

## Fares

The normal range of tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased. Discounted fares are available to holders of railcards.

It is always worth enquiring about the availability of group discounts.

### Join the Ramblers from just £3 a month

If you'd like to get out more and enjoy your local area with like-minded people, the Ramblers is for you. Our walks programmes cater for all abilities with many of the walks aimed specifically at beginners.

Single membership is just £31 a year (or £3 a month if paid by monthly Direct Debit) and comes with a host of fantastic benefits, including a 15% discretionary discount at Cotswold Outdoor.

Your membership will also help us to protect footpaths and walking spaces for everyone to enjoy.

To join, visit [www.ramblers.org.uk/join](http://www.ramblers.org.uk/join) quoting **G10GYA** or call 020 7339 8595 and quote G10GYA.



## Rail Rambles Troeon Trên

Guided walks from Railway Stations in Wales and the Marches

Teithiau Cerdded Tywysedig o Orsafoedd Rheilffyrdd yng Nghymru a'r Gororau

**7th January – 30th June 2014**  
**7 Ionawr – 30 Mehefin 2014**

### Welcome to Rail Rambles

The walks are free to join. Each walk is planned to be accessible by a day return rail journey from a number of main line and connecting bus and rail stations.

### The programme

The Rail Rambles programme is organised by a number of Ramblers' Groups and produced with the support of Arriva Trains Wales.

### For more information please contact:

Chris Jenkins [chris.jenkins9@btinternet.com](mailto:chris.jenkins9@btinternet.com)

Marion Law [marionlaw@tiscali.co.uk](mailto:marionlaw@tiscali.co.uk) for an email programme

Cheryl Johnston [pcjludlow@yahoo.com](mailto:pcjludlow@yahoo.com)

**Website: [www.railrambles.com](http://www.railrambles.com)**

## Walks Descriptions

The walks categories have been adjusted to conform to the Ramblers descriptions on the Walks Finder. The term **'strenuous'** refers to a fast pace due to mileage and/or the return train time, as well as ascents and descents, and are for experienced country walkers with an above average fitness level; **'moderate'** indicates some steep paths and a steady pace for people with country walking experience and a good level of fitness; **'energetic'** means as moderate but with probably over 1000' of ascent; **'leisurely'** means gentle climbs and some level ground for reasonably fit people; **'easy'** means mostly level ground and a gentle pace.

Walks are led by members of the Ramblers and are insured. Whilst every care will be taken to keep to the advertised programme, walk leaders reserve the right to make changes to suit weather conditions, the needs of the party or other unforeseen circumstances.

Most Rail Rambles are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join, and bring some food and drink. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit. When in doubt, contact the organisers or the walk leader in advance.

For your own and others' safety please abide by any instructions issued by the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

## Dogs

To comply with the wishes of the majority of our walkers, we regret that dogs cannot be taken on any Rail Ramble.

## Train times

Outward and return times from the walks destination stations are indicated in the programme details for each walk.

For details of departure times from other locations and connecting services, please telephone the enquiry number 08457 48 49 50 or visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk), [www.arrivatrainswales.co.uk](http://www.arrivatrainswales.co.uk).

Time details may be subject to minor change. Walkers are strongly advised to check times of trains before travelling.

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## Saturday 7th June 25TH ANNIVERSARY CELEBRATION TEA 3 pm at Culmington (Must be booked in advance via form available from Cheryl or Marion)

- 1 **NEW Craven Arms circular** via Culmington (10 miles moderate + 5 miles return from Culmington). Leaders Phil and Cheryl Johnston. Depart Shrewsbury 9.00, return Craven Arms 18.30.
- 2 **NEW Craven Arms to Culmington** via Norton Camp, Onibury and Vernolds Common (8 miles moderate). Leaders Marion Law and Bob Perry. Depart Shrewsbury 9.40, return Craven Arms 17.08.

