

Fares

The normal range of tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased. Discounted fares are available to holders of railcards.

It is always worth enquiring about the availability of group discounts.

Please try to use the train for at least part of your journey – these are after all **Rail Rambles**.

Join the Ramblers from just £3 a month

If you'd like to get out more and enjoy your local area with like-minded people, the Ramblers is for you. Our walks programmes cater for all abilities with many of the walks aimed specifically at beginners.

Single membership is just £34 a year (or £3 a month if paid by monthly Direct Debit) and comes with a host of fantastic benefits, including a 15% discretionary discount at Cotswold Outdoor.

Your membership will also help us to protect footpaths and walking spaces for everyone to enjoy.

To join, visit www.ramblers.org.uk/join quoting **G10GYA** or call 020 7339 8595 and quote G10GYA.

Leaders' mobile nos:

Graham Baker	07789 643 965	Pete Lightwood	07947 806 108
Richard Burton	07800 516 853	John Mattocks	07451 008 062
Iain Chippendale	07960 538 774	Pat Neal	079 1952 5223
Mike Downward	07717 463 068	Bob Perry	07971 720 095
Mick Guest	07780 353 617	Andrew Pike	07826 737 600
Alan Hill	07708 950 509	Pat Talbott	07743 538 840
Cheryl Johnston	07769 264 950	Gareth Thomas	07974 828 701
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Rail Rambles Troeon Trên

Guided walks from Railway Stations in Wales and the Marches

Teithiau Cerdded Tywysedig o Orsafoedd Rheilffyrdd yng Nghymru a'r Gororau

3rd January – 27th June 2015
3 Ionawr – 27 Mehefin 2015

Welcome to Rail Rambles

The walks are free to join. Each walk is planned to be accessible by a day return rail journey from a number of main line and connecting bus and rail stations.

The programme

The Rail Rambles programme is organised by a number of Ramblers' Groups and produced with the support of Arriva Trains Wales.

For more information please contact:

Chris Jenkins chris.jenkins9@btinternet.com

Marion Law marionlaw@tiscali.co.uk for an email programme

Cheryl Johnston pcjludlow@yahoo.com

Website: www.railrambles.com

Walks Descriptions

The walks categories have been adjusted to conform to the Ramblers descriptions on the Walks Finder. The term '**strenuous**' refers to a fast pace due to mileage and/or the return train time, as well as ascents and descents, and are for experienced country walkers with an above average fitness level; '**moderate**' indicates some steep paths and a steady pace for people with country walking experience and a good level of fitness; '**energetic**' means as moderate but with probably over 1000' of ascent; '**leisurely**' means gentle climbs and some level ground for reasonably fit people; '**easy**' means mostly level ground and a gentle pace.

Walks are led by members of the Ramblers and are insured. Whilst every care will be taken to keep to the advertised programme, walk leaders reserve the right to make changes to suit weather conditions, the needs of the party or other unforeseen circumstances.

Most Rail Rambles are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join, and bring some food and drink. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit. When in doubt, contact the organisers or the walk leader in advance.

For your own and others' safety please abide by any instructions issued by the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

Dogs

To comply with the wishes of the majority of our walkers, we regret that dogs cannot be taken on any Rail Ramble.

Train times

Outward times from Shrewsbury and return times from the walks destination stations are indicated in the programme details for each walk.

For details of departure times from other locations and connecting services, please telephone the enquiry number 08457 48 49 50 or visit www.nationalrail.co.uk, www.arrivatrainswales.co.uk.

Time details may be subject to minor change. Walkers are strongly advised to check times of trains before travelling, and to check www.railrambles.com in case of last minute changes to the programme.

