

RAIL RAMBLES JULY – DECEMBER 2014

All train times are correct when the programme is assembled, but please check for short-notice changes due to engineering works before setting off. Also, where bus travel times are given, it is advisable to check times during the week before the walk.

Saturday 5th July

1. **Barmouth circular** via Cerrig Arthur and Sylvaen (12 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 7 27, return Barmouth 16 56
2. **Tal y Bont to Barmouth** via Pont Fadog, Cerrig Arthur and Bwlch y Llan (9 miles moderate, hilly) Leaders Marion Law and Peter Jones Depart Shrewsbury 9 27, return Barmouth 16 56 (or 19 01)

Saturday 12th July

1. **NEW Prestatyn circular** via old Dyserth railway line, Cwm and Offa's Dyke Path (12 miles strenuous) Leaders Chris Jenkins and John Mattocks Depart Shrewsbury 8 21, return Prestatyn 16 47
2. **Penmaenmawr to Conway** via Conway Mountain and Roman Road (8 miles moderate, hilly) Depart Shrewsbury 9 24, return Conway 16 19 (or 18 16) Leaders Alan Hill and Gareth Thomas

Wednesday 16th July

Sylfaen to Welshpool via steam train to Sylfaen (pay on the day) and Y Golfa ridge (5.5 miles moderate) Leaders Les Lumsdon and Mike Ledlie Depart Shrewsbury 9 27, Raven Square steam train, Welshpool 11 10, return Welshpool 15 02

Saturday 19th July

1. **NEW Llanbister Road to Knighton** via Cwm y gaist, Llwyn y Cae Du, Bleddfa, Forest Wood, Monaughty, Black Hill and Hendregenny (14 miles strenuous) Leaders Anne Williams and Andrew Pike Depart Shrewsbury 9 00, return Knighton 16 21
2. **Church Stretton circular** via Cardingmill Valley, Light Spout, Pole Bank and Townbrook Hollow Leaders Darren Hall and Susan McCormack (7 miles moderate, hilly) Depart Shrewsbury 9 40, return Church Stretton 15 04

Saturday 26th July

1. **NEW Machynlleth to Tywyn** via Tarrenhendre, Tarren Cwm Fferol and Nantbraich y Rhiw (14 miles strenuous) Leaders Iain Chippendale and Mike Downward Depart Shrewsbury 7 27, return Tywyn 17 28
2. **Newtown to Caersws** via Fachwen Pool, Bwlch-y-Ffridd and Llanwnog (10 miles moderate) Leaders Bob and Liz Owen Depart Shrewsbury 9 27, return Caersws 16 34

Saturday 2nd August

1. **NEW Bucknell to Craven Arms** via Bucknell Hill, Woodside, Clunton, Merry Hill and Hopesay (16 miles strenuous, 3,250' ascent) Leaders Mick Guest and Iain Chippendale Depart Shrewsbury 9 00, return Craven Arms 18 30
2. **Knighton circular** via Coed Detton, Lurkenhope Hill and Stowe Hill (8 miles moderate) Leaders Graham Baker and Pete Lightwood Depart Shrewsbury 9 00, return Knighton 16 21

Saturday 9th August

1. **Gobowen circular** via Oswestry, Trefonen, Offa's Dyke Path and Brogynton (14 miles strenuous) Leaders Chris Jenkins and Pat Talbot Depart Shrewsbury 8 21, return Gobowen 16 05 (or 16 54)
2. **Church Stretton circular** via Cardington and Wilstone Hill (9 miles moderate) Leaders Darren Hall and John Newnham Depart Shrewsbury 9 40, return Church Stretton 15 04

Wednesday 13th August

NEW Abergavenny circular via the River Usk, Sugar Loaf Vineyard and Castle (7 miles moderate) Leaders Les Lumsdon and Mike Ledlie Depart Shrewsbury 9 40, return Abergavenny 16 29

