



TRAFNIDIAETH CYMRU  
TRANSPORT FOR WALES



## Rail Rambles Troeon Trên

[www.railrambles.org/](http://www.railrambles.org/)

*Guided Walks from Railway Stations  
in Mid-Wales and the Marches*

*Teithiau Cerdded Tywysedig o Orsafoedd Rheilffyrdd  
yng Nghanolbarth Cymru a'r Gororau*

6 July – 28 December 2019  
6 Gorffennaf – 28 Rhagfyr 2019

### Welcome to Rail Rambles

Rail Rambles are guided walks from railway stations in Mid-Wales and the Marches. Each walk is planned to be accessible by a day return rail journey from a number of main line and connecting bus and rail stations. The walks are free to join and are open to the public, with no membership of any organisation required.

The Rail Rambles programme is organised by volunteer members of the Rail Rambles Association and produced with the support of Transport for Wales.

Our programmes generally include 6–10 mile walks. Longer walks are offered by a separate organisation, [RailRambles Cymru](http://RailRamblesCymru.com).

**For more information please contact:** [enquiries@railrambles.org](mailto:enquiries@railrambles.org)

or contact us through the web site. We do not publish individual walk leaders' contact details, but are happy to put you in touch with leaders if you need more information about a walk or advice on how to join it.

### How to join a Rail Ramble

To join a Rail Ramble, all you need to do is turn up at the start of the walk. Walks normally start from the appropriate railway station (e.g., Craven Arms station for a Craven Arms circular walk, Wrenbury station for a linear walk from Wrenbury to Whitchurch), when the listed train from the Shrewsbury direction arrives. But please do check the individual walks for variations or additional joining instructions.

If you can join the listed train from Shrewsbury, you will be likely to find other Rail Ramblers on the way to the walk. If you are coming from another direction, you will need to plan your journey so that you arrive at the start point in good time – please feel free to ask us if you need help or advice.

### Dogs:

To comply with the wishes of the majority of our walkers, we're sorry but dogs cannot be taken on any Rail Ramble.

## Walk descriptions

'Easy' means mostly level ground and a gentle pace.

'Leisurely' means gentle climbs and some level ground for reasonably fit people.

'Moderate' indicates some steep paths and a steady pace for people with country walking experience and a good level of fitness ('moderate+' means as moderate but with a generally greater level of difficulty).

'Strenuous' refers to a fast pace due to mileage and/or the return train time and these walks are for experienced country walkers with an above average fitness level.

## Preparation and safety

Walks are led by experienced volunteer leaders, all of whom are members of the Rail Rambles association and many of whom are also members of the Ramblers. Whilst every care will be taken to keep to the advertised programme, walk leaders reserve the right to make changes to suit weather conditions, the needs of the party or other unforeseen circumstances.

Most Rail Rambles are off-road in rural areas. Please have suitable footwear and clothing for the walk you intend to join, and bring some food and drink. Leaders may refuse to accept participants who in their opinion are inadequately equipped or unfit. When in doubt, contact the organisers or the walk leader in advance.

For your own and others' safety please abide by any instructions issued by the walk leader. Though walking is inherently one of the safest outdoor activities, no activity is completely without risk and it is your responsibility to behave sensibly and to minimise the potential for accidents to occur.

***Please try to use the train for at least part of your journey –  
remember, these are after all RAIL Rambles!***

## Train times

Outward times from Shrewsbury and return times from the walks destination stations are indicated in the programme details for each walk.

For details of departure times from other locations and connecting services, please ring National Rail Enquiries (03457 48 49 50), ask at your local station, or visit [www.nationalrail.co.uk](http://www.nationalrail.co.uk) or <https://tfwrail.wales/>.

Time details may be subject to minor change. Walkers are strongly advised to check times of trains before travelling, and to check our website, [www.railrambles.org](http://www.railrambles.org), in case of last minute changes to the programme.

## Fares and tickets

The normal range of tickets can be used to travel to the walk start point. Where a walk returns from a different location, a ticket to the furthest point should be purchased. We try to tell you the furthest point from Shrewsbury, where this is not obvious, but be careful if you are coming from the opposite direction!

