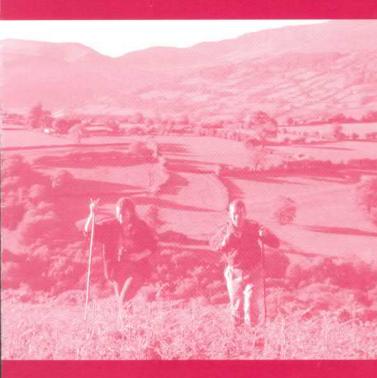
# Rail Rambles Troeon Trên



Guided Walks from Railway Stations in Mid Wales & the Marches

Teithiau Cerdded Tywysedig o Orsafoedd Rheilffyrdd yng Nghanolbarth Cymru a'r Gororau



4 January - 21 May 2003 4 Ionawr - 21 Mai 2003



Wales & Borders Trains

### For people like you...

If you want to walk in beautiful countryside but aren't sure where to go...

If you haven't got a car or would rather not use it at weekends...

If you enjoy the company of like-minded people but don't want to "join anything"...

If you think rural railways are a thing of the past...

... then Rail Rambles are for you! For ten years our experienced guides have been taking people like you to lovely places you might never otherwise have known about. All you need is a pair of strong boots or shoes, food, drink and a waterproof.

And (apart from your train fare), it's all absolutely free! Why not give us a trial - or if you want to know more, ring Richard or Barbara on 01568 612571.

### ... a phobl fel chi!

Ar un o'n teithiau diweddar, roedd chwech o Gymry Cymraeg (wel, tri siaradwr rhugl a thri dysgwr). Roeddwn nhw wrth eu bodd yn cerdded ym "Mhowys Paradwys Cymru" tra'n siarad laith y Nefoedd! Rhowch gynnig arni - neu ffoniwch 01743 359249

## Walks Programme Rhaglen Teithiau Cerdded

4 January - 21 May 2003 4 Jonawr - 21 Mai 2003

#### Saturday 4 January 2003

- (1) **Dolau to Llandrindod** via Coed-swydd, Llandegley and Pawl Hir. (10 miles moderately strenuous) Leaders Brian Jones and Bernard Williams.
- (2) **Dolau to Llandrindod** via Penybont and Bailey Einon Wood (9 miles moderate) Leaders Bryan Heatley and Derek Shuker. For both walks book to Llandrindod, alight at Dolau. Depart Shrewsbury at 0854, return from Llandrindod 1542.

#### Saturday 11 January 2003

(1) **Welshpool circular** via Cilcewydd, Wernllwyd, Brithdir, Belan and Powis Castle (11 miles moderately strenuous) Leaders Phil Johnston and Bill Hodges.

(2) Welshpool circular via Belan, Glyn-mawr Wood and Powis Castle. (8 miles moderate) Leaders Niall and Susan McCormack. For both walks depart Shrewsbury 0935, return from Welshpool 1701.

#### Wednesday 15 January 2003

Gobowen circular NEW via Llangollen Canal and Weston Rhyn. (7 miles moderate) Leader Lorna Lewis. Depart Shrewsbury 0917, return from Gobowen 1406 or 1606.

#### Saturday 18 January 2003

- (1) **Church Stretton circular** via Little Caradoc and Lawley. (12 miles strenuous) Leaders Mike and Kate Owen. Depart Shrewsbury 1017, return from Church Stretton 1652 (northbound) 1657 (southbound).
- (2) Church Stretton circular via Ragleth Hill, Ashes Hollow and Cardingmill Valley. (8 miles moderate) Leaders Rex and Mary Simpson. Depart Shrewsbury 1017, return from Church Stretton 1427 or 1652 (northbound) 1459 or 1559 (southbound).

#### Saturday 25 January 2003

- (1) Machynlleth circular via Pont-ar-Ddyfi, Foel-y-Geifr and Twllnodwydd (10 miles strenuous) Leaders Patrick Riley and Ray Knowles.
- (2) Machynlleth circular NEW via Watermill, Felin-y-coed and Glyndwr's Way. (8 miles moderate) Leaders Grahame and Patricia Cox. For both walks depart Shrewsbury 0935, return from Machynlleth 1607.

