

# Rail Rambles Troeon Trên

**Guided Walks from Railway  
Stations in Mid Wales  
& the Marches**

**Teithiau Cerdded Tywysedig  
o Orsafoedd Rheilffyrdd  
yng Nghanolbarth Cymru a'r Gororau**



**CENTRAL**  
trains

  
Wales & West

**Y Cerddwyr  
The Ramblers**  


**July - December 2000 • Gorffennaf - Rhagfyr 2000**

# For people like you...

If you want to walk in beautiful countryside but aren't sure where to go...

If you haven't got a car or would rather not use it at weekends...

If you enjoy the company of like-minded people but don't want to "join anything"...

If you think rural railways are a thing of the past...

... then Rail Rambles are for you! For ten years our experienced guides have been taking people like you to lovely places you might never otherwise have known about. All you need is a pair of strong boots or shoes, food, drink and a waterproof.

And (apart from your train fare), it's all absolutely free! Why not give us a trial - or if you want to know more, ring Richard or Barbara on 01568 612571.

## ... a phobl fel chi!

Ar un o'n teithiau diweddar, roedd chwech o Gymry Cymraeg (wel, tri siaradwr rhugl a thri dysgwr). Roeddwn nhw wrth eu bodd yn cerdded ym "Mhowys Paradwys Cymru" tra'n siarad iaith y Nefoedd! Rhowch gynnig arni - neu ffoniwch 01743 359249

# Walks Programme • Rhag

July - December 2000 • Gorffennaf - Rhag

## Saturday 1 July 2000

(1) **Builth Road to Llandrindod** **NEW** via Club Lane, Llanelwedd, The Banks and Rhogo. (11 miles strenuous). Leaders Chris Jenkins and Malcolm Kimber. Book to Builth Road (request stop). Depart Shrewsbury 0855, return from Llandrindod 1540.

(2) **Cilmeri to Builth Road** **NEW** via Rhosferig-fach, Wye Valley Walk, Builth Wells, Llanelwedd, and Club Lane. (8 miles moderate). Leaders Ross Hill and Sue Crampton. Book to Cilmeri (request stop). Depart Shrewsbury 0855, return from Builth Road (request stop) 1528.

## Saturday 8 July 2000

(1) **Prees to Yorton** **NEW** via Whixall, Shropshire Way, Wem and Grinshill. (11 miles moderate). Leaders Barbara Gray Addyman and Stewart Davies. Book to Prees (request stop). Depart Shrewsbury 0934, return from Yorton (request stop) 1524.

(2) **Prees circular** **NEW** via Whixall Moss. This walk includes a visit to the Moss where a talk will be given by Dr. Daniels, manager for English Nature. (9 miles easy). Leaders George and Phoebe Mills. Book to Prees (request stop). Depart Shrewsbury 0934, return from Prees 1514.

## Saturday 15 July 2000

(1) **Morfa Mawddach to Barmouth** **NEW** via Penmaenpool, Cwm-Mynach isaf, Hendre-Forion and Sylfaen. (14 miles strenuous). Leaders Patrick Riley and Brian Bayliss. Book to Barmouth, alight at Morfa Mawddach. Depart Shrewsbury 0930, return from Barmouth 1845.

(2) **Barmouth to Llwyngwrl** **NEW** via Morfa Mawddach, Bryn Siward, and Rhiw Corniau (7 miles moderate). Leaders Rex and Mary Simpson. Depart Shrewsbury 0930, return from Llwyngwrl (request stop) 1622.

## Saturday 22 July 2000

(1) **Chester circular** **NEW** via Baker Way and Longster Trail (11 miles moderate). Leaders Stewart Davies and Ian Hill. Depart Shrewsbury 0845, return from Chester 1728.

(2) **Guided tour of Chester.** Explore the lesser-known parts of this fascinating town. Time for tea or shopping, or both. Leader Alan Howard. Depart Shrewsbury 0845, return from Chester 1528.

## Saturday 29 July 2000

(1) **Aberdyfi to Tywyn** **NEW** via Ffridd yr Ychain, Pant-yr-on and Rhyd-yr-Onnen. (12 miles strenuous). Leaders Jack Price and June Semo. Book to Tywyn, alight at Aberdyfi. Depart Shrewsbury 0930, return from Tywyn 1632 or 1911.

