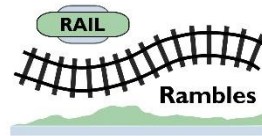




TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES



Rail Rambles

Troeon Trên

www.railrambles.org

*Guided Walks from Railway Stations in Mid-Wales and the Marches
Teithiau Cerdded Tywysedig o Orsafoedd Rheilffyrdd
yng Nghanolbarth Cymru a'r Gororau*

7 January – 24 June 2023
7 Ionawr – 24 Mehefin 2023

Welcome to Rail Rambles

Rail Rambles are guided walks from railway stations in Mid-Wales and the Marches. Each walk is planned to be accessible by a day return rail journey from a number of main line and connecting bus and rail stations. The walks are free to join and are open to the public, with no membership of any organisation required.

The Rail Rambles programme is organised by volunteer members of the Rail Rambles Association and produced with the support of Transport for Wales.

For more information about our walks please contact: enquiries@railrambles.org

We do not publish individual walk leaders' contact details, but are happy to put you in touch with leaders if you need more information about a walk or advice on how to join it.

How to join a Rail Ramble

Normally, to join a Rail Ramble, all you need to do is turn up at the start of the walk. Walks normally start from the appropriate railway station (e.g., Craven Arms station for a Craven Arms circular walk, Wrenbury station for a linear walk from Wrenbury to Whitchurch), when the listed train from the Shrewsbury direction arrives. But please do check the website just in case we are having to ask you to book, or for any specific joining instructions.

If you can join the listed train from Shrewsbury, you will be likely to find other Rail Ramblers on the way to the walk. If you are coming from another direction, you will need to plan your journey so that you arrive at the start point in good time – please feel free to ask us if you need help or advice.

Dogs:

To comply with the wishes of the majority of our walkers, we're sorry but dogs cannot be taken on any Rail Ramble. Assistance dogs are permitted, but please check with us first, as routes may not be suitable or safe for your dog.

Walk descriptions

'Easy' means mostly level ground and a gentle pace.

'Leisurely' means gentle climbs and some level ground for reasonably fit people.

'Moderate' indicates some steep paths and a steady pace for people with country walking experience and a good level of fitness ('moderate+' means as moderate but with a generally greater level of difficulty).

Preparation and safety

Walks are led by experienced volunteer leaders, all of whom are members of the Rail Rambles association and many of whom are also members of the Ramblers. Whilst every care will be taken to keep to the advertised programme, walk leaders reserve the right to make changes to suit weather conditions, the needs of the party or other unforeseen circumstances.

Most Rail Rambles are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join, and bring some food and drink. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit. When in doubt, contact the organisers or the walk leader in advance.

For your own and others' safety please abide by any instructions issued by the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

***Please try to use the train for at least part of your journey –
remember, these are after all RAIL Rambles!***

Train times

The programme for each walk shows outward times from Shrewsbury (with arrival time at the walk start station) and return times from the walks destination stations (with arrival time at Shrewsbury).

For details of departure times from other locations and connecting services, please ring National Rail Enquiries (03457 48 49 50), ask at your local station, or visit <https://www.nationalrail.co.uk/> or <https://tfw.wales/>.

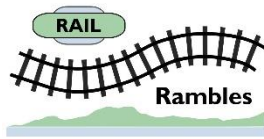
Time details may be subject to change. Walkers are strongly advised to check times of trains before travelling, and to check our website, www.railrambles.org, in case of last minute changes to the programme.

Fares and tickets

The normal range of tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased. We try to tell you the furthest point from Shrewsbury, where this is not obvious, but be careful if you are coming from the opposite direction!

Discounted fares are available to holders of railcards and it is always worth enquiring about the availability of group discounts or investigating whether splitting your ticket would save you money (many of our walkers find this to be the case).

On walks where a **bus** journey is shown, remember to bring your Welsh or English bus pass if you're lucky enough to have one!



RAIL RAMBLES PROGRAMME Jan to June 2023

Saturday 7 January

Wellington Circular Wellington woodland walk, via the lower slope of the Ercall and then around the Wrekin, returning via Lime Kiln Woods. (8 miles moderate)

Leaders Pam Swales, Aisling Amato. Depart Shrewsbury 09.30. return Wellington 16.06.

Book Wellington return

Saturday 14 January

Birmingham Canal Circular Birmingham canals and green ways circular via Edgbaston, Harborne and Brindley Place (8.5 miles, Moderate).

Leaders Chris Jay, Pam Hill. Depart Shrewsbury 09.30. return Birmingham New St 16.22.

Book Birmingham New St return

Wednesday 18 January

Church Stretton to Dorrington via Inwood, Leebotwood Church, Longnor Park, Micklewood Farm and Dorrington (9 miles moderate).

Leaders Bob and Liz Owen. Depart Shrewsbury 09.13.

