

RAIL RAMBLES JANUARY – JUNE 2012

All train times are correct when the programme is assembled, but please check for short-notice changes due to engineering works before setting. Also, where bus travel times are given, it is advisable to check times during the week before the walk.

Saturday 7th January

- 1 **NEW Llangollen circular** via Dinas Bran, Valle Crucis, Cae'r-Hafod, Ponderosa, Moel y Gamelin and Horseshoe Falls (13 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 8 21 to Ruabon, bus to Llangollen, fare extra, or book through ticket, return Ruabon 17 42
- 2 **Craven Arms circular** via Sibdon Carwood, Hopesay Hill, Cheney Longville and Newington (7 miles moderate) Leaders Richard Addyman and Doug Billingsley Depart Shrewsbury 9 40, return Craven Arms 14 56

Saturday 14th January

- 1 **Machynlleth circular** via Dol Caradog, Talbont Drain and Allt-cae-Melyn (12 miles strenuous) Leaders Mick Guest and Andrew Pike Depart Shrewsbury 9 27, return Machynlleth 18 07
- 2 **Cemmaes Road to Machynlleth** via Glyndwr's Way (8 miles moderate) Leader Laurence Main Depart Shrewsbury 9 27, bus from Machynlleth to Cemmaes Road, return Machynlleth 16 07
- 3 **NEW Telford to Ironbridge** (8 miles moderate) Joint with Coventry Ramblers Leader Pat Neal Depart Shrewsbury 9 31, return by bus from Ironbridge to Telford station for 15 59 to Shrewsbury or 15 51 to Wolverhampton

Wednesday 18th January

Llangunllo to Knighton via Glyndwr's Way, Wern y Geufron Hill, Offa's Dyke Path (12 miles moderate) Leaders Bob Braddock and Chris Jenkins Depart Shrewsbury 9 00, Return Knighton 16 16

Saturday 21st January

- 1 **Llanbister Road to Dolau** via St Michael's Pool and Radnor Forest (11 miles moderate) Leaders Bob Braddock and Martin Ellis Depart Shrewsbury 9 00, return Dolau 15 52
- 2 **Knucklas to Knighton** via Lower Trebert, Selley Cross and Offa's Dyke Path (6 miles moderate) Leaders Richard Addyman and Jim Redshaw Depart Shrewsbury 9 00, return Knighton 16 16
- 3 **Taff Wells to Pontypridd** (5 miles leisurely) Leader Liz (Merthyr Ramblers 01443 692312) Depart Cardiff Central 9 36

Saturday 28th January

- 1 **NEW Bucknell to Craven Arms** via Herefordshire Trail, Shelderton Rock and Shropshire Way (12 miles moderate) Leaders Anne Williams and John Mattocks Depart Shrewsbury 9 00, return Craven Arms 16 30
- 2 **Ludlow circular** via Whitcliffe, Brick House, Lady Halton and Prior's Halton (8 miles moderate) Leaders John Newnham and Paddy Willis Depart Shrewsbury 9 40, return Ludlow 16 22

Saturday 4th February

- 1 **Newtown to Caersws** via Garth Hill, Plas Gregynog, Bwlch-y-Fridd and Llanwnog (13 miles moderate) Leaders Brian and Jenny Jones Depart Shrewsbury 9 27, return Caersws 16 37
- 2 **Newtown circular** via Gilfach Bridge, Penarron, Lower Wig and Blackhill Wood (7 miles moderate/energetic) Leaders Pam Swales and Clare Gathercole Depart Shrewsbury 9 27, return Newtown 14 46
- 3 **Radyr to Cardiff Central** (linear 5 miles leisurely) Leader Rob 029 2055 3843 Depart Cardiff Central 10 06

Saturday 11th February

- 1 Ruabon circular** via Wynnstay Park, Erbistock, Overton Bridge, Crabtree Green and Wat's Dyke (11 miles moderate) Leaders Iain Chippendale and Chris Jenkins Depart Shrewsbury 8 21, return Ruabon 16 42
- 2 Machynlleth circular** via Town Trail, Glanmeryn, Gelli-lydan and Roman Steps (6 miles moderate) Leaders Graeme Cox and John Newnham Depart Shrewsbury 9 27, return Machynlleth 16 07