Discounted fares are available to holders of railcards and it is always worth enquiring about the availability of group discounts or investigating whether splitting your ticket would save you money (many of our walkers find this to be the case).

Hang on to all your outward tickets if you can, as we collect them on the walk (this is just to help us with our statistics – you don't need a rail ticket to come on the walk).

## Rail Rambles July to December 2019

### Saturday 6 July

**Church Stretton circular** via Rectory Wood, Townbrook Valley, Pole Bank, Gogbatch, Little Caradoc, option over or around Caradoc (9 miles moderate/+). Leaders Darren H. and Pamela H. Depart Shrewsbury 09.41, return 16.40.

### Saturday 13 July

**Hopton Heath to Bucknell** via Hopton Castle, Hopton Hill, and Bucknell Hill (7.5 miles moderate with 2 ascents totalling 1300 ft). Leaders Trevor Allison and Martin Forrest. Depart Shrewsbury 09.00 to Hopton Heath, return Bucknell 16.27. (**Book Bucknell return.**)

### RAIL RAMBLES IS 30 YEARS OLD THIS YEAR!

*... and we're celebrating with a series of 4 walks spread over a fortnight (17, 20, 24, and 27 July), which feature some of our favourite destinations on 4 different railway lines and together add up to 30 miles. We'd love to see as many as possible of you doing the 30 miles, but you'll be just as welcome if you can only make one of the walks, or if you can't walk but would like to join us for our Celebration at the Kings Arms on 27 July!*

### Wednesday 17 July

**Dolau Circular** via Cowlod and Llandegley (8 miles moderate). Leaders Graham Baker and Pamela H. Depart Shrewsbury 10.09, return 17.11.

### Saturday 20 July

**Fairbourne to Barmouth** via Fegla Fawr, Fegla Fach and Morfa Mawddach ( 6 miles leisurely). Leaders Pat Willday and Marion Law. Depart Shrewsbury 09.30, return Barmouth 14.55 or 16.56. (**Check update.**) (**Book Barmouth return.**)

### Wednesday 24 July

**Llangollen Circular** via Bryn Hyfryd, Britannia Inn and Llantysilio (9 miles moderate). Leaders Clare Gathercole and John Mattocks. Depart Shrewsbury 09.25 to Ruabon, **Bus** to Llangollen, return bus to Ruabon (fares extra), return train 16.43. (**Book Ruabon return.**)

### Saturday 27 July

**Church Stretton Circular** via Cwm Dale, Jonathan's Rock and Golf Course (7 miles moderate). Leaders Peter J. Jones and Mick Hemming. Depart Shrewsbury 09.00, return 16.40.

For those who would prefer a shorter walk, there will also be a 2 to 3 mile walk on offer, led by Pam Swales (details to follow nearer the time – see website updates).

*Following the 27 July walks there will be a Celebration of 30 years of Rail Rambles at the Kings Arms, Church Stretton. Please see our [Social and News page](#) for details and booking.*

### Saturday 3 August

**Craven Arms Circular** via Paddock, Weo Edge, Gorst Barn and Stokesay Castle (8 miles moderate). Leaders Liz and Bob Owen. Depart Shrewsbury 09.41, return 16.31.

### Saturday 10 August

**Ludlow Circular** via Whitcliffe, Brick House, Lady Halton and Priors Halton (8 miles moderate). Leaders Clare Gathercole and Neville Homent. Depart Shrewsbury 09.41, return 16.23.

### Wednesday 14 August

**Penhelig to Aberdovey** via Allt Goch, Llechwedd, Gwyddgwion and Trefeddian (6 miles moderate). Leaders Marion Law and Steve Paynter. Depart Shrewsbury 09.30, return Aberdovey 15.32. (**Book Aberdovey return.**)

### Saturday 17 August

**Welshpool Circular** via Leighton Farm Buildings, Beacon Ring and Offa's Dyke Path (8 miles moderate). Leaders John Mattocks and Peter J. Jones. Depart Shrewsbury 09.30, return 14.55 or 16.56. (**Check update.**)

### Saturday 24 August

**Montford Bridge to Shrewsbury** via The Severn Way (7 miles easy). Leaders Neville Homent and Steve Paynter. **Depart Shrewsbury Bus Station** 09.42 (Stand J, Bus 70).