Book Church Stretton return or single if travelling from Shrewsbury

Return Dorrington Bus 15.46. North to Shrewsbury or 15.55. South to Church Stretton (bus fare extra).

Saturday 21 January

Chirk Circular, (5 or 6 miles) leisurely walk before meeting up at The Hand, for a post-Christmas meal. (See our website for more details)

Leaders Steve Paynter, Pat Tulloch. Depart Shrewsbury 09-27. Return Chirk 16.05 or 16.42.

Book Chirk return

Saturday 28 January

Pulverbatch to Church Stretton via Shropshire Way, Betchcott Hill, and Motts Road. (8 miles moderate).

Leaders Nigel Hotchkiss, Mike Hemming. Depart Shrewsbury Bus Station 10.05. (bus number 546) arrive Pulverbatch 10.31. Return by train from Church Stretton 17.08.

Saturday 4 February

Hightown to Waterloo (Liverpool) Hightown to Waterloo via Crosby and the Anthony Gormley Statues (5 miles easy).

Leaders Mick Hemming, Linda Hemming. Depart Shrewsbury 09.27. Return Waterloo 15.54.

Book Chester return then buy a Merseyrail trains only day ticket at Chester.

Saturday 11 February

Llandrindod Wells Circular via Upper Llanoley, Shaky Bridge, Neuadd and Alpine Bridge. (7 miles, moderate)

Leaders Clare Gathercole, Pete Lightwood. Depart Shrewsbury 08-55 Return Llandrindod Wells 17-05

Book Llandrindod Wells return

Wednesday 15 February

Hopton Heath to Bucknell Hopton Heath to Bucknell via Hopton Castle, Hopton Wood and Heart of Wales Line Trail (8 miles moderate).

Leaders **Mike Ledlie and Les Lumsdon**. Depart Shrewsbury 08.56. return Bucknell 15.00.

Book Bucknell return

Saturday 18 February

Ludlow circular Snow Drop Walk via Shropshire Way, Bromfield, Stanton Lacey, Halfway House (9 miles moderate).

Leaders Pam Hill, Steve Paynter. Depart Shrewsbury 09.45. Return Ludlow 16.21.

Book Ludlow return

Saturday 25 February

Whitchurch Circular Whitchurch Circular via Wirswall, Marbury (8 miles moderate).

Leaders Doug Hill, Ian Hill. Depart Shrewsbury 10.19. Return Whitchurch 16.29.

Book Whitchurch return

Saturday 4 March

Wem Circular via Loppington, Newtown (8 miles moderate).

Leaders Nigel Hotchkiss, Bob Owen. Depart Shrewsbury 09.54. Return Wem 15.55.

Book Wem return

Saturday 11 March

Aberdovey to Penhelig via Trefeddian, Dyffryn-glyn-cul, Gwyddgwion, Llechwedd, Trefrifawr, Bryneithen (7 miles moderate).

Leaders Pete Jones, Pete Lightwood. Depart Shrewsbury 09.30. Return Penhelig 17.35.

Book Aberdovey return

Wednesday 15 March

Leominster Circular via Ivington Court, Ivington Camp, Brierly (9 miles moderate).

Leaders Jean Bell, Steve Paynter. Depart Shrewsbury 09.44. return Leominster 16.41.

Book Leominster return

Saturday 18 March

Caergwrle Circular via Hope Maintain (8 miles moderate).

Leaders Doug Hill, Ian Hill. Depart Shrewsbury 09.27. return Caergwrle 17.17.

Book Caergwrle return

Saturday 25 March

Caersws to Newtown via Llwyn-y-brain, Garreg-Lwyd, Fachwen Pool (8 miles moderate).

Leaders Bob and Liz Owen. Depart Shrewsbury 09.30. return Newtown 16.42.

Book Caersws return

Saturday 1 April

Knighton Circular via Ridgebourne, Whet Stone, Lower Hengest, Ashmoor (8 miles moderate).

Leaders Mike Plume, Peter Hollinrake. Depart Shrewsbury 08.55. return Knighton 17.40.

Book Knighton return

Saturday 8 April

Craven Arms Circular via Norton Camp, Park Farm, Stokesay Castle, Stoke Wood (7.5 miles moderate).

Leaders John Mattocks, Steve Paynter. Depart Shrewsbury 09.14. return Craven Arms 15.16.

Book Craven Arms return

Saturday 15 April

Fairbourne to Barmouth Alan Howard walk - Fairbourne to Barmouth (5 miles easy).

Leaders Pat Willday, Linda Hemming. Depart Shrewsbury 09.30. return Barmouth 14.55 or 16.56.

Book Barmouth return

Wednesday 19 April

Welshpool Circular via Offa's Dyke Path, Beacon Hill and Leighton Church (8 miles moderate + 1 steep climb).

