

Rail Rambles Troeon Trên

Y Cerddwyr
The Ramblers



Guided Walks from Railway Stations in Mid Wales & the Marches

Teithiau Cerdded Tywysedig
o Orsafoedd Rheilffyrdd
yng Nghanolbarth Cymru
a'r Gororau



4 October 2003 - 22 May 2004 4 Hydref 2003 - 22 Mai 2004



Wales & Borders Trains

Welcome to Rail Rambles!

Rail Rambles started in 1989, and since then have enabled thousands of people to enjoy walking in Mid Wales and the Marches without the need to use cars.

Parties are usually a moderate size of 15-25 with companions friendly but not intrusive. All walk leaders are insured, booking is not necessary, and there is no need to be a member of any organisation.

Over a number of years, Rail Rambles have built up a repertoire of about 250 walks - all within a day's return of Shrewsbury. Rail fares in the area are very reasonable and good value with some discounts available. Always remember to wear good walking boots and bring food, drink plus a waterproof!

For more information please ring Richard or Barbara on 01568 612571.

Croeso i Troeon Trên

Mae croeso arbennig i Gymry Cymraeg a dysgwyr. "Pa wlad, wedi'r siarad sydd mor lân â Chymru lonydd?" Dewch i weld (a chlywed) drostoch eich hun! Am fanylion pellach, ffoniwch Alan (01743 359249).

Saturday trains after 3rd January 2004 are subject to confirmation.

Saturday 4 October 2003

(1) Llandrindod to Builth Road via Rhogo, Cefnbychan and Llanellwedd. Book to Builth Road (11 miles energetic). Leaders Brian and Jenny.

(2) Garth to Llanwrtyd via Treflys, Afon Cammarch and Bryn Moel (7 miles moderate). Leaders Jean and Ray. Book to Llanwrtyd. For both walks depart Shrewsbury 0854. Return from Builth Road 1528, return from Llanwrtyd 1511.

Saturday 11 October 2003

(1) Caersws to Newtown via Llanwnnog, Alltffynnon, Bwlch-y-fridd, and Crossroads (10 miles moderate). Leaders Phil and Cheryl. Depart Shrewsbury 0935, return from Newtown 1645.

(2) Caersws circular via Roman Road, Walk Mill, Crossgates and Llanwnnog (8½ miles moderate). Leaders Doug and Bernard. Depart Shrewsbury 0935, return from Caersws 1638.

Wednesday 15 October 2003

Ludlow circular via Whitcliffe, Brick House, Lady Halton and Prior's Halton (8 miles moderate). Leaders John and Keith. Depart Shrewsbury 0912, return from Ludlow 1510.

Saturday 18 October 2003

(1) Wellington circular via Lime Kiln Lane, Little Wenlock and The Wrekin (11 miles energetic). Leaders Stewart and David. Depart Shrewsbury 0927, return from Wellington 1615.

Saturday 25 October 2003

(1) Ludlow NEW via Oakley Park and Downton Castle (14 miles moderately strenuous). Leaders Chris and Martin. Depart Shrewsbury 0941, return from Ludlow 1712.

(2) Ludlow circular via Mary Knoll House, High Vinnalls and Climbing Jack Common (8 miles moderate). Leaders Les and Jean. Depart Shrewsbury 0941, return from Ludlow 1612.

Saturday 1 November 2003

(1) Machynlleth circular via Pont ar Ddyfi, Pen-y-geulan, Cefn Modfedd and Forge (10 miles energetic). Leaders Andrew and Andrew.

(2) Machynlleth circular via Roman Steps, Glanmeryn and Rhiwlwyfen (8 miles moderate). Leaders Marion and Clare.

(3) Machynlleth Town Trail and Glyndwr's Way (6 miles easy). Leaders Patrick and Janet.

For all walks depart Shrewsbury 0935, return from Machynlleth 1607.

Saturday 8 November 2003

(1) Builth Road to Llandrindod via Draen, Dalmore and Dolfawr Farm (10 miles moderate). Book to Builth Road. Leaders Niall and Susan.

(2) Llandrindod circular. Leaders John and Diane Wharton (8 miles moderate). For both walks depart Shrewsbury 0854, return from Llandrindod 1542.