### Saturday 31 August

**Holywell to Flint** via Greenfields Heritage Park, Wat's Dyke Way, Wales Coast Path, Bagillt and Dee Estuary Nature Reserve (8.5 miles moderate). Leaders Douglas Hill and Martin Forrest. Depart Shrewsbury 09.25 to Flint, **Bus** to Holywell adjacent McDonalds (fare extra), return Flint 17.00. (**Book Flint return.**)

### Saturday 7 September

**Caersws to Newtown** via Llanwnnog, Rhydydan and Fachwen Pool (8 miles moderate). Leaders Mick Hemming and Linda. Depart Shrewsbury 09.30, return Newtown 16.42. (**Book Caersws return.**)

### Wednesday 11 September

**Telford Central to Oakengates**, a joint walk with **Wellington Walkers Are Welcome Walking Festival** via T50 Trail anti clockwise, to include Granville Country Park, Muxton and Lilleshall Monument (optional) (9 miles moderate with the option of extension to 13 miles). Leaders Pamela H., Steve Paynter and Naomi Wrighton. Depart Shrewsbury 09.33, return Oakengates 15.49 for the 9 mile walk or 16.59 for the 13 mile walk. (**Book Telford Central return.**)

### Saturday 14 September

**Orleton to Ludlow** via Herefordshire Trail and Mortimer Trail (8 miles moderate). Leaders Marion Law and Mick Hemming. Depart Shrewsbury 09.17 to Ludlow, **Bus** to Orleton 10.20 (Bus 490 outside Assembly Rooms, fare extra), return Ludlow 16.54. (**Book Ludlow return.**)

### Wednesday 18 September

**NEW Haughmond to Yorton** via Astley and Grinshill (8.5 miles moderate). Leaders Les Lumsdon and Mike Ledlie. **Depart Shrewsbury Bus Station** 10.35 (Bus 519), return train Yorton to Shrewsbury 16.05.

### Saturday 21 September

**Craven Arms to Ludlow**, a joint walk with **The Shropshire Way Association**, via The Shropshire Way, Stokesay, Aldon Gutter and Bromfield (10.5 miles moderate+). Leaders Audrey Menhinick and Pete Lightwood. Depart Shrewsbury to Craven Arms 09.00, return Ludlow 16.54. (**Book Ludlow return.**)

### Saturday 28 September

**Church Stretton Circular** via Rectory Wood, Light Spout Waterfall, Pole Bank, Ashes Hollow and Little Stretton (9 miles moderate). Leaders Darren H. and Steve Paynter. Depart Shrewsbury 09.41, return 16.40.

**Look out for news about booking for our post-Christmas bash in January 2020!**

### **Saturday 5 October**

**Aberdovey Circular** via Erw Gwenllian, Bwlchgwyn, Dyffryn-glyn-cul and seashore (6 miles moderate). Leaders Liz Owen and Linda. Depart Shrewsbury 09.30, return 15.32.

### **Saturday 12 October**

**Whitchurch Circular** via Brown Moss and Tilstock (7 miles leisurely). Leaders Janet Nowill and Pete Lightwood. Depart Shrewsbury 10.18, return 16.27.

### **Wednesday 16 October**

**Bishops Castle Circular** via Oakley House, Home Farm and Lydbury North (7 miles moderate). Leaders Graham Baker and Neville Homent. **Depart Shrewsbury Bus Station 10.05 (Stand N, Bus 553)**, return bus 15.40.

### **Saturday 19 October**

**Borth Circular** via Tre-Taliesin and Tal-y-Bont (8 miles moderate). Leaders Peter J. Jones and Jean. Depart Shrewsbury 09.30, return 15.43.

### **Saturday 26 October**

**Broome to Hopton Heath** via Beambridge, Clunbury and Abcott (7 miles moderate). Leaders Clare Gathercole and Susan McCormack. Depart Shrewsbury 09.00, return Hopton Heath 16.31. **(Book Hopton Heath return.)**

### **Saturday 2 November**

**Leominster Circular** via Eaton Hall, Stoke Prior, Kimbolton and Stockton Ride (9 miles moderate). Leaders Pete Lightwood and Bob Owen. Depart Shrewsbury 08.50, return 16.42.