Saturday 16th August

1. **Colwyn Bay circular** via Bryn Euryn and Cilgwyn Mawr (11 miles strenuous) Leaders John Mattocks and Pat Neal Depart Shrewsbury 8 21, return Colwyn Bay 16 31 (or 17 42)
2. **Morfa Mawddach to Llwyngwriil** via Cyfannedd Fawr, Rhyderi and hut circle (7 miles moderate) Leaders Grahame Cox and Alan Hill Depart Shrewsbury 9 27, return Llwyngwriil 17 10

Saturday 23rd August

1. **NEW Marton to Middleton** via Binweston, Beechfield Dingle, Church Farm, Vron Gate, Winnington (12 miles strenuous) Leaders Mike Downward and Audrey Menhinick Depart Shrewsbury **bus station Stand R 8 45**, return Middleton 15 51 (or 17 16)
2. **Llandrindod Wells circular** via Llanfihangel, Great House and Blaen-y-Cwm (8 miles moderate) Leaders Pam Swales and Clare Gathercole Depart Shrewsbury 9 00, return Llandrindod Wells 15 42

Saturday 30th August

1. **Broome to Craven Arms** via Leintwardine and Stokesay Castle (12 miles strenuous) Leaders Anne Williams and Chris Jenkins Depart Shrewsbury 9 00, return Craven Arms **16 43**
2. **NEW Sandbach to Alsager** via part of S Cheshire Way and Oakhanger (8 miles easy) Leaders Peter Jones and Bob Perry Depart

Shrewsbury 08.52 to Crewe, then 09.43 bus to Sandbach Return 16.24 bus from Alsager for 17.08 train from Crewe

Saturday 6th September

1. Aberystwyth to Machynlleth via Plynlimon (15 miles strenuous, 2600' ascent) Leaders Chris Jenkins and Phil Johnston Depart Shrewsbury 7 27, bus 525 to Eisteddfa Gurig at 10 25, return Machynlleth 20 07

2. NEW Hoylake to West Kirby with optional extension to Hilbre Island nature reserve (joint with Coventry Ramblers) via Grange Hill and Caldy Hill (4.5 miles moderate; extension adds another 4 miles easy) Leaders Marion Law and Pat Neal Depart Shrewsbury 9.24, changing at Chester and Birkenhead, Hamilton Square; return from West Kirby 16.51 by same route arriving Shrewsbury 19.24. Buy Day Return to West Kirby. Further information from leaders from mid-July.

Saturday 6th December Christmas lunch at Long Mynd Hotel, forms available from Marion Law (marionlaw@tiscali.co.uk) 01952 462855, or Pat Willday on pawillday@hotmail.com or 01686 688206 Return to Pat Willday, 1 Severn Street, Caersws, SY17 5 DZ by 15th November 2014

Saturday 13th September

1. NEW Llanfyllin to Welshpool via Bachie Uchaf, Ty-Brith, Meifod and Glyndwr's Way (18 miles strenuous) Leaders Mick Guest and Mike Downward Depart Shrewsbury 9 27 to Welshpool, **bus 73** to Llanfyllin at 10 15, return Welshpool 19 02 (or 21.04)

2. Llwyngwrl to Barmouth via Cyfannedd-fawr and Morfa Mawddach (7 miles moderate) Leaders Peter Jones and Alan Hill Depart Shrewsbury 9 27, return Barmouth 16 56

Wednesday 17th September

Bucknell to Craven Arms via Herefordshire Trail, Shelderton Rock and Shropshire Way (12 miles moderate) Leaders Gareth Thomas and Jane Marsh Depart Shrewsbury 9 00, return Craven Arms 16 43

Saturday 20th September

1. Llangollen to Chirk via Valle Crucis, Bryn-Hyfyrd, Dinas Bran and Offa's Dyke Path (13 miles strenuous) Leaders Brian and Jenny Jones Depart Shrewsbury 8 21 (book to Ruabon), then bus to Llangollen, return Chirk 16 48