Wednesday 12 November 2003

(1) Church Stretton circular via Hope Bowdler Hill, Cardington and The Wilderness (10 miles moderately strenuous). Leaders Bryan and Lorna. Depart Shrewsbury 0854, return from Church Stretton 1627.

Saturday 15 November 2003

(1) Newtown circular NEW via Severn Way, Dolforwyn Castle, and Gwestydd (10 miles energetic). Leaders Kevin and Jack.

(2) Newtown Town Tour. Explore the architectural diversity of this ancient market town lying in the gentle loop of the River Severn with our guides Alan and Maggie. For both walks depart Shrewsbury 0935, return from Newtown 1645.

Saturday 22 November 2003

(1) Knucklas to Knighton via Lloyney, Bwlch, Llanfair Hill and Offa's Dyke Path (10 miles energetic). Book to Knucklas. Leaders Peter and Malcolm.

(2) Knighton circular via Offa's Dyke Path, Lower Penlan, Hengwm Hill, Llanwen Hill and Farrington Lane. (8 miles moderate) Leaders Derek and Ray. For both walks depart Shrewsbury 0854, return from Knighton 1619.

Saturday 29 November 2003

(1) Dyfi Junction to Machynlleth NEW via Llyfnant Valley, Glaspwll and Allt-cae-Melyn (10 miles energetic). Book to Dyfi Junction. Leaders Mike and Kate.

(2) Machynlleth circular via Garth, Dol-gau, Brynglas and Roman Steps (6 miles easy). Leaders Grahame and Patricia. For both walks depart Shrewsbury 0935, return from Machynlleth 1607.

Saturday 6 December 2003

(1) Cilmeri to Llandrindod via Wye Valley Walk, Newbridge-on-Wye and Disserth (11 miles energetic). Leaders Jack and David. Depart Shrewsbury 0854, return from Llandrindod 1542.

(2) Cilmeri circular via Dolyerw, Wye Valley Walk, Builth Wells and Rhosferig-fach (7 miles moderate). Leaders Les and Jean. Depart Shrewsbury 0854, return from Cilmeri (request stop) 1525.

Wednesday 10 December 2003

Craven Arms circular via Watling Street, Clapping Wicket, Whettleston and Norton. Leaders Marion and Lorna (8 miles moderate). Depart Shrewsbury 0912, return from Craven Arms 1519.

Saturday 13 December 2003

(1) Ludlow circular via Ashford Carbonel, Caynham, Snitton and Gallows Bank (11 miles moderate). Leaders Phil and Cheryl. Depart Shrewsbury 0941, return from Ludlow 1612.

(2) Ludlow circular via Overton, Ashford Carbonel and Steventon (7 miles easy). Leaders Clare and Derek. Depart Shrewsbury 0941, return from Ludlow 1510. Seasonal headwear optional!

Saturday 20 December 2003

Bucknell. A short walk in the Bucknell area followed by lunch at The Baron of Beef, Bucknell. If you wish to eat, phone Doug on 01584 841637 before 20 November. Depart Shrewsbury 0854, return from Bucknell 1625.

Saturday 3 January 2004

(1) Penybont to Llandrindod via Dolau Jenkin, New Lodge, Gwystre Bridge, and Glan Dulas (10 miles energetic). Book to Llandrindod Wells. Leaders Mike and Kate.

(2) Llandrindod circular via Dan-y-graig, Shaky Bridge, Castle Bank, Pantpurlais and the Lake (7 miles moderate). Leader Bernard. For both walks depart Shrewsbury 0854, return from Llandrindod 1542.

Saturday 10 January 2004

(1) Chirk to Gobowen via Barc-du, Offa's Dyke Path and Brogyntyn Park (11 miles energetic). Leaders Chris, Brian and Jenny.

(2) Chirk to Gobowen NEW via 'Maelor Way', St. Martin's and Wat's Dyke (7 miles easy). Leaders Doug and Barbara. For both walks depart Shrewsbury 1027, return from Gobowen 1607.