(2) **Tywyn circular** **NEW** via Dysynni, Broadwater, Bryn-crug, Rhyd-yr-Onnen and Hen-dy. (8 miles easy). Leaders Grahame and Patricia Cox. Depart Shrewsbury 0930, return from Tywyn 1632.

## Saturday 5 August 2000

(1) **Abergavenny circular** via Llangenni, Llanbedr and Sugar Loaf.



# glen Teithiau Cerdded fyfyr 2000

(12 miles strenuous). Leaders Kath Ainsworth and Brian Wood.

(2) **Abergavenny circular** **NEW** via Ysgyryd fach and Llanddewi Rhydderch. (7 miles easy). Leaders Richard and Barbara Addyman. For both walks depart Shrewsbury 0828, return from Abergavenny 1721.

## Saturday 12 August 2000

(1) **Knighton circular** via Llanshay, Stanage Park, Weston, Ragged Kingdom and Coed-Deaton Wood. (10 miles moderate). Leaders Lorna Lewis and Les Coulthard.

(2) **Knighton circular** **NEW** via Offa's Dyke Path, Lower Pen-lan, Hengwm Hill, Llan-wen Hill and Farrington Lane. (8 miles moderate) Leaders Jean Coulthard and Barbara Gray Addyman. For both walks depart Shrewsbury 0855, return from Knighton 1619.

## Saturday 19 August 2000

(1) **Wem to Yorton** via Loppington, Petton and Myddle. (12 miles moderate). Leaders Andrew Davies and Chris Jenkins. Book to Wem. Depart Shrewsbury 0934, return from Yorton (request stop) 1524.

(2) **Wrenbury to Whitchurch** **NEW** via short ride to Wrenbury village (fare extra), then via Shropshire Union Canal and Sandstone Trail to Whitchurch. (9 level miles easy). Leaders Alan Howard and Marion Law. Book to and alight at Wrenbury (request stop). Depart from Shrewsbury 0934, return from Whitchurch 1708.

## Saturday 26 August 2000

(1) **Welshpool circular** via Frochas, Y Figyn, Llwydrallt, Y Golfa and Llanerch-y-Ddol. (11 miles strenuous). Leaders Niall and Susan McCormack.

(2) **Welshpool circular** via Talyrnau, Castle Caereinion and Powis Castle Estate (10 miles moderate). Leaders Doug Billingsley and Patrick Riley. By kind permission of Powis Castle Estate, we return through the Castle's beautiful parkland and visit Ty Mawr, a recently restored 15th c. hall house. For both walks depart Shrewsbury 0930, return from Welshpool 1656.

## Saturday 2 September 2000

(1) **Machynlleth circular** via Parc Common, Glanmeryn, Bryn Coch bach and Rhiwlwyfan. (12 miles strenuous). Leaders Chris Jenkins and Brian Jones.

(2) **Machynlleth circular** via Pen-yr-allt, Constantinople, Bryn Coch bach and Roman Steps. (7 miles easy). Leader Stewart Davies. For both walks depart Shrewsbury 0930, return from Machynlleth 1600.

## Saturday 9 September 2000

(1) **Llanbister Road to Dolau** via St. Michael's Pool and Radnor Forest. (10 miles moderately strenuous). Leaders Ray and Jean Trend and Brian Bayliss. Book to Dolau (request stop), alight at Llanbister Road (request stop).

(2) **Dolau circular** via Cowlod and Llandegley. (8 miles moderate). Leaders Ross Hill and Sue Crampton. For both walks depart

Shrewsbury 0855, return from Dolau 1554.

## Saturday 16 September 2000

(1) **Newtown circular** via Lluest, Rhydygroes, Plas Gregynog and Garth Hill. (12 miles strenuous). Leaders - the Hills.

(2) **Newtown circular** via Gilfach Bridge, Penarron, Lower Wig and Blackhill Wood. (7 miles easy). Leaders Rex and Mary Simpson. For both walks depart Shrewsbury 0930, return from Newtown 1640.

