



TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES



Rail Rambles

Troeon Trên

www.railrambles.org

*Guided Walks from Railway Stations in Mid-Wales and the Marches
Teithiau Cerdded Tywysedig o Orsafoedd Rheilffyrdd
yng Nghanolbarth Cymru a'r Gororau*

1 July – 30 December 2023
1 Gorffennaf – 30 Rhagfyr 2023

Welcome to Rail Rambles

Rail Rambles are guided walks from railway stations in Mid-Wales and the Marches. Each walk is planned to be accessible by a day return rail journey from a number of main line and connecting bus and rail stations. The walks are free to join and are open to the public, with no membership of any organisation required.

The Rail Rambles programme is organised by volunteer members of the Rail Rambles Association and produced with the support of Transport for Wales.

For more information about our walks please contact: enquiries@railrambles.org

We do not publish individual walk leaders' contact details, but are happy to put you in touch with leaders if you need more information about a walk or advice on how to join it.

How to join a Rail Ramble

Normally, to join a Rail Ramble, all you need to do is turn up at the start of the walk. Walks normally start from the appropriate railway station (e.g., Craven Arms station for a Craven Arms circular walk, Wrenbury station for a linear walk from Wrenbury to Whitchurch), when the listed train from the Shrewsbury direction arrives. But please do check the website just in case we are having to ask you to book, or for any specific joining instructions.

If you can join the listed train from Shrewsbury, you will be likely to find other Rail Ramblers on the way to the walk. If you are coming from another direction, you will need to plan your journey so that you arrive at the start point in good time – please feel free to ask us if you need help or advice.

Dogs:

To comply with the wishes of the majority of our walkers, we're sorry but dogs cannot be taken on any Rail Ramble. Assistance dogs are permitted, but please check with us first, as routes may not be suitable or safe for your dog.

Walk descriptions

'Easy' means mostly level ground and a gentle pace.

'Leisurely' means gentle climbs and some level ground for reasonably fit people.

'Moderate' indicates some steep paths and a steady pace for people with country walking experience and a good level of fitness ('moderate+' means as moderate but with a generally greater level of difficulty).

Preparation and safety

Walks are led by experienced volunteer leaders, all of whom are members of the Rail Rambles association and many of whom are also members of the Ramblers. Whilst every care will be taken to keep to the advertised programme, walk leaders reserve the right to make changes to suit weather conditions, the needs of the party or other unforeseen circumstances.

Most Rail Rambles are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join, and bring some food and drink. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit. When in doubt, contact the organisers or the walk leader in advance.

For your own and others' safety please abide by any instructions issued by the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

***Please try to use the train for at least part of your journey –
remember, these are after all RAIL Rambles!***

Train times

The programme for each walk shows outward times from Shrewsbury (with arrival time at the walk start station) and return times from the walks destination stations (with arrival time at Shrewsbury).

For details of departure times from other locations and connecting services, please ring National Rail Enquiries (03457 48 49 50), ask at your local station, or visit <https://www.nationalrail.co.uk/> or <https://tfw.wales/>.

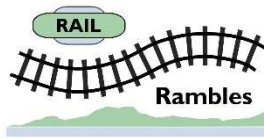
Time details may be subject to change. Walkers are strongly advised to check times of trains before travelling, and to check our website, www.railrambles.org, in case of last minute changes to the programme.

Fares and tickets

The normal range of tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased. We try to tell you the furthest point from Shrewsbury, where this is not obvious, but be careful if you are coming from the opposite direction!

Discounted fares are available to holders of railcards and it is always worth enquiring about the availability of group discounts or investigating whether splitting your ticket would save you money (many of our walkers find this to be the case).

On walks where a **bus** journey is shown, remember to bring your Welsh or English bus pass if you're lucky enough to have one!



RAIL RAMBLES PROGRAMME July to December 2023

Saturday 1 July

Llandrindod Wells Circular Via The Lake, Llwynceubren, Carregwiber, Pantpurlais, Bongam Bank, Gorse.

(7 miles moderate). Leaders Chris Jay, Pam Hill.

Depart Shrewsbury 08.56.

Return Llandrindod Wells 17.02.

Book Llandrindod Wells return

Saturday 8 July

Chirk Circular before meeting up at The Hand, for an afternoon tea.

(6 miles moderate). Leaders Chris Jay, John Mattocks.

Depart Shrewsbury 09.27.

Return Chirk 16.05 or 16.42 or even 17.58.

Book Chirk return

Saturday 15 July

Blaenplwyf to Aberystwyth Via The Ceredigion Coastal Path.

(6 miles moderate). Leaders Peter Jones, Peter Hollinrake.

Depart Shrewsbury 09.30.

T1 Bus departing Aberystwyth Stand 7 at 11.40 to Blaenplwyf (bus fare extra).

Return Aberystwyth 17.28.

Book Aberystwyth return

Wednesday 19 July

The Wrekin Leisurely walk via the lower slopes and to the summit of the Wrekin.

(6 miles moderate). Leaders Linda, Mick Hemming.

Depart Shrewsbury 09.30.