Wednesday 15th February

King Arthur's Camlan (5 miles moderate), bus at 12 00 to Meirion Mill, return Machynlleth Leader Laurence Main Depart Shrewsbury, return Machynlleth 18 07

Saturday 18th February

- 1 NEW Prees circular** via Marches Way, Brown Moss, Ash Magna, Springs Farm (14 miles moderate) Leaders Andrew Davies and Pat Talbot Depart Shrewsbury 7 57, return Prees 15 48
- 2 NEW Cockshutt to Ellesmere** via Crosemere, Colemere, Llangollen Canal and Welshampton (8.5 miles moderate) Leaders Bill Hodges and Paddy Willis Depart Shrewsbury **by bus**, stand P 10 00, return Ellesmere Visitor Centre 16 00

Saturday 25th February

- 1 NEW Bucknell to Shobdon** via Harley's Mountain and Byton (15 miles strenuous) Leaders John Mattocks and Mick Guest Depart Shrewsbury 9 00, return by bus from Shobdon, return Leominster 18 11
- 2 Bucknell to Knighton** via Vron, Stowe Hill, Stowe Church and Lee Cottage (7 miles moderate) Leaders Richard Addyman and Doug Billingsley Depart Shrewsbury 9 00, return Knighton 16 16

Saturday 3rd March

- 1 Craven Arms to Church Stretton** via Hopesay Hill, Plowden and Long Mynd (13 miles strenuous) Leaders Ian and Doug Hill Depart Shrewsbury 8 46, return Church Stretton 16 39
- 2 Craven Arms circular** via Stokesay, Glencoed, Onibury and Norton (8 miles moderate) Leaders Trevor Allison and Marion Law Depart Shrewsbury 9 40, return Craven Arms 16 30

Saturday 10th March

- 1 NEW Manchester Piccadilly to Mossley** via Daisy Nook and Hartshead Pike (11 miles strenuous) Leader Iain Chippendale Depart Shrewsbury 7 57, change Crewe 9 11 to Manchester, return by bus to Manchester for 17 30 to Shrewsbury
- 2 Yorton circular** via Grinshill, Grumpy, Myddle and Newton-on-the-Hill (8 miles easy) Leaders Graham Baker and Paddy Willis Depart Shrewsbury 10 18, return Yorton 16 00
- 3 Pantyffynnon to Swansea** (linear 17 miles strenuous) Leaders John and Ann (Llanelli Ramblers) 01792 298354 Depart Llanelli 9 20

Wednesday 14th March

Gobowen circular via Old Racecourse and Oswestry (11 miles moderate) Leader Chris Jenkins and Mick Guest Depart Shrewsbury 9 24. return Gobowen 16 54

Saturday 17th March

- 1 Borth circular** via Llandre, Mynydd Gorddu, Leri Valley and Talybont (15 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 7 27, return Borth 17 43
- 2 Borth to Aberystwyth** via cliff path (7 miles moderate) Leader Laurence Main Depart Shrewsbury 9 27, return Aberystwyth 17 30
- 3 Llangynllo to Knighton** via Glyndwr Way (11 miles strenuous) Leaders John and Ann (Llanelli Ramblers) 01792 298354 Depart Llanelli 9 20

- 4 **Llanharan to Tonypandy** (linear 12 miles strenuous) Leader Mike 029 2075 7642 Depart Cardiff Central 9 18

Saturday 24th March

- 1 **Machynlleth circular** via Penegoes, Melinbyrhedyn and Coed Cae-Poeth (12 miles strenuous) Leaders Mick Guest and Sue Jones Depart Shrewsbury 9 27, return Machynlleth 18 07
- 2 **Caersws to Newtown** via Llanwnnog, Rhydlydan and Fachwen Pool (8 miles moderate) Leaders Bob and Liz Owen Depart Shrewsbury 9 27, return Newtown 16 46

Wednesday 28th March

Llandrindod Wells (circular 6 miles leisurely) Leader Ann (Llanelli Ramblers) 01554 834068 Depart Llanelli 9 20

Saturday 31st March

- 1 **NEW Llangunllo to Knighton** via Cnwch Bank, Goytre Hill and Knucklas Castle (14 miles strenuous) Leaders Anne Williams and Martin Ellis Depart Shrewsbury 9 00, return Knighton 16 16
- 2 **Llandrindod Wells circular** via Cefn Coed, Bailey Einon Wood and Happy Valley (7 miles moderate) Leaders Jim Redshaw and Paddy Willis Depart Shrewsbury 9 00, return Llandrindod 15 40

