaders Bob and Liz Owen Depart Shrewsbury 09:31 return Machynlleth 16:08

Wednesday 12th August

NEW Hope to Caergwrle via Wat's Dyke, Cefn-y-Bedd and Hope Mountain (8 miles moderate with some strenuous climbs) Leaders Les Lumsden & Mike Ledlie Depart Shrewsbury 9:24, Wrexham General 10:32 return Caergwrle 16:14 or 17:18

Saturday 15th August

- 1 **Llangunllo to Bucknell** via Glwyndwr's Way, Knighton, Holloway Rocks and Stowe Hill (14 miles strenuous) Leaders Anne Williams and Andrew Pike Depart Shrewsbury 09:00 return Bucknell 16:27
- 2 **Llandrindod Wells circular** via Llanfawr, Bongam Bank, Bailey Einion Wood, Cefnlllys Church and Happy Valley (7 miles moderate) Leaders Bob Perry and Neville Homent Depart Shrewsbury 09:00, return Llandrindod 15:42

Saturday 22nd August

- 1 **NEW Ruthin circular** via Moel Gyw, Moel Llanfair, Gelli Gynan and Graig Fechan (14 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 8:22 to Wrexham, bus 9:25 to Ruthin, return bus 17:15 to Wrexham(fare extra), return train 18:45
- 2 **Llangollen circular** via Berwyn, Pendre and Vivod (7 miles moderate) Leaders Trevor Allison and Doug Hill Depart Shrewsbury 09:25 return Ruabon 16:42

Saturday 29th August

- 1 **White Grit to Welshpool** via Stapeley Hill, Flying Dingle and Beacon Ring (14 miles strenuous) Leaders Mike Downward and Chris Jenkins Depart Shrewsbury **bus station** for Bishops Castle bus 10:05, return Welshpool 18:53
- 2 **Marton to Welshpool** via Leighton Dingle (9 miles moderate) Leaders Audrey Menhinick and John Newnham Depart Shrewsbury **bus station** Montgomery bus 8:45, return train Welshpool 14:55 or 16:55

Saturday 5th September

- 1 **NEW Holywell to Flint** via St Winifred's Well, Wat's Dyke, North Wales Coastal path and Dee Marshes (10 miles moderate) Leaders Doug and Ian Hill (Leaders will meet at Flint) Depart Shrewsbury 8:22 (book return Flint), **Bus** 11 to Holywell, return Flint 15:52
- 2 **Chirk to Gobowen** via Maelor Way, St Martin's and Wat's Dyke (7 miles moderate) Leaders Pam Swales and Clare Gathercole Depart Shrewsbury 09:25, return Gobowen 14:53

Saturday 12th September

- 1 **Aberystwyth to Machynlleth** via Plymlimon (15 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 7:30, bus to Eisteddfa Gurig 10 25 fare extra, return Machynlleth 19:09
- 2 **Machynlleth circular** via Gallt-y-Gog and Bryn Melyn (7 miles moderate) Leaders Susan McCormack and Bob Perry Depart Shrewsbury 09:31 return Machynlleth 16:08

Wednesday 16th September

Abergavenny circular via Bryn Arw, Sugar Loaf, The Deri and River Usk (16 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 08:40, return Abergavenny 18:29

Saturday 19th September

- 1 **NEW Aberllefenni to Dinas Mawddwy** taking in the three summits of Waun Oer, Cribin Fawr and Maesglase (14 miles **very** strenuous with serious ascents and descents) Leaders Iain Chippendale and Andrew Pike Depart Shrewsbury 7:30, bus 9 :30 to Aberllefenni, return Dinas Mawddwy bus 16 35, Machynlleth 18 05
- 2 **NEW Llwyngwriol to Tywyn** via Wales Coast Path and Dysenni Bridge (8 miles moderate) Leaders Alan Hill and Neville Homent Depart Shrewsbury 9 31, return Tywyn 17 27