## Saturday 23 September 2000

(1) **Hereford to Ledbury** **NEW** via Mordiford, Haugh Wood, Woolhope and Putley. (18 miles strenuous). Leader John Platt. Book to Ledbury. Depart Shrewsbury 0826 (arrive Hereford 0924). Return from Ledbury 1840.

(2) **Enjoy a scenic journey to the city of Hereford** **NEW** then discover the history of this border town, with time for tea and shopping. Leader Alan Howard. Depart from Shrewsbury 0828, return from Hereford 1548 or 1648.

## Saturday 30 September 2000

(1) **Penybont to Llandrindod** **NEW** via Dolau Jenkin, New Lodge, Gwystre Bridge and Glan Dulas. (10 miles moderate). Leaders Peter James and Doug. Billingsley. Book to Llandrindod, alight at Penybont (request stop).

(2) **Llandrindod circular** **NEW** via Dan-y-Graig, Shaky Bridge, Castle Bank, Pantpurlais and the Lake. (7 miles moderately easy). Leaders Marion Law and Clem Rollason. For both walks depart Shrewsbury 0855, return from Llandrindod 1542.

## Saturday 7 October 2000

(1) **Llangynllo to Knighton** **NEW** via Glyndwr's Way, Cefn Craig, Llanfair Waterdine, Selley Cross and Offa's Dyke Path. (12 miles strenuous). Book to Llangynllo (request stop). Leaders Jack Price and June Semo.

(2) **Knighton circular** via Llan-wen Hill and Offa's Dyke Path. (6 miles moderately easy). Leaders Ross Hill and Sue Crampton. For both walks depart Shrewsbury 0855, return from Knighton 1619.

## Saturday 14 October 2000

(1) **Welshpool to Middleton** via Offa's Dyke Path, The Severn Way, Llandrinio, Breidden Hill and Middleton Hill. (12 miles strenuous). Leaders Phil and Cheryl Johnston. Book to Welshpool. (Travellers from Shrewsbury book a single). Depart from Shrewsbury 0930, return by bus (fare extra) from Middleton 1715 (arrive Shrewsbury 1745).

(2) **Caersws to Newtown** via Llwyn-brain, Fachwen Pool and Waeny-bricks. (7 miles moderate). Leaders Richard Addyman and Derek Shuker. Book to Caersws. Depart Shrewsbury 0930, return from Newtown 1640.

## Saturday 21 October 2000

(1) **Chirk circular** via Caeaugwynion, Offa's Dyke Path, Pen-y Graig, Croes yr Esgob and Llangollen canal towpath. (14 miles strenuous). Leader Chris Jenkins. Depart Shrewsbury 0845, return from Chirk 1557.

(2) **Gobowen to Chirk** via New Marton Lock and the Shropshire Union canal. (7 miles easy). Leaders Alan Howard and Anne



Farquhar. Book to Chirk, alight at Gobowen. Depart Shrewsbury 0845, return from Chirk 1557.

#### Saturday 28 October 2000

(1) **Bucknell to Ludlow** **NEW** via Leintwardine, Downton-on-the-Rock, Burrington and Mary Knoll House. (12 miles strenuous). Leaders Patrick Riley and Doug. Billingsley. Book a return to Bucknell and a single from Ludlow to Craven Arms. Depart Shrewsbury 0855, return from Ludlow 1712.

(2) **Ludlow Town Tour**. Enjoy a guided tour of this ancient Marches town. There is time for tea and an optional walk in the surrounding countryside. (5 miles easy). Leader Bryan Heatley. Depart Shrewsbury 0943, return from Ludlow 1612 or 1712.

#### Saturday 4 November 2000

(1) **Wellington circular** via Wrekin, Little Wenlock, Braggers Hill, Coalbrook Dale, Loamhole Dingle and Wodwards Shut. (13 miles strenuous). Leaders June Semo and Jack Price.

(2) **Wellington circular** via Golf Course, Wrekin, Lawrences Hill and Ercall. (9 miles moderate). Leaders Sue Crampton and Ross Hill. For both walks depart Shrewsbury 0900, return from Wellington 1620 (North), 1624 (South).

