

The Aarhus PGD interview (A-PGD_i) has been developed for psychologists and medical doctors and other professionals who are qualified to deliver psychiatric diagnoses. Use of the interview presupposes one of such education, practical experience with investigation via structured clinical interviews, and experience working with people in grief.

To prepare for performing A-PGD_i:

- 1) Read the interview guide and the recommended articles carefully.
- 2) Watch the introductory video of the interview with Preben. See the completed score sheet for Preben.
- 3) Stop the video and watch the clip again if something in relation to the scoring seems unclear.
- 4) Identify two cases based on your clinical experience with bereaved people, where you suspect that there may be signs of PGD/where a PGD diagnosis might be relevant.
- 5) Watch the video with Hanne while you simultaneously score each symptom in an empty scoring sheet (print from this home page).
- 6) Compare your score with the completed scoring sheet for Hanne and consider where adjustments in your scoring may be necessary.
- 7) Watch the video with Jørgen while you simultaneously score each symptom in an empty scoring sheet.
- 8) Compare with the completed scoring sheet for Jørgen, which you can find here and consider where adaptations in your scoring may be necessary.
- 9) Role-play an interview with a colleague, where the colleague plays a bereaved person with signs of PGD and vice-versa using one of the cases you identified. Fill in the score sheet during the interview. In addition, always use validated self-report scales for PGD as well as for depression, PTSD and possibly anxiety. We recommend the A-PGD_s for screening for PGD (<https://psy.au.dk/en/research/research-centres-and-units/unit-for-bereavement-research>) Discuss the PGD interview and the overall clinical picture including self-report with your colleague.
- 10) Conduct an interview with a client where investigation for PGD could be relevant. If possible, record on video and review the video after the interview. Combine with self-report scales for PGD, depression, PTSD and possibly anxiety. Assess, with a supervisor or possibly a colleague, whether you believe that the diagnostic score for PGD is correct or should give rise to changes in your practice around the interview.
- 11) Record PGD interviews on video and inter rate with relevant colleagues at a regular basis.

Ongoing supervision with a supervisor trained for performing A-PGD_i and peer supervision is strongly recommended.