

## Fares

The normal range of tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased. Discounted fares are available to holders of railcards.

It is always worth enquiring about the availability of group discounts.

### Join the Ramblers from just £3 a month

If you'd like to get out more and enjoy your local area with like-minded people, the Ramblers is for you. Our walks programmes cater for all abilities with many of the walks aimed specifically at beginners.

Single membership is just £31 a year (or £3 a month if paid by monthly Direct Debit) and comes with a host of fantastic benefits, including a 15% discretionary discount at Cotswold Outdoor.

Your membership will also help us to protect footpaths and walking spaces for everyone to enjoy.

To join, visit [www.ramblers.org.uk/join](http://www.ramblers.org.uk/join) quoting **G10GYA** or call 020 7339 8595 and quote G10GYA.



## Rail Rambles Troeon Trên

Guided walks from Railway Stations in Wales and the Marches

Teithiau Cerdded Tywysedig o Orsafoedd Rheilffyrdd yng Nghymru a'r Gororau

**7th January – 30th June 2013**  
**7 Ionawr – 30 Mehefin 2013**

### Welcome to Rail Rambles

The walks are free to join. Each walk is planned to be accessible by a day return rail journey from a number of main line and connecting bus and rail stations.

### The programme

The Rail Rambles programme is organised by a number of Ramblers' Groups and produced with the support of Arriva Trains Wales.

### For more information please contact:

Chris Jenkins [chris.jenkins9@btinternet.com](mailto:chris.jenkins9@btinternet.com)

Marion Law [marionlaw@tiscali.co.uk](mailto:marionlaw@tiscali.co.uk) for an email programme

Cheryl Johnston [pcjludlow@yahoo.com](mailto:pcjludlow@yahoo.com)

**Website: [www.railrambles.com](http://www.railrambles.com)**

## Walks Descriptions

The walks categories have been adjusted to conform to the Ramblers descriptions on the Walks Finder. The term '**strenuous**' refers to a fast pace due to mileage and/or the return train time, as well as ascents and descents, and are for experienced country walkers with an above average fitness level; '**moderate**' indicates some steep paths and a steady pace for people with country walking experience and a good level of fitness; '**leisurely**' means gentle climbs and some level ground for reasonably fit people; '**easy**' means mostly level ground and a gentle pace.

Walks are led by members of the Ramblers and are insured. Whilst every care will be taken to keep to the advertised programme, walk leaders reserve the right to make changes to suit weather conditions, the needs of the party or other unforeseen circumstances.

Most Rail Rambles are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join, and bring some food and drink. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit. When in doubt, contact the organisers or the walk leader in advance.

For your own and others' safety please abide by any instructions issued by the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

## Dogs

To comply with the wishes of the majority of our walkers, we regret that dogs cannot be taken on any Rail Ramble.

## Train times

Outward and return times from the walks destination stations are indicated in the programme details for each walk.

For details of departure times from other locations and connecting services, please telephone the enquiry number 08457 48 49 50 or visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk), [www.arrivatrainswales.co.uk](http://www.arrivatrainswales.co.uk).

Time details may be subject to minor change. Walkers are strongly advised to check times of trains before travelling.

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## Saturday 8th June

- 1 Knighton to Kington** via Offa's Dyke Path (14 miles strenuous) Leaders Chris Jenkins and Andrew Pike Depart Shrewsbury 9 05, return bus (fare extra), return bus 17 10 to Hereford, depart Hereford 18 27, OR return bus 19 05 to Leominster, depart Leominster 20 08
- 2 Bucknell to Knighton** via Bucknell Wood and Five Turnings (8.5 miles, moderate) Leaders Trevor Allison and Richard Addyman Depart Shrewsbury 9 00, return Knighton 16 16

## Wednesday 12th June

No leader available

## Saturday 15th June

- 1 Aberdovey circular** via Happy Valley, Bryn Dinas, Bearded Lake and Panorama Walk Leaders Anne Williams and Iain Chippendale (11 miles strenuous) Depart Shrewsbury 9 27, return Aberdovey 17 34
- 2 NEW Tal y Bont to Dyffryn Arudwy** via Pont Scethin and Taly Ffynhonnau (8 miles moderate) Leaders Doug Hill and Grahame Cox Depart Shrewsbury 9 27, return Arudwy 16 41