Wednesday 14 January 2004

Broome to Craven Arms via Hopesay Hill, Longville Common and Onny Trail (8 miles moderate). Leader Keith. Depart Shrewsbury 0854, return from Craven Arms 1519

Saturday 17 January 2004

(1) Leominster to Ludlow via Orleton and Overton. (13 miles strenuous) Leaders Andrew and Andrew. Depart Shrewsbury 0940, return from Ludlow 1712.

(2) Ludlow Town Tour and short walk (5 miles). Leader Bryan. Depart Shrewsbury 0941, return from Ludlow 1612.

Saturday 24 January 2004

(1) Caersws circular NEW Roman Road, Clatter and Llanwnog (10 miles energetic). Leaders Ian, Doug and Kevin. Depart Shrewsbury 0935, return from Caersws 1638.

(2) Caersws to Newtown via Maesmawr and Stepside (7 miles moderate). Leaders Derek and Jan. Depart Shrewsbury 0935, return from Newtown 1645.

Saturday 31 January 2004

(1) Knighton circular NEW via Middle Pits, Stanage, Weston, Ragged Kingdom and Lurkenhope (12 miles moderate). Leaders Les and Tony.

(2) Knighton circular via Llanwen Hill, Lower Penlan, Hengwm Hill and Offa's Dyke (8 miles moderate). Leaders Jean and Barbara. For both walks depart Shrewsbury 0854, return from Knighton 1619.

Saturday 7 February 2004

(1) Welshpool circular via Cilcewydd Bridge, Offa's Dyke Path and Pentre (10 miles energetic). Leaders Brian and Jenny.

(2) Welshpool circular via Cilcewydd Bridge, Rosewood and Powis Castle (7 miles moderate). Leaders Patrick and Janet. For both walks depart Shrewsbury 0935, return from Welshpool 1701.

Saturday 14 February 2004

(1) Gobowen circular NEW via Wat's Dyke, Maelor Way, Rhoeswiell, Rhewd and Oak Mill (10 miles energetic). Leaders David and Sue.

(2) Gobowen circular NEW via Llangollen canal and Weston Rhyn (7 miles moderate). Leaders Lorna and Clare. For both walks depart Shrewsbury 1027, return from Gobowen 1607.

(3) The "Shuts of Shrewsbury" led by Alan, Anne and Maggie. Meet leaders outside Shrewsbury rail station 10.00.

Wednesday 18 February 2004

Craven Arms circular NEW via Stokesay castle, Brandhill Gutter and Clapping Wicket. (8 miles moderate). Leaders John and Richard. Depart Shrewsbury 0941, return from Craven Arms 1519.

Saturday 21 February 2004

(1) Bucknell to Craven Arms via Leintwardine and Stokesay Castle (12 miles energetic). Leaders Mike and Kate. Book to Bucknell (request stop). Depart Shrewsbury 0854, return from Craven Arms 1641.

(2) Bucknell to Knighton via Stowe Hill, Five Turnings and Offa's Dyke Path (9 miles moderate). Leaders Rex and Mary. Book to Knighton, alight at Bucknell (request stop). Depart Shrewsbury 0854, return from Knighton 1619.

Saturday 28 February 2004

(1) Leominster circular NEW via Kimbolton, Bache Camp, The Leasows and Stoke Prior (12 miles energetic). Leaders Ian and Doug.

(2) Leominster circular NEW via Widgeon Hill, Slaughter Castle, Bache Camp and Cogwell Brook (8 miles moderate). Leaders Derek and Ray. For both walks depart Shrewsbury 0941, return from Leominster 1701.

Saturday 6 March 2004

(1) New Radnor to Knighton via New Radnor, Whimble, Radnor Forest, Monaughty and Gwernaffel. Coach to New Radnor, fare extra. (11 miles strenuous). Leaders Les and Tony.

(2) Beggars Bush to Knighton via Cascob, Upper Litton, Pilleth, Black Hill, Hendregenny and Gwernaffel. Coach to Beggars Bush, fare extra. (8 miles moderate). Leaders Jean and Marion for both walks. For both walks depart Shrewsbury 0854, return from Knighton 1619.

