

Travel by Train / Teithio ar Drên Train Times / Amserau Trên

Outward departure times from Shrewsbury and return departure times from the walk destinations are included in the Walks Programme section of this leaflet. For details of departure times from other locations and connecting services to Shrewsbury please telephone the enquiry number below.

Times quoted are correct at the time of going to press. Train times are subject to alteration from May 28 2000. Customers are advised to check the times of trains before travelling.

Mae amserau ymadael o Amwythig a dychwelyd o ben y daith gerdded wedi'u cynnwys yn y Rhaglen Teithiau Cerdded. Am fanylion amseroedd ymadael o leoliadau eraill a gwasanaethau cysylltu i'r Amwythig, ffoniwch y rhif ymholiadau isod os gwelwch yn dda.

Mae'r amserau a ddangosir yn gywir pan gynhyrchwyd y ffurflen yma. Mae'n debyg y gall yr amserau trên yma newid o Mai 28 2000. Cynghorir i gwsmeriaid sicrhau amserau trên cyn teithio.

Fares / Prisiau

The normal range of Day Return, Saver and SuperSaver tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased.

Children aged five to fifteen inclusive travel half price, children under five travel free. Discounted fares are available to holders of Senior, Young Person, Family, Disabled and Forces Railcards.

Groups of ten or more customers travelling together and booking in advance can normally obtain a discount. For further information please contact 0345 05 60 27 or 0870 9000 767.

Gellir defnyddio Tocynnau Dychwelyd yr un Diwrnod tocynnau Saver a SuperSaver i deithio i bwynt dechrau'r daith gerdded.

Pan fo'r daith gerdded yn dychwelyd i leoliad gwahanol, dylid prynu tocyn i'r pwynt pellaf.

Mae plant rhwng pump a phymtheg oed yn teithio am hanner pris, gyda phlant o dan bump oed yn teithio am ddim. Mae prisiau gostyngol ar gael i berchnogion Cerdyn Rheilffordd yr Henoed, Person Ifanc, y Teulu, yr anabl neu'r Lluoedd.

Mae gostyngiadau pellach ar gael i grwpiau o ddeg neu fwy sy'n teithio gyda'i gilydd. Rhaid llogi lle cyn y daith. Am fanylion pellach, cysylltwch â 0345 05 60 27 neu 0870 9000 767 os gwelwch yn dda.

Telephone Enquiries / Ymholiadau Ffôn

Timetable and Fare enquiries

Ymholiadau ynglŷn â'r amserlen a'r prisiau

08457 48 49 50 *

* Calls to this number may be recorded/ * Mae'n bosib y bydd eich galwad i'r rhif yma yn cael ei recordio.

Walks Programme Enquiries

Ymholiadau am y Rhaglen Teithiau Cerdded

01568 612571

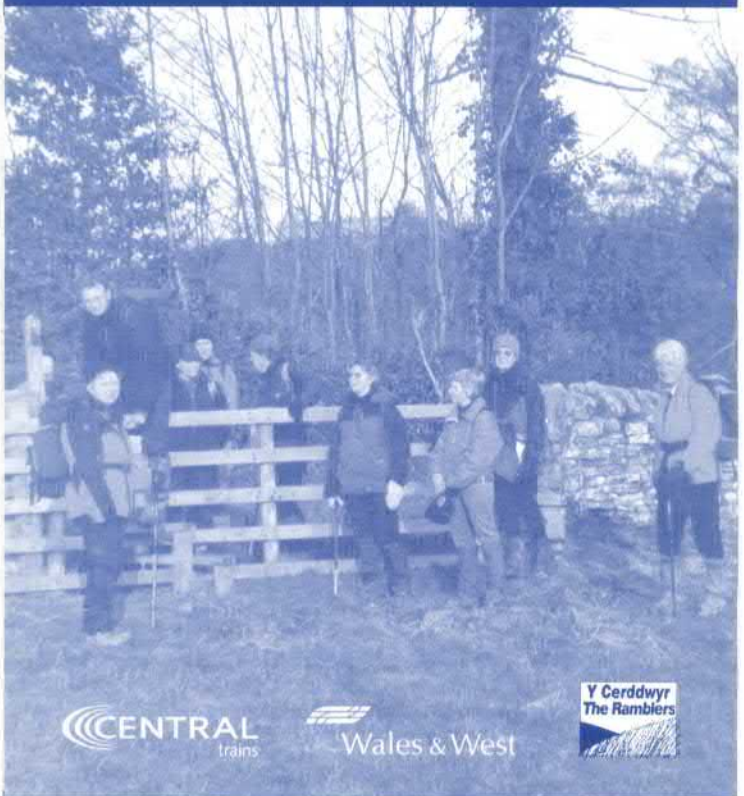
For further copies of this programme please send a stamped addressed envelope to: **The Ramblers in Wales, Tŷ'r Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.**