## Saturday 22nd June

- 1 Craven Arms to Ludlow** via Clapping Wicket, Brandhill, Fiddler's Elbow, Burrington and Mary Knoll (16 miles strenuous) Leaders Sue Jones and Chris Jenkins Depart Shrewsbury 8 46, return Ludlow 18 22
- 2 Craven Arms to Church Stretton** via Strefford, Marshbrook and Ragdon (9 miles, moderate) Leaders John Farmer and Gareth Thomas Depart Shrewsbury 9 40, return Church Stretton 17 05

## Saturday 29th June

- 1 NEW Bishop's Castle to Stiperstones** via Camlad Valley, Corndon and Stone Circle (14 miles strenuous) Leaders Mick Guest and Paul Waddington Depart Shrewsbury by bus 10 05, return Stiperstones School 16 48
- 2 Knighton circular** via Llanshay, Stanage Park, Weston, Ragged Kingdom and Coed Detton Wood (10 miles moderate) Leaders Graham Baker and Doug Hill Depart Shrewsbury 9 00, return Knighton 16 16

## Friday 28th June to Monday 1st July

**Exploring Manchester's Countryside**, choose from 2 or 3 nights.

### Provisionally to include:

Friday - Half-day walk in/around fascinating Saddleworth Villages in the Pennine Foothills

Saturday - Peak District National Park

Sunday - Pendle Hill and the Forest of Bowland A.O.N.B.

Monday - Half-day walk in Cheshire

### Based on the Britannia Hotel, Central Manchester near Piccadilly Station

2 nights DBB from £32 p.p.p.n.

3 nights DBB from £27 p.p.p.n.

plus fares

This a joint trip with Ramblers Coventry Group

For further details, email [tmtours@aol.com](mailto:tmtours@aol.com) or ring Pat Neal on 079 1952 5223

### Saturday 27<sup>th</sup> April

- 1 **NEW Knucklas to Knighton** via Llangunllo, Bleddfa, Monaughty and Black Hill (13 miles strenuous) Leaders Anne Williams and Mick Guest Depart Shrewsbury 9 00, return Knighton 16 16
- 2 **Tywyn circular** via Dysynni Broadwater, Brynchrug, Rhd-yr-Onnen and Hendy (8 miles easy) Leaders Grahame Cox and Bob Perry Depart Shrewsbury 9 27, return Tywyn 15 26 or 17 28

### Saturday 4<sup>th</sup> May

- 1 **Ludlow to Cleobury Mortimer** via Titterstone Clee, Cleeton St Mary, Cranmer Gutter and Bank Top Farm (16 miles strenuous) Leaders Sue Jones and Pat Talbott Depart Shrewsbury 8 46, return bus from Cleobury to Ludlow, return 18 22 from Ludlow
- 2 **Craven Arms circular** via Clapping Wicket, Whettleton and Norton (8 miles moderate) Leaders Susan McCormack and Doug Billingsley Depart Shrewsbury 9 40, return Craven Arms 16 30

### Saturday 11<sup>th</sup> May

- 1 **Tal y Bont to Barmouth** via Pont Fadog, Moelyblithcwm, Crib y Rhiw and Diffwys (16 miles very strenuous) Leaders Mike Downward and Andrew Pike Depart Shrewsbury 7 27, Return Barmouth 19 00
- 2 **Caersws to Newtown** via Llwyn-y-Brain, Garreg-Lwyd and Fachwen Pool (7 miles moderate) Leaders Trevor Allison and Bob Perry Depart Shrewsbury 9 27, return Newtown 16 46