Saturday 26th September

- 1 **NEW Kinder area including part of Pennine Way** (10-12 miles strenuous with rugged ascents) Leaders Doug and Ian Hill (leaders will be at Whitchurch) Depart Shrewsbury for Crewe 7:46, bus to Hayfield, return Stockport 17 39 (book return to Stockport)

- 2 **Llanfairfechan to Conway** via North Wales Path, Sychnant Pass and Conway Mountain (9 miles moderate with steep start) Leaders Gareth Thomas and Peter Lightwood Depart Shrewsbury 09:25, return Conway 16:19

Saturday 3rd October

- 1 **NEW Craven Arms to Clun** via Hopesay Common, Kempton and Bury Ditches (11 miles energetic) Leaders Sue Jones and Mick Guest Depart Shrewsbury 9 40 (book return to Ludlow), return **bus** from Clun on Castle Connect Shuttle 16 00 to Ludlow, return 17 23
- 2 **Craven Arms circular** via Sibdon Castle and Onny Trail (7 miles moderate) Leaders Susan McCormack and John Newnham Depart Shrewsbury 9 40, return Craven Arms 16:30

Saturday 10th October

- 1 **Dolwyddelan circular** via Llyn y Foel and Moel Siabod (9 miles strenuous) Leaders Iain Chippendale and Mike Downward Depart Shrewsbury 08:22 (book return to Dolwyddelan), Llandudno Junction 10:34, return Dolwyddelan 16:43 by Bus X1 Llandudno Junction (fare extra), train 17:36
- 2 **Builth Road to Llandrindod** via Red House, Rhosgoch and Dyserth (7 miles moderate) Leaders Graham Baker and John Mattocks Depart Shrewsbury 09:00 (book to Builth Road), return Llandrindod Wells 15:42

Wednesday 14th October

- NEW Gawsworth to Congleton** via Croker Hill (13 miles strenuous) Leaders Iain Chippendale and Mark Phillips Depart Shrewsbury 08:52 (book return to Crewe), **bus** 9:43 from Crewe, return **bus** 16:35 from Congleton, return Crewe 18 09

Saturday 17th October

- 1 **Church Stretton circular** via Caer Caradoc, Leebotwood and Picklescott (15 miles strenuous) Leaders Brian and Jenny Jones Depart Shrewsbury 9:00, return Church Stretton 17:05
- 2 **NEW Helsby to Frodsham** via Helsby, Woodhouse and Overton Hills (8.5 miles moderate) Leaders Pat Neal and Alan Hill Depart Shrewsbury 8:22 (book return to Helsby and then Frodsham to Helsby single), change at Chester, return Frodsham 15:38 or 16:37

Saturday 24th October

- 1 **NEW Tywyn to Machynlleth** via Welsh Coast Path, Aberdyfi and Pennal (14 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 7:30, return Machynlleth 18:05
- 2 **Leominster circular** via Eaton Hall, Stoke Prior, Kimbolton and Stockton Ride (9 miles moderate) Leaders Bob and Liz Owen Depart Shrewsbury 08:50, return Leominster 16:11

Saturday 31st October

- 1 **Llangunllo to Knighton** via Cnwch Bank, Goytre Hill and Knucklas Castle (14 miles strenuous) Leaders Anne Williams and Andrew Pike Depart Shrewsbury 9:00, return Knighton 16:21
- 2 **Llangunllo to Knighton** via Fountain Head, Green Hollow and Little Cwm Gilla (8 miles moderate) Leaders Trevor Allison and Neville Homent Depart Shrewsbury 09:00 return Knighton 16:21

Saturday 7th November

- 1 **NEW Sandstone Trail part 2 Whitchurch to Tarporley** (16 miles energetic) Leaders Doug Hill and Chris Jenkins Depart Shrewsbury 8:52 (book return to Nantwich), return **bus** from Tarporley, return Nantwich 16 17 or 17 17
- 2 **Wrenbury to Whitchurch** via South Cheshire Way, Wickstead Old Hall and Lower House Farm (7 miles moderate) Leaders Pam Swales and Clare Gathercole Depart Shrewsbury 10:18, return Whitchurch 16:27