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Saturday 30th May

- 1 **Hope Valley to Church Stretton** via Snailbeach and the Portway (14 miles strenuous). Leaders Andrew Pike and Chris Jenkins Depart Shrewsbury **bus station Service 553** 10.05, return Church Stretton 17.05.
- 2 **Craven Arms to Church Stretton** via Strefford, Marshbrook and Ragdon (9 miles moderate/energetic). Leaders Bob and Liz Owen. Depart Shrewsbury 9.40, return Church Stretton 14.55

Saturday 6th June

- 1 **Welshpool circular** via Shropshire Union Canal, Offa's Dyke Path, Rhyd-Esgyn Lane and Gungrog Hill (14 miles strenuous). Leaders Anne Williams and Chris Jenkins. Depart Shrewsbury 9.27, return Welshpool 17.02.
- 2 **NEW Delamere circular** via Delamere Forest Park, Eddisbury Hill Fort and Kelsborrow Hill Fort (9 miles moderate). Leaders Pat Neal and Alan Hill. Depart Shrewsbury 9.24, change at Chester, return Delamere 16.29.

Saturday 13th June

- 1 **Llanfairfechan to Conwy** via Roman Road, Foel Llwyd, Tal-y-Fan, Sychnant Pass and Conwy Mountain (13 miles strenuous, 3000' ascent). Leaders Phil and Cheryl Johnston. Depart Shrewsbury 9.24, return Conwy 18.26.
- 2 **Ruabon circular** via Wynnstay Park, Wat's Dyke Path, Sodylt Ford and Park Eyton (8 miles moderate). Leaders Trevor Allison and Bob Perry. Depart Shrewsbury 9.24, return Ruabon 14.53.

Saturday 20th June

- 1 **Church Stretton circular** via Blethcott Hill, Sheppen Fields, Smethcott and Woolstaston (15 miles strenuous). Leaders Sue Jones and Mike Downward Depart Shrewsbury 9.00, return Church Stretton 17.05.
- 2 **Craven Arms circular** via Paddock, Weo Edge, Gorst Barn and Stokesay Castle (8 miles moderate). Leaders John Newnham and Neville Homent. Depart Shrewsbury 9.40, return Craven Arms 14.55.

Saturday 27th June

- 1 **Talybont to Barmouth** – a Rhinog Ridge walk via Pont Fadog, Moelyblithcwm, Crib y Rhiw and Diffwys (16 miles very strenuous). Leaders Chris Jenkins and Pat Talbott. Depart Shrewsbury 7.27, return Barmouth 18.35.
- 2 **NEW Prestatyn to Rhyl** via North Wales Path, Dyserth Falls and Cwybr-Uchaf (8 miles moderate). Leaders Pat Neal and Alan Hill. Depart Shrewsbury 9.24, return Rhyl 16.41.

Saturday 2nd May

- 1 **Ludlow to Mortimer's Cross** via Mortimer Trail (15 miles strenuous). Leaders Brian and Jenny Jones. Depart Shrewsbury 8.50 (book to Leominster), return by bus Lugg Valley 495 17.22 from Mortimer's Cross (fare extra), return Leominster 18.11.
- 2 **Ludlow circular** via Felton Farm, Race Course, Bromfield and Prior's Halton (7 miles moderate). Leaders Bob Perry and Neville Homent. Depart Shrewsbury 9.40 return Ludlow 14.47.

Saturday 9th May

- 1 **Llangollen circular** from the Dee to the Ceiriog via Llansantffraid, Glyn Ceiriog and Y Foel (14 miles strenuous). Leaders Chris Jenkins and Mike Downward. Depart Shrewsbury 8.21, bus from Ruabon, return Ruabon 17.51.
- 2 **Ruabon circular** via Pen-y-Bryn and Tai Nant (9 miles moderate). Leaders Trevor Allison and Gareth Thomas. Depart Shrewsbury 9.24, return Ruabon 15.53.

Wednesday 13th May

NEW Fownhope to Hereford via Wye Valley Walk (8 miles moderate). Leaders Les Lumsdon and Mike Ledlie. Depart Shrewsbury 9.15, bus (fare extra) to Fownhope, return Hereford 17.24.