## Saturday 14th June

- 1 **Llwyngwriol to Barmouth** via Bryn Siward and Pont y Bermo (12 miles strenuous) Leaders Chris Jenkins and Andrew Pike Depart Shrewsbury 9.27, return Barmouth 19.01.
- 2 **Barmouth circular** via Dinas Oleu, The Slabs and Cerrig Arthur (7 miles moderate) Leaders Graham Baker and Peter Jones Depart Shrewsbury 9.27, return Barmouth 16.56.

## Wednesday 18th June

**NEW Presteigne to Bucknell** via Willey Hall and Brampton Park (9 miles moderate) Leader Les Lumsdon and Mike Ledlie Depart Shrewsbury 09.00 to Knighton (book return to Knighton), then Offa Hoppa bus to Presteigne, return Bucknell 16.28.

## Saturday 21st June

- 1 **Llanwrtyd Wells circular** via Victoria Wells, St David's Church and Cefn Blaencwmhenog (14 miles strenuous) Leaders Sue Jones and Mike Downward Depart Shrewsbury 9.00, return Llanwrtyd 20.07 (time for pub meal).
- 2 **Ruabon to Chirk** via Pontcysyllte and Offa's Dyke Path (7 miles moderate) Leaders Gareth Thomas and Alan Hill Depart Shrewsbury 9.24, return Chirk 16.00.

## Saturday 28th June

- 1 **NEW Llandrillo to Bala** via Cwm Pennant, Milltir Gerrig, Bwlch y Fenni and Rhos y Gwaliau (15 miles strenuous) Leaders Mick Guest and Phil Johnston Depart Shrewsbury 8.21, bus to Llandrillo, return Bala 18.07, train from Ruabon 19.51.
- 2 **NEW Liverpool City Tour** including Albert Dock, Pierhead, the Three Graces, The Cavern and the cathedrals (5 – 7 miles). Leaders John Newnham and Doug Hill. Depart Shrewsbury 8.21 via Chester or 8.52 via Crewe (to meet at 10.30 under the clock at Lime Street), return Lime Street at 04 past every hour to Crewe, or 30 past the hour to Chester.

## Date for your diary: 3-day Weekend in Cardiff

- **26-29 September 2014**
- **Medium and Long Walks in the Brecon Beacons, the Glamorgan Heritage Coast and The Valleys**
- **Further details available from Pat Neal in January.**

### Saturday 26th April

- 1 **NEW Chirk to Llanarmon DC** via Glyn Ceiriog (14 miles strenuous) Leaders Jane Marsh and Cheryl Johnston Depart Shrewsbury 8.21, return Llanarmon DC 16.16 by bus to Chirk for 16.48.
- 2 **Church Stretton circular** via Cardingmill Valley, Light Spout, Pole Cottage, Barristers Plain and Little Stretton (9 miles moderately energetic. Leaders Darren Hall and Peter Jones Depart Shrewsbury 9.40, return Church Stretton 16.39.

### Saturday 3rd May

- 1 **NEW Corwen to Llangollen** via Liberty Hall, Moel Fferna and Vivod (12 miles strenuous) Leaders Mick Guest and Chris Jenkins Depart Shrewsbury 8.21 to Ruabon bus to Corwen, return bus from Llangollen to Ruabon for train at 17.51.
- 2 **Pulverbatch to Church Stretton** via Shropshire Way (8 miles moderate) Leaders Jim Redshaw and Bob Perry Depart Shrewsbury by bus 10.05 to Pulverbatch, return Church Stretton 16.38 or 17.05.

### Saturday 10th May

- 1 **Llandecwyn to Harlech** via Bryn Cader Fanner, Moel Ysgafarnogod and Moel Goedog (15 miles strenuous, 2500' ascent). Leaders Phil and Cheryl Johnston Depart Shrewsbury 7.27 return Harlech 18.35
- 2 **Caersws to Newtown** via Llanwnnog, Alltffynnon, Bwlch-y-Ffridd and Cross Road (10 miles moderate) . Leaders Trevor Allison and Peter Jones. Depart Shrewsbury 9.27, return Newtown 16.46.