Return Wellington 16.06.

Book Wellington return

Saturday 22 July

Church Stretton Circular, Via Rectory Wood, Townbrook Hollow, Pole Bank, Shooting Box, Haddon Hill, Green Gallops, Batch Valley.

(9.5 miles moderate+). Leaders Darren Hall, Aisling Amato.

Depart Shrewsbury 09.14.

Return Church Stretton 15.40.

Book Church Stretton return

Saturday 29 July

Llangollen to Chirk Via Croes yr Esgob, Llwybr Ceiriog Trail, Maelor Way.
(9 miles moderate). Leaders Clare Gathercole, Aisling Amato.

Depart Shrewsbury 09.27.

Bus Ruabon to Llangollen bus fare extra.

Return Chirk 16.42.

Book Ruabon return

Saturday 5 August

Llanwrtyd Wells Circular Via Loftwen to Irfon Forest, descent towards Pen-y-Bont Uchaf.
Return along Irfon river valley by Kilsby and Llanwrtyd church.

(8.5 miles moderate). Leaders Bob Owen, Neville Homent.

Depart Shrewsbury 08.56.

Return Llanwrtyd Wells 16.22.

Book Llanwrtyd Wells return

Saturday 12 August

Tywyn Circular Tywyn Promenade, Broadwater, Rhyd-yr-onnen and Fach-goch Halt.
(7 miles moderate). Leaders Pete Lightwood, Pat Willday.

Depart Shrewsbury 09.30.

Return Tywyn 17.27.

Book Tywyn return

Wednesday 16 August

Craven Arms to Leintwardine via Aldon, Brandhill and Mocktree

(9 miles moderate) Leaders Mike Ledlie and Les Lumsdon.

Depart Shrewsbury 09.44.

Bus from Leintwardine to Ludlow (bus fare extra) then Return Ludlow 18.17.

Book Ludlow return

Saturday 19 August

Craven Arms Circular Halford, Strefford and Wistanstow.

(7 miles moderate.) Leaders Nigel Hotchkiss, Bob Owen.

Depart Shrewsbury 09.14.

Return Craven Arms 15.31.

Book Craven Arms return

Saturday 26 August

Mouldsworth to Chester Using The Baker Way and Longster Trail. Via Peel Hall, Swingford, Great Barrow, Guilden Sutton, Shropshire Union Canal.

(8 miles moderate). Leaders Mick Hemming, Peter Hollinrake.

Depart Shrewsbury 09.27.

Return Chester 17.29.

Book Mouldsworth return

Saturday 2 September

Whitchurch Circular Via Yockling Gate, Oss Mere, Fox Hall, Marbury Church, Quoisley and "Whitchurch Mountain"

(8.5 miles Moderate) Leaders Doug Hill, Ian Hill.

Depart Shrewsbury 10.19.

Return Whitchurch 15.42.

Book Whitchurch return

Saturday 9 September

Wellington woodland walk, via the lower slope of the Ercall and then around the Wrekin, returning via Limekiln Woods. (8 miles moderate). Leaders Pam Swales, Aisling Amato.

Depart Shrewsbury 09.30.

Return Wellington 16.06.

Book Wellington return

Wednesday 13 September

(Joint walk with the Wellington Walking Festival)

Telford Central to Ironbridge Telford Central to Ironbridge via Silkin Way to Coalport and Severn Way to Ironbridge. (9 miles moderate). Leaders Pam Hill, Steve Payner.

Depart Shrewsbury 09.30.

Return bus (pass or fare extra) Ironbridge to Telford Central for 16.59 train.

[Website Link to follow](#)

Book Telford Return

Monday 11 September option

(Silkin Way, Bratton to Telford Central, Monday 11 September option for anyone wishing to complete entire route see Festival programme). Depart Shrewsbury 09.30. Return bus (pass or fare extra) Ironbridge to Telford Central for 16.59 train.

Saturday 16 September

Craven Arms circular. Part of the Shropshire Way Walking Festival Stokesay Castle, Aldon Gutter, Onibury and Norton Camp.

(8.5 miles moderate). Leaders Audrey Menhinick, Clare Gathercole.

Depart Shrewsbury 09.14.

Return Craven Arms 15.31.

Book Craven Arms return

Saturday 23 September

Church Stretton Circular Via Rectory Wood, Town Brook Valley, Pole Bank, Pole Cottage, Ashes Hollow, Millennium / Nisbet Way, Long Mynd Hotel Carvings, Rectory Field (9 miles moderate). Leaders Darren Hall, Neville Homent

Depart Shrewsbury 09.14.

Return Church Stretton 15.40.

Book Church Stretton return

Saturday 30 September

Mordiford to Hereford Via Wye Valley Walk, Lugwardine, Lugg Meadows (8 miles moderate). Leaders John Mattocks, Neville Homent

Depart Shrewsbury 09.14. Then Hereford Country Bus Number 453 From Hereford station stand 7 at 10.40. Bus fare extra

Return Hereford 16.27. **Book Hereford return**

Saturday 7 October

Aberdovey Circular Erw-Gwenllian, Bwlchgwyn, Dyffryn-glyn-cul, seashore (7 miles moderate). Leaders Chris Jay, Pete Lightwood.