Saturday 16th May

- 1 **NEW Llanbister Road to Knighton** via Bryn Crug and Ty'n Llwyn (14 miles strenuous). Leaders Anne Williams and Iain Chippendale. Depart Shrewsbury 09.00, return Knighton 16.20.
- 2 **Llangunllo to Knighton** via Cefn Craig, Knucklas and Garth Hill (10 miles moderate). Leaders Bob and Liz Owen. Depart Shrewsbury 9.00, return Knighton 16.20.

Please check train times – Major timetable changes expected 17th May 2015

Friday 22nd – Monday 25th May

JOINT RAIL RAMBLES/COVENTRY RAMBLERS SPRING BANK HOLIDAY

BREAK TO NORTH CHESHIRE Staying in Halton Borough at the Britannia Hotel, Daresbury.

Walks of varying lengths in North Cheshire and adjacent areas culminating on the Bank Holiday Monday with a walk to view the unique sight of Cunard's 'Three Queens' together in the Mersey at the same time.

For further information, text or phone Pat Neal on 079 1952 5223 or email: tmlpat@aol.com

Saturday 23rd May

- 1 **NEW Ruthin to Bodfari** via Moel Famau and Offa's Dyke Path (13 miles strenuous) Leaders Cheryl Johnston and John Mattocks Depart Shrewsbury 8.21 to Wrexham, X50 bus 9.25 to Ruthin (fare extra), return bus from Bodfari 17.54, return Wrexham 19.44.
- 2 **Gobowen circular** via Wat's Dyke, Chirk Bank and Rhoswich (7 miles moderate). Leaders Doug Hill and Marion Law. Depart Shrewsbury 9.24, return Gobowen 14.53.

RAIL RAMBLES January – June 2015

All train times are correct when the programme is assembled, but please check for short-notice changes due to engineering works before setting off. Also, where bus travel times are given, it is advisable to check times during the week before the walk.

Major changes to train times expected 17th May 2015

Saturday 3rd January

- 1 **Dolau to Llandrindod Wells** via The Pales and Llandegley (13 miles strenuous). Leaders Phil Johnston and Anne Williams Depart Shrewsbury 9.00, return Llandrindod Wells 15.40.
- 2 **Church Stretton circular** via All Stretton, Little Caradoc, Cwms Cottage and Gaerstones Farm (6 miles moderate/hilly). Leaders Susan McCormack and Pat Neal. Depart Shrewsbury 09.40, return Church Stretton 14.55.

Saturday 10th January

- 1 **NEW Shrewsbury circular** via Rea Brook, Pulley, Lyth Hill, Bomere Wood and Sutton (14.5 miles strenuous). Leaders Cheryl Johnston and Jane Williams. Meet at Shrewsbury station at 9.30, return 16.30.
- 2 **Welshpool circular** via Leighton Farm Buildings, Beacon Ring, Offa's Dyke Path and Buttington. (8 miles moderate). Leaders Alan Hill and Peter Lightwood. Depart Shrewsbury 9.27 return Welshpool 15.02.

Wednesday 14th January

Corwen to Llangollen via Cynwyd, Moel Fferna and Vivod Mountain (15 miles strenuous). Leaders Phil Johnston and Mick Guest. Depart Shrewsbury 8.21, return from Ruabon 16.42. Meal after at Café Saffron, Shrewsbury, book with Cheryl by 7th January.

Saturday 17th January

- 1 **NEW Wilmslow to Macclesfield** via Bollin Way and Kerridge (14 miles strenuous). Leaders Iain Chippendale and Andrew Pike Depart Shrewsbury 8.52, return Macclesfield Bus 130 at 16.35 to Wilmslow for 17.48.
- 2 **Newtown circular** via Thimble Hall and Aberhafesp (7 miles moderate). Leaders Peter Jones and Pam Swales. Depart Shrewsbury 9.27, return Newtown 14.46.

Saturday 24th January

- 1 **Caersws to Newtown** via Borfa Hafod, Gregynog and Bwlch-y-Ffridd (13 miles strenuous). Leaders Mike Downward and Mark Phillips. Depart Shrewsbury 9.27, return Newtown 16.46.
- 2 **Wem circular** via Alderley Lane, Wixhill, Weston-u-Redcastle, Old Coppice, Lee Brockhurst and Aston (9 miles moderate). Leaders Clare Gathercole and Marion Law. Depart Shrewsbury 10.18, return Wem 15.58.