Am ragor o gopïau o'r rhaglen yma, anfonwch amlen â stamp a chyfeiriad i: **The Ramblers in Wales, Tŷ'r Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.**

Rail Rambles Troeon Trên

Guided Walks from Railway Stations in Mid Wales & the Marches

Teithiau Cerdded Tywysedig o Orsafoedd Rheilffyrdd yng Nghanolbarth Cymru a'r Gororau



CENTRAL
trains

Wales & West

Y Cerddwyr
The Ramblers

January - June 2001 • Ionawr - Mehefin 2001

For people like you...

If you want to walk in beautiful countryside but aren't sure where to go...

If you haven't got a car or would rather not use it at weekends...

If you enjoy the company of like-minded people but don't want to "join anything"...

If you think rural railways are a thing of the past...

... then Rail Rambles are for you! For ten years our experienced guides have been taking people like you to lovely places you might never otherwise have known about. All you need is a pair of strong boots or shoes, food, drink and a waterproof.

And (apart from your train fare), it's all absolutely free! Why not give us a trial - or if you want to know more, ring Richard or Barbara on 01568 612571.

... a phobl fel chi!

Ar un o'n teithiau diweddar, roedd chwech o Gymry Cymraeg (wel, tri siaradwr rhugl a thri dysgwr). Roeddwn nhw wrth eu bodd yn cerdded ym "Mhowys Paradwys Cymru" tra'n siarad laith y Nefoedd! Rhowch gynnig ami - neu ffoniwch 01743 359249

Walks Programme Rhaglen Teithiau Cerdded

January - June 2001

Ionawr - Mehefin 2001

Saturday 6 January 2001

(1) **Craven Arms circular** via Sibdon Castle, Hopesay Hill and Wistanstow. (10 miles moderate). Leaders Bryan Heatley and Bernard Williams.

(2) **Craven Arms circular** via Sibdon Castle and the River Onny (7 miles easy). Leaders Richard and Barbara Addyman. For both walks depart Shrewsbury 0855, return from Craven Arms 1519.

Saturday 13 January 2001

(1) **Bucknell to Craven Arms** via Leintwardine and Stokesay Castle. (12 miles strenuous). Leaders Kath Ainsworth and Brian Wood. Depart Shrewsbury 0855, return from Craven Arms 1641.

(2) **Bucknell to Knighton** via Stow Hill and Lee Cottage (7 miles moderately easy). Leaders Ross Hill and Sue Crampton. Book to Knighton, alight at Bucknell. Depart Shrewsbury 0855, return from Knighton 1619.

Saturday 20 January 2001

(1) **Newtown circular** via Lonesome Lane, Pont y Perchyll, Gregynog and Middle Garth (11 miles moderately strenuous). Leaders Stewart Davies and Malcolm Kimber.

(2) **Newtown circular** via Thimble Hall and Aberhafesp (7 miles moderately easy). Leaders Grahame and Patricia Cox. For both walks depart Shrewsbury 0929, return from Newtown 1640.

Saturday 27 January 2001

(1) **Church Stretton circular** via Motts Road, Wild Moor, Ratlinghope, Betchcott Hill, Portway and Golf Course (11 miles moderately strenuous). Leaders Peter James and Marion Law. Depart Shrewsbury 0855, return from Church Stretton 1627.

