

Rail Rambles Troeon Trên

Guided Walks from Railway
Stations in Mid Wales
& the Marches

Teithiau Cerdded Tywysedig
o Orsafoedd Rheilffyrdd
yng Nghanolbarth Cymru a'r Gororau



January - June 2000 • Ionawr - Mehefin 2000

For people like you...

If you want to walk in beautiful countryside but aren't sure where to go...

If you haven't got a car or would rather not use it at weekends...

If you enjoy the company of like-minded people but don't want to "join anything"...

If you think rural railways are a thing of the past...

... then Rail Rambles are for you! For ten years our experienced guides have been taking people like you to lovely places you might never otherwise have known about. All you need is a pair of strong boots or shoes, food, drink and a waterproof.

And (apart from your train fare), it's all absolutely free! Why not give us a trial - or if you want to know more, ring Richard or Barbara on 01568 612571.

... a phobl fel chi!

Ar un o'n teithiau diweddar, roedd chwech o Gymru Cymraeg (wel, tri siaradwr rhigl a thri dysgwyr). Roeddwn nhw wrth eu bodd yn cerdded ym "Mhowys Paradwys Cymru" tra'n siarad iaith y Nefoedd! Rhowch gynnig arni - neu ffoniwch 01743 359249

Walks Programme • Rhag

January - June 2000 • Ionawr - Mehefin 2000

Saturday 8 January 2000

- (1) **Church Stretton NEW** circular via Pole Cottage, Motts Road and Cardingmill Valley. (9 miles moderate) Leader John Platt.
- (2) **Church Stretton** circular via All Stretton, Little Caradoc, Cwms Cottage and Gaerstones Farm. (6 miles easy) Leaders Richard and Barbara Addyman. For both walks depart Shrewsbury 1018, return from Church Stretton 1652 (Northbound), 1659 (Southbound).

Saturday 15 January 2000

- Chirk** circular via Offa's Dyke Path and Stonehenge. (7 miles moderately easy). Leaders Alan Howard and Bernard Williams. For both walks depart Shrewsbury 0845, return from Chirk 1557.

Saturday 22 January 2000

- (1) **Caersws** circular via Llanwnnog, Gwastadcoed, Goleugoed, Tyn-y-cwm, Llyn y Tarw, Bwlch y Garreg and Ty Marc. (12 miles strenuous). Leaders Peter James and Phil Johnston.
- (2) **Caersws** circular via Cefn Carnedd, Llandinam, Cobbler's Gate, Giant's Grave and Little London. (8 miles moderately easy). Leaders Graham and Patrica Cox. For both walks depart Shrewsbury 0930, return from Caersws at 1633 or 1849.

Saturday 29 January 2000

- (1) **Craven Arms to Church Stretton** via Hopesay Hill, Plowden and Long Mynd. (13 miles strenuous) Leaders Chris Jenkins and Sue Crampton. Depart Shrewsbury 0943, return from Church Stretton 1652 (N), 1659 (S).
- (2) **Craven Arms** circular via Paddock, Weo Edge, Gorst Barn and Stokesay Castle. (8 miles easy). Leaders Ross Hill and Brian Bayliss. Depart Shrewsbury 0943, return from Craven Arms 1519 (N) 1607 (S).

Saturday 5 February 2000

- (1) **Llanbister Road to Knucklas** via Rhos-Crug, Pool Hill and Wernyeufon Hill. (10 miles strenuous) Leaders Doug Billingsley and Pat Riley. Book to Llanbister Road. Depart Shrewsbury 0855, return from Knucklas 1611 (request stop).
- (2) **Llandrindod** circular via Cefn Coed, Alpine Bridge, Pentre, Bongam Bank and Llanfawr. (7 miles easy). Leaders Anne Farquhar and Barbara Gray Addyman. Depart Shrewsbury 0855, return from Llandrindod 1540.

Saturday 12 February 2000

- (1) **Welshpool** circular via Cil-cewydd, Wernllwyd, Brithdir, Belan and Powis Castle. (11 miles strenuous). Leaders Malcom Kimber and Derek Shuker.

Wales Teithiau Cerdded

2000

- ✓ (2) **Welshpool** circular via Belan, Glyn-mawr Wood and Powis Castle. (8 miles easy) Leaders Alan Howard and Richard Addyman. For both walks depart Shrewsbury 0930, return from Welshpool 1656.

Saturday 19 February 2000

Craven Arms circular via Glencoe, Onisbury, Bache, Callow Hill and Strefford. (12 miles strenuous). Leaders June Semo and Jack Price. Depart Shrewsbury 0943, return from Craven Arms 1641 (N), 1707 (S).

Saturday 26 February 2000

(1) **Caersws** to **Newtown** via Llanwnnog, Bwlch-y-Ffridd, Plas Gregynog and Lluest. (11 miles strenuous). Leaders Niall and Susan McCormack.