Leaders Mike Ledlie and Les Lumsdon. Depart Shrewsbury 09.30. return Welshpool 16.56.

Book Welshpool return

Saturday 22 April

Church Stretton Circular via Gaerstone Farm, Willstone Farm, All Stretton. (8.5 miles moderate).

Leaders Darren Hall, Mike Plume. Depart Shrewsbury 09.14. return Church Stretton 15.41.

Book Church Stretton return

Saturday 29 April

Wellington Circular Blue Bell walk via Lime Kiln Woods, the lower slope of the Wrekin and return via the Ercall. (7.5 miles moderate)

Leaders Aisling Amato, Chris Jay. Depart Shrewsbury 09.30. return Wellington 16.06.

Book Wellington return

Possible Train Timetable changes in May please check your train times on line

Saturday 6 May

Knucklas to Knighton via Glyndwr's Way, Griffin Lloyd (8.5 miles moderate).

Leaders Doug Hill, Ian Hill. Depart Shrewsbury 08.55. return Knighton 17.40.

Book Knucklas return

Saturday 13 May

Montford Bridge to Shrewsbury via Severn Way, Rossall Grange, Severn Way (7 miles moderate).

Leaders Pam Swales, Pat Willday. Meet Shrewsbury Station at 09.40. (outside main entrance)

Wednesday 17 May

Chirk to Ruabon via Pont Cysyllte, Plas Madoc (7 miles moderate).

Leaders Steve Paynter, Peter Hollinrake. Depart Shrewsbury 08.50. return Ruabon 15.58.

Book Ruabon return

Saturday 20 May

Blaenplwyf to Aberystwyth via Ceredigion and The Coastal Path (6 miles moderate).

Leaders Peter Jones, Peter Hollinrake. Depart Shrewsbury 09.30. Return Aberystwyth 17.28.

Bus Aberystwyth to Blaenplwyf (bus fare extra).

Book Aberystwyth return

Saturday 27 May

Welshpool Circular via Nant-y-caws, Talyrnau, Barn Farm, Y Golfa (8 miles moderate).

Leaders Clare Gathercole, Pat Willday. Depart Shrewsbury 09.30. return Welshpool 14.55.

Book Welshpool return

Saturday 3 June

Snailbeach to Stiperstones, via Stiperstones, Gatten Plantation, Shepherd's Rock (7 miles moderate).

Leaders Pam Swales, Linda Hemming. Depart Shrewsbury Bus Station depart 08.35. return Stiperstones 14.45.

Saturday 10 June

Ludlow Circular via Gallows Bank, Caynham (7 miles moderate).

Leaders Audrey Menhinick, Peter Hollinrake. Depart Shrewsbury 09.45. Return Ludlow 16.21.

Book Ludlow return

Saturday 17 June

Oakengates to Wellington via Ketley, Lawley and Horsehay (Stages 5 & 4.2. of the Telford T50 50 mile Trail) (9 miles, Moderate).

Leaders Pam Hill, John Mattocks. Depart Shrewsbury 09.40 return Wellington 16.06

Book Wellington return

[At the end of the walk, there will be the option to join the Friends of the T50 at their 5 year anniversary celebration. Details tbc.]

Wednesday 21 June

Crickhowell to Abergavenny Via foothills of the Sugar Loaf (8 miles moderate + 1 steady climb).

Leaders Mike Ledlie and Les Lumsdon. Depart Shrewsbury 8.44, return Abergavenny 17.27 or 17.54. Bus (Welsh bus pass or pay fare) from Abergavenny to Crickhowell.

Book Abergavenny return

Saturday 24 June

Corwen to Cynwyd Corwen circular via Liberty Hall, Cynwyd and return by North Berwyn Way (old railway line), (8 miles moderate + 1 steady climb),.

Leaders John Mattocks, Neville Homent. Depart Shrewsbury 08.25 to Ruabon.

Then T3 bus to Corwen, ask for 1bws ticket, £6 or £4 with English

bus pass. Return bus from Corwen 16.15 or 17.30. return trains from Ruabon at 17.52 or 18.55.

Book Ruabon return

Why not join the Ramblers?*



If you'd like to get out more and enjoy your local area with like-minded people, the **Ramblers** could be for you, with walk programmes catering for all abilities, many aimed specifically at beginners. Your membership will also help to protect footpaths and walking spaces for everyone to enjoy. To join, visit www.ramblers.org.uk/join or call 020 3961 3232.

**Rail Rambles is an independent walking organisation currently affiliated to the Ramblers (Powys area). We have received a lot of support from the Ramblers over the years and very much share their values and aims. However, Ramblers members, please be aware that the Rail Rambles themselves are not official Ramblers activities, so your Ramblers insurance policy does not cover them.*

Thank you, Transport for Wales

For continuing the support which makes it possible for us to run the Rail Rambles programme.

