

A-PGD<sub>i</sub> was developed by the Unit for Bereavement Research, Department of Psychology, Aarhus University, under the leadership of Professor Maja O'Connor and supported by TrygFonden. All rights to use the interview adhere to Maja O'Connor and relevant partners at the Unit for Bereavement Research. Contact: [maja@psy.au.dk](mailto:maja@psy.au.dk)

## Key to scoring ICD-11 and DSM-5-TR criteria for PGD – case with Hanne

Diagnostic criteria	Symptoms	Symptom	ICD-11 criteria		DSM-5-TR criteria	
		Present = 1 Not present = 0 Intensity (i) = 0-4				
<b>Criterion A:</b> Experienced the death of a loved one.	A. A close relative died or a person?	1	Present	<input checked="" type="checkbox"/>	Present	<input checked="" type="checkbox"/>
<b>Criterion B:</b> Time criterion.	B1. > 6 months	1	≥ 6 months	<input checked="" type="checkbox"/>	≥ 12 months	<input checked="" type="checkbox"/>
	B2. > 12 months	1				
<b>Criterion C:</b> The presence of one or more of the following intrusive symptoms which emerged following the death.	C1. Yearning *	1 i: 4	≥ 1 symptom	<input checked="" type="checkbox"/>	≥ 1 symptom	<input checked="" type="checkbox"/>
	C2. Preoccupation*	1 i: 4				
<b>Criterion D:</b> Negative changes in cognition, mood and/or behavior that appeared or got worse after the death	D1. Sadness*	1 i: 3	≥ 1 symptom	<input checked="" type="checkbox"/>	≥ 3 symptoms	<input checked="" type="checkbox"/>
	D2. Sense of guilt ICD-11	0				
	D3. Self-blame ICD-11	1 i: 3				
	D4. Anger*	1 i: 3				
	D5. Disbelief/denial *	1 i: 4				
	D6. Lack of acceptance ICD-11	1 i: 3				
	D7. Loss of identity/part of self died*	1 i: 3				
	D8. Absence of positive emotions/mood ICD-11	1 i: 3				
	D9. Emotional numbness	0				
	D10. Reduced social activity *	1 i: 2				
	D11. Loneliness DSM-5	1 i: 4				
	D12. Avoidance DSM-5	1 i: 3				
	D13. Meaninglessness DSM-5	1 i: 4				
	D14. Bitterness DSM-5	1 i: 4				
	Total score in Criterion D (ICD-11)	8				
Total score in Criterion D (DSM-5-TR)	9					
Clinical assessment of if the client is overall afflicted by intense emotional pain	1	Present	<input checked="" type="checkbox"/>	Present	<input checked="" type="checkbox"/>	
<b>Criterion E:</b> The loss results in clinically significant impairment or reduction in the ability to function socially, occupational, or in other important areas	E. Functional impairment (general)	1	Present	<input checked="" type="checkbox"/>	Present	<input checked="" type="checkbox"/>
	E1. Work/studies/Daily activities	1				
	E2. Social	1				
	E3. Family/home life	1				
	E4. other areas					
<b>Criterion F:</b> The grief reaction clearly exceeds social, cultural, or religious norms within the individual's culture and context.	F1. The social network	1	Present	<input checked="" type="checkbox"/>	Present	<input checked="" type="checkbox"/>
	F2. One's own perspective	0				
	F3. Interviewer's assessment	1				
<b>Criterion G:</b> Symptom duration	Symptom duration	1	Duration: ≥6 months	<input checked="" type="checkbox"/>	Duration: ≥1 months	<input checked="" type="checkbox"/>
<i>The symptoms are not better accounted for by another diagnosis, physiological reactions to substances.</i>						
<b>Identified Prolonged Grief Disorder according to ICD-11 and/or DSM-5-TR criteria?</b> <i>If yes, mark a cross in the appropriate column for ICD-11 and/or DSM-5-TR.</i>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	