(2) **Shrewsbury circular** via the River Severn and field paths (could be muddy in places). (5 miles easy). Arriving back in Shrewsbury at approximately 1300 there is an optional short guided tour of this interesting town, with time for tea or shopping, or both. Leaders Anne Farquhar and Betty Halford. Meet on station platform (top of steps) 1000.

Saturday 3 February 2001

(1) **Gobowen circular** via Oswestry, Trefonen, Offa's Dyke Path and Brogyntyn (14 miles strenuous). Leaders Chris Jenkins and Brian Jones.

(2) **Gobowen circular** via Pleasant Groves, Brogyntyn Park and Old Oswestry (8 miles moderately easy). Leaders Bill Hodges and Ray Knowles. For both walks depart Shrewsbury 0845, return from Gobowen 1603.

Saturday 10 February 2001

(1) **Cilmeri to Llandrindod** via Wye Valley Walk, Newbridge-on-Wye and Diserth (11 miles moderately strenuous). Leaders Pat and Janet Riley. Book to Cilmeri (request stop). Depart Shrewsbury 0855, return from Llandrindod 1542.

(2) **Cilmeri to Builth Road** **NEW** via Rhosferig fach, Wye Valley Walk, Builth Wells, Cefn Dyrys and Club Lane. (8 miles moderately easy). Book to Cilmeri (request stop). Leaders Ray and Jean Trend. Depart Shrewsbury 0855, return from Builth Road (request stop) 1528.

Saturday 17 February 2001

(1) **Caersws to Newtown** via Black Barn, Borfa Hafod, Gregynog and Bwlch-y-Ffridd (13 miles strenuous). Leaders Jack Price and Mike Owen. Depart Shrewsbury 0929, return from Caersws 1637.

(2) **Aberdyfi circular** via Trefeddian, Dyffryn-glyn-cul and Erw Gwenllian (6 miles moderately easy). Leaders Sue Crampton and Ross Hill. Depart Shrewsbury 0929, return from Aberdyfi 1638.

Saturday 24 February 2001

(1) **Wem to Yorton** via Shropshire Way and Sansaw (8 miles easy). Leaders Derek Shuker and Stewart Davies. Depart Shrewsbury 0934, return from Yorton (request stop) 1524.

Saturday 3 March 2001

(1) **Bucknell to Knighton** **NEW** via Brampton Bryan, Harley's Mountain and Reeves Hill (12 miles strenuous). Leaders Lorna Lewis, Niall and Susan McCormack. Book to Knighton, alight at Bucknell.

(2) **Knighton circular** **NEW** A Town Trail leads through this border town and out into the Welsh hills. (5 miles of moderately easy walking). Leaders Les and Jean Coulthard. For both walks depart Shrewsbury 0855, return from Knighton 1619.

Saturday 10 March 2001

(1) **Aberdyfi to Penhelyg** via Happy Valley, Bearded Lake and Penhelyg (10 miles moderately strenuous). Leader Chris Jenkins. Depart Shrewsbury 0929, return from Penhelyg (request stop) 1641.

(2) **Caersws to Newtown** via Llanwnnog, Rhydlydan and Fachwen Pool (8 miles undulating). Leaders Richard Addyman and Ray Knowles. Depart Shrewsbury 0929, return from Newtown 1640.

Saturday 17 March 2001

(1) **Wellington circular** **NEW** Little Wenlock and the Wrekin (11 miles strenuous). Leader Bill Hodges. Depart Shrewsbury 0957, return from Wellington 1638(E), 1620(W).

(2) **Shifnal circular** **NEW** via Evelith Mill and Ryton (9 miles moderate). Leaders Bernard Williams and Marion Law. Depart Shrewsbury 1023, change at Wellington. Return from Shifnal 1603 (E), 1624 (W). Change at Wellington.

Saturday 24 March 2001

(1) **Llanbister Road** **NEW** circular via Llanbister, Dafarndywarth and Vronganllwyd. (12 miles strenuous). Leaders Andrew Davies and Peter James. Book to Llanbister Road (request stop). Depart Shrewsbury 0855, return from Llanbister Road 1600.