- ✓ (2) **Caersws** to **Newtown** via Llanwnnog and Bwlch-y-Ffridd. (8 miles moderate). Leader Bill Hodges and Barbara Gray Addyman. For both walks book to Caersws. Depart Shrewsbury 0930, return from Newtown 1640.

Saturday 4 March 2000

(1) **Knighton** **NEW** circular via Llanwen Hill, Hawthorne Hill, Pilleth, Black Hill, Rhos Hill and Rhos-y-Meirch. (13 miles strenuous). Leaders Lorna Lewis and Les Coulthard.

- ✓ (2) **Knighton** **NEW** circular via Panponton Hill, Offa's Dyke Path, Balls Cottage, Skyburri, Monaughty Poeth, Knucklas and Glyndwr's Way. (8 miles moderate) Leaders Jean Coulthard and Barbara Gray Addyman. For both walks depart Shrewsbury 0855, return from Knighton 1619.

Saturday 11 March 2000

Newtown circular via Shwrwd, Kerry and Kerry Ridgeway. (11 miles strenuous). Leaders Derek Shuker and Andrew Davies.

(2) **Newtown** circular via Garth Cottage, Bryn-du, Ty'n-y-Pales and Fachwen Pool. (8 miles moderate) Leaders Marion Law and Clem Rollason. For both walks depart Shrewsbury 0930, return from Newtown 1640.

Saturday 18 March 2000

(1) **Colwall** to **Great Malvern** **NEW** Obelisk and Worcestershire Beacon. (12 miles strenuous) Leaders Jack Price and June Semo.

(2) **Colwall** to **Great Malvern** **NEW** via Wyche Cutting and Worcestershire Beacon. (7 miles moderately easy) Leaders Rex and Mary Simpson. For both walks book to Great Malvern (alight at Colwall). Depart Shrewsbury 0826 (connecting Hereford 0944). Return from Great Malvern 1651 (via Hereford) or 1625 (via Birmingham Snow Hill then cross to New Street for Shrewsbury). Enquire about cheapest fare when booking.

Saturday 25 March 2000

(1) **Church Stretton** to **Craven Arms** **NEW** via Long Mynd, Port Way, Plowden, Sibdon Carwood and Hopesay Hill. (13 miles strenuous) Leaders Bernard Williams and Chris Jenkins. Book to Craven Arms. Depart Shrewsbury 0855, return from Craven Arms 1641.

- ✓ (2) **Church Stretton** **NEW** circular via Snatchfield Farm, Hope Bowdler and Cwms Cottage. (7 miles moderately easy) Leaders Ray Knowles and Alan Howard. Depart Shrewsbury 1018, return from Church Stretton 1652 (N), 1659 (S).

Saturday 1 April 2000

(1) **Ludlow** **NEW** circular via Mortimer's Trail, Hanway Common and Starvecrow. (10 miles moderate) Leaders Ross Hill and Keith Mason.

- ✓ (2) **Ludlow** circular via Whitecliffe, Brick House, Lady Halton and Prior's Halton. (8 miles moderate) Leaders Pat Riley and Doug Billingsley. For both walks depart Shrewsbury 0943, return from Ludlow 1612 (N), 1615 (S).

Saturday 8 April 2000

(1) **Ruabon** circular via Wat's Dyke, Crabtree Green, Overton Bridge, Erbistock and Wynnstay Park. (11 miles moderately strenuous). Leaders Bill Hodges and Brian Jones. Depart Shrewsbury 0845, return from Ruabon 1752.

(2) Guided tour of **Chester**. Explore the lesser-known delights of this fascinating town. Time for tea or shopping, or both. Leader Alan Howard. Depart Shrewsbury 0845, return from Chester 1528.

Saturday 15 April 2000

(1) **Knucklas** to **Dolau** via Cwm Jenkin, Llangynllo, Bleddfa and Forest Fach. (12 miles strenuous). Leaders Derek Shuker and Malcom Kimber. Book to Dolau alight at Knucklas (request stop). Depart Shrewsbury 0855, return from Dolau 1554.

(2) **Knucklas** to **Knighton** via Lower Trebert, Selley Cross and Offa's Dyke Path. (6 miles moderate). Leaders Clem Rollason and Marion Law. Book to Knucklas. Depart Shrewsbury 0855, return from Knighton 1619.

Saturday 22 April 2000

(1) **Welshpool** circular via Shropshire Union canal, Offa's Dyke Path, Rhyd-egyn Lane and Gungrog Hill. (14 miles strenuous). Leaders Jack Price and June Semo.

- ✓ (2) **Welshpool** circular via Leighton, Beacon Ring, Offa's Dyke Path and Buttington. (8 miles moderate) Leaders Richard and Barbara Addyman. For both walks depart Shrewsbury 0930, return from Welshpool 1656.