Wednesday 4th April

Llandovery (circular 6 miles leisurely) Leader Alwyn (Llanelli Ramblers) 01554 773597 Depart Llanelli 9 20

Saturday 7th April

- 1 **Fairbourne to Barmouth** via Gest Ddu, Llynnau Gregennen, Pared-y-Cefn-Hir and Arthog (12 miles strenuous) Leaders Andrew Pike and Iain Chippendale Depart Shrewsbury 9 27 return Barmouth 18 51
- 2 **Aberdyfi circular** via Dyffryn Gwyn, Llyn Barfog, Carn March Arthur and Llechwedd (9 miles moderate/ strenuous) Leaders Graeme Cox and Pat Neal Depart Shrewsbury 9 27 return Aberdyfi 17 34

Saturday 14th April

- 1 **NEW Borth to Aberystwyth** via Penryncoch and Capel Bangor (14 miles strenuous) Leaders Iain Chippendale and Mike Downward Depart Shrewsbury 7 27. return Aberystwyth 17 30
- 2 **Welshpool circular** via Nant-y-caws, Talyrnau, Barn Farm and Y Golfa (8 miles moderate) Leaders Pam Swales and Clare Gathercole Depart Shrewsbury 9 27, return Welshpool 17 01

Wednesday 18th April

Hopton Heath to Knighton via Hopton Castle, Hopton Titterhill and Stowe Church (10 miles moderate) Leaders Bill Hodges and Marion Law Depart Shrewsbury 9 00, return Knighton 16 19

Saturday 21st April

- 1 **NEW Knighton to Bishops Castle** via Offa's Dyke Path, Llanfair Hill, Whitcott Keysett, Cefn Einion and Colebatch (16 miles strenuous) Leaders Bob Braddock and Paul Waddington Depart Shrewsbury 9 00, return Bishops Castle by bus 17 39
- 2 **Bishops Castle circular** via Oakley House, Home Farm and Lydbury North (7 miles moderate) Leaders Graham Baker and Doug Hill Depart Shrewsbury **bus station** 9 35, return 15 38

Saturday 28th April

- 1 **Church Stretton circular** via Lawley and All Stretton (12 miles strenuous) Leaders John

- Mattocks and Sue Jones Depart Shrewsbury 8 46, return Church Stretton 16 39
- 2 **Church Stretton circular** via Ragleth Hill, Bannisters Plain, Portway, Townbrook Hollow and Rectory Wood (8 miles moderate) Leaders Bill Hodges and Richard Addyman Depart Shrewsbury 9 40, return Church Stretton 15 04

Saturday 5th May

- 1 **Ludlow circular** Oakly Park and Downton Castle (14 miles moderately strenuous) Leaders Brian and Jenny Jones Depart Shrewsbury 8 46, return Ludlow 16 51
- 2 **Ludlow circular** via Overton, Ashford Carbonel and Steventon (7 miles easy) Leaders Rex and Mary Simpson Depart Shrewsbury 9 40, return Ludlow 15 22

Saturday 12th May

- 1 **Wrexham to Llangollen** via Clywedog Trail and Clwydian Way (16 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 8 21. book return to Wrexham, return bus from Llangollen, return Ruabon 18 43
- 2 **Fairbourne circular** via Llynnau Gregennyn and Cyfannedd Fawr (9 miles moderate) Leaders Bob and Liz Owen Depart Shrewsbury 9 27, return Fairbourne 17 01

A NEW RAIL TIMETABLE comes into effect during mid-late May, times below may change slightly – please check when new timetable is published

Wednesday 16th May

NEW Rhydymain to Llanwuchllyn via Aran Fawddwy, Aran Benllyn and Craig y Llyn (9.2 miles, 3000' ascent, very strenuous) Leaders Mick Guest and Chris Jenkins Depart Shrewsbury 8 21 to Ruabon, bus to Rhydymain, return bus from Llanwuchllyn 17 38, return Ruabon 19 51

NEW CONWY WEEKEND: Details available from Pat Neal (tmlpat@aol.com)