(2) **Llanbister Road to Llangynllo** via St. Michael's Pool and Bleddfa (7 miles moderately easy). Leaders Rex and Mary Simpson. Book to Llanbister Road (request stop). Depart Shrewsbury 0855, return from Llangynllo (request stop) 1605.

Saturday 31 March 2001

(1) **Welshpool circular** **NEW** via Frochas, Lower Trefnant, Bonciau, Coppice Lane and Castle Caereinion. (13 miles strenuous). Leaders Phil and Cheryl Johnston. Depart Shrewsbury 0929, return from Welshpool 1656.

(2) **Welshpool circular** **NEW** via Wern Wood, Glyn, Y Golfa and Llanerch-y-ddol. (7 miles moderately easy). Leaders Alan Howard and Derek Shuker. Depart Shrewsbury 0929, return from Welshpool 1456.

Saturday 7 April 2001

(1) **Machynlleth circular** via Twllnodwydd, Tarrenhendre, Foel-y-Geifr and Cwm Gila (12 miles strenuous). Leaders Mike Owen and Chris Jenkins. Depart Shrewsbury 0929, return from Machynlleth 1821.

(2) **Machynlleth circular** via Roman Steps, Coed Llynloedd and Brynglas. (7 miles moderately easy). Leaders Richard and Barbara Addyman. Depart Shrewsbury 0929, return from Machynlleth 1604.

Saturday 14 April 2001

(1) **Leominster to Ludlow** via Moreton, Woofferton and Ashford Carbonel (13 miles strenuous). Leaders Jack Price and Stewart Davies. Book to Leominster. Depart Shrewsbury 0943, return from Ludlow 1712 or 1812.

(2) **Leominster circular** **NEW** via the Priory, Kimbolton and Yolk Bridge. (7 miles easy). Leaders Barbara Gray Addyman and Doug Billingsley. Depart Shrewsbury 0943, return from Leominster 1601.

Saturday 21 April 2001

(1) **Craven Arms circular** **NEW** via Westhope, Corfton, Diddlebury, Seifton, Bache and Norton (15 miles strenuous). Leaders Doug Billingsley and Malcolm Kimber. Depart Shrewsbury 0855, return from Craven Arms 1821.

(2) **Craven Arms circular** via Watling Street, Onny Trail, Upper Carwood, Hopesay Hill and Sibdon Castle (8 miles moderately easy). Leaders Ray and Jean Trend. Depart Shrewsbury 0855, return from Craven Arms 1519.

Saturday 28 April 2001

(1) **Fairbourne to Abergynolwyn** via Trawsfynydd, Craig-y-llyn, Hafody, Gwastadryn, Castell-y-Bere and Abergynolwyn (bus to Machynlleth, fare extra). (12 miles strenuous). Leaders Pat & Janet Riley. Depart Shrewsbury 0929, return from Machynlleth 2019.

(2) **Llwyngwrl to Barmouth** via Cyfannedd-Fawr and Morfa Mawddach (7 miles easy). Leaders Alan Howard and Bryan Heatley. Book to Barmouth, alight at Llwyngwrl (request stop). Depart Shrewsbury 0929, return from Barmouth 1605.

Saturday 5 May 2001

(1) **Dyfi Junction to Machynlleth** via Glandyfi, Mynydd Cae-du, Pont Gelligoch and Brynglas (12 miles strenuous). Leaders Phil and Cheryl Johnston. Depart Shrewsbury 0929, return from Machynlleth 1821.

(2) **Penhelyg to Aberdyfi** via Allt Goch, Carn March Arthur, Gwyddgwion & Trefeddan (9 miles moderate). Leaders Bernard Williams & Stewart Davies. Book to Aberdyfi, alight at Penhelyg (request stop). Depart Shrewsbury 0929, return from Aberdyfi 1637.

Saturday 12 May 2001

(1) **Church Stretton to Shrewsbury** **NEW** via Betchcott Hill, Wilderly Hill, Lawn Hill, Earls Hill and Lyth Hill (19 miles strenuous). Leaders Andrew Davies and Mike Owen. Book single Shrewsbury to Church Stretton. Depart Shrewsbury 0855. (Approximate time back in Shrewsbury 1900).