### Wednesday 15<sup>th</sup> May

No leader available

### Saturday 18<sup>th</sup> May

- 1 **NEW Llanfairfechan circular** via Drum, Llyn Alanog and North Wales Coastal Path (13 miles strenuous, 2700' ascent) Leaders Phil and Cheryl Johnston Depart Shrewsbury 9 24 return 18 16
- 2 **Church Stretton circular** via Folly Bank, Cardington, Hope Bowdler Hill, Gaerstone and Hazler Wood (8 miles moderate/strenuous) Leaders John Newnham and Darren Hall Depart Shrewsbury 9 40, return Church Stretton 15 04

## NEW TIMETABLE FROM 19<sup>TH</sup> MAY – PLEASE CHECK TIMES

### Saturday 25<sup>th</sup> May

- 1 **Welshpool circular** via Leighton Farm buildings, Trelystan, Beacon Ring and Buttington (11 miles moderate) Leaders Bob and Liz Owen Depart Shrewsbury 9 27, return Welshpool 17 01
- 2 **Aberdovey circular** via Bwlchwyn, Happy Valley, Dyffryn-glyn-cul and the beach (7 miles moderate) Leaders Pat Willday and Joan Sturland Depart Shrewsbury 9 27, return Aberdovey 15 32 or 17 34

### Saturday 1<sup>st</sup> June

- 1 **Aberystwyth to Machynlleth** (a George Borrow route) via Ponterwyd (by bus 10.25, fare extra), Dolrhuddlan, Welsh Potosi and Glaspwll (15 miles strenuous) Leaders Iain Chippendale & Mike Downward Depart Shrewsbury 7.27, return Machynlleth 18.07
- 2 **Dolau to Llandrindod Wells** via Rhos-Swydd, Penybont and Alpine Bridge (7 miles moderate) Leaders Pam Swales and Clare Gathercole Depart Shrewsbury 9 00, return Llandrindod Wells 15 40

## RAIL RAMBLES January – July 2013

*All train times are correct when the programme is assembled, but please check for short-notice changes due to engineering works before setting off. Also, where bus travel times are given, it is advisable to check times during the week before the walk.*

### Saturday 5<sup>th</sup> January

- 1 **Llandrindod Wells to Llanbister Road** bus to Fronddyrys 11 07, then via Penny Well and The Riggles 11 miles strenuous/energetic Leaders Brian and Jenny Jones Depart Shrewsbury 9 00, return Llanbister Road 15 57
- 2 **Llandrindod Wells circular** via Bongam Bank, Pentre and Bailey Einon Wood (6 miles moderate) Leaders Richard Addyman and Marion Law Depart Shrewsbury 9 00, return Llandrindod 15 40
- 3 **Taffs Well to Cardiff** (Linear/ 7 miles/ Leisurely) Leader Merthyr Rambler Lynne 07813 706231 Depart Taffs Well railway station 10 00, book to Cardiff Central

### Saturday 12<sup>th</sup> January

- 1 **NEW Broome circular** via Hopesay, Edgton and Burrow hill fort (13 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 9 00, return Broome 16 40
- 2 **NEW Church Stretton circular** via Chelmick, Middle Hill and Willstone Hill (9 miles moderate) Leader Jim Redshaw Depart Shrewsbury 9 40, return Church Stretton 15 40

### Wednesday 16<sup>th</sup> January

**Ludlow circular** via Hucksbarn, Overton and Mortimer Trail (6 miles leisurely) Leaders Les Lumsdon and John Newnham Depart Shrewsbury 9 40, return Ludlow 14 19

### Saturday 19<sup>th</sup> January

- 1 **Chirk to Gobowen** via Ceiriog Valley (10 miles strenuous) Leaders Doug and Iain Hill Depart Shrewsbury 8 21, return Gobowen 16 05
- 2 **Chirk circular** via Pontfaen and Bronygarth (7 miles moderate) Leaders Clare Gathercole and Pam Swales Depart Shrewsbury 9 24, return Chirk 14 47

### Saturday 26<sup>th</sup> January

- 1 **NEW Leominster circular** via Stoke Prior and Steens Bridge (14 miles moderate) Leaders Andrew Davies and Pat Talbott Depart Shrewsbury 8 46, return Leominster 16 40
- 2 **NEW Leominster circular** via Eaton Hill and tour of historic Leominster (3 miles easy) Leader Laurence Main Depart Shrewsbury 10 38, return Leominster 14 11