### Wednesday 14th May

**NEW Craven Arms to Leintwardine** via Brandhill Gutter (8 miles moderate) Leaders Les Lumsdon and Alan Hill. Depart Shrewsbury 9.40 (book return to Ludlow), return by bus to Ludlow for 18.17.

### Saturday 17th May

- 1 **NEW Llangunllo to Knucklas** via Beacon Hill, Cefn Craig and Wern y Geufron Hill (12 miles strenuous). Leaders Anne Williams and Chris Jenkins. Depart Shrewsbury 9.00, return Knucklas 16.12.
- 2 No leaders available.

**NEW TIMETABLE STARTS 18<sup>TH</sup> MAY– PLEASE CHECK TIMES available on ATW website**

### Saturday 24th May

- 1 **Whitchurch to Wem** via Marches Way and Prees (12.5 miles moderate) Leaders Doug and Ian Hill. Depart Shrewsbury 8.52, return Wem 15.58.
- 2 **Knighton circular** via Panpunton Hill, Offa's Dyke Path, Balls Cottage, Monaughty Poeth, Knucklas and Glyndwr's Way (8 miles moderate). Leaders Marion Law and Pat Willday. Depart Shrewsbury 9.00, return Knighton 16.20.

### Saturday 31st May

- 1 **NEW Machynlleth to Aberllefenni** via Ysguboriau, Tarren Cadlan and Corris (14 miles strenuous) Leaders Mike Downward and Iain Chippendale Depart Shrewsbury 7.27, return by bus 17.05 from Aberllefenni, return Machynlleth 18.07.
- 2 **Church Stretton circular** via Snatchfield Farm, Hope Bowdler and Cwms Cottage (7 miles moderate) Leaders Darren Hall and John Newnham. Depart Shrewsbury 9.40, return Church Stretton 15.04.

## RAIL RAMBLES January – June 2014

*All train times are correct when the programme is assembled, but please check for short-notice changes due to engineering works before setting off. Also, where bus travel times are given, it is advisable to check times during the week before the walk.*

### Saturday 4th January

- 1 **Chirk to Llangollen** via the Ceiriog Valley, Pontfadog, y Foel and the Wilderness (14 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 8.21 (book to Ruabon, bus from Llangollen) return Ruabon 17.51.
- 2 **Gobowen circular** via Llangollen Canal and Western Rhyn (7 miles moderate) Leaders Susan McCormack and John Newnham Depart Shrewsbury 9.24, return Gobowen 16.05.

### Saturday 11th January

- 1 **Ludlow circular** via Mary Knoll House, Burrington, Castle Bridge and Bromfield (13 miles moderate) Leaders Dawn Rutherford and Richard Burton Depart Shrewsbury 8.50, return Ludlow 16 22.
- 2 **Craven Arms circular** via Watling Street, Onny Trail, Upper Carwood, Hopesay Hill and Sibdon Castle (8 miles moderate) Leaders Trevor Allison and John Mattocks Depart Shrewsbury 9.40, return Craven Arms 15.08 or 16.30.

### Wednesday 15th January

**Leominster to Ludlow** via Orleton and Overton (13 miles moderate) Leaders Mick Guest and Iain Chippendale Depart Shrewsbury 8.40, return Ludlow 16.17 or 16.51.

### Saturday 18th January

- 1 **NEW Bucknell to Craven Arms** via Hopton Castle, Clunbury and Hopesay (14 miles strenuous) Leaders Anne Williams and Doug Hill Depart Shrewsbury 9.00, return Craven Arms 16.30.
- 2 **Welshpool circular** via Lower Llanerch-y-ddol and Y Golfa (8 miles moderate) Leaders Pat Neal & Judith Olney. Depart Shrewsbury 9.27, return Welshpool 15.02.

### Saturday 25th January

- 1 **NEW Church Stretton to Much Wenlock** (15 miles strenuous) Leaders Andrew Davies and Pat Talbott Depart Shrewsbury 9.00, return Much Wenlock 17.04 by bus
- 2 **Church Stretton circular** via Cwmdale, Jonathon's Rock and golf course (7 miles moderate) Leaders Pam Swales and Clare Gathercole Depart Shrewsbury 9.40, return Church Stretton 15.04.