Saturday 19th May

- 1 **NEW Llanrwst to Conwy or Llandudno** via Conwy Valley (13 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 8 21, return Conwy 18 26 or Llandudno Junction 17 25
- 2 **Llandudno Junction to Llandudno** via Great Orme (9 miles moderate) Leader Pat Neal Depart Shrewsbury 9 24, return Llandudno 17 08

Sunday 20th May

- 1 **Llanfairfechan to Conwy** via Roman Road, Tal-y-Fan, Sychnant Pass and Conwy Mountain (13 miles strenuous, 3000' ascent) Leaders Phil and Cheryl Johnston return Conwy 18 16
- 2 **NEW Conwy circular** via Conwy Mountain (9 miles moderate) Leader Pat Neal Return Conway 18 16

Monday 21st May

NEW Heart of Snowdonia National Park (8 miles 2500' ascent) Leader Pat Neal
Details later

Saturday 26th May

- 1 **Welshpool circular** via Frochas, Lower Trefnant, Bonciau, Coppice Lane and Castle Caerionion (13 miles moderate) Leaders Anne Williams and Mike Downward Depart Shrewsbury 9 27, return Welshpool 17 01
- 2 **Newtown circular** via Lluest, Plas Gregynog and Garth Hill (9 miles moderate) Leaders Trevor Allison and Doug Hill Depart Shrewsbury 9 27. return Newtown 16 46
- 3 **Llynfi Valley (Garth to Maesteg)** (linear 7 miles moderate) Leader Gwyn 07910 595265 Depart Cardiff Central 10 18, return Maesteg 15 17

Saturday 2nd June

- 1 **Shrewsbury circular** via Severn Way, Betton Strange, Sutton and Beehive Lane (13 miles moderate) Leaders Ian and Doug Hill Meet outside Shrewsbury Station at 9 30
- 2 **Dolau circular** via Far Hall, Heartsease, Llandewy Hall and Oaks (7 miles moderate)

Leader Ray Trend Depart Shrewsbury 9 00, return Dolau 15 52

Saturday 9th June

- 1 NEW Bethesda and Carneddau** including Yr Elen, Carnedd Llywelyn and Carnedd Dafydd (10 miles, 3000' ascent) Leaders Iain Chippendale and Phil Johnston Depart Shrewsbury 8 21, bus to Bethesda, return Bangor 18 09
- 2 Whitchurch circular** via Brown Moss and Tilstock (7 miles easy) Leaders Pam Swales and Clare Gathercole Depart Shrewsbury 9 44, return Whitchurch 15 42

Wednesday 13th June

Gobowen circular via Pleasant Graves, Brogyntyn Park, Old Oswestry (8 miles moderate) Leader Trevor Allison. Depart Shrewsbury 9 24, return Gobowen 15 55

Saturday 16th June

- 1 Machynlleth circular** via Twllnodwydd, Tarrenhendre, Foel y Geifr and Cwm Gila (12 miles strenuous) Leaders Mike Downward and Andrew Pike Depart Shrewsbury 9 27, return Machynlleth 18 07
- 2 Llangammarch Wells to Garth** via Llethr Ddu (7 miles moderate/energetic) Leaders Sue Jones and Graham Baker Depart Shrewsbury 9 00, return Garth 15 11
- 3 Quakers Yard to Merthyr** (linear 9 miles leisurely) Leader Gwyn 07910 595265 Depart Cardiff Central 9 56, return Merthyr 16 08

Saturday 23rd June

- 1 NEW Talybont to Harlech** via Llyn Irddyn and Sarnau'r Geifr, Dinas (13 miles strenuous) Leaders Phil and Cheryl Johnston Depart Shrewsbury 7 27, return Harlech 18 24
- 2 NEW Talybont to Barmouth** via Bwlch y Rhiwgyr and Gellfawr (9 miles moderate/energetic) Leaders Marion Law and John Newnham Depart Shrewsbury 9 27, return Barmouth 16 53

Saturday 30th June

- 1 Stiperstones to Church Stretton** via Bridges, Prolley Moor and Pole Bank (12 miles strenuous) Leaders Chris Jenkins and Mike Downward Depart Shrewsbury **Bus Station** stand P 9 35, return Church Stretton 16 51
- 2 Llandrindod Wells to Dolau** via Happy Valley, Bailey Einon Wood, Alpine Bridge and Penybont (9 miles moderate) Leader Ray Trend Depart Shrewsbury 9 00, return Dolau 15 52