#### Saturday 11 November 2000

(1) **Craven Arms to Ludlow** **NEW** via Clapping Wicket, Brandhill Farm, Fiddler's Elbow, Lodge Farm and Bromfield. (13 miles strenuous). Leaders Peter James and Andrew Davies. Book to Ludlow, alight at Craven Arms. Depart Shrewsbury 0826, return from Ludlow 1612

(2) **Craven Arms to Church Stretton** via Strefford, Marshbrook and Ragdon. (9 miles moderately easy). Leaders Ray Knowles and Derek Shuker. Depart Shrewsbury 0826, return from Church Stretton 1427.

(3) **Craven Arms circular** via Sibdon Carwood, Hopesay Hill, Cheyney Longville and Newington. (7 miles easy). Leaders Marion Law and Clem Rollason. Depart Shrewsbury 0826, return from Craven Arms 1319.

#### Saturday 18 November 2000

(1) **Caersws to Newtown** via Llanwnnog, Bwlch-y-Ffridd and Fachwen Pool. (10 miles moderately strenuous). Leaders Malcolm Kimber and Brian Jones. Book to Caersws. Depart Shrewsbury 0930, return from Newtown 1640.

(2) **Newtown circular** via Lluest and Garth Hill. (7 miles easy). Leaders Grahame and Patricia Cox. Depart Shrewsbury 0930, return from Newtown 1440.

#### Saturday 25 November 2000

(1) **Llangollen to Chirk** via Valle Crucis, Bryn-hyfyrd, Dinas Bran and Offa's Dyke Path. (13 miles strenuous). Leaders Patrick Riley and Doug. Billingsley.

(2) **Llangollen to Chirk** via canal towpath and Offa's Dyke Path. (7 miles easy). Leaders Alan Howard and Bill Hodges. For both walks book to Ruabon (bus from Ruabon to Llangollen, fare approx. £2.). Depart Shrewsbury 0845, return from Chirk 1557.

#### Saturday 2 December 2000

(1) **Broome to Hopton Heath** **NEW** via Clunbury, Parslow, Obley and

Hopton Castle. (12 miles strenuous). Leaders Niall and Susan McCormack. Book to Hopton Heath, alight at Broome. Depart Shrewsbury 0855, return from Hopton Heath 1629.

(2) **Garth circular** via Ty-coch, Penbank, Simneulwyd, Penrhiwmoch, Comins Coch and Penbank. (7 miles moderate). Leaders Phil and Cheryl Johnston. Depart Shrewsbury 0855, return from Garth 1520.

#### Saturday 9 December 2000

(1) **Dolau to Llandrindod** via Coed-swydd, Llandegley and Pawl Hir. (10 miles strenuous). Leaders Jack Price and June Semo.

(2) **Dolau to Llandrindod** via Glanrafon, The Pales, Penybont and Alpine Bridge. (8 miles moderate). Leaders Ray and Jean Trend. For both walks book to Llandrindod, alight at Dolau (request stop). Depart Shrewsbury 0855, return from Llandrindod 1542.

#### Saturday 16 December 2000

##### Christmas Walk

(1) **Welshpool circular** via Cilcewydd Bridge, Wernllwyd, Dyffryn, Berriew, Brithdir Hall and Powis Castle. (13 miles strenuous). Leader Chris Jenkins

(2) **Welshpool circular** via Nant-y-caws, Talyrnau, Barn Farm and Y Golfa. (8 miles moderately easy). Leaders Derek Shuker and Stewart Davies. For both walks depart Shrewsbury 0930, return from Welshpool 1656. (Seasonal headwear optional)

##### Dogs

To comply with the wishes of the majority of our customers, we regret that dogs cannot be taken on any Rail Rambles walk.

##### Cŵn

Ar gais y mwyafrif o'n cwsmeriaid ni chaniateir cŵn ar unrhyw daith gerdded "Troeon Trên".

##### Programme January to June 2001

The programme should be available in November 2000. Please call in at the office from which you obtained this leaflet or send a stamped, addressed envelope marked 'Rail Rambles' to: The Ramblers in Wales, Tŷ'r Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.

##### Rhaglen Ionawr - Mehefin 2001

Dylai'r rhaglen fod ar gael yn ystod mis Tachwedd 2000. Ymhoi lle cawsoch y rhaglen yma, neu anfonwch amlen â stamp chyfeiraid arni, wedi'i marcio 'Troeon Trên': The Ramblers in Wales, Tŷ'r Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.