### Saturday 2<sup>nd</sup> February

- 1 **Caersws circular** via Llanwnnog, Llyn y Tarw, Llety, Severn Way and Roman Road (13 miles strenuous) Leaders Anne Williams and Chris Jenkins Depart Shrewsbury 9 27, return Caersws 16 33
- 2 **Machynlleth circular** via Brynmelyn and Llyn Glanmeryn (7 miles moderate) Leaders Graham Baker and Grahame Cox Depart Shrewsbury 9 27, return Machynlleth 16 07

### Saturday 9<sup>th</sup> February

- 1 **NEW Llanwrtyd Wells circular** via Victoria Wells, Bryn Hynog and Pen-Rhiw Oleu (10 miles moderate) Leaders Sue Jones and Mike Downward Depart Shrewsbury 9 00, return Llanwrtyd Wells 15 01

- 2 **NEW Llanwrtyd Wells circular** via Dinas Mill, Pen y Banc and the Woollen Mill (6 miles moderate) Leaders Susan McCormack and Doug Billingsley Depart Shrewsbury 9 00, return Llanwrtyd Wells 15 01
- 3 **Taffs Well – Caerphilly Circular** (9 miles moderate) Leader Cardiff Rambler Gwyn 07910 595265 Depart Cardiff Central railway station 9 26, return Taffs Well 15 05

### Wednesday 13th February

**Llanbister Road to Knighton** via Llangynllo, Cefn-surau and Little Cwmgilla (10 miles strenuous) Leader Chris Jenkins Depart Shrewsbury 9 00, return Knighton 16 16

### Saturday 16th February

- 1 **NEW Bucknell circular** via Bucknell Hill, Hopton Titterhill, Pentre and Caer Caradoc (14 miles strenuous) Leaders Phil Johnston and Carole Easthope Depart Shrewsbury 9 00, return Bucknell 16 22
- 2 **Machynlleth/Cemmaes Road** via Glyndwr's Way to Machynlleth (9 miles moderate) Leader Laurence Main Depart Shrewsbury 9 27, bus 11 00 to Cemmaes Road, return Machynlleth 18 07

### Saturday 23rd February

- 1 **NEW Bridgnorth to Codsall** (15 miles strenuous) via River Worfe, Chesterton, Wrottesley Old Park and the Staffordshire Way Leaders Mick Guest and Iain Chippendale Depart Shrewsbury bus station 8 40, return Codsall 16 34
- 2 **NEW Bishops Castle circular** via Brockton, Acton and Colebatch (9 miles moderate) Leaders Jim Redshaw and Trevor Allison Depart Shrewsbury bus station 10 05, return Bishops Castle 15 40
- 3 **Taffs Well to Pontypridd** (Linear 7 miles Leisurely) Leader Cardiff Rambler Gwyn 07910 595265 Depart Cardiff Central 9 56, return Pontypridd 14 14

### Saturday 2nd March

- 1 **NEW Borth to Machynlleth** via the Welsh Coastal Path (15 miles strenuous) Leaders Mick Guest and Cheryl Johnston Depart Shrewsbury 7 27, return Machynlleth 18 07
- 2 **Penhelig to Aberdovey** via Trefrifawr, Fridd yr Ychen, Erw Gwenllian and Cwm Safn-ast (8 miles moderate) Leaders Pam Swales and Clare Gathercole Depart Shrewsbury 9 27, return Aberdovey 17 34

### Saturday 9th March

- 1 **Church Stretton to Pontesbury** via Betchcott Hills, Gatten Lodge, Blakemore Gate and Polesgate (15 miles strenuous) Leaders Andrew Pike and Chris Jenkins Depart Shrewsbury 9 00, return bus 17 37
- 2 **Church Stretton circular** via Cwmdale, Jonathon's Rock and Golf Course (7 miles moderate) Leaders Bill Hodges and John Farmer Depart Shrewsbury 9 40, return Church Stretton 15 04