This year is the 25<sup>th</sup> anniversary of Rail Rambles and a celebration is planned on **Saturday 7<sup>th</sup> June** at Culmington Village Hall, combined with two walks. There will be a very substantial tea, costing £10 to include the hire of the hall, and the short walkers will be bussed back to Craven Arms for £2 extra approx per person. This event **must be booked and paid for in advance** (to secure the booking of the hall) **by 5<sup>th</sup> April**. Booking forms available from Cheryl or Marion.

### Saturday 1st February

- 1 **Machynlleth circular** via Forge, Ty-Gwyn, Rhiw Goch, Hafodwnog and Cwmrhaeadr (13 miles strenuous) Leaders Brian and Jenny Jones Depart Shrewsbury 9.27, return Machynlleth 18.07.
- 2 **Machynlleth circular** via Watermill, Felin-y-Coed and Glyndwr's Way (8 miles moderate). Leaders Bob Perry & Peter Jones Depart Shrewsbury 9.27, return Machynlleth 16.07.

### **Saturday 8th February**

- 1 **Knighton circular** via Knucklas, Lloyney, Jack Mytton Way, Offa's Dyke Path, New House and Panponton Hill (12 miles strenuous) Leaders Iain Chippendale and Audrey Menhinick Depart Shrewsbury 9.00, return Knighton 16.20.
- 2 **Knighton to Bucknell** via Offa's Dyke Path, Five Turnings and Stowe Hill (9 miles moderate) Leaders Trevor Allison and John Mattocks Depart Shrewsbury 9.00, return Bucknell 16.26.

### **Wednesday 12th February**

**Newtown circular** via Lower Wig, Kerry Ridgeway, Kerry Pole and Kerry (12 miles strenuous) Leader Chris Jenkins Depart Shrewsbury 9.27, return Newtown 16.46.

### **Saturday 15th February**

- 1 **NEW Church Stretton circular** via Caer Caradoc, Leebotwood and Picklescott (15 miles strenuous) Leaders Andrew Davies and Paat Talbott Depart Shrewsbury 9.00, return Church Stretton 16.39.
- 2 **Ludlow circular** via Mary Knoll House, High Vinnalls and Climbing Jack Common (8 miles moderate) Leaders Hazel Allman and Jean Bell Depart Shrewsbury 9.40, return Ludlow 15.22.

### **Saturday 22nd February**

- 1 **NEW Stockport to Woodley** via Goyt Valley and Werneth Low (12 miles strenuous) Leaders Iain Chippendale and Mike Downward Depart Shrewsbury 8.52, return by bus from Woodley to Stockport for 16.39 train.
- 2 **Caersws circular** Roman Road, Walk Mill, Crossgates and Llanwnog (8.5 miles moderate) Leaders Pat Neal and Susan McCormack Depart Shrewsbury 9.27, return Caersws 16.34.

### **Saturday 1st March**

- 1 **Fairbourne to Barmouth** via Gest Ddu, Llynnau Gregennen, Pared-y-Cefn-Hir and Arthog (12 miles strenuous) Leaders Richard Burton and Dawn Rutherford Depart Shrewsbury 9.27, return Barmouth 19.01.
- 2 **Aberdovey circular** via Erw Gwenllian, Bwlchgwyn, Dyffryn-Glyn-Cul and seashore (6 miles moderate) Leaders Grahame Cox and Pat Willday Depart Shrewsbury 9.27, return Aberdovey 15.32.

### **Saturday 8th March**

- 1 **Llandrindod Wells circular** via Llandrindod Hall and Pawl Hir (12 miles strenuous) Leaders Brian and Jenny Jones Depart Shrewsbury 9.00, return Llandrindod Wells 15.43.
- 2 **Knucklas to Knighton** via Upper Trebert, Llandinshop and Offa's Dyke Path (7.5 miles energetic) Leaders Bob and Liz Owen Depart Shrewsbury 9.00, return Knighton 16.20.