'Rail Rambles' is organised by the Ramblers' Association with the support of Central Trains and Wales&West. No charge is made for conducting the walks and whilst every care will be taken to keep to the advertised programme, walks leaders reserve the right to make changes to suit weather conditions, the needs of the party or any other unforeseen circumstances. Neither the Ramblers' Association nor Central Trains nor Wales&West can accept liability for any loss or injury incurred during the walks, howsoever caused.

Trefnir 'Troeon Trên' gan Gymdeithas y Cerddwyr gyda chymorth Central Trains a Wales&West. Ni chodir unrhyw dâl am y teithiau cerdded ac er y gwneir pob ymdrech i gadw at y rhaglen sydd wedi'i hysbysebu, mae'r arweinyddion yn cadw'r hawl i wneud newidiadau oherwydd y tywydd, anghenion y grŵp neu unrhyw amgylchiadau annisgwyl eraill. Ni all Cymdeithas y Cerddwyr, Central Trains na Wales&West dderbyn atebolrwydd am unrhyw golled neu niwed a geir yn ystod y teithiau cerdded, beth bynnag fo'r achos.

## **Travel by Train / Teithio ar Drên**

### **Train Times / Amserau Trên**

Outward departure times from Shrewsbury and return departure times from the walk destinations are included in the Walks Programme section of this leaflet. For details of departure times from other locations and connecting services to Shrewsbury please telephone the enquiry number below.

Times quoted are correct at the time of going to press. Train times are subject to alteration from May 28 2000. Customers are advised to check the times of trains before travelling.

Mae amserau ymadael o Amwythig a dychwelyd o ben y daith gerdded wedi'u cynnwys yn y Rhaglen Teithiau Cerdded. Am fanylion amseroedd ymadael o leoliadau eraill a gwasanaethau cysylltu i'r Amwythig, ffoniwch y rhif ymholiadau isod os gwelwch yn dda.

Mae'r amserau a ddangosir yn gywir pan gynhyrchwyd y ffurflen hona. Mae'n debyg y gall yr amserau trên yma newid o Mai 28 2000. Cynghorir i gwsmeriaid sicrhau amserau trên cyn teithio.

### **Fares / Prisiau**

The normal range of Day Return Saver and SuperSaver tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased.

Children aged five to fifteen inclusive travel half price, children under five travel free. Discounted fares are available to holders of Senior, Young Person, Family, Disabled and Forces Railcards.

Groups of ten or more customers travelling together and booking in advance can normally obtain a discount. For further information please contact 0345 05 60 27.

Gellir defnyddio Tocynnau Dychwelyd yr un Diwrnod tocynnau Saver a SuperSaver i deithio i bwynt dechrau'r daith gerdded. Pan fo'r daith gerdded yn dychwelyd i leoliad gwahanol, dylid prynu tocyn i'r pwynt pellaf.

Mae pliant rhwng pump a phymtheg oed yn teithio am hanner prîs, gyda phlant o dan bump oed yn teithio am ddim. Mae prisiau gostyngol ar gael i berchnogion Cerdyn Rheilffordd yr Henoed, Person Ifanc, y Teulu, yr anabl neu'r Lluoedd.

Mae gostyngiadau pellach ar gael i grwpiau o ddeg neu fwy sy'n teithio gyda'i gilydd. Rhaid llogi lle cyn y daith. Am fanylion pellach, cysylltwch â 0345 05 60 27 os gwelwch yn dda.

### **Telephone Enquiries / Ymholiadau Ffôn**

Timetable and Fare enquiries

Ymholiadau ynglŷn â'r amserlen a'r prisiau

**08457 48 49 50 \***

\* Calls to this number may be recorded/ \* Mae'n bosib y bydd eich galwad i'r rhif yma yn cael ei recordio

Walks Programme Enquiries

Ymholiadau am y Rhaglen Teithiau Cerdded

**01568 612571**

**For further copies of this programme please send a stamped addressed envelope to: The Ramblers in Wales, Tŷ'r Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.**

**Am ragor o gopïau o'r rhaglen yma, anfonwch amlen â stamp a chyfeiriad i: The Ramblers in Wales, Tŷ'r Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.**