2. Chirk circular via Oliver's Wood, Glynmorlas and Pont-y-Blew (7 miles moderate) Leaders Bob Perry and Trevor Allison Depart Shrewsbury 9 24, return Chirk 14 00 (or 14 47)

Saturday 27th September

1. NEW Borth circular via Pen y Bont, Bow Street, Clarach Bay and Coast (15 miles strenuous) Leaders Mick Guest and Ian

Chippendale Depart Shrewsbury 7 27, return Borth 17 43

2. NEW Borth circular via Tal y Bont and Dol y Bont (8 miles moderate) Leaders Grahame Cox and Marion Law Depart Shrewsbury 9 27, return Borth 17 43

Saturday 4th October

1. Welshpool to Middletown via Offa's Dyke Path, Severn Way, Llandrinio, Breiddin Hill and Middletown Hill (12 miles strenuous) Leaders Richard Burton and Dawn Rutherford Depart Shrewsbury 9 27, return Middletown **by bus** 17 16

2. Welshpool circular via Belan, Glyn-mawr Wood and Powis Castle (8 miles moderate) Leaders Trevor Allison and Pete Lightwood Depart Shrewsbury 9 27, return Welshpool 15 02

Saturday 11th October

1. Craven Arms circular via Marches Way, Upper Westhope, Hill End Farm, Callow Hill and Lower Dinchope (12 miles strenuous) Leaders John Mattocks and Andrew Pike Depart Shrewsbury 9 00, return Craven Arms 16 30

2. Church Stretton circular via Little Stretton and Pole Bank (9 miles moderate, hilly) Leaders Peter Jones and Bob Perry Depart Shrewsbury 9 40, return Church Stretton 15 04 or (16 39)

Wednesday 15th October

Chirk to Gobowen via Barc-du, Offa's Dyke Path and Brogynton Park (11 miles moderate) Leaders Trevor Allison and Gareth Thomas Depart Shrewsbury 9 24, return Gobowen 16 05

Saturday 18th October

1. Machynlleth circular via Mynydd Bach, Bwlch y Groesen and Cefn Modfedd (13 miles strenuous) Leaders Brian and Jenny Jones Depart Shrewsbury 9 27, return Machynlleth 18 07

2. Knighton circular via Offa's Dyke South, Lower Penlan, Hengwm Hill, Llanwen Hill and Farrington Lane (8 miles moderate) Leaders Pam Swales and Clare Gathercole Depart Shrewsbury 9 00, return Knighton 16 21

Saturday 25th October

1. Knucklas to Knighton via Lower Hall Farm, Upper Heath, Fountain Head and Racecourse (12 miles strenuous) Leaders Anne Williams and Sue Jones Depart Shrewsbury 9 00, Return Knighton 16 21

2. Gobowen circular via Pleasant Groves, Brogynton Park and Old Oswestry (8 miles moderate) Leaders John Newnham and Susan McCormack Depart Shrewsbury 9 24, return Gobowen 14 53 (or 16 05)

Saturday 1st November

1. Machynlleth circular via Cefn Modfedd and Hafodwnog (14 miles strenuous) Leaders Sue Jones and Andrew Pike Depart Shrewsbury 9 27, return Machynlleth 18 07

2. Penhelyg circular via Llechwedd and Dyffryn Glyn-cul (7 miles moderate, hilly) Leaders Graham Baker and Grahame Cox Depart Shrewsbury 9 27, return Penhelyg 15 34

Saturday 8th November

1. Llangunllo to Knighton via Wernyegefron Hill, Mellin-y-Grogue, Stoney Pound and Offa's Dyke Path (13.5 miles strenuous) Leaders Richard Burton and Dawn Rutherford Depart Shrewsbury 9 00, return Knighton 16 21

2. Caersws to Newtown via Llwyn-y-Brain, Fachwen Pool and Waen-y-bricks (7 miles moderate) Leaders Alan Hill and Peter Lightwood Depart Shrewsbury 9 27, return Newtown 14 46 (or 16 46)