### **Saturday 9 November**

**Craven Arms Circular** via Cheney Longville, Wart Hill, Hopesay Common and Sibdon Carwood (7.25 miles moderate with 1000 ft of ascent). Leaders Trevor Allison and Douglas Hill. Depart Shrewsbury 09.00, return 14.57.

### **Wednesday 13 November**

**New Llan to Whitegrit** via Corndon and Roundton (7.5 miles moderate+ with 2 steep climbs). Leaders Mike Ledlie and Les Lumsdon. **Depart Shrewsbury Bus Station 10.05 (Stand N, Bus 553)**, return bus 15.54.

### **Saturday 16 November**

**Wrenbury Circular** via South Cheshire Way and Marbury (7 miles moderate). Leaders Janet Nowill and Douglas Hill. Depart Shrewsbury 10.18, return 15.35.

### **Saturday 23 November**

**Church Stretton Circular** via Hazler Hill, Chelmick, Yelds Bank, Woodgate Farm, Middle Hill, Willstone Hill and Gaer Stone (7.4 miles moderate+ with 1400 ft of ascent). Leaders Judith Griffiths and Nick Marshall. Depart Shrewsbury 09.41, return 16.40.

### **Saturday 30 November**

**Morfa Mawddach to Llwyngwriol** via Cyfannedd Fawr, Rhydcriw and Hut Circle (7 miles moderate). Leaders Mick Hemming and Linda. Depart Shrewsbury 09.30, return Llwyngwriol 15.09 or 17.10. **(Check Update.) (Book Morfa Mawddach return.)**

### Saturday 7 December

**Broome to Craven Arms** via Clapping Wicket, Aldon and Stokesay Castle (6 miles moderate). Leaders Susan McCormack and Douglas Hill. Depart Shrewsbury 09.00, return Craven Arms 14.57. (**Book Broome return.**)

### Saturday 14 December

**Sugden to Wellington** via Isombridge, Admaston, Wrockwardine Bank and Dothill (7.5 miles leisurely). Leaders Trevor Allison and Steve Paynter. Depart Shrewsbury to Wellington 10.33, **Bus from Wellington Bus Station** 11.20 (Stand D, Bus 16 to Sugden, fare extra), return train Wellington 16.55. (**Book Wellington return.**)

<b><i>New timetables 15 December</i></b>
--

### Wednesday 18 December

**NEW Wrexham circular** via Felin Puleston, Clywedog Valley Trail and Erddig (8 miles moderate). Leaders Mike Ledlie and Les Lumsdon. Depart Shrewsbury 09.25, return Wrexham General 16.37.

### Saturday 21 December

**Ludlow Circular** – A short walk of 5/6 miles following a visit to the Brewery for coffee/tea and mince pies. Leaders Bob and Liz Owen. Depart Shrewsbury 09.41, return 16.23.

### Saturday 28 December

**Hopton Heath to Knighton** via Stowe Hill, Five Turnings and Offa's Dyke Path (8 miles moderate). Leaders Judith Griffiths and Nick Marshall. Depart Shrewsbury 09.00, return Knighton 16.21. (**Book Knighton return.**)

### Why not join the Ramblers?\*



If you'd like to get out more and enjoy your local area with like-minded people, the **Ramblers** could be for you, with walk programmes catering for all abilities, many aimed specifically at beginners. Your membership will also help to protect footpaths and walking spaces for everyone to enjoy. To join, visit [www.ramblers.org.uk/join](http://www.ramblers.org.uk/join) or call 020 3961 3232.

*\*Rail Rambles is an independent walking organisation affiliated to the Ramblers (Powys area). We have received a lot of support from the Ramblers over the years and very much share their values and aims. However, Ramblers members, please be aware that the Rail Rambles themselves are not official Ramblers activities, so your Ramblers insurance policy does not cover them.*

### Thank you, Transport for Wales

For continuing the support which makes it possible for us to run the Rail Rambles programme.