(2) **Church Stretton circular** via Cwm Dale, Jonathan's Rock & Golf Course (7 miles moderate/easy). Leaders Ross Hill & Sue Crampton. Depart Shrewsbury 1018, return from Church Stretton 1627.

Saturday 19 May 2001

(1) **Ruabon circular** via Cynwyd, Liberty Hall, Moel Fferna, The Berwyns and Llangollen. (12 miles strenuous). Leaders The Hills. Note: Bus from Ruabon to Cynwyd and from Llangollen to Ruabon, fare extra. Depart Shrewsbury 0845, return from Ruabon 1854 or 2104.

(2) **Ruabon to Chirk** via Pontcysyllte and Offa's Dyke Path. (7 miles moderately easy). Leaders Richard and Barbara Addyman. Book to Ruabon. Depart Shrewsbury 1015, return from Chirk 1557.

Saturday 26 May 2001

(1) **Knighton to Craven Arms** via Holloway Rocks, Hopton Titterhill, Clungunford & Weo Edge (14 miles strenuous). Leader Peter James. Depart Shrewsbury 0855, return from Craven Arms 1721 or 1821.

(2) **Knighton circular** via Meeting House Lane, Norton and Offa's Dyke Path (8 miles undulating). Leaders Marlon Law and Doug Billingsley. Depart Shrewsbury 0855, return from Knighton 1619.

Saturday 2 June 2001

(1) **Welshpool circular** via Hope, Offa's Dyke Path, Beacon Ring, Walton Hill, Fir House, Church House, Offa's Dyke Path, Cilcewydd Bridge, Canal and Powis Castle (15 miles strenuous). Leader Chris Jenkins. Depart Shrewsbury 0929, return from Welshpool 1912.

(2) **Welshpool circular** via Lower Llanerch-y-ddol and Y Golfa (8 miles moderately easy). Leaders Stewart Davies and Bernard Williams. Depart Shrewsbury 0929, return from Welshpool 1656.

Saturday 9 June 2001

(1) **Llanbister Road to Knighton** via Pitch Hill, Monaughty, the Warren, and Offa's Dyke Path (12 miles strenuous). Leaders Pat and Janet Riley. Book to Llanbister Road (request stop). Depart Shrewsbury 0855, return from Knighton 1619.

(2) **Llandrindod circular** via Llanyre Bridge, Llanfihangel Helygen, Gwynfan and Blaen-y-Cwm (8 miles moderately easy). Leaders Alan Howard and Derek Shaker. Depart Shrewsbury 0855, return from Llandrindod 1542.

Saturday 16 June 2001

(1) **Aberdyfi to Machynlleth** via Tarrenhendre (15 miles strenuous). Leaders Brian Jones and Peter James. Book to Aberdyfi. Depart Shrewsbury 0929, return from Machynlleth 2019.

(2) **Borth to Aberystwyth** via Craig y Delyn and cliff path (7 miles moderately easy, coastal path). Leaders Jan Bonnett and Pat Tullock. Book to Aberystwyth, alight at Borth. Depart Shrewsbury 0929, return from Aberystwyth 1746.

Saturday 23 June 2001

(1) **Great Malvern circular** **NEW** around and over the Malvern Hills (20 miles strenuous). Leader John Platt. Book to Great Malvern. Depart Shrewsbury 0718, change and depart Hereford 0847 or depart Birmingham Snow Hill 0800. For Shrewsbury return from Great Malvern 2026, change and depart Hereford 2153. For Birmingham New Street return from Great Malvern 2028.

(2) **Colwall to Malvern Link** **NEW** via Mathon and Worcestershire Beacon (8 miles moderate, one steep climb). Leaders Rex and Mary Simpson. Book to Malvern Link, alight at Colwall. Depart Shrewsbury 0826, change and depart Hereford 0944 or depart Birmingham New Street 0847. Return from Malvern Link 1648 (to Shrewsbury via Hereford) or 1629 (to Birmingham Snow Hill). For both walks enquire about cheapest fare when booking.