### Wednesday 13th March

**King Arthur's Camlan** dowsing leys where King Arthur died (5 miles moderate) Leader Laurence Main Depart Shrewsbury 9 27, Machynlleth town tour, bus 12 00 to Meirion Mill, depart 16 10 or 16 36 for Machynlleth depart 18 07

### Saturday 16th March

- 1 **Bangor to Llanfairfechan** via Wales Coastal Path, Aber Falls and Bryn (12 miles

strenuous) Leaders Ian and Doug Hill Depart Shrewsbury 8 21, return Llanfairfechan 18 16

- 2 **NEW Penmaenmawr to Conway** via Conway Mountain and Roman Road (8 miles moderate) Leaders Pat Neal and Marion Law Depart Shrewsbury 9 24, return Conway 18 16

### Friday 22nd - Monday 25th March

- 1 **Staylitt Outdoor Centre**, four days of strenuous walks. Depart Shrewsbury 9 27 to Caersws, return Machynlleth 18 07 Leaders Phil & Cheryl Johnston, Mike Downward, Mick Guest and Ian Chippendale Details available from Cheryl Johnston pcjludlow@yahoo.com

### Saturday 23rd March

- 2 **Bucknell to Craven Arms** (10 miles moderate) Leader Anne Williams Depart Shrewsbury 9 00, return Craven Arms 16 30
- 3 **Broom to Craven Arms** via Hopesay Hill and Onny Trail (8 miles moderate) Leaders Graham Baker and Richard Addyman Depart Shrewsbury 9 00, return Craven Arms 14 30

### Saturday 30th March

- 1 **Newtown circular** via Kerry Ridgeway (11 miles moderate) Leaders Bob and Liz Owen Depart Shrewsbury 9 27, return Newtown 16 46
- 2 **Aberdovey circular** via Erw-Gwenllian, Happy Valley, Duffryn-glyn-cul and the beach (7 miles moderate) Leaders Joan Sturland and Pat Willday Depart Shrewsbury 9 27, return Aberdovey 15 32
- 3 **Castell Coch Circular** (6 miles moderate) Leader Cardiff Rambler Gwyn 07910 595265 Depart Cardiff Central railway station 10 26, return Taffs Well 14 34

### Saturday 6th April

- 1 **Llangollen circular** via Valle Crucis, Ty Newydd, Eglwseg, Geufron (14 miles strenuous) Leaders Brian and Jenny Jones Depart Shrewsbury 8 21. Book through ticket to Llangollen, bus to Llangollen, return Ruabon 17 51
- 2 **Borth to Aberystwyth** via Coast Path (6 miles moderate) Leaders Joan Sturland and Jan Bonnett Depart Shrewsbury 9 27, return Aberystwyth 15 30

### Saturday 13th April

- 1 **Prestatyn circular** via Clwydian Way, Moel Maenfa and Offa's Dyke Path (15 miles strenuous) Leaders Iain Chippendale and Bob Braddock Depart Shrewsbury 8 24, return Prestatyn 17 58
- 2 **NEW Hanwood circular** via golf course, Plealey and Longden (8 miles moderate) Leaders Jim Redshaw and Gareth Thomas Depart Shrewsbury bus 10 15, return Hanwood by bus 15 31

### Wednesday 17th April

- 1 **Knighton circular** via Stowe Hill, Five Turnings and Offa's Dyke Path (8 miles moderate) Leaders Les Lumsdon and Marion Law Depart Shrewsbury 9 00, return Knighton 16 19

### Saturday 20th April

- 1 **Chester to Wrexham** via Eccleston, Oldford and Farndon (16 miles strenuous) Leaders Ian and Doug Hill Depart Shrewsbury 8 21, return Wrexham 17 44
- 2 **Prees to Wem** via Coton, Edstaston and the Treacle Mine (7 miles easy) Leaders Pat Neal and Richard Addyman Depart Shrewsbury 10 18, return Wem 15 55