Saturday 31st January

- 1 **Hopton Heath to Bucknell** via Bedstone, Meeroak, the Larches, Pentre Hodre and Chapel Lawn (13 miles strenuous). Leaders Sue Jones and John Mattocks. Depart Shrewsbury 9.00, return Bucknell 16.26.
- 2 **Bucknell to Knighton** via Stowe Hill and Lee Cottage (7 miles moderate). Leaders Marion Law and Pete Lightwood. Depart Shrewsbury 9.00, return Knighton 16.20.

Saturday 7th February

- 1 **Llangollen to Chirk** via Valle Crucis, Bryn-Hyfyrd, Dinas Bran, Offa's Dyke Path and Pontcysyllte (13 miles strenuous). Leaders Mick Guest and Chris Jenkins. Depart Shrewsbury 8.21 to Ruabon, bus to Llangollen, return Chirk 16.48.
- 2 **Llangollen circular** via Bryn Hyfyrd, Britannia Inn and Llantysilio (9 miles moderate). Leaders Bob and Liz Owen. Depart Shrewsbury 9.24 to Ruabon, bus to and from Llangollen, return Ruabon 16.42.

Saturday 14th February

- 1 **NEW Hanmer to Whitchurch** via Maelor Way and the Shropshire Way (12 miles strenuous). Leaders Doug and Ian Hill. Depart Shrewsbury 8.52 to Whitchurch, bus 146 9.45, return Whitchurch 16.27.
- 2 **Yorton to Wem** via Shropshire Way (8 miles moderate). Leaders Bob Perry and Susan McCormack. Depart Shrewsbury 10.18 (book return to Wem), return Wem 13.55 (or 15.58).

Wednesday 18th February

Gobowen to Chirk via Oswestry and Offa's Dyke Path (12 miles strenuous). Leader Chris Jenkins. Depart Shrewsbury 8.21, return Chirk 16.00.

Saturday 21st February

- 1 **Bucknell to Craven Arms** via Leintwardine and Stokesay Castle (12 miles strenuous). Leaders Iain Chippendale and John Mattocks. Depart Shrewsbury 9.00, return Craven Arms 16.30.
- 2 **Hopton Heath to Craven Arms** via Clungunford, Gorst Barn and Weo Edge (7 miles moderate). Leaders Graham Baker and Neville Homent. Depart Shrewsbury 9.00, return Craven Arms 14.55.

Saturday 28th February

- 1 **NEW Barmouth to Tywyn** via Welsh Coast Path (16 miles strenuous). Leaders Phil and Cheryl Johnston. Depart Shrewsbury 7.27, return Tywyn 17.28.
- 2 **NEW Tonfanau to Tywyn** via Dysynni Bridge (8 miles easy). Leaders Alan Hill and Susan McCormack. Depart Shrewsbury 9.27 (book to Tonfanau), return Tywyn 15.26.

Saturday 7th March

- 1 **Llanbister Road to Knighton** via Pitch Hill, Monaughty, Cwm Blewyn and Offa's Dyke Path (12 miles strenuous). Leaders Mick Guest and Pat Neal. Depart Shrewsbury 9.00, return Knighton 16.20.
- 2 **Garth to Llanwrtyd Wells** via Treflys, Afon Cammarch & Bryn Moel (7 miles moderate). Leaders Peter Jones and Pete Lightwood. Depart Shrewsbury 9.00 (book to Llanwrtyd), return Llanwrtyd 15.01.

Saturday 14th March

- 1 Church Stretton to Craven Arms via Ragleth Hill, Acton Scott and Wenlock Edge (12 miles strenuous). Leaders Brian and Jenny Jones. Depart Shrewsbury 9.00, return Craven Arms 16.30.
- 2 **NEW Crewe to Nantwich** via Basford, Wybunbury Moss, Stapeley and South Cheshire Way (10 miles moderate). Leaders Clare Gathercole and Pam Swales. Depart Shrewsbury 8.52, return Nantwich 16.17.