Saturday 29 April 2000

(1) **Llangynllo** to **Newtown** via Felindre and Kerry Hill. (15 miles strenuous) Leaders Pat Riley and Chris Jenkins. Book a single to Llangynllo. Book a return from Newtown. Depart Shrewsbury 0855, return from Newtown 1856.

(2) **Llangynllo to Knighton** via Wernyeufon Hill, Knucklas, Race Course and Garth. (9 miles moderate) Leaders Ray Knowles and Richard Addyman. Book to Llangynllo (request stop). Depart Shrewsbury 0855, return from Knighton 1619.

Saturday 6 May 2000

(1) **Dyfi Junction to Machynlleth** via Glandyfi, Coed Llechwedd Union and Glaspwll. (12 miles strenuous) Leaders Niall and Susan McCormack. Depart Shrewsbury 0930, return from Machynlleth 1816.

(2) **Dyfi Junction to Machynlleth** via Glandyfi, Caerhedyn, Llyfant Valley and Glaspwll. (8 miles moderate). Leaders Bernard Williams and Ross Hill. Depart from Shrewsbury 0930, return from Machynlleth 1559.

Saturday 13 May 2000

Abergavenny NEW circular via Skirrid Fach and Llanellen. (8 miles moderate). Leaders Rex and Mary Simpson. Depart Shrewsbury 0826, return from Abergavenny 1721.

Saturday 20 May 2000

(1) **Chirk to Gobowen** via Barc-du, Offa's Dyke Path and Brogyntyn Park. (11 miles moderately strenuous). Leaders Brian Bayliss and Brian Jones. Depart Shrewsbury 0845, return from Gobowen 1605.

(2) **Chirk** circular via Chirk Castle and Offa's Dyke Path. (7 miles easy). Leaders Clem Rollason and Barbara Gray Addyman. Depart Shrewsbury 0845, return from Chirk 1557.

Saturday 27 May 2000

(1) **Llangynllo to Knighton** via Glyndwr's Way, Wernyeufon Hill, Upper Trebert and Offa's Dyke Path. (12 miles strenuous). Leader Peter James and Chris Jenkins. Book to Llangynllo (request stop). Depart Shrewsbury 0855, return from Knighton 1619.

(2) **Llangamarch to Garth NEW** via Lliethr Ddu. (7 miles moderate). Leaders Ray and Jean Trend. Depart Shrewsbury 0855, return from Garth 1520.

Saturday 3 June 2000

(1) **Llanwrtyd Wells** circular via Victoria Wells, Penybont Uchaf, St. David's Church, Nant-y-Craf and Cefn Blaencwmhenog. (14 miles strenuous). Leaders Doug Billingsley and Pat Riley. Depart Shrewsbury 0855, return from Llanwrtyd Wells 1933.

(2) **Llanwrtyd Wells** circular via Victoria Wells, Dinas and Alltwen. (6 miles easy). Leaders Alan Howard and Marion Law. Depart Shrewsbury 0855, return from Llanwrtyd Wells 1511.

Saturday 10 June 2000

(1) **Newtown** circular via Lower Wig, Kerry Ridgeway, Kerry Pole and Kerry. (13 miles strenuous). Leader Peter James. Depart Shrewsbury 0930, return from Newtown 1640.

(2) **Machynlleth** circular via Town Trail (part), Glyndwr's Way, Glanmeryn and Roman Steps. Leaders Graham and Patricia Cox. Depart Shrewsbury 0930, return from Machynlleth 1559.

Saturday 17 June 2000

(1) **Yorton** circular via Merrington, Baschurch, Eyton and Myddle. (12 miles moderately strenuous) Leaders Andrew Davies and Chris Jenkins. Depart Shrewsbury 0934, return from Yorton (request stop) 1724.

(2) **Yorton** circular via Grinshill, Grumpy, Myddle and Newton-on-the-Hill. (8 miles moderately easy). Leaders Derek Shuker and Richard Addyman. Depart Shrewsbury 0934, return from Yorton (request stop) 1519.

Saturday 24 June 2000

(1) **Dyfi Junction to Borth NEW** via Furnace au Tretaliesin (11 miles moderate). Leader Andrew Davies. Book to Borth, alight at Dyfi Junction. Depart Shrewsbury 0930, return from Borth 1757.

(2) **Borth to Aberystwyth** via Craig-y-Delyn and cliff path. (7 miles moderate) Leaders Joan Sturland and Pat Willday. Book to Aberystwyth, alight at Borth. Depart Shrewsbury 0925, return from Aberystwyth 1529 or 1746.

Dogs

To comply with the wishes of the majority of our customers, we regret that dogs cannot be taken on any Rail Rambles walk.

Cŵn

Ar gais y mwyafrif o'n cwsmeriaid ni chaniateir cŵn ar unrhyw daith gerdded "Troeon Trên".