### **Wednesday 12th March**

**NEW Ceiriog Valley** via Pontfadog (8 miles moderate/hilly) Leaders Les Lumsdon and Pat Neal Depart Shrewsbury 9.24 to Chirk, then short bus to Glyn Ceiriog, return Chirk 16.48.

**REMINDER: Please book by 5<sup>th</sup> April for the anniversary tea on 7<sup>th</sup> June**

### **Saturday 15th March**

- 1 **Hopton Heath to Ludlow** via Leintwardine and Fiddlers' Elbow (12 miles moderate) Leaders Sue Jones and Audrey Menhinick Depart Shrewsbury 9.00, return Ludlow 16.17 or 16.51.
- 2 **Wrenbury to Whitchurch** via Marbury and Wolvesacre Hall (8 miles easy) Leaders Pam Swales and Clare Gathercole Depart Shrewsbury 10.18, return Whitchurch 14.27 or 15.45.

### **Saturday 22nd March**

- 1 **Aberdyfi to Machynlleth** via Tarrenhendre (15 miles strenuous) Leaders Pat Talbott and Chris Jenkins Depart Shrewsbury 9.27, return Machynlleth 18.07.
- 2 **Newtown circular** via Lluest and Garth Hill (8 miles energetic, 1772' ascent) Leaders Trevor Allison and Doug Hill. Depart Shrewsbury 9.27, return Newtown 16.46.

### **Saturday 29th March**

- 1 **Welsh Coast Path, part 5**, Conway to Bangor (19 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 7.24, return Bangor 18.09 or 19.02.
- 2 **NEW Codsall circular** via Staffordshire Way, Monarch's Way, Codsall Wood and Pendeford Mill Nature Reserve (8 miles easy) Leaders Bob and Liz Owen Depart Shrewsbury 9.47, return Codsall 15.34.

**Please send your booking for the 25<sup>th</sup> anniversary celebration to Cheryl or Marion by 5<sup>th</sup> April**

### **Saturday 5th April – Sunday 13th April**

**Welsh Coast Path** around Anglesey Anyone now wishing to join the group will need to book their own accommodation. Route details from Cheryl Johnston.

### **Saturday 5th April**

- 1 **NEW Dolau to Llangunllo** via Cowlod, The Riggles and Bleddfa (12 miles strenuous) Leaders Anne Williams and Andrew Pike Depart Shrewsbury 9.00, return Llangunllo 16.06.
- 2 **NEW Borth circular** via Taliesin and Tal-y-Bont (8.5 miles moderate). Leaders Grahame Cox and Bob Perry Depart Shrewsbury 9.27, return Borth 17.43.

### **Saturday 12th April**

- 1 **NEW Craven Arms circular** via View Edge, Brandhill, Hereford Trail, Cookridge, Onibury and Norton Camp (14 miles moderate). Leaders Sue Jones and Chris Jenkins Depart Shrewsbury 9.00, return Craven Arms 16.30.
- 2 **Church Stretton circular** via Ragleth Hill, Little Stretton, Ashes Hollow and Cardingmill Valley (8 miles moderately energetic). Leaders Graham Baker and Alan Hill. Depart Shrewsbury 9.40, return Church Stretton 15.04 or 16.39.

### **Wednesday 16th April**

**Fairbourne to Abergynolwen** via Trawsfynydd, Craig-y-llyn, Hafodty Gwastadfryn and Castell-y-Bere, then bus to Tywyn (12 miles strenuous). Leaders Phil and Cheryl Johnston Depart Shrewsbury 7.27, return Tywyn 17.28.

### **Saturday 19th April**

- 1 **Tal y Cafn to Llanfairfechan** via Tal-y-Fan (12 miles energetic). Leaders Doug and Ian Hill Depart Shrewsbury 8.21, return Llanfairfechan 18.16
- 2 **Chirk circular** via Chirk Castle and Offa's Dyke Path (7 miles moderate). Leaders Marion Law & Gareth Thomas Depart Shrewsbury 9.24, return Chirk 14.47 or 16.00.