Wednesday 18th March

NEW Leominster circular via Bache Hill Fort and Stockton Cross (8 miles moderate). Leaders Les Lumsdon and Mike Ledlie. Depart Shrewsbury 9.40, return Leominster 16.40.

Saturday 21st March

- 1 **Wrexham to Llangollen** via Clywedog Trail and Clwydian Way (16 miles strenuous). Leaders Phil Johnston and Mark Phillips. Depart Shrewsbury 8.21 (book return to Wrexham), bus from Llangollen to return Ruabon 17.51.
- 2 **Chirk to Gobowen** via Ceiriog Valley (10 miles moderate/strenuous). Leaders Gareth Thomas and Audrey Menhinick. Depart Shrewsbury 9.24, return Gobowen 16.05.

Saturday 28th March

- 1 **NEW Ironbridge circular** – an ecclesiastical tour via 6 churches and a trip to Paradise (15 miles strenuous). Leaders Pat Talbott and Bob Braddock. Depart Shrewsbury **bus station stand S**, bus 96 8.50, return Ironbridge 16.21.
- 2 **NEW Smethwick Galton Bridge to Birmingham** via canals, cathedrals and carpet salesmen (7.5 miles easy). Leaders Alan Hill and Doug Billingsley. Depart Shrewsbury 9.33, return Birmingham NS 16.23.

Saturday 4th April

- 1 **Llandecwyn to Harlech** via Bryn Cader Faner, Moel Ysgafarnogod and Moel Goedog (2500' ascent 12 miles strenuous). Leaders Mike Downward and Andrew Pike. Depart Shrewsbury 7.27 (book to Llandecwyn), return Harlech 18.35.
- 2 Tal y Bont to Dyffryn Ardudwy via Pont Scethin and Tal y Ffynhonau (8 miles moderate). Leaders Alan Hill and John Newnham. Depart Shrewsbury 9.27, return Dyffryn Ardudwy 16.41.

Saturday 11th April

- 1 **NEW Sandstone Trail (part 1) Frodsham to Tarporley** (16 miles energetic/strenuous). Leaders Doug and Ian Hill. Depart Shrewsbury 8.21 to Chester X30 bus 9.27 to Frodsham and bus back from Tarporley 17.21. Return Chester 18.29.
- 2 **Penhelig to Aberdyfi** via Llechwedd, Dyffryn glyn cul and Trefeddiann Farm (6 miles moderate). Leader Marion Law. Depart Shrewsbury 9.27, return Aberdovey 15.32.

Wednesday 15th April

Caersws circular via Roman Road, Pen-y-Ffynnon, Clatter and Llanwnog (10 miles moderate/energetic). Leaders Bob and Liz Owen. Depart Shrewsbury 09.27, return Caersws 16.34.

Saturday 18th April

- 1 **NEW Dyfi Junction to Machynlleth** via Dynyn, Badger Lodge, Blaeneinion and Pistyll Llyn (15 miles strenuous). Leaders Iain Chippendale and Mick Guest. Depart Shrewsbury 9.27, return Machynlleth 18.07.
- 2 **Machynlleth circular** via Cwm Gila, Tllnodwydd and Llugwy (9 miles moderate). Leaders Graham Baker and Audrey Menhinick. Depart Shrewsbury 9.27, return Machynlleth 16.07.

Saturday 25th April

- 1 **Knighton circular** via Offa's Dyke Path, Lloyney, Llangynllo and Little Cwm-Gila (16 miles very strenuous). Leaders Anne Williams and Mark Phillips. Depart Shrewsbury 9.00 return Knighton 21.17 (time for meal!).
- 2 **Knighton circular** via Meeting House Lane, Norton and Offa's Dyke Path (8 miles moderate). Leaders Trevor Allison and Peter Jones. Depart Shrewsbury 9.00, return Knighton 16.20.