Wednesday 12th November

NEW Bromyard to Leominster via Herefordshire Trail (15 miles strenuous) Leaders Chris Jenkins and Mick Guest Depart Shrewsbury 7 44 to Hereford, then bus 428, stand 10 to Bromyard at 9 05, return Leominster 18 06 (buy Hereford return)

Last date for booking Christmas lunch at Long Mynd Hotel, Contact Pat Willday 1 Severn Street, Caersws SY17 5DZ or Marion Law 01952 462855 marionlaw@tiscali.co.uk

Saturday 15th November

1. NEW Llanbister Road to Knighton via Pool Hill and Glyndwr's Way (12 miles strenuous) Leaders Andrew Davies and Pat Talbott Depart Shrewsbury 9 00, return Knighton 16 21

2. Llanbister Road circular via Coxhead Common, Lower Pentre, Llysin Hill and St Michael's Pool (8 miles moderate) Leaders Bob and Liz Owen Depart Shrewsbury 9 00, return Llanbister Road 16 01

Saturday 22nd November

1. Llangollen circular via Dinas Bran, Valle Crucis, Cae'r-Hafod, Ponderosa, Moel y Gamelin and Horseshoe Falls (13 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 8 21 to Ruabon, return Ruabon 17 42

2. NEW Wrexham to Caergwrle via Moss Valley, Alyn Waters Country Park and Wat's Dyke Way (8.5 miles moderate) Leaders Pat Neal and Judith Olney Depart Shrewsbury 09.24 to Wrexham (book return to Caergwrle), return Caergwrle 15.14

Saturday 29th November

1. NEW Ludlow circular via Caynham and Bennettsend (15 miles strenuous) Leaders Andrew Davies and Pat Talbott Depart Shrewsbury 8 50, return Ludlow 16 51

2. Craven Arms circular via Sibdon Carwood, Hopesay Hill, Cheyney Longville and Newington (7 miles moderate) Leaders Jean Bell and Helen Nicklin Depart Shrewsbury 9 40, return Craven Arms 14 55

Saturday 6th December (Christmas lunch at Long Mynd Hotel 1 00pm for 1.30, details available from marionlaw@tiscali.co.uk from early September

Church Stretton circular (5 – 6 miles moderate) Leaders John Newnham and Marion Law Depart Shrewsbury 9 40, return Church Stretton 16 39

Saturday 13th December

1. Church Stretton circular via Wilstone Hill, Cardington, Lawley and The Wilderness (14 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 9 00, return Church Stretton 16 39

2. Yorton to Wem via Sansaw and Shropshire Way (8 miles easy) Leaders Pat Neal and Judith Olney Depart Shrewsbury 10 18, return Wem 15 58

NEW TIMETABLE STARTS 14th DECEMBER – PLEASE CHECK TIMES available on ATW website

Wednesday 17th December

Cockshutt to Ellesmere via Crosemere, Colemere, Llangollen Canal and Welshampton (8.5 miles moderate) Leaders Les Lumsdon and Mike Ledlie Depart Shrewsbury **by bus** stand P 10 00, return Ellesmere Visitor Centre 16 00

Saturday 20th December

1. Craven Arms to Church Stretton via Hopesay Hill, Plowden, Long Mynd (13 miles strenuous) Leaders Iain Chippendale and Anne Williams Depart Shrewsbury 9 00, return Church Stretton 16 39

2. Ludlow circular via Hucksbarn, Overton and Mortimer Trail (6 miles easy)(to include coffee and tea at the Ludlow Brewery) Leaders Bob Perry and Alan Hill Depart Shrewsbury 9 40, return Ludlow 16 22

Saturday 27th December

NEW Llangunllo to Knighton via Pitch Hill, Bleddfa, Woodgate Farm, Whitton and Upper Woodhouse Farm (12 miles strenuous) Leaders Mick Guest and Brian Jones Depart Shrewsbury 9 00, return Knighton 16 21