Saturday 13 March 2004

(1) Church Stretton circular via Ragleth Hill, Barristers Plain, Portway and Haddon Hill (10 miles energetic). Leaders Andrew and Andrew.

(2) Church Stretton circular via Ragleth Hill, Barristers Plain, Townbrook Hollow and Rectory Wood (8 miles moderate). Leaders Bill and Bernard. Depart Shrewsbury 0941, return from Church Stretton 1627 (northbound) 1657 (southbound).

Saturday 20 March 2004

(1) Newtown circular via Shwrwd and Kerry Ridgeway. (11 miles strenuous). Leaders Peter and Kevin.

(2) Newtown circular via Lluest and Garth Hill (8 miles moderate). Leaders Ray and Jean. For both walks depart Shrewsbury 0935, return from Newtown 1645.

Wednesday 24 March 2004

Chirk circular NEW via Pontfadog (10 miles undulating). Leaders Bryan and Lorna. Depart Shrewsbury 0923, return from Chirk 16.00.

Saturday 27 March 2004

(1) Machynlleth circular via Pont-ar-dyfi, Cwm Gila, Twllnodwydd and Llugwy (9 miles energetic). Leaders Patrick and David.

(2) Machynlleth circular via Brynteg, Brynmelyn and Llyn Glanmeryn (7 miles moderate). Leaders Doug and Ray.

For both walks depart Shrewsbury 0935, return from Machynlleth 1607.

Saturday 3 April 2004

(1) Yorton to Shrewsbury NEW via The Shropshire Way (12 miles energetic). Leaders David, Joyce and Chris. Book to Yorton (request stop). Depart Shrewsbury 0934.

(2) Yorton to Wem NEW via The Shropshire Way (8 miles moderate). Leaders Rex and Mary. Book to Wem, alight at Yorton (request stop). Depart Shrewsbury 0934, return from Wem 1519.

Saturday 10 April

(1) Knighton circular via Llanwen Hill, Haw Hill, Pilleth, Black Hill, Rhos Hill and Rhos-y-Meirch (12 miles strenuous). Leaders Phil and Cheryl. Depart Shrewsbury 0854, return from Knighton 1619.

(2) Llangynllo to Knighton NEW via Glyndwr's Way (8 miles undulating). Leader Bernard. Book to Llangynllo. Depart Shrewsbury 0854, alight Llangynllo (request stop), return from Knighton 1619.

Wednesday 14 April 2004

Llangammarch Wells to Garth via Llethr Ddu (7 miles moderate). Leader Bill. Book to Llangammarch (request stop). Depart Shrewsbury 0854, return from Garth (request stop) 1520.

Saturday 17 April 2004

(1) Colwall to Great Malvern via Obelisk and Worcestershire Beacon (12 miles strenuous). Leaders Mike, Kate and John.

(2) Colwall to Great Malvern via Mathon and Worcestershire Beacon (8 miles moderate). Leaders Derek and Bryan. For both walks book to Great Malvern, alight at Colwall. Depart Shrewsbury 0941, change at Hereford. Return from Great Malvern 1757 or 1824, change at Hereford depart 1848 or 1950.

Saturday 24 April 2004

(1) Aberystwyth circular via Llanfarian, Rhôd-mâd, Ffo-las and cliff paths (11 miles energetic). Leaders Martin, Brian and Jenny.

(2) Borth to Aberystwyth via Craig y Delyn, cliff path and Constitution Hill (8 miles moderate.) Leaders Jan and Clare. Book to Aberystwyth, alight at Borth.

(3) Aberystwyth Town Tour NEW From castle to Constitution Hill. Leaders Alan, Anne and Maggie

For all walks depart Shrewsbury 0935, return from Aberystwyth 1734.

Saturday 1 May 2004

(1) Shifnal circular NEW via Grindle, Badger Dingle, Snowdon and Ryton (12 miles strenuous). Leaders David and Sue. Depart Shrewsbury 0838. Depart Wolverhampton 0900. Return from Shifnal 1621 (for Shrewsbury), 1603 (for Wolverhampton).

(2) Wellington "Round the Wrekin" (8 miles moderate). Leader Stewart. Depart Shrewsbury 0927, depart Wolverhampton 0900. Return 1615 (for Shrewsbury), 1642 (for Wolverhampton).