Depart Shrewsbury 09.30.

Return Aberdovey 16.31.

Book Aberdovey return

Saturday 14 October

Caergwrle Circular via Hope Mountain (8 miles moderate). Leaders Doug Hill, Ian Hill.

Depart Shrewsbury 09.27.

Return Caergwrle 17.17.

Book Caergwrle return

Wednesday 18 October

Craven Arms circular via River Onny, Berrymill Wood, Flounders' Folly and Strefford (8 miles moderate). Leaders Mike Ledlie, Les Lumsdon.

Depart Shrewsbury 09.13.

Return Craven Arms 14.59 or 15.17.

Book Craven Arms Return

Saturday 21 October

Hanwood Circular Via The Golf Course, Plealey, Radlith, Longden (8 miles moderate). Leaders Neville Homent, Chris Jay.

Meet Shrewsbury Bus Station at 09.50.

Dep. Shrewsbury Bus Station Stand N: 10.05

Arr. Hanwood Cock Inn: 10.24

Return Dep. Hanwood Cock Inn: 16.31

553 Minsterley Motors bus

(Bus fare extra)

Saturday 28 October

Borth to Aberystwyth Via The Ceredigion Coast Path (6.5 miles moderate). Leaders Mick and Linda Hemming.

Depart Shrewsbury 09.30.

Return Aberystwyth 17.28.

Book Aberystwyth return

Saturday 4 November

Newtown Circular Via Lluest, Garth Hill (7 miles moderate) Leaders Pam Swales, Pat Tulloch.

Depart Shrewsbury 09.30.

Return Newtown 16.42.

Book Newtown return

Saturday 11 November

Wellington Circular via Admaston, Bratton (7 miles easy). Leaders Pam Swales, Pat Willday
Depart Shrewsbury 09.30.
Return Wellington 16.06.
Book Wellington return

Wednesday 15 November

Caersws Circular via Hornby, Long Hill (8 miles moderate). Leaders Doug Hill, Ian Hill.
Depart Shrewsbury 09.30.
Return Caersws 16.35.
Book Caersws return

Saturday 18 November

Leominster Circular Via Widgeon Hill, Slaughter Castle, Bache Camp, Brook Farm, Cogwell Brook (7 miles moderate). Leaders, Liz and Bob Owen
"Children in need" details to follow
Depart Shrewsbury 09.14.
Return Leominster 16.40.
Book Leominster return

Saturday 25 November

Knighton Circular Via Stowe, Weston, Stow Hill, Lurkenhope (8 miles moderate). Leaders Nigel Hotchkiss, John Mattocks
Depart Shrewsbury 08.56.
Return Knighton 17.40.
Book Knighton return

Saturday 2 December

Helsby to Frodsham Via Helsby Hill, Sandstone Trail, Five Crosses (8 miles moderate). Leaders Mick and Linda Hemming.
Depart Shrewsbury 09.27,
Return Frodsham 16.52.
Book Frodsham return

Saturday 9 December

Gobowen Circular Via The Llangollen canal, Weston Rhyn (6 miles moderate). Leaders Pat Willday, Pat Tulloch.
Depart Shrewsbury 09.27,
Return Gobowen 16.10.
Book Gobowen return

Saturday 16 December

Ludlow Circular pre Christmas walk Via Hucksbarn, Overton, Mortimer Trail (6miles moderate). Leaders John Mattocks. Nigel Hotchkiss.
Depart Shrewsbury 09.45.
Return Ludlow 16.21.
Book Ludlow return

Wednesday 20 December

Bushmoor to Craven Arms via Woolston and Wistanstow (7 miles moderate)

Leaders Mike Ledlie and Les Lumsdon.

Depart Shrewsbury Bus Station on 435 bus 09.55.

Return Craven Arms 16.10.

Saturday 23 December

Welshpool Circular Via Belan, Glyn-mawr Wood, Powis Castle (8miles moderate). Leaders Mick and Linda Hemming

Depart Shrewsbury 09.30.

Return Welshpool 14.55.

Book Welshpool return

Saturday 30 December

Shrewsbury Circular East around the river to Weir Hill (7miles easy). Leaders Liz and Bob Owen

Meet outside main station entrance at 09.45

Why not join the Ramblers?*



If you'd like to get out more and enjoy your local area with like-minded people, the **Ramblers** could be for you, with walk programmes catering for all abilities, many aimed specifically at beginners. Your membership will also help to protect footpaths and walking spaces for everyone to enjoy. To join, visit www.ramblers.org.uk/join or call 020 3961 3232.

**Rail Rambles is an independent walking organisation currently affiliated to the Ramblers (Powys area). We have received a lot of support from the Ramblers over the years and very much share their values and aims. However, Ramblers members, please be aware that the Rail Rambles themselves are not official Ramblers activities, so your Ramblers insurance policy does not cover them.*

Thank you, Transport for Wales

For continuing the support which makes it possible for us to run the Rail Rambles programme.