Saturday 30 June 2001

(1) **Caersws to Newtown** via Llanwnnog, Bwlch-y-Ffridd, Plas Gregynog and Garth Hill (13 miles strenuous). Leaders Jack Price and Chris Jenkins. Depart Shrewsbury 0929, return from Newtown 1856.

(2) **Caersws to Newtown** **NEW** via Porth-gwibedyn, Stepside, Penhempen and Upper Brimmon. (9 miles moderately strenuous). Leaders Niall and Susan McCormack. Depart Shrewsbury 0929, return from Newtown 1640.

(3) **Caersws to Newtown** **NEW** via Maesmawr and Stepside. (7 miles moderate). Leaders Grahame and Patricia Cox. Depart Shrewsbury 0929, return from Newtown 1640.

Dogs

To comply with the wishes of the majority of our customers, we regret that dogs cannot be taken on any Rail Rambles walk.

Cŵn

Ar gais y mwyafrif o'n cwsmeriaid ni chaniateir cŵn ar unrhyw daith gerdded "Troeon Trên".

Programme July - December 2001

The programme should be available in May 2001. Please call in at the office from which you obtained this leaflet or send a stamped, addressed envelope marked 'Rail Rambles' to: The Ramblers in Wales, Tŷ'r Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.

Rhaglen Gorffennaf - Rhagfyr 2001

Dylai'r rhaglen fod ar gael yn ystod mis Mai 2001. Ymholwch lle caewsoch y rhaglen yma, neu anfonwch amlen â stamp a chyfeiraid arni, wedi'i marcio 'Troeon Trên' i: The Ramblers in Wales, Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.

'Rail Rambles' is organised by the Ramblers' Association with the support of Central Trains and Wales&West. No charge is made for conducting the walks and whilst every care will be taken to keep to the advertised programme, walks leaders reserve the right to make changes to suit weather conditions, the needs of the party or any other unforeseen circumstances. Neither the Ramblers' Association nor Central Trains nor Wales&West can accept liability for any loss or injury incurred during the walks, howsoever caused.

Trefnir 'Troeon Trên' gan Gymdeithas y Cerddwyr gyda chymorth Central Trains a Wales&West. Ni chodir unrhyw dâl am y teithiau cerdded ac er y gwneir pob ymdrech i gadw at y rhaglen sydd wedi'i hysbysebu, mae'r arweinyddion yn cadw'r hawl i wneud newidiadau oherwydd y tywydd, anghenion y grŵp neu unrhyw amgylchiadau annisgwyl eraill. Ni all Cymdeithas y Cerddwyr, Central Trains na Wales&West dderbyn atebolrwydd am unrhyw golled neu niwed a geir yn ystod y teithiau cerdded, beth bynnag fo'r achos.

Rail Rambles Trocon Trên

Town Trails

Guided tours from Railway Stations exploring the towns we usually pass through.

✓ **Saturday 28 April 2001 LUDLOW**
Leader Bryan Heatley. Depart Shrewsbury 0943, return from Ludlow 1310, 1412, 1510

✓ **Saturday 12 May 2001 NEWTOWN**
Leader Richard Addyman. Depart Shrewsbury 0929, return from Newtown 1240, 1440

✓ **Saturday 26 May 2001 TELFORD**
Leader Marion Law. Telford to Ironbridge via the Silkin Way 5.5 miles (Buses from Ironbridge to Telford at 1319, 1416 and 1519) or Telford circular via the Silkin Way, Ironbridge Way and Rough Park 11 miles. Depart Wolverhampton 0840. Depart Shrewsbury 0854. Return from Telford to Wolverhampton 1344 and 1544. Return from Telford to Shrewsbury 1455.

✓ **Saturday 9 June 2001 LLANDRINDOD WELLS**
Leader Alan Howard. Depart Shrewsbury 0855, return from Llandrindod 1540

✓ **Saturday 23 June 2001 NANTWICH**
Leader Eileen Bamber. Depart Shrewsbury 0934, return from Nantwich 1255, 1455

Times quoted are correct at the time of going to press. We regret that dogs are not allowed on any of the tours

Timetable and Fare enquiries: 08457 48 49 50
Other enquires: 01568 61 2571