Saturday 8 May 2004

(1) Llangynllo to Dolau NEW via Bleddfa, St. Michael's Pool & Nantwellan (10 miles energetic). Leaders Malcolm and Jack.

(2) Llangynllo to Dolau NEW via St. Michael's Pool, Lower Farm and Lower Pentre (8 miles moderate). Leaders Patrick and Janet. For both walks book to Dolau, alight at Llangynllo. Depart Shrewsbury 0854, return from Dolau 1554.

Saturday 15 May 2004

(1) Penhelig to Tywyn NEW via Dyffryn Gwyn, Bryn Dinas and Rhyd-yr-Onen (9 miles energetic). Leaders Chris and Bernard. Book to Tywyn, alight at Penhelig.

(2) Penhelig circular NEW via Llechwedd and Dyffryn Glyn-cul. (7 miles moderate, undulating). Leaders Ray and Jean. For both walks depart Shrewsbury 0935, return from Tywyn 1628, Penhelig (request stop) 1636. Depart Machynlleth 1807. Arrive Shrewsbury 1924.

Wednesday 19 May 2004

Ludlow circular. NEW via Dinham Bridge, Ledwyche Pool and Caynham hill fort (10 miles moderate). Leaders Marion and Barbara. Depart Shrewsbury 0941, return from Ludlow 1712 (northbound), 1717 (southbound).

Saturday 22 May 2004

Knighton to Presteigne NEW via Upper Woodhouse Farm, Rhos-y-meirch, Hawthorn Hill, Discoed and Clatter Brook (10 miles energetic). Leaders Patrick and Doug. Depart Shrewsbury 0854, alight at Knighton. Return bus from Presteigne to Knighton (fare extra). Return from Knighton 1619.

Walk descriptions

The terms 'strenuous' and 'energetic' refer to a fast pace due to mileage and/or the return train time. 'Moderate' indicates one or two climbs and a steady pace, 'undulating' - rolling countryside, 'moderately easy' - gentle climbs and some level ground.

Dogs

To comply with the wishes of the majority of our customers, we regret that dogs cannot be taken on any Rail Rambles walk.

Programme 4 October 2003 - 21 May 2004

Rail Rambles is organised by Richard and Barbara Addyman with the support of Wales & Borders Trains and The Welsh office of The Ramblers' Association.

Walks are led by members of the Ramblers' Association with routes from stations on the Cambrian, Heart of Wales, Marches and Shrewsbury to Chester lines. No charge is made for conducting the walks and whilst every care will be taken to keep to the advertised programme, walks leaders reserve the right to make changes to suit weather conditions, the needs of the party or any other unforeseen circumstances. It should be noted that leaders are empowered to refuse to take anyone who, in their opinion, has unsuitable footwear.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of walkers always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each walker appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

The Ramblers' Association, Wales & Borders Trains and Central Trains.

For further copies of this programme please send a stamped addressed envelope to:

The Ramblers in Wales
Tŷ'r Cerddwyr
High Street
Gresford
Wrexham
LL12 8PT.

Travel by Train

Train Times

Outward departure times from Shrewsbury and return departure times from the walk destinations are included in the Walks Programme section of this leaflet. For details of departure times from other locations and connecting services to Shrewsbury please telephone the enquiry number below.

Times detailed may be subject to minor change. Customers are strongly advised to check the times of trains before travelling.

Fares

The normal range of Day Return, Saver and SuperSaver tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased.

Children aged five to fifteen inclusive travel half price, children under five travel free. Discounted fares are available to holders of Senior, Young Persons, Family and Disabled Railcards.

Groups of ten or more customers travelling together and booking in advance can normally obtain a discount. For further information please contact the number below.

Telephone Enquiries

Timetable and Fares (24 hrs)

08457 48 49 50

Textphone

0845 60 50 600

Group Travel

0870 9000 767

Timetables by Post

0870 9000 772

Welsh Language Service

0845 60 40 500

Tickets and Reservations

0870 9000 773

Journey Care

0845 300 3005

Walks Programme

01568 612 571

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