Programme July to August 2000

The programme should be available in May 2000. Please call in at the office from which you obtained this leaflet or send a stamped, addressed envelope marked 'Rail Rambles' to: The Ramblers in Wales, Tŷ'r Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.

Rhaglen Gorffennaf - Awst 2000

Dylai'r rhaglen fod ar gael yn ystod mis Mai 2000. Ymholwch lle cawsoch y rhaglen yma, neu anfonwch amlen â stamp a chyfeiraid arni, wedi'i marcio 'Troeon Trên': The Ramblers in Wales, Tŷ'r Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.

'Rail Rambles' is organised by the Ramblers' Association with the support of Central Trains and Wales&West. No charge is made for conducting the walks and whilst every care will be taken to keep to the advertised programme, walks leaders reserve the right to make changes to suit weather conditions, the needs of the party or any other unforeseen circumstances. Neither the Ramblers' Association nor Central Trains nor Wales&West can accept liability for any loss or injury incurred during the walks, howsoever caused.

Trefnir 'Troeon Trên' gan Gymdeithas y Cerddwyr gyda chymorth Central Trains a Wales&West. Ni chodir unrhyw dâl am y teithiau cerdded ac er y gwneir pob ymdrech i gadw at y rhaglen sydd wedi'i hysbysebu, mae'r arweinyddion yn cadw'r hawl i wneud newidiadau oherwydd y tywydd, anghenion y grŵp neu unrhyw amgylchiadau annisgwyl eraill. Ni all Cymdeithas y Cerddwyr, Central Trains na Wales&West dderbyn atebolrwydd am unrhyw golled neu niwed a geir yn ystod y teithiau cerdded, beth bynnag fo'r achos.

Travel by Train / Teithio ar Drên **Train Times / Amserau Trên**

Outward departure times from Shrewsbury and return departure times from the walk destinations are included in the Walks Programme section of this leaflet. For details of departure times from other locations and connecting services to Shrewsbury please telephone the enquiry number below.

Times quoted are correct at the time of going to press. Train times are subject to alteration from May 28 2000. Customers are advised to check the times of trains before travelling.

Mae amserau ymadael o Amwythig a dychwelyd o ben y daith gerdded wedi'u cynnwys yn y Rhaglen Teithiau Cerdded. Am fanylion amseroedd ymadael o leoliadau eraill a gwasanaethau cysylltu i'r Amwythig, ffoniwch y rhif ymholiadau isod os gwelwch yn dda.

Mae'r amserau a ddangosir yn gywir pan gynhyrchwyd y ffurflen yma. Mae'n debyg y gall yr amserau trên yma newid o Mai 28 2000. Cynghorir i gwsmeriaid sicrhau amserau trên cyn teithio.

Fares / Prisiau

The normal range of Day Return Saver and SuperSaver tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased.

Children aged five to fifteen inclusive travel half price, children under five travel free. Discounted fares are available to holders of Senior, Young Person, Family, Disabled and Forces Railcards.

Groups of ten or more customers travelling together and booking in advance can normally obtain a discount. For further information please contact 0345 05 60 27.

Gellir defnyddio Tocynnau Dychwelyd yr un Diwrnod tocynnau Saver a SuperSaver i deithio i bwynt dechrau'r daith gerdded. Pan fo'r daith gerdded yn dychwelyd i leoliad gwahanol, dylid prynu tocyn i'r pwynt pellaf.

Mae plant rhwng pump a phymtheg oed yn teithio am hanner pris, gyda phlant o dan bump oed yn teithio am ddim. Mae prisiau gostyngol ar gael i berchnogion Cerdyn Rheilffordd yr Henoed, Person Ifanc, y Teulu, yr anabl neu'r Lluoedd.

Mae gostyngiadau pellach ar gael i grwpiau o ddeg neu fwy sy'n teithio gyda'i gilydd. Rhaid llogi lle cyn y daith. Am fanylion pellach, cysylltwch â 0345 05 60 27 os gwelwch yn dda.

Telephone Enquiries / Ymholiadau Ffôn

Timetable and Fare enquiries

Ymholiadau ynglŷn â'r amserlen a'r prisiau

08457 48 49 50 *

* Calls to this number may be recorded / * Mae'n bosib y bydd eich galwad i'r rhif yma yn cael ei recordio

Walks Programme Enquiries

Ymholiadau am y Rhaglen Teithiau Cerdded

01568 612571

For further copies of this programme please send a stamped addressed envelope to: The Ramblers in Wales, Tŷ'r Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.

Am ragor o gopïau o'r rhaglen yma, anfonwch amlen â stamp a chyfeiriad i: The Ramblers in Wales, Tŷ'r Cerddwyr, High Street, Gresford, Wrexham LL12 8PT.