#### Saturday 1 February 2003

- (1) **Llandrindod circular** via Careg-wiber Bank, Pawl Hir and Shaky Bridge. (10 miles moderately strenuous) Leaders Marion Law and Doug Billingsley.
- (2) Llandrindod circular via Brynhir and Careg-wiber Bank.
  (7 miles moderate) Leaders Richard and Barbara Addyman.
  For both walks depart Shrewsbury 0854, return from Llandrindod 1542.

#### Saturday 8 February 2003

- (1) Craven Arms to Ludlow via Stokesay Castle, Cookridge and Priors Halton. (11 miles strenuous) Leaders Malcolm Kimber and Andrew Davies. Book to Ludlow. Depart Shrewsbury 0941, return from Ludlow 1612 (northbound) 1615 (southbound).
- (2) Craven Arms circular via Stokesay, Glencoed, Onibury and Norton. (8 miles moderately easy) Leaders Jan and Joules Bonnett. Depart Shrewsbury 0941, return from Craven Arms 1641 (northbound) 1609 (southbound).

#### Wednesday 12 February 2003

Leominster circular NEW via Stoke Prior and Risbury Mill. (8.5 miles moderately easy) Leader Bill Hodges. Depart Shrewsbury 0941, return from Leominster1601.

#### Saturday 15 February 2003

- (1) **Gobowen to Chirk** via Brogyntyn and Offa's Dyke Path. (11 miles strenuous) Leaders The Hills. Book to Chirk. Depart Shrewsbury 1028, return from Chirk 1602 or 1804.
- (2) Chirk to Ruabon via Pontcysyllte and Plas Madoc (7 miles easy) Leaders Alan Howard and Anne Farquhar. Book to Ruabon. Depart Shrewsbury 0917, return from Ruabon 1556.

#### Saturday 22 February 2003

- (1) **Welshpool circular** via Offa's Dyke Path, Cil-cewydd bridge, Rosewood and Powis Castle. (10 miles strenuous) Leaders Kevin Jones and Bryan Heatley.
- (2) **Welshpool circular** via Beacon Ring, Offa's Dyke Path and Buttington. (8 miles moderate) Leaders Patrick and Janet Riley. For both walks depart Shrewsbury 0935, return from Welshpool 1701.

#### Saturday 1 March 2003

- (1) New Radnor to Knighton NEW via Mutton Dingle, Ednol Hill, Cascob, Pilleth and Black Hill, (12 miles strenuous) Leaders Les Coulthard and Kevin Jones.
- (2) Evenjobb to Knighton NEW via Offa's Dyke. (8.5 miles moderate undulating.) Leaders Jean Coulthard and Barbara Gray-Addyman. For both walks depart Shrewsbury 0854. Bus from Knighton (fare extra), return from Knighton 1619.

#### Saturday 8 March 2003

- (1) **Ludlow circular** via Mortimer Trail, Hanway Common and Starvecrow. (10 miles moderately strenuous) Leaders Chris Jenkins and Brian Jones.
- (2) Ludlow circular via Felton Farm, Race Course, Bromfield and Prior's Halton. (7 miles moderate) Leaders Bernard Williams and Richard Addyman. For both walks depart Shrewsbury 0941, return from Ludlow 1612 (northbound) 1615 (southbound).

#### Wednesday 12 March 2003

Wrenbury to Whitchurch via Marbury and Wolvesacre Hill. (11 miles strenuous) Leader Bryan Heatley. Book to Wrenbury (request stop) Depart Shrewsbury 0934, return from Whitchurch 1509 or 1708.

#### Saturday 15 March 2003

- (1) Craven Arms to Ludlow via Clapping Wicket, Brandhill Farm, Fiddlers' Elbow, Lodge Farm and Bromfield. (13 miles strenuous) Leader Jack Price. Book to Ludlow. Depart Shrewsbury 0941, return from Ludlow 1612 or 1712.
- (2) Craven Arms circular via Paddock, Weo Edge, Gorst Barn and Stokesay Castle. (8 miles moderately easy) Leaders Clare Gathercole and Barbara Gray-Addyman. Depart Shrewsbury 0941, return from Craven Arms 1519.