Saturday 14th November

- 1 **Ironbridge to Wellington** via Coalbrookdale, Little Wenlock and the Wrekin (12 miles strenuous) Leaders Pat Talbott and Chris Jenkins Depart Shrewsbury **bus station** Stand S 8:40, return Wellington 16:05
- 2 **Welshpool circular** via Leighton, Offa's Dyke Path and Buttington (8 miles moderate) Leaders Audrey Menhinick and Peter Jones Depart Shrewsbury 09:31, return Welshpool 14:55

Wednesday 18th November

- NEW Orleton to Ludlow** via Herefordshire and Mortimer Trails (8 miles moderate) Leaders Les Lumsdon and Mike Ledlie Depart Shrewsbury 9:14 (book return to Ludlow), **bus** to Orleton (fare extra), return Ludlow 16:17

Saturday 21st November

- 1 **NEW Knucklas to Bucknell** via Lower Trebert, Jack Mytton Way and Stow Hill (12.5 miles strenuous) Leaders Mick Guest and Iain Chippendale Depart Shrewsbury 9:00 book to Knucklas, return Bucknell 16:27
- 2 **Church Stretton circular** via Jack Mytton Way, Roman Villa, Birtley and Hope Bowdler (8 miles moderate) Leaders Jean Bell and Helen Nicklin Depart Shrewsbury 09:00, return Church Stretton 14:40

Saturday 28th November

1. **Caersws to Newtown** via Llanwnog, Bwlch-y-Ffridd, Plas Gregynog and Garth Hill (13 miles strenuous) Leaders Brian and Jenny Jones Depart Shrewsbury 9:31 (book to Caersws), return Newtown 16:42
2. **NEW Smethwick Galton Bridge to Birmingham** Urban tour via canals and the Jewellery Quarter, with opportunity to visit German Christmas Market (8 miles easy) Leaders Alan Hill and Doug Billingsley Depart Shrewsbury 9:33, return Birmingham 16:25 or 17:25

Saturday 5th December

- 1 **Welshpool circular** via Gungrog Fawr, Tir y Mynach and Gaer-Fawr Hill (14 miles strenuous) Leaders Anne Williams and Pat Talbott Depart Shrewsbury 09:31, return Welshpool 16:56
- 2 **Newtown circular** via Gilfach Bridge, Penarron, Lower Wig and Blackhill Wood (7 miles moderate/energetic) Leaders Peter Lightwood and John Newnham Depart Shrewsbury 09:31, return Newtown 16:42

Saturday 12th December CHRISTMAS LUNCH DETAILS TO BE ANNOUNCED LATER

Please put this date in your diary

- 1 Leaders Phil and Cheryl Johnston
- 2 Leader Marion Law

New Timetable from 13th December– Please Check Times
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Wednesday 16th December

- Chirk to Llangollen** via the Ceiriog Valley, Pontfadog, y Foel and the Wilderness (14 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 08:22 (book to Ruabon), return **bus** to Ruabon, return 16:42

Saturday 19th December

- 1 **NEW Llangunllo to Knucklas** via Wemygeufron, Mellin y Grogue, Offa's Dyke Path and Selley Cross (13.5 miles strenuous) Leaders Mick Guest and Mike Downward Depart Shrewsbury 09:00 (Book to Llangunllo), return Knucklas 16:27
- 2 **Ludlow circular** via Corve Dale, Redhill, The Hope, Whitebatch and Redhill (5 miles moderate) with visits to The Brewery for Christmas cheer before and after Leaders Bob Perry and Marion Law Depart Shrewsbury 09:40, return Ludlow 14:47 or 15:22