#### Saturday 22 March 2003

- (1) **Broome to Craven Arms** via Leintwardine and Stokesay Castle. (12 miles strenuous) Leaders Bill Hodges and Stewart Davies. Book to Broome (request stop). Depart Shrewsbury 0854, return from Craven Arms 1641.
- (2) **Broome to Craven Arms** via Hopesay Hill and Stokesay Castle (8 miles moderate) Leader Derek Shuker. Book to Broome (request stop). Depart Shrewsbury 0854, return from Craven Arms 1641.

#### Saturday 29 March 2003

- (1) Knighton to Bucknell via Offa's Dyke Path, Llanwen Hill and Brampton Bryan Park. (11 miles moderately strenuous) Leaders Niall and Susan McCormack. Book to Knighton. Depart Shrewsbury 0854, return from Bucknell 1625.
- (2) Knucklas to Knighton NEW via Knucklas Castle, Teme Valley, Brynorgan, Offa's Dyke Path and Kinsley Wood. (8 miles moderate) Leader Lorna Heard. Book to Knucklas (request stop). Depart Shrewsbury 0854, return from Knighton 1619.

#### Saturday 5 April 2003

- (1) Chirk circular NEW via Offa's Dyke Path, Craignant, Wern and Moreton Bridge. (12 miles moderately strenuous) Leader Lorna Lewis.
- (2) Chirk circular via Offa's Dyke Path and Stonehenge.
  (7 miles easy). Leaders Ray Knowles and Richard Addyman.
  For both walks depart Shrewsbury 0917, return from Chirk 1602 or 1804.

#### Saturday 12 April 2003

(1) **Newtown circular NEW** via Treowen, Dolfor, Neuadd Goch and Mochdre. (12 miles strenuous) Leader David Downes.

(2) Newtown circular via Garth Cottage, Bryn-du, Ty'n-y-Pales and Fachwen Pool. (8 miles moderate) Leaders Doug Billingsley and Bernard Williams. For both walks depart Shrewsbury 0935, return from Newtown 1645 or 1843.

#### Wednesday 16 April 2003

Machynlleth circular. 7 miles easy. A botanical and historical walk. Leader Keith Mason. Depart Shrewsbury 0935, Bus to Pantperthog (fare extra). Return from Machynlleth 1607.

#### Saturday 19 April 2003

- (1) **Aberdyfi to Tywyn NEW** via Dyffryn-Gwyn, Rhyd-yr-Onen and Ynysymaengwyn. (10.5 miles moderately strenuous) Leaders Phil and Cheryl Johnston, Book to Tywyn.
- (2) Aberdyfi circular via Erw-Gwellian, Bwlchgwyn, Dyffrynglyn-cul and seashore. (6 miles moderately easy)Leaders Ray and Jean Trend. For both walks depart Shrewsbury 0935, return from Tywyn 1628, Aberdyfi 1634. Arrive Shrewsbury 1924.

#### Saturday 26 April 2003

- (1) Yorton to Whitchurch NEW via "Marches Way". (16 miles strenuous) Leader Jack Price. Book to Whitchurch, alight Yorton (request stop), Depart Shrewsbury 0934, return from Whitchurch 1833.
- (2) Wem to Yorton via Shropshire Way and Sansaw. (8 miles moderate) leaders Patrick and Janet Riley, Book to Wem. Depart Shrewsbury 0934, return from Yorton (request stop) 1524.

#### Saturday 3 May 2003

- (1) Bucknell to Craven Arms via Leintwardine, Onibury and Norton Camp. (12 miles strenuous) Leaders Brian Jones and Chris Jenkins. Book to Bucknell (request stop). Depart Shrewsbury 0854, return from Craven Arms 1641.
- (2) Bucknell to Knighton via Stow Hill, Stow Church and Lee Cottage. (7 miles moderate) Leaders Marion Law and Barbara Gray-Addyman. Book to Knighton. Depart Shrewsbury 0854, return from Knighton 1619.

#### Saturday 10 May 2003

- (1) Llangynllo to Knighton NEW via Wernygeufron Hill, Mellin-y-Grogue, Stoney Pound and Offa's Dyke Path. (13.5 miles very strenuous) Leaders Andrew Davies and Andrew Doggett.
- (2) Llangynllo to Knighton via Wernygeufron Hill, Knucklas, Race Course and Garth. (9 miles moderate) Leaders Stewart Davies and Richard Addyman. For both walks depart Shrewsbury 0854, return from Knighton 1619.

#### Wednesday 14 May 2003

Ruabon circular via Wynnstay Park, Erbistock, Overton Bridge, Crabtree Green and Wat's Dyke. (11 miles strenuous) Leaders Phil and Cheryl Johnston. Depart Shrewsbury 0917, return from Ruabon 1556 or 1758.

#### Saturday 17 May 2003

- (1) **Dolau circular NEW** via Old Hall, Radnor Forest and Water-Break-its Neck. (14 miles very strenuous). Leaders Malcolm Kimber and David Downes.
- (2) **Dolau circular NEW** via Far Hall, Heartsease, Llandewy Hall and Oaks. (7 miles moderate) Leaders Ray and Jean Trend. For both walks depart Shrewsbury 0854, return from Dolau (request stop) 1554 or 2016

#### Wednesday 21 May 2003

(1) **Llandrindod circular** (6 miles moderate). A bluebell walk through Happy Valley. Leaders Joyce West and Barbara Gray-Addyman. Depart Shrewsbury 0854, return from Llandrindod 1542.

#### Dogs

To comply with the wishes of the majority of our customers, we regret that dogs cannot be taken on any Rail Rambles walk.

#### Programme 24 May - 27 September 2003

The programme should be available in April 2003. Please call in at the office from which you obtained this leaflet or send a stamped, addressed envelope marked 'Rail Rambles' to: The Ramblers in Wales, Tyr Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.

Rail Rambles' is organised by the Ramblers' Association with the support of Wales & Borders Trains and Central Trains. No charge is made for conducting the walks and whilst every care will be taken to keep to the advertised programme, walks leaders reserve the right to make changes to suit weather conditions, the needs of the party or any other unforeseen circumstances. Neither the Ramblers' Association nor Wales & Borders Trains and Central Trains can accept liability for any loss or injury incurred during the walks, howsoever caused.

#### Travel by Train Train Times

Outward departure times from Shrewsbury and return departure times from the walk destinations are included in the Walks Programme section of this leaflet. For details of departure times from other locations and connecting services to Shrewsbury please telephone the enquiry number below.

Times detailed may be subject to minor change. Customers are strongly advised to check the times of trains before travelling.

#### Fares

The normal range of Day Return, Saver and SuperSaver tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased.

Children aged five to fifteen inclusive travel half price, children under five travel free. Discounted fares are available to holders of Senior, Young Person, Family and Disabled Railcards.

Groups of ten or more customers travelling together and booking in advance can normally obtain a discount. For further information please contact 0870 9000 767

#### **Telephone Enquiries**

Timetable and Fare enquiries

08457 48 49 50

Welsh Language

0845 60 40 500

Textphone

0845 60 50 600

Tickets and Reservations

0870 9000 773

Group Travel

0870 9000 767

Journey Care

0845 300 3005

#### **Timetables by Post**

Wales & Borders Trains Pocket Timetables A, C & F

0870 9000 772

Walks Programme Enquiries

01568 612571

### www.walesandborderstrains.co.uk www.centraltrains.co.uk

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For further copies of this programme please send a stamped addressed envelope to:

The Ramblers in Wales

Tŷ'r Cerddwyr

**High Street** 

Gresford

Wrexham

LL12 8PT.

WB 0404e Display until 21 May 2003